



ACTIVITY BOOK





The Houston Texans, TORO and NOV are striving to put an end to bullying through the TORO Takes the Bull Out of Bullying program. While visiting your child's school, TORO encouraged students to take the Bull Out of Bullying by Being Themselves, Using their Voice, Leaving and Looking Out For Others. For more resources visit HoustonTexans. com/Bullying and NoPlaceForHate.org. This program is developed in partnership with ADL's No Place For Hate® initiative.

Los Houston Texans, TORO y National Oilwell Varco luchan por poner un alto al bullying en las escuelas de Houston a través del programa TORO Takes the Bull Out of Bullying. En cada visita escolar, estudiantes aprenden a poner un alto al bullying siendo ellos mismos, usando su voz y cuidando de los demás. Para más recursos visite www. HoustonTexans.com/Bullying y NoPlaceForHate.org. Este programa es creado en asociación con la iniciativa No Place For Hate® de ADL.



PARENTS, SIGN UP TO RECEIVE CONTESTS, PROMOTIONS AND EXCLUSIVE EVENT INVITES FOR THE YOUNG TEXANS IN YOUR LIFE!

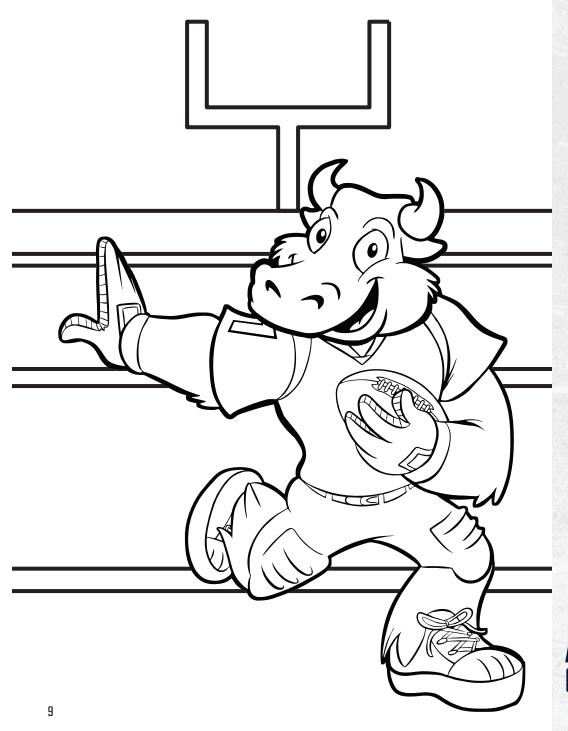
#### **MEMBERS RECEIVE:**

- ➤ Houston Texans Team Shop Discount
- Contests for amazing prizes like game tickets and autographed items
- ➤ Invitations to exclusive Texans and TORO's Kids Club events
- The chance to be TORO's Kids Club Member of the Month
- **★** Monthly Newsletters

>>> JOIN TODAY FOR FREE AT HOUSTONTEXANS.COM/KIDSCLUB! <<<



## **COLORING PAGE**









Position: Center (of Attention)

Drafted: 2001

Zodiac Sign: Taurus

Height: 7' (On His Tippy-Hooves)

Weight: Big enough to bull you over!

Hoof Size: 12

**Favorite Colors:** 

Liberty White, Deep Steel Blue and Battle Red

Favorite Song: Deep in the Heart of Texas

**Favorite Vacation Spot:** 

Spain for Running of the Bulls

Favorite Cologne: FurBreeze

# STATS











SINGLE SEASON RECORD

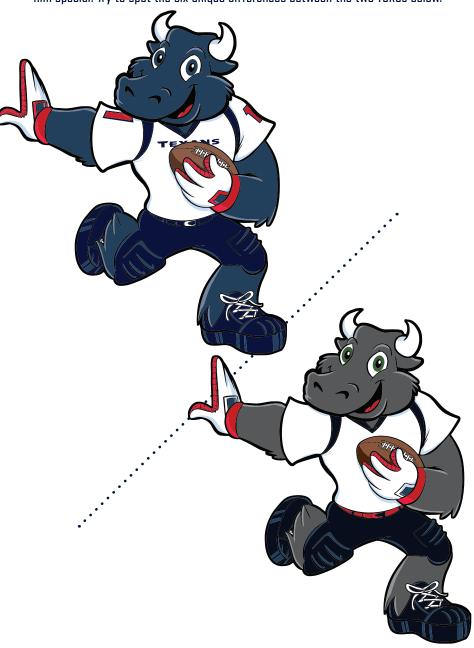
OF

1,346 YARDS

TRAVELED BY DODE

## **SPOT THE DIFFERENCES!**

TORO is different from other bulls in many ways, but these differences are what make him special! Try to spot the six unique differences between the two TOROs below.



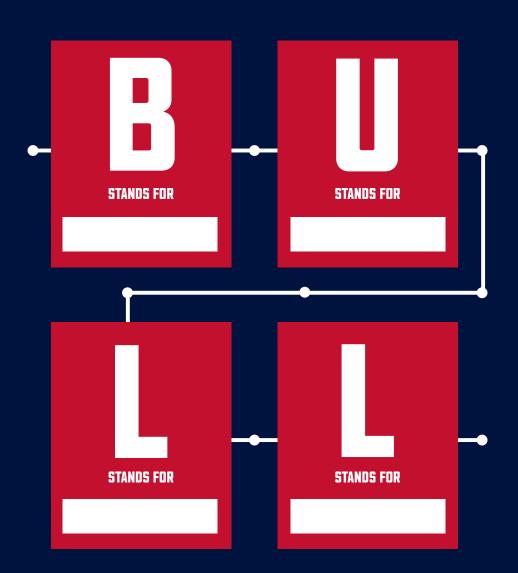
# TAKE A PLEDGE TO TAKE THE BULL OUT OF BULLYING!

I PROMISE TO BE KIND TO BE CARING TO BE RESPECTFUL I WILL NOT BE A BULLY I WILL TAKE THE BULL **OUT OF BULLYING** 



# **SPOT THE DIFFERENCES!**

Bullying is when you pick on someone else over and over on purpose because you think you're cooler, smarter, stronger or better than them.





#### **VERBAL BULLYING**

This is when someone uses their words to hurt another person.

Actions include teasing, name-calling, or threatening.



#### HANDS-ON BULLYING

This is when someone uses their hands to hurt someone else.

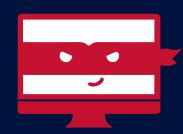
Actions include hitting, kicking, pinching, tripping, and pushing.



#### **STAY-OUT BULLYING**

This is when someone hurts someone else by leaving them out of the group on purpose.

Actions include telling someone to leave - and not inviting them to play with the group.



#### **CYBER BULLYING**

This is when someone uses any form of technology to make fun of someone else or spread rumors about them.

This type of bullying is becoming more common and is very dangerous.

## TORO TAKES THE BULL **OUT OF BULLYING DRILLS**

- After school, your friends decide to play a game. The game is to see who can hit one of your classmates by throwing a football at them while they walk home. You ask why they are doing that, and one your friends says, "We do it all the time. They're a wimp." What would you do?
  - A. Tell a trusted adult
- B. If you feel safe, tell them to STOP
- C. All of the above

- 3. One night, you receive several text rumors about another student in your class. The next day, when you log onto virtual school you see the student who was the subject of the rumors looking very sad. What would you do?
  - A. Tell a trusted adult
  - B. If you feel safe, tell them to STOP
  - C. All of the above

You are at practice and a teammate who is overweight walks by. A person next to you makes a low "mooing" sound. This isn't the first time kids on your team have made fun of this person. What would you do?

- A. Tell a trusted adult
- B. If you feel safe, tell them to STOP
- C. All of the above



### TYPES OF BULLYING



Help TORO identify the actions associated with each type of bullying by drawing a line from the types of bullying to its corresponding actions.

- 1. VERBAL BULLYING
- 2. HANDS-ON BULLYING
- 3. STAY-OUT BULLYING
- 4. CYBER BULLYING

- A. TELLING SOMEONE TO LEAVE AND NOT INVITING THEM TO PLAY WITH THE GROUP
- B. USING ANY FORM OF TECHNOLOGY TO MAKE FUN OF SOMEONE ELSE OR SPREAD RUMORS ABOUT THEM
- C. HITTING, KICKING, PINCHING, TRIPPING AND PUSHING
- D. TEASING, NAME-CALLING OR THREATENING

T. VERBAL BULLYING: O 2.HANDS-DN BULLYING: C 3. STAY-DUT BULLYING: A 4.CYBER BULLYING: B