

NFL PLAYER INSURANCE PLAN HEALTHY BABIES PROGRAM



Adding a new player to your team?

Receive valuable incentives and resources (below) to help you and your spouse prepare for parenthood by enrolling in the **NFL Player Insurance Plan Healthy Babies Program**, at no additional cost. Unmarried significant others are also encouraged to enroll to take advantage of knowledgeable experts and a Nurse Advocate, although they will not be eligible for incentives.

- Up to **\$600** in reimbursement for out-of-pocket expenses if enrolled within the first 14 weeks of pregnancy (**\$300** if enrolled in weeks 15-28 of pregnancy).*
- Access to your own NFL Healthy Babies Nurse Advocate and specialty case management for high-risk pregnancies.**
- Complimentary giveaways, including reference materials and a gift for the baby.



Call the NFL Healthy Babies line to enroll now — **800-635-9671, prompt 1 then prompt 7.**

*Speak to an NFL Healthy Babies Nurse Advocate for reimbursement eligibility and details. Incentives may be subject to taxes. Consult your tax advisor for details.

**Nurse Advocates hold current nursing licensure in a minimum of one state, but are not practicing nursing or providing medical advice in any capacity as a Nurse Advocate.



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Baby already on your roster?

Congratulations! Let us know about your new bundle of joy.

- Your child's coverage under the NFL Player Insurance Plan ("Plan") will be effective the later of the date you meet the eligibility requirements for coverage or the child's date of birth or adoption.
- After the birth or adoption, **you have 31 days to add your child to the Plan** in order to have coverage effective on their date of birth or adoption.
- You will need to submit a copy of the child's legal birth certificate, court order or DNA evidence establishing paternity (showing your name as the father). Follow the instructions listed below to submit this documentation.

Add your eligible dependent(s) to your coverage.

Login to **myCigna.com** and access your Eligibility site,
or call **800-635-9671, prompt 1 then prompt 2.**

