



2025 Minnesota High School Girls Flag First All-State Team

- Abbi Ernster | S | La Crescent-Hokah
- Alaina Pundsack | CB | Mounds View
- Alexis Larson | RB/LB | Centennial
- Ava Kaspar | Rusher | Rosemount
- Avery Krumwiede | RB/WR | Burnsville
- Edith Halverson | C | Two Rivers
- Kendra McKay | WR | Anoka
- Lily Smith | WR | Proctor
- Macie Miller | S | Bloomington
- Maddy Freking | QB | Anoka
- Madi Brinkman | C | Park
- Nora Helvig | FS | Centennial
- Presley Albers | WR | Mahtomedi
- Rylee Bogren | QB | Mahtomedi
- Savanah Klinski | WR | La Crescent-Hokah
- Sophia Peer | DB/WR | Mahtomedi
- Talyah Johnson | DB | Minneapolis North