



2026 Minnesota High School Girls Flag First All-State Team

- **Adriana Leiding | WR | Fairmont**
- **Alexis Larson | RB | Centennial**
- **Amelia Beach | LB/Rusher | St. Louis Park**
- **Ava Kaspar | DB | Rosemount**
- **Camryn Olberding | C | Minnetonka**
- **Ella Siasoco | CB | MPLS Edison**
- **Jessica McTague | DB/WR | Hastings**
- **Kassidy Miller | RB/WR/DEF | Benilde-St. Margaret's**
- **Layla Glassen | RB | Burnsville**
- **Quinn Vanmaldeghem | WR/RB/S | NRHEG**
- **Reese Ruska | WR/S | St. Cloud Tech**
- **Rylee Johnson | LB | Minneapolis North**
- **Sofia Ordaz | C | Minneapolis Washburn**
- **Talia Vescio | QB | Rosemount**
- **Taylor Krieg | WR | Rosemount**
- **Tessa Frank | QB | Wayzata**