

SANA MUSA NAMED THIRD RECIPIENT OF THE 2025 CHICAGO BEARS COMMUNITY HIGH SCHOOL ALL-STAR AWARD

Recognizing student-athletes who go above and beyond for their communities and schools

The Chicago Bears proudly announce Sana Musa, a senior at Nicholas Senn High School in Chicago, Ill., as the third recipient of the 2025 Community High School All-Star Award. The Community High School All-Star Award, brought to you by Athletico Physical Therapy, recognizes high school football and girls flag football players who make a positive impact in their communities and schools. From February through April, nine student-athletes will be honored for their leadership, character and dedication to community service.

Sana, an immigrant from Sudan, moved to the United States at a young age, quickly adapting to a new environment by embracing opportunities to create meaningful connections and positive impacts. She became an active leader in Senn's Black Student Union, where she has helped organize Black History Month celebrations that bring students together to share and honor their culture, history and unity through education and storytelling.

Wanting to further highlight cultural expression in her school, Sana became involved with Senn's Afro Dance Club, where she found a creative way to lead a group of students through dance, showcasing the beauty and depth of African culture. The event created a strong sense of community and pride, as students and faculty came together to celebrate their shared experiences and traditions.

Sana's commitment to growth extends beyond leadership and service, she is also an International Baccalaureate (IB) Diploma candidate, a distinction earned by students who take on one of the most rigorous academic programs in the world. The IB curriculum challenges students to excel in critical thinking, global awareness and independent research, all while maintaining high academic standards across multiple disciplines. As someone who once navigated a new country and culture, she has embraced the IB program's emphasis on inquiry, adaptability and a global perspective, applying these skills to both her education and her efforts to uplift those around her.

Sana is also a multi-sport athlete who initially played basketball before discovering a passion for girls flag football. The sport provided her with a strong sense of belonging, while also allowing her to develop key skills in teamwork, communication and leadership. During the 2024 season, she was named team captain, leading her team to a successful 10-4 regular season record. This accomplishment secured their first playoff appearance in school history, marking a significant milestone as the team progressed from a 0-5 record in their inaugural season just a year prior.

Beyond athletics and academics, Sana has made a lasting impact through volunteer work. She has given back to organizations that once supported her, including RefugeeOne, where she helps newly arrived families adjust to life in the U.S. She has also contributed her time to Cradles to Crayons, providing school supplies for children, and The Salvation Army, assisting with clothing donations for families in need. Her service extends to meal preparation and aid distribution for communities affected by natural disasters.

Balancing the demands of a rigorous academic program, leading her teammates in girls flag football and dedicated community service, Sana continues to lead by example, showing that with passion and perseverance, making an impact in every aspect of life is possible.

Each Community High School All-Star recipient will receive a custom hand-painted football, a gift bag and an invitation to a future Chicago Bears event. Additionally, the Chicago Bears will donate \$500 to a charitable organization of the honoree's choosing.

About Community High School All-Star Award

This is the fifth year of the Community High School All-Star Award, which continues to highlight student-athletes who make meaningful contributions to their communities. In partnership with Athletico Physical Therapy, the Chicago Bears established this initiative to recognize high school football and girls flag football players who use their leadership and teamwork skills to create a positive impact during the offseason. By celebrating these young leaders, the Bears aim to inspire future generations to carry these values forward, both on and off the field.

