WASHINGTON COMMANDERS



5 TAKEAWAYS FROM THE COMMANDERS VS COWBOYS RIVERA REFLECTS
ON HIS BATTLE WITH
CANCER

PRESENTED BY

97.1

WASH-FM

BCA GETS PERSONAL FOR COMMANDERS PLAYERS





# FOOTBALL WATCHING: BETTER WITH PEPSI



OFFICIAL SOFT DRINK OF THE WASHINGTON COMMANDERS

PEPSI, the Pepsi Globe and THAT'S WHAT I LIKE are registered trademarks of PepsiCo, Inc.

## 

## GONTENTS CONTENTS

## **FRONT OFFICE**

- 6 Dan Snyder
- 10 Tanya Snyder
- 12 Jason Wright
- 23 Doug Williams
- 25 Martin Mayhew& Rob Rogers
- 26 Marty Hurney

## **COACHES + STAFF**

- 15 Ron Rivera
- 18 Scott Turner + Staff
- 21 Jack Del Rio + Staff
- 22 Nate Kaczor + Staff
- 27 Malcolm Blacken
- 28 Eric Stokes & Player Personnel Staff
- 31 Tim Gribble & Chris Polian
- 32 Al Bellamy, Training, Medical Staff, & Strength & Conditioning Staff
- 33 Video & Football Operations Staff

## ROSTERS & DEPTH CHARTS

- 38 Commanders Roster
- 40 Commanders Depth Chart
- 42 Titans Players to Watch
- 43 Titans Depth Chart

- 8 TAKEAWAYS FROM THE COMMANDERS VS COWBOYS
- 52 COACH RIVERA REFLECTS ON BATTLE WITH CANCER
- 54 BCA GETS PERSONAL FOR COMMANDERS PLAYERS
- 58 TANYA SNYDER REFLECTS ON THINK-PINK® LEGACY
- 60 LOOKING BACK AT LAST YEAR'S ALL-STAR SURVIVORS CELEBRATION

COACH RIVERA SURPRISED WITH CUSTOM HISPANIC HERITAGE SHOES

- 74 SMITH-WILLIAMS SUPPORTS THOSE AFFECTED BY SEXUAL ASSAULT
- 79 HONORARY CAPTAIN ANDRE CARTER

## **WRITERS/EDITORS**

Zach Selby

Hannah Lichtenstein

Washington Public Relations

## ART DIRECTION & DESIGN

62

Will Misselbrook

Roman Shuman
Aaron Mullen

### **PHOTOGRAPHY**

Emilee Fails

**FEATURES** 

Joseph Noyes Xavi Dussaq

Kourtney Carrol



Scan for Full Player Roster



## PANEDAY PLAYBOOK

## WEEK 05

TENNESSEE TITANS AT WASHINGTON COMMANDERS

## PRESENTING SPONSOR: 97.1

## **GAME THEME**

COMMAND THE CURE

## **NATIONAL ANTHEM**

KAREN BURTHWRIGHT

## **COLOR GUARD**

P.G. COUNTY DEPARTMENT OF CORRECTIONS

## PREGAME ENTERTAINMENT

COMMAND FORCE PERFORMANCE, COMMANDERS MARCHING BAND, ALL-STAR SURVIVORS INTRODUCTION

## HALFTIME

ALL-STAR SURVIVORS RECONGITION

## **KICKOFF**

KICKOFF IS SCHEDULED FOR 1 P.M. ON CBS







## TODAYS MATCHUP

WAS		TEN
6	WINS VS EACH OTHER	7
<b>W</b> 2	LONGEST STREAK VS EACH OTHER	L2
7-10	2021 RECORD	12-5
16	LAST MATCHUP: DEC. 22, 2018	25

## **MEMORABLE GAME**

Oct. 19, 2014: Washington 19, Tennessee 17

After Titans quarterback Charlie Whitehurst completed a 38-yard touchdown pass to Derek Hagan, giving his team a 17-16 lead, Washington kicker Kai Forbath nailed a 22-yard field goal attempt as the clock expired to give the Burgundy & Gold a 19-17 victory and its second win of the season.

## 2022 SCHEDULE

PRESEASON







SEPT

**WK 1** 1PM

**18** 

**WK 2** 1PM **25** 

**WK 3**1PM

**2** 

**WK 4** 1PM 9

**WK 5**1PM

13



**WK 6** 8:15PM **23** 



30



**WK 8** 4:25PM **G** 



NOV 14

**WK 10** 8:15PM 20



**27** 

WK 12 1PM DEC 4

**TLU WK 13**1PM

DEC 17/ 18

WK 15 TBD **24** 

**WK 16** 4:05PM

JAN 1

**WK 17** 1PM 7/8

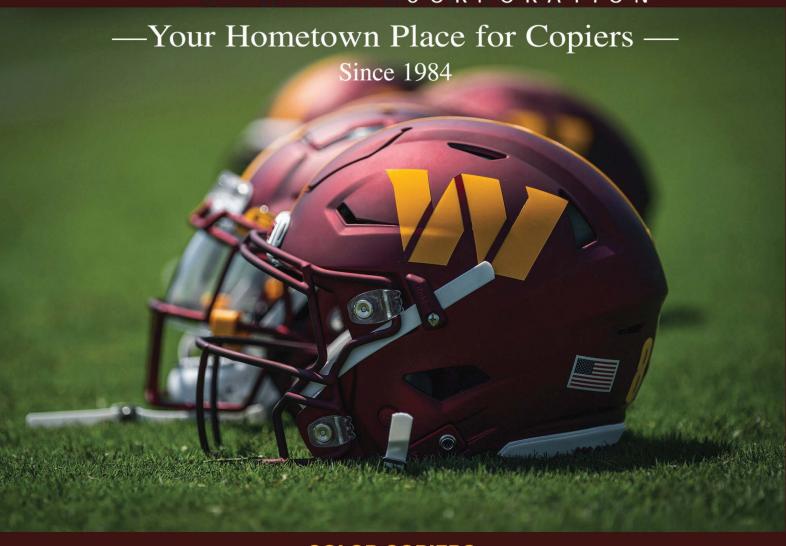
WK 18 TBD

НОМЕ

AWAY

BYE WEEK 14





COLOR COPIERS
BLACK & WHITE COPIERS
SOFTWARE SOLUTIONS
PRINT MANAGEMENT







## www.AmeritelCorporation.com

MARYLAND 301.251.0222 **WASHINGTON 202.324.5329** 

VIRGINIA 703.329.0222

PROUD PARTNER OF THE WASHINGTON COMMANDERS





Dan Snyder is Co-Owner and Co-CEO of the Washington Commanders. A self-made man and an entrepreneur at heart, Dan Snyder's life is marked by an enduring passion for the people, the team and the community he loves. He has been a key member of the leadership team since he and his wife Tanya Snyder acquired the team in 1999. A D.C.-area native, Dan Snyder is a lifelong Washington fan who grew up attending Washington Commanders – then Redskins –

**CO-OWNER AND CO-CEO** 

lifelong Washington fan who grew up attending Washington Commanders – then Redskins – games with his father Gerald. His childhood and adolescence were shaped and inspired by his devotion to the team. To Snyder, football is family. He has put his passion into action since purchasing the team 23 years ago, consistently leading the franchise to new prominence in the community, in business and across the National Football League.

Dan Snyder continues to be one of Washington's most engaged and impactful community leaders and philanthropists. Shortly after purchasing the franchise, one of Dan and Tanya Snyder's first actions was to create the Washington Commanders Charitable Foundation, which

launched in 2000, to bring together the team and its corporate and community partners to make a positive and measurable impact on area youth across the Washington, D.C.-Maryland-Virginia area. Under Dan and Tanya Snyder's leadership, the Washington Commanders Charitable Foundation has contributed more than \$31 million to the local community and grown to impact more than 178,000 area youth each year.

Beyond the team's expansive Charitable
Foundation efforts, Dan and Tanya Snyder
have identified numerous ways to support and
contribute to communities in-need around the
world, primarily through contributions to disaster
relief, COVID-19-related relief, social justice,
Children's National Hospital and the National
Center for Missing and Exploited Children
(NCMEC). Dan and Tanya Snyder have donated
hundreds of thousands of dollars and mobilized
widespread resources to support Ukrainian
response efforts, hurricane relief efforts across
the U.S. and internationally in the Caribbean, Haiti,
Indonesia and Thailand. As a longtime supporter
of the Children's National Hospital Foundation,

Dan Snyder's support enabled construction of the Snyder Family Emergency Medicine and Trauma Center. He also funded construction of the Daniel M. Snyder and Family Communication Center at the NCMEC. Each day, the Center fields hundreds of calls from around the nation from law enforcement organizations, parents of missing children, runaways seeking help and people responding to the Center's well-known awareness campaigns on behalf of missing children. Dan and Tanya Snyder were honored with the Charles B. Wang International Children's Award in 2014. Dan Snyder's support has also extended to the military community. Under his leadership, the organization created Salute, the team's official military appreciation club which coordinates the team's decades-long military appreciation initiatives into one comprehensive, year-round platform. This first-of-its-kind program in the NFL serves, supports and thanks the military community by hosting a variety of events, including pre game parties for military members, re-enlistment ceremonies at both team headquarters and FedExField, military appreciation events and more. Snyder also contributed to the construction of the



USO Warrior and Family Center at Fort Belvoir.

Under his leadership, the Washington Commanders remain at the forefront of marketing and business operations in the NFL. The organization has evolved to be innovative with an entirely new, best-in-class leadership team at the Senior Vice President level and above, including Tanya Snyder as Co-CEO and Jason Wright as Team President, making the Commanders leadership team the most diverse in the National Football League. As part of this cultural and business transformation, Dan and Tanya Snyder led the organizational rebrand. The pair also hired a first-of-its-kind Chief Creative & Digital Officer to oversee the organization's storytelling and brand marketing strategies while also developing engaging new content to drive even greater value for fans and team sponsors. In addition to their collaborative work around the team's rebrand, Dan and Tanya Snyder worked closely with senior leadership to launch an in-house content studio. Dan Snyder also leads the team's active stadium search.

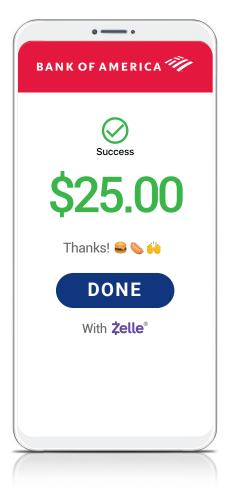
During the Snyder's 23 season tenure, 30 different Washington players have earned a total of 62 Pro Bowl appearances, 14 have been named All-Pro per the Elias Sports Bureau and 20 draft picks have been selected to the PFWA All-Rookie Team. In addition, five players – Darrell Green, Bruce Smith, Deion Sanders, Champ Bailey and Jason Taylor – have been inducted into the Pro Football Hall of Fame

Prior to acquiring the Washington Commanders, Dan Snyder founded and acted as Chairman and CEO of Snyder Communications, Inc., making him the youngest CEO of a New York Stock Exchange company at the time. From its launch in 1985, Snyder Communications, Inc. grew to a global organization of 12,000 employees with 77 offices across 17 countries and more than \$1 billion in annual revenue. The company's client base included 200 of the Fortune 500, to which it provided targeted marketing solutions, including advertising and marketing services. It was acquired by Havas in 2000 for more than \$2.3 billion, at the time the largest such merger in the history of the advertising and marketing industry. Snyder is

also Founder and Chairman Emeritus of inVentiv Health and Founder and Managing Member of the Board of Red Zebra Broadcasting, LLC, which operates radio stations across the Washington, D.C.-Maryland-Virginia area. Snyder is active in a variety of other private business ventures, both as an investor and as an advisor to management. He is a frequent invitee to share his experiences and views with business organizations nationwide, and he is enshrined in the Greater Washington Jewish Sports Hall of Fame.

Dan Snyder is the proud father of three children and a beloved dog, Tackle. Dan and Tanya Snyder reside in Virginia.

## Secure your invite to the next tailgate



Digital tools so impressive, you just can't stop banking.



bankofamerica.com/cantstopbanking



Tanya Snyder is Co-Owner and Co-CEO of the Washington Commanders. She has been an integral part of the executive team since Dan and Tanya Snyder acquired the team in 1999, spearheading the launch and continued commitment of the Washington Commanders Charitable Foundation and expanding her role over the years into various aspects of the organization. Since 2000, Tanya has led "the team behind the team" and guided social and community efforts across the organization. Under her stewardship, the Charitable Foundation has contributed more than \$31 million to the local community and grown

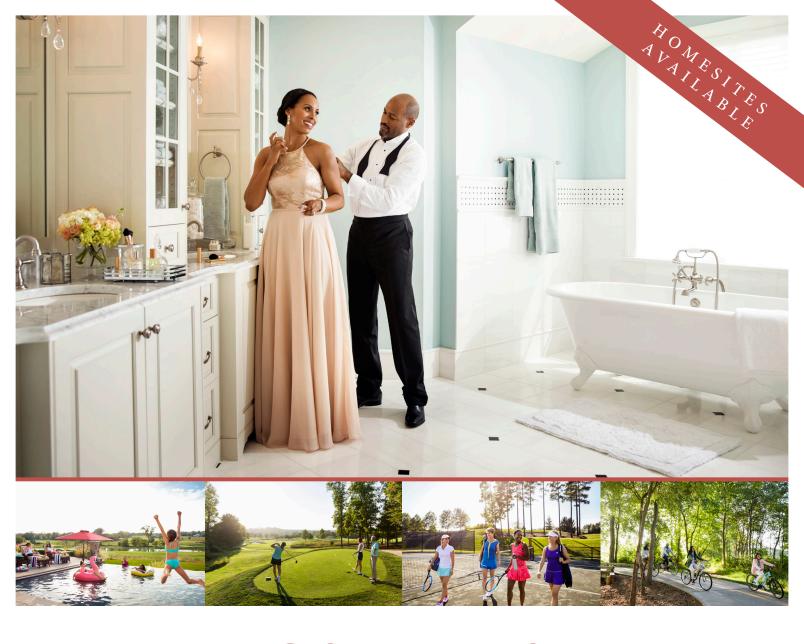
In 2021, Tanya Snyder was named Co-CEO, becoming a catalyst for the evolution of the Washington Commanders into a franchise of the future. Under her leadership, the Commanders have undergone a cultural and business transformation that includes a new, innovative leadership team at the Senior Vice President level and above, as well as an organizational rebrand. The Commanders have assembled a best-in-class leadership team – the most diverse in the National Football League – with Tanya at the helm.

to impact more than 178,000 area youth each year.

A breast cancer survivor and longtime advocate for cancer awareness and research, Tanya Snyder and Zeta Tau Alpha co-founded the THINK PINK® campaign for breast cancer awareness within the NFL in 1999 by passing out 8,000 handmade pink ribbons at FedExField to remind fans that early detection saves lives. This gesture launched a pink movement each October throughout the league and across the nation, and what started at FedExField has resulted in nearly 10 million pink ribbons pinned leaguewide and millions of lives touched around the world to date. Tanya's community impact, especially her breast cancer awareness and advocacy efforts, has been recognized by a number of organizations including the American Cancer Society with "Mother of the Year" honors (2013), Men Against Breast Cancer with the Gloria Heyison Inspiration Award (2012), and Zeta Tau Alpha Foundation with the ZTA THINK-PINK!® Ambassador Award (2008).

An Atlanta native, Tanya Snyder is the proud mother of three children and a beloved dog, Tackle. Dan and Tanya Snyder reside in Virginia.





## WELCOME HOME.

Where does true happiness come from? From living in a luxurious, custom-built home nestled in a beautiful private club community? From sharing a calendar full of special events and activities with family and friends? From having one of the region's best golf courses and a state-of-the-art golf performance center right outside your door, along with an enviable list of resort-style amenities? At Creighton Farms, happiness stems from finding luxury in the little moments We invite you to visit our club community and see for yourself: At Creighton Farms, home is where the smiles are.



## HAPPINESS — ON A GRAND SCALE

703-957-4800 | CreightonFarms.com





As President of the Washington Commanders, Jason Wright is responsible for leading the organization's business divisions, including operations, finance, sales, and marketing. In addition to leading a historic transformation of a sports franchise, he is the first Black team president in the history of the NFL and currently is the youngest team president in the League. He is the fourth former NFL player to become president of a team.

Prior to joining the Washington Commanders, Jason was a partner in McKinsey & Company's Washington, D.C. office. His work focused on expanding the value of large, complex organizations through operations and culture transformations. Jason specialized in steering companies through their toughest moments - in crisis and turnaround scenarios. From systemic personnel misconduct to financial distress to COVID-19 response, Jason's tenure at McKinsey supported a range of multi-national, corporation-specific challenges, while also leading the company's global inclusion and anti-racism strategies.

His deep passion for intentional change that profoundly expands opportunities for historically marginalized populations resulted in his work cofounding McKinsey's Black Economic Institute. A research entity that analyzes the racial wealth gap, the Institute today serves as a prominent voice in public discussions regarding racial equity in corporate America. This advocacy, combined with his data- and results-oriented approaches, have been sought out by leading organizations, such as The Greater Washington Partnership, where Jason helps lead its Inclusive Growth Strategy Council as co-chair. The Inclusive Growth Strategy Council is a regional collaborative that dissects and identifies a blueprint for the region to address long-standing gaps in income, services, employment, and access to capital for lower-income populations.

Jason's commitment to faith, family, and community is marked by his service on the Board of Trustees at Union Theological Seminary, where he is helping the institution better equip a changing student body focused on community organizing and social entrepreneurship.

His leadership, passion for community change, and business acumen have been noted nationally and regionally, with Jason being awarded as a "Top 40 under 40" by Black Enterprise magazine, Sports Business Journal's "Best Hire of 2020," and standing as a member of The Economic Club of Washington D.C., where he serves alongside DC-based executives supporting a range of initiatives in the DMV.

Jason spent seven years as a running back in the NFL and was team captain and NFLPA player representative for the Arizona Cardinals during the 2011 NFL lockout. He has a B.A. in psychology from Northwestern University, where he was an Academic All-American student athlete, a two-time All-Big Ten football selection, and the president of Alpha Phi Alpha Fraternity and the Fellowship of Christian Athletes. He received his M.B.A. in Operations and Finance with honors, from the University of Chicago-Booth School of Business.

## EXCEPTIONAL SMOOTHNESS. DISTILLED FROM FINE FRENCH GRAPES.



## D. C.P R I M E

STEAKS | LOBSTERS

"WHERE FOOD LOVERS...COME TO MEAT."™
NORTHERN VIRGINIA'S DESTINATION CHOICE FOR DINING
AND CULINARY EXCELLENCE LIKE NO OTHER.





"RICK AND HIS TEAM ARE #1 IN MY PLAYBOOK WHEN IT COMES TO STEAK DONE RIGHT. NONE BETTER!"

> Ron Rivera, Head Coach Washington Commanders



- ★ Zagot Award of Excellence
- \* Best Steakhouse in Northern VA
- Best Restaurant by (Open Table diners)

(703) 840-2099 dcprimesteaks.com 20120 Lakeview Center Pl. Ashburn, VA 20147



Ron Rivera enters his 26th season coaching in the NFL and his third as Washington's head coach in

He was named the 30th head coach in franchise history on Jan.1, 2020 and led Washington to its first division title since 2015. During the 2020 season Rivera was diagnosed with Squamous Cell Carcinoma (SCC) located in a lymph node and detected from a self-care check. Rivera continued to coach through his treatments and on January 28, 2021, he was declared cancer free. Rivera was selected as the NFC Coach of the Year by the Committee of 101 following the 2020 season.

A friend of legendary head coach Joe Gibbs, Rivera is a passionate and skilled leader who has earned the respect of his players, coaching staff and the community. He most recently served as the head coach of the Carolina Panthers for nine seasons, where he led the team to three straight divisional titles and an appearance in Super Bowl 50. Rivera was also recognized twice as the NFL Coach of the Year by the Associated Press in 2013 and in 2015.

Rivera inherited a 2-14 Carolina Panthers team as

a rookie head coach in 2011 and guided it back to an NFC force with four playoffs appearances since 2013, tied for the second-most playoff berths in the NFC over that six-year period. In that span, the Panthers recorded 58 wins, tied for the most in any six-year period in their franchise history and fifth-most in the NFL. In 2015, Carolina won its second NFC Championship in franchise history, third consecutive NFC South division title and appeared in Super Bowl 50. Carolina finished the season with a franchise-best 17-2 record, including home playoff victories over Seattle in the divisional round and Arizona in the NFC Championship game.

Hired by the Panthers for his defensive expertise, Rivera did not disappoint as the Panthers put together five top-10 finishes in total defense in seven seasons from 2012-18. Like Rivera, the Panthers' rebound has been steady and solid, starting with six wins in his first season in 2011 and seven victories in 2012 before registering three consecutive division championships starting in 2013 when he earned his first Associated Press NFL Coach of the Year award. Laying a foundation that included back-to-back Rookie of the Year

award winners in quarterback Cam Newton and linebacker Luke Kuechly, Rivera blended veteran and young talent into productive units on both sides of the ball.

Rivera helped lead a Panthers team that finished among the league's top 10 rushing offenses, including top-five finishes in 2011, 2015, 2017 and 2018. The Panthers recorded 30 consecutive regular season games with at least 100 rushing yards from Week 6 of 2014 to Week 3 of 2016, the longest streak in the NFL since Pittsburgh tallied 43 from 1974-77.

Carolina's run defense ranked in the top 10 of the NFL in 2013, 2015, 2016 and 2017. Starting in Week 14 of 2016 through Week 1 of 2018, the Panthers went 21 consecutive games without allowing a 100-yard individual rusher, setting a franchise record. In 2018, Rivera coached two players to All-Pro selections. Panthers running back Christian McCaffrey earned AP All-Pro second- team honors as he helped the Panthers lead the NFL in rushing yards per carry (5.1). McCaffrey also recorded 107 receptions, the most by any running back in



a season in NFL history and broke Steve Smith's franchise record for single-season receptions by any player. He ran for 1,098 rushing yards, becoming the third player in NFL history with over 100 receptions and 1,000 rushing yards in the same season. McCaffrey accumulated a franchise-record 1,965 scrimmage yards, ranking third in the NFL.

Linebacker Luke Kuechly earned his sixth-straight Pro Bowl selection and fifth AP All-Pro first-team honor, tied for the most among active players. Kuechly tied for third in the NFL with 20 tackles for loss. In 2017, the rushing attack helped propel the team to an 11-5 record and a Wild Card berth by averaging 131.4 yards on the ground, good for fourth in the league.

In 2015, Rivera was named NFL Coach of the Year for the second time in three seasons as his team earned its third consecutive NFC South title and claimed the top seed in the NFC for the first time in Panthers franchise history. The Panthers became just the seventh team in the Super Bowl era to post a 15-1 or better record in the regular season. Carolina started 2015 with 14 consecutive victories, which, combined with four wins to close the 2014 regular season, gave the Panthers an NFC-record 18-game winning streak.

Rivera's Panthers went 12-4 and won the NFC South in 2013, Carolina's first division title since 2008. The Panthers then recovered from a 3-8-1 start in 2014 to win four in a row and capture a second consecutive NFC South crown. Prior to Rivera's arrival, Carolina had never reached the postseason in consecutive years, and no team had captured the NFC South twice in a row.

Rivera arrived in Carolina with a reputation for hard work, attention to detail and preparation. Those were also the qualities he exhibited in his first campaign as the Panthers tripled their win total from the previous season. Rivera did not even meet his team until they reported to training camp and, despite a slow start, held it together to finish with four wins in the final six games. Rivera has shined as a coach and player during his 30-plus years in the NFL, serving as defensive coordinator for the San Diego Chargers' top-ranked defense in 2010 and playing linebacker for the Chicago Bears' topranked defense and Super Bowl XX championship team in 1985. In 23 seasons as a coach and nine as a player, he has been with teams that have reached the playoffs 19 times, including nine conference championships and three Super Bowls. The mentality of the Chargers defense that Rivera coached and the Bears defense on which he played has stuck with the head coach, and he has transferred it to his teams.

Rivera's character has been influenced by two innovative defensive coordinators. As a player, Rivera was coached by the late Buddy Ryan, the architect of the "46 Defense," which involved blitzing on nearly every down. As a coach, Rivera toiled under the late Jim Johnson, a highly regarded defensive coordinator renowned for his aggressive approach.

Rivera's identity also has been shaped by his family. The son of a U.S. Army officer and the second youngest of four boys, Rivera learned from a young age about chain of command and many of the principles he teaches and expects from his players. "I come from a military family where discipline isn't taught, it's lived. It's expected from day one. I have a philosophy that every

player, every coach, everyone who works for this organization, they'll know it day one," Rivera said in his introductory press conference with Washington on Jan. 2.

Rivera worked with the Chargers from 2007-10. He coached inside linebackers before taking over as the team's defensive coordinator midway through the 2008 season. Under Rivera's guidance, the pass defense steadied itself - intercepting nine passes and yielding 229.6 passing yards per game and 11 touchdown passes over the final eight games. Those numbers contrasted to the first half of the season when San Diego notched just seven picks and was victimized for 265.1 yards per game and 14 touchdowns through the air. In Rivera's first full season leading the defense in 2009, the Chargers ranked 16th in total defense and 11th against the pass. Those rankings improved in 2010 as San Diego led the NFL with an average of 271.6 total yards allowed per game and gave up a league low 177.8 passing yards per game. From 2004-06, Rivera oversaw the Chicago Bears defense, engineering the unit to two top-five finishes in the league. Under Rivera's direction, five different defensive players went to the Pro Bowl: linebacker Lance Briggs, safety Mike Brown, defensive tackle Tommie Harris, linebacker Brian Urlacher and cornerback Nathan Vasher.

In his first season as a defensive coordinator in 2004, Rivera presided over a defense that produced nine more takeaways and 17 more sacks than the previous year and scored a franchise-record and NFC-high six defensive touchdowns. The Bears also thrived on third down and buckled down inside their own 20-yard line, ranking first in the NFL in third-down efficiency (30.5 percent) and topping the NFC in red zone defense (42.6



percent). The following year, Chicago continued to build on the foundation Rivera laid in 2004. The Bears won their first of two consecutive NFC North titles and stood second in the NFL in total defense. In surrendering the fewest points in the league, Rivera's defense went 43 consecutive quarters without allowing more than seven points – the longest streak in the NFL since 1969. During Rivera's last season with the Bears in 2006, the defense paced the NFL with 44 takeaways and finished fifth in the league in total defense and third in scoring defense, helping propel Chicago to the NFC Championship and an appearance in Super Bowl XLI.

Prior to becoming a defensive coordinator, Rivera spent five seasons from 1999-2003 as the linebackers coach for the Philadelphia Eagles, who advanced to the NFC Championship game in each of his final three seasons. Twice during Rivera's tenure with the Eagles, the team finished second in the NFL in scoring defense and in 2001 held all 16 of its opponents to fewer than 21 points — making them just the fourth team in NFL history to do so.

Rivera gained his first coaching experience with the Bears as a defensive quality control coach from 1997-98. He is just the third Latino head coach in NFL history, joining Tom Flores with the Oakland Raiders from 1979-87 and Seattle Seahawks from 1992-94 and Tom Fears with the New Orleans Saints from 1967-70.

Following retirement from his playing career, Rivera went into broadcasting. He covered the Bears and college football as a television analyst for WGN and SportsChannel Chicago for four years from 1993-96. Selected in the second round of the 1984 NFL Draft by Chicago, Rivera played all nine of his pro seasons with the Bears. Primarily an outside linebacker, he appeared in 149 games with 62 starts (including 12 postseason contests with six starts) and posted 392 tackles, 7.5 sacks, five forced fumbles, four fumble recoveries, nine interceptions and 15 passes defensed. Rivera was a member of six NFC Central division title teams and a Super Bowl XX championship team in 1985.

As a player, Rivera was known for both his skill and determination on the field and his dedication of time and energy to the community. As a result, he was named the Bears' Man of the Year in 1988 and earned the club's Ed Block Courage Award in 1989. He has carried that same community commitment to coaching, sponsoring a bowling tournament to benefit the Ronald McDonald House, USO and Humane Society. He was a finalist for the 2017 Salute to Service Award, an annual award presented to NFL players, coaches, personnel and alumni who demonstrate an exemplary commitment to honoring and supporting the military community.

Rivera, who lost his brother Mickey to pancreatic cancer in 2015, also serves as a spokesman for the Pancreatic Cancer Action Network. He has twice been the honorary starter for the organization's PurpleStride 5K in Charlotte. An All-American at the University of California, Rivera finished his career as the school's all-time leader in sacks with 22 and tackles with 336. As a senior in 1983, he set the Bears' single-season record for sacks with 13 and tackles for loss with 26.5.

Born Jan. 7, 1962, in Fort Ord, Calif., Rivera lived in Germany, Panama, Washington and Maryland before his family settled in Marina, Calif. He attended Seaside High School in Seaside, Calif., and was a three-sport star in football, basketball and baseball. Rivera and his wife, Stephanie, have two children, Christopher and Courtney. Stephanie is a former assistant coach for the WNBA's Washington Mystics.



BARBARA ALLEN

Coaching Staff Assistant // NFL Experience: 35 Years



NATALIA DORANTES

Coordinator of Football Programs // NFL Experience: 2 Years



## SCOTT TURNER

OFFENSIVE COORDINATOR

11TH NFL SEASON / 3RD WITH WASHINGTON

Scott Turner is entering his third season as the offensive coordinator of the Commanders after being hired on Jan. 8, 2020. He will be entering his 11th NFL season and has held positions with the Carolina Panthers, Cleveland Browns and Minnesota Vikings during his NFL career.

In 2021, Turner aided several players in reaching significant milestones, including wide receiver Terry McLaurin and running back Antonio Gibson, both of whom reached the 1,000 receiving and rushing yard plateau respectively. Washington had a 1,000-yard rusher and receiver in the same season for the first time since 2014.

McLaurin has recorded 1,000 yards in each of his first two seasons under Turner, becoming the first receiver to record two straight 1,000-yard seasons in Washington since Henry Ellard did so in 1994-96.

Turner led an offense that recorded the sixth-most rushing yards and the sixth-most rushing yards per game in the NFC. Washington averaged 30:44 minutes of offensive possession, the 10th-most in the NFI.

In Turner's offense, running back J.D. McKissic recorded the second-most receptions [80] and fifth-most receiving yards [589] for a running back in a season in franchise history.

Washington started four different quarterbacks during the 2020 season, combining for the second-most completions in a single season in franchise history [389].

Under Turner's tutelage, two players amassed 1,000 yards in 2020. Running back Antonio Gibson became the first Washington rookie to gain 1,000 scrimmage yards since Alfred Morris in 2012, as Terry McLaurin became the first Washington wide receiver with 1,000 yards in a season since 2016.

The offense in Washington took leaps in the second half of last season, registering 2,916 second-half scrimmage yards. It marks the seventh-most in a single season in club history and most since 2016 [3,635], since the stat was officially recorded in 1991.

Turner came to Washington from Carolina, where he served as quarterbacks coach as well as interim offensive coordinator in 2019.

In 2018, Turner helped quarterback Cam Newton post a franchise-record 67.9 completion percentage, despite playing through injury. The Panthers finished 10th in the league in net yards [373.3], the second-highest season average in club history.

Turner served as quarterbacks coach with the Minnesota Vikings from 2014-16, helping quarterback Sam Bradford to set a then-NFL record in completion percentage [71.6].

In 2014, he assisted Teddy Bridgewater in setting virtually every franchise rookie passing record, and producing the third-best completion percentage [64.6] and seventh-highest passer rating [85.2] in NFL history for a rookie.

In 2013, Turner coached wide receivers for the Cleveland Browns, helping Josh Gordon to the best receiving season in Browns history. Despite appearing in just 14 games, he became the first player in Browns history to lead the NFL in receiving yards (1,646).

Turner entered NFL coaching with two seasons as offensive quality control coach for the Panthers in 2011 and 2012. The Panthers recorded two of the top four seasons in franchise history in terms of net yards, setting the all-time mark with 389.8 yards per game in 2011 and 360.7 in 2012. Newton was named NFL Offensive Rookie of the Year in 2011. His 14 rushing touchdowns broke the NFL record for rushing touchdowns by a quarterback and were just one shy of the NFL record of rushing touchdowns by a rookie.



JIM HOSTLER SENIOR OFFENSIVE ASSISTANT NFL EXPERIENCE: 23 YEARS



RANDY JORDAN RUNNING BACKS NFL EXPERIENCE: 19 YEARS



KEN ZAMPESE QUARTERBACKS NFL EXPERIENCE: 24 YEARS



JUAN CASTILLO TIGHT ENDS NFL EXPERIENCE: 26 YEARS



JOHN MATSKO OFFENSIVE LINE NFL EXPERIENCE: 31 YEARS



TRAVELLE WHARTON
ASST. OFFENSIVE LINE
NFL EXPERIENCE:



DREW TERRELL WIDE RECEIVERS NFL EXPERIENCE: 5 YEARS



TODD STORM
ASST. TIGHT ENDS
NFL EXPERIENCE:
5 YEARS



ASST. QUARTERBACKS/
OFFENSIVE QUALITY CONTROL
NFL EXPERIENCE:
3 YEARS



JENNIFER KING
ASST. RUNNING BACKS
NFL EXPERIENCE:
5 YEARS



TYRAE REID JR. OFFENSIVE ASST. NFL EXPERIENCE: 1 YEAR



WASHINGTON

## **COMMANDERS**

OFFICIAL WHISKY OF THE WASHINGTON COMMANDERS

## Blended Canadian Whisky PLEASE DE ny, New York, NY. ≥ A PRODUCT OF

## DEFENDING YOUR HOMETURF



703-723-2899 | MyPMSI.com





35TH NFL SEASON (24 COACHING/11 PLAYING) / 3RD WITH WASHINGTON

Jack Del Rio enters his 24th season coaching in the NFL and his third as the Commanders defensive coordinator in 2022 after being named to the position on Jan. 2, 2020.

In 2021. Del Rio oversaw a defense that featured defensive tackle Jonathan Allen, who set careerhighs in sacks (9.0) and quarterback hits (30). Washington's defense allowed the eighth-fewest rushing yards per game and recorded the best defensive tackle team grade in the NFL according to Pro Football Focus.

In 2020, Del Rio helped lead a defense that ranked in the top 10 in total yards per game (6th), passing yards per game (5th), interception rate (8th), red zone percentage (3rd) and total points per game

Del Rio has accumulated 35 combined seasons of NFL experience, including 24 as a coach and 11 as a player. He has held head coaching roles with the Oakland Raiders, Denver Broncos (interim) and Jacksonville Jaguars. He has also coached 29 players to a total of 57 Pro Bowl selections.

From 2015-17, Del Rio was the head coach of the Oakland Raiders. In 2016, he guided the Raiders to a 12-4 record, marking the franchise's first 12-win season since 2000. The Raiders earned a postseason berth for the first time since 2002 and landed an NFL-high seven players on the AFC Pro Bowl squad. Del Rio was selected as the recipient of the Maxwell Club's Greasy Neale Professional Coach of the Year Award, becoming the sixth Raiders coach to earn NEL Coach of the Year honors. In addition, he was named the AFC Coach of the Year by Kansas City's Committee of 101.

As defensive coordinator with the Denver Broncos from 2012-14, Del Rio was part of three-straight AFC West titles and helped lead Denver to an AFC Championship and appearance in Super Bowl XLVIII following the 2013 campaign. It marked his second stint under Head Coach John Fox, as the two also spent the 2002 season together in Carolina.

Prior to joining the Broncos in 2012, Del Rio spent nine seasons at the helm in Jacksonville. During his head coaching tenure (2003-11) with the Jaguars, the club ranked sixth in the NFL in yards per game allowed (317.3) and eighth in points per game allowed (20.3).

Under Del Rio, the Jaguars made two playoff appearances in 2005 and 2007, highlighted by the club's first postseason win in eight seasons with a 31-29 road victory against the Pittsburgh Steelers in the 2007 AFC Wild Card Game.

During his lone season as a defensive coordinator with Carolina in 2002, he inherited the NFL's worst defense statistically (371.4 yards per game allowed) and turned it into the league's second-ranked unit (290.4 yards per game allowed). Additionally, the 2002 Panthers squad led the NFL in rushing average against (3.7 avg.) and ranked second in third down efficiency (32.9 percent) and sacks (52).

As linebackers coach for the Baltimore Ravens from 1999-2001, Del Rio tutored a talented group that included Peter Boulware, Ray Lewis and Jamie Sharper. Baltimore's 2000 team set the NFL 16-game record by allowing only 165 points while recording four shutouts and forcing a leaguebest 49 turnovers. Lewis was named the NFL's

Defensive Player of the Year and the MVP of Super Bowl XXXV that season after a playoff run in which the defense surrendered just one touchdown in four games.

Del Rio began his coaching career with the New Orleans Saints under Head Coach Mike Ditka, serving as an assistant strength coach in 1997 before moving on to coach the linebackers in 1998.

A veteran of 11 seasons as an NFL linebacker, he was selected in the third round (68th overall) of the 1985 NFL Draft by New Orleans and went on to make the NFL's All-Rookie Team and earn the Saints' Rookie of the Year award.

Del Rio was a four-year starter at the University of Southern California, where he earned consensus All-American honors as a senior and was runnerup for the Lombardi Award, given to the nation's best lineman or linebacker. Named co-MVP of the 1985 Rose Bowl, Del Rio recorded 340 career defensive stops, including 58 tackles for a loss. A standout catcher on the USC baseball team. Del Rio was drafted by the Toronto Blue Jays in 1981. He was inducted into the USC Athletic Hall of Fame in May 2015.

Del Rio was a three-sport star in football, baseball and basketball at Hayward (Calif.) High School. He earned a degree in political science from the University of Kansas while playing for the Chiefs.

Del Rio and his wife, Linda, have three daughters, Lauren, Hope and Aubrey, and a son, Luke, who also works for Washington as an offensive quality control coach and assistant quarterbacks coach.



**JEFF ZGONINA DEFENSIVE LINE** NFL EXPERIENCE:



**CHRIS HARRIS DEFENSIVE BACKS** NFL EXPERIENCE: 17 YEARS



**STEVE RUSS** LINEBACKERS NFL EXPERIENCE:



RICHARD ROGERS ASST. DEFENSIVE BACKS NFL EXPERIENCE: 10 YEARS



RYAN KERRIGAN ASST. DEFENSIVE LINE NFL EXPERIENCE: 12 YEARS



**BRENT VIESELMEYER** ASST. DEFENSIVE BACKS NFL EXPERIENCE: 5 YEARS



**VINCENT RIVERA** DEFENSIVE QUALITY CONTROL NFL EXPERIENCE: 6 YEARS



**CRISTIAN GARCIA** ASSISTANT LINEBACKERS/ DEFENSIVE QUALITY CONTROL NFL EXPERIENCE: 2 YEARS



WK5

## NATE KACZOR

SPECIAL TEAMS COORDINATOR
15TH NFL SEASON / 4TH WITH WASHINGTON

Nate Kaczor (pronounced Kat-sir) enters his fourth season as special teams coordinator with Washington in 2022. He will be entering his 15th NFL season and has held positions with the Jacksonville Jaguars, Tennessee Titans and Tampa Bay Buccaneers during his NFL career.

In 2021, Kaczor led a special teams unit that finished with the sixth-most total return yards in the NFL which was the most by the organization since 2015. The unit also allowed 643 kickoff return yards, the seventh fewest in the NFL. Washington punted for an average of 47.4 yards, the seventh-most in the league.

In 2020, Kaczor helped standout punter Tress Way record the highest single season net punting average [44.3] in franchise history. Way broke his own record from 2019 [44.1], also under the direction of Kaczor. Way also set a franchise record for most punting yards in a single game, punting 10 times for 511 yards against the Rams in Week 5. Washington led the league in net punting yards in 2020 with 3.325.

In 2019, Kaczor helped guide punter Tress Way to his first Pro Bowl selection. Way was also named to the Associated Press All-Pro Second Team. Way finished the season No. 2 in net average (44.1) and No. 2 in punt yardage (3,919) and No. 7 in punts inside the 20 yard line (30). Under Kaczor's guidance, Washington ranked No. 4 in the league in kickoff return average (25.2) and No. 5 in kickoff return yardage (833) despite fielding one of the league's youngest rosters.

Under Kaczor's guidance, Tress Way became the first Washington punter since Matt Turk in 1997 to

be named to the Pro Bowl. Steven Sims Jr. (NFC Special Teams Player of the Week in Week 12) and Tress Way (NFC Special Teams Player of the Week in Week 13) were also the first players in the history of the franchise to receive the honor of NFC Special Teams Player of the Week in consecutive weeks

During Kaczor's three seasons with Tampa Bay, the Buccaneers were one of the top punt coverage units in the NFL, allowing only 6.6 yards per return, the fourth-lowest mark in the league during that span.

Punter Bryan Anger was a standout during Kaczor's tenure with the Buccaneers. In his first year with the team, Anger set Buccaneers records for both punts inside the 20 (37) and net punting average (42.7), with both of those ranking in the top five in the NFL in 2016. In the three seasons that Anger spent under Kaczor's tutelage, Anger ranked top 15 in the league in punts inside the 20 and net average while only recording 14 touchbacks.

Kaczor came to Tampa Bay having spent the previous four seasons with the Tennessee Titans, the final three as the teams' special teams coordinator (2013-15) after being hired as the assistant offensive line coach in his first season (2012). In 2015, the Titans tied for the NFL lead in special teams takeaways, while in 2013 Kaczor's unit ranked third in the league in opponent punt return average and eighth in kickoff return average.

Kaczor entered the NFL as an assistant special teams coach with the Jacksonville Jaguars, working there from 2008-11. During those four years, Jacksonville had one of the league's top special teams coverage units, allowing the lowest punt return average in the NFL (6.5 avg.) and the eighth-lowest kickoff return average (21.8 avg.). In each of Kaczor's final two seasons, Montell Owens earned Pro Bowl recognition as a special teams player.

Prior to joining the NFL, Kaczor spent 17 years coaching in college, the final two working as co-offensive coordinator (2007) and tight ends coach (2006) at Louisiana-Monroe. In his only season as co-offensive coordinator, the team ranked second in the Sun Belt Conference in rushing offense and averaged its most points scored since 1993.

Before his time at Louisiana-Monroe, Kaczor spent two seasons (2004-05) as the co-offensive coordinator/tight ends coach at Idaho and four seasons as offensive coordinator/quarterbacks coach at Nebraska-Kearney (2000-03). Kaczor began his coaching career as an offensive assistant at his alma mater, Utah State, working as an offensive assistant for nine seasons (1991-99), helping the team win three conference championships.

A center at Utah State, Kaczor was a team captain, who earned all-conference honors in 1989. A native of Scott City, Kansas, he and his wife, Angie, have two children, Kaylee and Micah, who is currently a pitcher in the Colorado Rockies organization.



BEN JACOBS
ASST. SPECIAL TEAMS
NFL EXPERIENCE:
12 YEARS





## DOUG WILLIAMS

SENIOR ADVISOR TO THE PRESIDENT 26TH NFL SEASON

Doug Williams is Senior Advisor to Washington Commanders President Jason Wright. In his role, Doug leverages his vast experience with the team as a player, ambassador, and executive to provide counsel on all matters pertaining to the establishment of a new, modern identity for the team.

Previously, Doug served as Washington's senior vice president of player development. In that role, one of the most celebrated athletes in franchise history helped lead and guide the efforts of the team's player development department.

Doug, a member of the "Inaugural 70 Greatest Washington Players" and franchise's Ring of Fame, played with the team from 1986-89 and led Washington to a Super Bowl XXII title, which was a 42-10 rout of the Denver Broncos. The first African-American quarterback to play in a Super Bowl, he completed 18-of-29 passes for 340 yards with four touchdown passes to earn Super Bowl XXII MVP honors.

Doug is a veteran of 21 NFL seasons, including nine as a player and 12 in scouting/personnel roles. He spent five seasons as Personnel Executive with the Tampa Bay Buccaneers from 2004-08 before being named the team's Director of Pro Personnel for the 2009 season.

Doug joined the Buccaneers' front office in 2004 following a successful tenure as head coach at his alma mater, Grambling State, and one of the most storied playing careers in league and team history. His responsibilities in Tampa included coordinating the scouting and recruiting of all NFL players, while also monitoring NFL transactions and overseeing player tryouts. In addition, he was in charge of Tampa Bay's evaluating efforts of all other professional football leagues, including the Canadian Football League.

A first-round pick by Tampa Bay in the 1978 NFL Draft (17th overall), he led the Buccaneers to the

first three playoff appearances in team history. He propelled the team to three winning seasons (10-6 in 1979, 9-7 in 1981 and 5-4 in 1982). They were the only campaigns in franchise history with a winning record until more than 15 years later, in the 1997 season. He started 67 career games for the Buccaneers and was a two-time team MVP in 1980 and 1981. He ended his Tampa Bay career in 1982 as the all-time franchise leader in touchdown passes, passing yards, attempts and completions.

In 1986, Washington traded for Williams' rights following two seasons with the USFL's Oklahoma Outlaws. In his Super Bowl XXII MVP performance following the 1987 season, he set or tied several Super Bowl passing records, including most TD passes (four), most yards passing (340), longest pass completion (80 yards) and longest TD pass (80 yards).

In six seasons during his first tenure (1998-2003) at Grambling State, Doug brought one of the most storied programs in college football history back to prominence, compiling a 52-18 record as head coach after succeeding the legendary Eddie Robinson, who was at the helm for 57 years from 1941-97 and re-wrote the record books as the winningest coach in the history of college football with 408 career wins.

Williams led the Tigers to three consecutive Southwestern Athletic Conference titles from 2000-02, as they were named National Black College Champions during the same three-year span. He was also named SWAC Coach of the Year in each of those three seasons. Williams was a two-time finalist for The Sports Network Eddie Robinson (Division I-AA) National Coach of the Year. He rejoined the program for three seasons from 2011-13, including earning the SWAC title in his first season back in 2011.

Doug started his college head coaching career at Morehouse College in 1997. He also has previous NFL experience as a scout for the Jacksonville Jaguars in 1995 and as offensive coordinator for the Scottish Claymores of the World League in 1995 and tutoring running backs for Navy in 1994. He also excelled on the high school level as head coach and athletic director at Point Coupee H.S. in New Roads, La., in 1991. In 1993, he was head coach at Northeast H.S. in his hometown of Zachary, La., where he guided the team to a 13-1 record and the state semifinals, including a win over Peyton Manning's Isidore Newman squad in the 1993 state quarterfinals.

As Grambling's quarterback from 1974-77, he had a spectacular college career as he passed for more than 8,000 yards and 93 touchdowns, leading the Tigers to three Black College National Championships and two SWAC titles. He posted a 35-5 record as a starter and finished fourth in voting for the 1977 Heisman Trophy.

In 2005, Doug and Shack Harris established The Shack Harris & Doug Williams Foundation with the function of providing grants for afterschool initiatives, leadership development, mentoring programs and minority higher education assistance for economically disadvantaged youth. In March of 2009, the foundation put on its first annual Washington Football Legends for Charity in Washington, D.C. In 2010, the foundation established the Black College Football Hall of Fame, which will move to its new home in Canton, Ohio in 2018.

After Super Bowl XLII, the NFL honored the 20th anniversary of his Super Bowl XXII victory as Williams was chosen to present the Lombardi Trophy to the New York Giants following their victory over the New England Patriots.

Doug and his wife, Raunda, have eight children: Ashley, Adrian, Carmeleta, Doug, Jr., Jasmine, Laura, Lee and Temessia.







## MARTIN MAYHEW

GENERAL MANAGER

33RD NFL SEASON (24 FRONT OFFICE/9 PLAYING) / 6TH WITH WASHINGTON

Martin Mayhew enters his second season as General Manager of the Washington Commanders after being hired by the organization on January 22, 2021.

Mayhew joined Washington with 22 seasons of NFL experience as an executive, including eight seasons as the general manager of the Detroit Lions. He returns to the franchise that he played for from 1989-92 and was a member of the Super Bowl XXVI team.

"Martin is a proven general manager who will bring a wealth of knowledge and experience to the organization," said head coach Ron Rivera. "He will be an integral part of running the daily football operations and will allow me the opportunity to focus more on coaching. He impressed both myself and Mr. Snyder during the interview process and we both believe he will be a tremendous fit here. He is a man of high character and integrity and was part of the rich history and tradition of this great franchise as a member of the Super Bowl championship team in 1991."

Mayhew spent the previous four season with the San Francisco 49ers, most recently as the club's vice president of player personnel. He held the position of senior personnel executive for the franchise from 2017-18. Mayhew assisted first-time

general manager John Lynch and was a major contributor to a personnel department that was vital in the team's Super Bowl appearance in 2019.

Prior to joining San Francisco, Mayhew spent the 2016 season as the director of football operations/ special projects with the New York Giants. In his role with the Giants, he worked on all aspects of the salary cap, CBA compliance and player contract negotiations.

Prior to his time in New York, Mayhew spent 15 years (2001-15) in the Detroit Lions organization, including the final seven as the team's general manager. He took over as the general manager following Detroit's winless season and oversaw the building of a roster that resulted in a 10-win season in 2011 and an 11-win season in 2014.

During Mayhew's tenure as Lions general manager, he was responsible for the draft selections of Pro Bowlers QB Matthew Stafford, DE Ezekiel Ansah and DT Ndamukong Suh. Suh was a four-time Pro Bowler and three-time First Team All-Pro selection with Detroit and was the 2010 NFL Defensive Rookie of the Year. Mayhew was also responsible for signing WR Golden Tate and S Glover Quin in free agency, both of whom went on to earn Pro Bowl honors in Detroit. Mayhew first joined the Lions organization in 2001 as the senior director

of football administration/staff counsel and was promoted to senior vice president of football administration/staff counsel in 2003. Mayhew was appointed senior vice president and assistant general manager in 2004. In 2008, Mayhew was promoted to general manager.

Mayhew played nine seasons in the NFL and was originally selected by the Buffalo Bills in the 10th round (262nd overall) in the 1988 NFL Draft. During Mayhew's nine-year career, he appeared in 118 games (107 starts) for Buffalo (1988), Washington (1989-92) and Tampa Bay (1993-96) and notched 473 tackles, 21 interceptions, 1.0 sack and four forced fumbles. He started at cornerback for the Super Bowl XXVI champion Washington Redskins.

Mayhew is a native of Tallahassee, Fla. and graduated from Florida State University with a degree in business management and also holds a law degree from Georgetown University. At Florida State, he lettered in both football and track. Mayhew interned for Washington's personnel department in 1999 while in law school at Georgetown. He also held labor and legal department internships with the NFL League Office before joining the Detroit Lions.



## ROB ROGERS

SENIOR VICE PRESIDENT OF FOOTBALL ADMINISTRATION 28TH NFL SEASON / 3RD WITH WASHINGTON

Rob Rogers enters his 28th season in the NFL and third with the Washington Commanders in the role of Senior Vice President of Football Administration. In this role, Rogers works for the football senior leadership team on the development of player budget parameters, roster management, contract proposals, negotiation strategies and salary cap management. Rogers also oversees the club's football analytics department along with being one of the main liaison's between the football and business operations.

Prior to coming to Washington, Rogers held the title of executive director of player finance and football research. In this role, he worked closely with the Panthers general manager on the development of player budget parameters, roster management, contract proposals, negotiation strategies and salary cap management. He also oversaw the Panthers football analytics department and worked on research and analysis of player contracts and statistics. He directly conducted the majority of contract negotiations

with player representatives during his time in this role.

Before gaining the title of executive director of player finance and football research, Rogers was the director of football administration for 11 years (2008-18). He negotiated contracts for all of the Panthers first round and other draft selections during a 16-year span (2003-19) along with numerous free agents. He also worked with the front office on issues dealing with the NFL Collective Bargaining agreement and as the club's liaison to the NFL Management Council, he kept the Panthers in compliance with all NFL personnel, contract and labor-related issues.

Starting in 2013, Rogers worked on developing efforts in analytics, football research in personnel, opponent analysis and self-scouting along with sports science and next gen statistics. He developed the in-house salary cap management database and also designed the current pro scouting system in Carolina and in the mid 90s

worked with in-house developers to design and implement the initial opponent analysis and self-scouting system. Rogers worked extensively with Coach Rivera in Carolina on on-going efforts to develop game management analysis and practices.

Rogers is also a member of the NFL Club Services Committee, which is a group made of various front office executives from around the league, tasked with providing guidance and feedback on technology integration initiatives to the development staff of the NFL Management Council. He has served on the committee since 2002.

Rogers joined the Carolina Panthers in 1995 and worked as a quality control assistant along with helping out on the in-house business analytics team. He is a 1993 graduate of Harvard University and holds a degree in government.

Rogers and his wife Clair have two children: daughter Emma and son Brady.



## MARTY HURNEY

EXECUTIVE VICE PRESIDENT OF FOOTBALL/PLAYER PERSONNEL

31ST NFL SEASON / 2ND WITH WASHINGTON

Marty Hurney enters his second season as Executive Vice President of Football/Player Personnel of the Washington Commanders after being hired by the organization on January 22, 2021

Hurney joined Washington with 29 seasons of NFL experience as an executive and will rejoin the franchise where he started his NFL career as a member of the team's public relations department.

"Marty Hurney is an excellent evaluator of talent and someone whom I trust and have worked with in the past," said head coach Ron Rivera. "He knows the amount of hard work it takes to operate a successful personnel department. Marty has a proven track record as a successful scout and general manager and will be a vital part of shaping our roster. Both myself and Mr. Snyder agreed that he would bring an enormous amount of experience to our operation. It is also fitting that Marty started his career here working for the legendary Bobby Beathard. I look forward to collaborating with both Marty and Martin in the years to come."

Hurney was named the Carolina Panthers General Manager in 2002 and held the position until 2012. He was then brought back as the club's interim general manager in 2017 and maintained the official role from 2018-2020. During Hurney's tenure as general manager, the Panthers appeared in the postseason four times, with two NFC South titles, two trips to the NFC Championship game and an appearance in Super Bowl XXXVIII.

Hurney has had a strong number of draft selections in the first round. Most notably, he selected both QB Cam Newton and LB Luke Kuechly in the first round of consecutive drafts in 2011 and 2012. Newton went on to win NFL Rookie

of the Year in 2011, NFL MVP in 2015 along with setting nearly every passing and rushing record in franchise history. Kuechly won NFL Rookie of the Year in 2012 and NFL Defensive Player of the Year in 2013 and was a seven-time Pro Bowl selection. Carolina was just the fourth team in NFL history to have consecutive players win rookie of the year honors since the awards inception in 1967.

Hurney's other notable first round selections include DE Julius Pepper (2002), T Jordan Gross (2003), CB Chris Gamble (2004), LB Thomas Davis Sr. (2005), RB DeAngelo Williams (2006), RB Jonathan Stewart (2008), WR DJ Moore (2018) and DE Brian Burns (2019). Peppers was selected to the Pro Bowl nine times, was the NFL Rookie of the Year in 2002 and is the Panthers' all-time leader in sacks. Gross started at tackle for the Panthers for 11 consecutive seasons, made three Pro Bowls and is the Panthers' all-time leader in games started. Gamble started at cornerback for the Panthers for nine seasons and is the all-time franchise leader in interceptions. Davis Sr. was selected to three Pro Bowls along with gaining First Team All-Pro honors in 2015 and is the Panthers all time leader in tackles. Stewart and Williams went on to compile 7,318 rushing yards and 6,846 rushing yards, which is No. 1 and No. 2 in Panthers' history, respectively. Moore has led Carolina in receiving and posted 1,000-plus receiving yards in consecutive seasons and was selected to the PFWA All-Rookie Team in 2018. Burns ranked No. 4 among rookies in sacks in 2019 and led the Panthers with 9.0 sacks in

During Hurney's tenure as Panthers GM, he also had considerable success in free agency and through trades. Hurney executed trades for TE Greg Olsen and long snapper J.J. Jansen who were both Pro Bowlers. Olsen holds the franchise record for receiving yards among tight ends and ranks No. 3 overall in receiving yards in franchise history. He also acquired RB Stephen Davis, QB Jake Delhomme, LB Mark Fields and G Mike Wahle via free agency. All four players were named to Pro Bowls during their time with Carolina. Delhomme ranks second behind only Cam Newton as the franchise's leader in passing yards and passing touchdowns.

Prior to being named general manager of the Panthers in 2002, Hurney held the position of coordinator of player operations from 1999-2001 and director of football administration in 1998.

Before joining the Carolina Panthers organization, Hurney held the role of coordinator of football operations with the San Diego Chargers under Pro Football Hall of Fame and Washington Ring of Fame executive Bobby Beathard. Hurney began his career as a reporter covering Washington in the 1980s. After developing relationships with Owner Jack Kent Cooke, General Manager Bobby Beathard and Head Coach Joe Gibbs, Hurney joined Washington's public relations department in 1988.

Hurney is a native of Wheaton, Md. and attended Catholic University in Washington D.C. Before joining Washington's public relations department, he worked for the Montgomery Journal, Washington Star and Washington Times.





## MALCOLM BLACKEN

SENIOR DIRECTOR OF PLAYER DEVELOPMENT

28TH NFL SEASON / 16TH WITH WASHINGTON

Malcolm Blacken is entering his third season as Senior Director of Player Development after serving seven seasons as Director of Player Development for Washington. Blacken was named to the elevated position on Jan. 9, 2020.

Blacken's hiring served to start his third stint with Washington after having previously served as a strength and conditioning coach for Washington on two occasions (1996-2000 and 2010). In his last season in Washington in 2010, Blacken was responsible for assisting with all aspects of the Redskins' strength and conditioning program.

In his current role, Blacken guides the development and education of Washington players as it pertains to both their personal and professional lives. His guidance covers topics including but not limited to: financial education; healthy and unhealthy relationships; total wellness and mental health; league policies on substance abuse, performance enhancing drugs and personal conduct; social responsibility; social media; decision making; stress and time management; team history and tradition; and the expectations of being a player in the National Football League.

In addition, Blacken works hand-in-hand with Washington 's Charitable Foundation and was a principal figure in instituting the team's Rookie Community Club, which annually takes the team's

rookies and immediately integrates them into the Washington, D.C. area community through a series of service efforts. He also provides assistance with continuing education and offers guidance for players' academic pursuits.

From 2011-12, Blacken served as Director of Speed, Strength & Conditioning for the University of Colorado. He worked directly with the football program on a day-to-day basis while overseeing the speed, strength and conditioning needs of all 16 of Colorado's varsity programs.

In between his first two stops in Washington, Blacken spent nine years as the Detroit Lions' strength and conditioning coach from 2001-09. Blacken was an assistant strength coach for the University of Virginia's football program in 1995 and worked with all other sports in the Cavaliers' athletic department as well. For three years (1992-94), Blacken served as the head strength and conditioning coach for George Mason University, where he oversaw the program for all of the university's varsity sports.

Blacken began his coaching career at the University of South Carolina in 1990-91 as the football program's assistant strength and conditioning coach.

Blacken graduated from Virginia Tech in 1989 with bachelor's degrees in art and physical education.

He was a Hokies running back from 1984-88 and was a four-time letter winner. While at Virginia Tech, Blacken was a two-time winner of the Super Iron Hokie Award (1987-88), which is given yearly to the football program's strongest player at each position.

Off the field, Blacken is an accomplished artist whose paintings have been displayed across the country. Recently, he participated in the 2016 NFLPA Smocks and Jocks art auction in Houston for Super Bowl LI and the 2019 NFLPA Smocks and Jocks art auction in Atlanta for Super Bowl LIII, with proceeds donated to the retired players fund. More about Blacken's art can be accessed by visiting BlackXGallery.com.

Blacken currently resides in Ashburn, Virginia, with his wife, Marcy. The couple has two children, Maya and Bo.



ALEXIS DOTSON
SEASONAL PLAYER
DEVELOPMENT HBCU INTERN
NFL EXPERIENCE:
1 YEAR





WK5

## ERIC STOKES SENIOR DIRECTOR OF PLAYER PERSONNEL 25TH NFL SEASON (21 FRONT OFFICE/2 PLAYING) / 3RD WITH WASHINGTON

Eric Stokes is entering his third season with Washington and his second as Washington's senior director of player personnel after serving as the director of pro personnel in 2021. In this role, he oversees the day-to-day operations of the personnel department.

Stokes brings 25 combined years of NFL experience to the role. He joined Washington after spending five seasons with the Carolina Panthers in a variety of roles, including director of college scouting, regional director of college scouting and southwest area scout.

As the director of college scouting for the Panthers, Stokes oversaw a college scouting staff that was tasked with targeting and tracking drafteligible prospects, as he worked with area scouts.

He was responsible for the pre-draft evaluation process at the NFL Combine, pro days and visits by draft-eligible players.

Prior to joining Carolina, Stokes spent two seasons (2014-15) as the assistant general manager of the Miami Dolphins. In his role, Stokes assisted in all aspects of player evaluation and acquisitions at the professional and collegiate levels, including the daily management and makeup of the Dolphins roster as well as guiding the team's preparation for the annual NFL Draft.

From 2012-13, Stokes was the director of college scouting for the Tampa Bay Buccaneers. Prior to joining the Buccaneers, Stokes spent 12 seasons as a member of the Seattle Seahawks scouting staff, working as an area scout (2000-01, 2005-09)

and pro personnel assistant (2002-04) before serving as assistant director of college scouting from 2010-11. In that role, Stokes was instrumental in bringing in defensive standouts safeties Earl Thomas and Kam Chancellor, linebacker Bobby Wagner and cornerback Richard Sherman.

Stokes played two seasons as a safety for the Seahawks after being selected in the fifth round of the 1997 NFL Draft. He was selected by the Cleveland Browns in the 1999 expansion draft before an injury cut his career short.

Stokes graduated from the University of Nebraska with a degree in sociology. He and his wife, Tisa, have three daughters, Erisa, Payton and Madison.

## PLAYER PERSONNEL STAFF

## **BRENT CAPRIO**

PRO SCOUT

## **PETER PIGERELLI**

COLLEGE SCOUT

## **PAUL SKANSI**

COLLEGE SCOUT

## **CONNOR BARRINGER**

PRO SCOUT

## **CHUCK COOK**

COLLEGE SCOUT

## **ROGER TERRY**

COLLEGE SCOUT

## **DAVID WHITTINGTON**

NATIONAL SCOUT

## HARRISON RITCHER

COLLEGE SCOUT

## **TYLER CLAYTOR**

BLESTO SCOUT

## **JEFF BEATHARD**

NATIONAL SCOUT

### **RONALD ROSE**

COLLEGE SCOUT

## **ASHLEY COHRS**

PLAYER PERSONNEL ASSISTANT





The Official Equipment Supplier of the

WASHINGTON

## COMMANDERS



**Trusted By The Best** 



www.finchturf.com

## HERREVERY GRAE ON BOOK STROCK



BIG 100 IS HOME OF THE DON GERONIMO SHOW DOWNLOAD THE FREE IHEARTRADIO APP





WK5

## TIM GRIBBLE

DIRECTOR OF COLLEGE PERSONNEL

23RD NFL SEASON / 21ST WITH WASHINGTON

Tim Gribble is entering his 23rd season in the NFL (21st with Washington) and his second as the Director of College Personnel. He was promoted to his current role on Jan. 14, 2020.

Gribble oversees the organization's evaluation of collegiate talent and manage scouting efforts at both the area and national levels.

Gribble previously assisted Kyle Smith and Washington's personnel staff by providing evaluations of collegiate talent at the national level.

Prior to his promotion to assistant director of college scouting in 2017, Gribble spent the previous 11 seasons as an area scout for Washington. He originally joined Washington in 2002 and served as a pro personnel assistant, later adding responsibility as the team's Northeast scout in 2003. He also covered the South and Midwest regions at various points during his first 16 years with the organization.

Before coming to Washington, Gribble spent two seasons with the Pittsburgh Steelers as an assistant in the scouting department. Prior to joining the NFL, he was an assistant coach for his alma mater, Duquesne University. He served as the Dukes' special teams coordinator (1996-2000), defensive line coach (1996-98) and running backs coach (1998-2000).

10.9.22

Gribble was a four-year starter (1992-96) at fullback and team captain at Duquesne. He also played baseball for the Dukes and earned dual degrees in psychology and sociology. He is married to his wife, Jennifer.



## **CHRIS POLIAN**

DIRECTOR OF PRO PERSONNEL 26TH NFL SEASON / 2ND WITH WASHINGTON

Chris Polian enters his 26th season in the NFL and second as Washington's director of pro personnel in 2022. He joined Washington with 24 seasons of NFL experience as an executive and scout, including three seasons as vice president and general manager of the Indianapolis Colts.

Polian was most recently the director of pro personnel with the Jacksonville Jaguars from 2013-2019. He played a major factor in the team's free agency signings in 2017 of DE Calais Campbell, DT Malik Jackson and CB A.J. Bouye who were all Pro Bowl selections during their tenures in Jacksonville. In that offseason, he also helped target S Barry Church who along with Campbell, Jackson and Bouye helped anchor a defense that was ranked No. 2 in the NFL in 2017 and helped Jacksonville capture an AFC South title and

appearance in the AFC Championship game.

Prior to his seven seasons with the Jaguars, Polian was an executive scout with the Atlanta Falcons in 2012 and also spent three seasons as vice president and general manager of the Indianapolis Colts from 2009-11. He started his career with Indianapolis in 1998 as the director of pro scouting from 1998-2000. Polian then held the position of assistant director of football operations from 2001-03 and was promoted to assistant general manager/football operations in 2004 and spent five seasons as the vice president of football operations from 2005-09. Prior to joining the Colts, Polian worked with the Carolina Panthers for four years (1994-97) as a personnel assistant.

During Polian's tenure in Indianapolis from 1998-

2011, the Colts had a regular season record of 143-81 with playoff appearances in 10 of 14 seasons including seven division titles and a Super Bowl championship in 2006. The franchise also became the only team to win 12-plus games in seven consecutive seasons during that timeframe.

Polian is a native of New York, N.Y. and earned a bachelor's degree in communications from John Carroll University in 1993. His father, Bill, a 2016 Pro Football Hall of Fame Inductee was a general manager of the Buffalo Bills, Indianapolis Colts and Carolina Panthers. His brother, Brian, is the special teams coordinator at Notre Dame and his brother, Dennis, was the associate athletic director, football at the University of Arizona. He and his wife, Debbie, have three children, Jack (18), Caroline (16) and Kate (13).

FRONT OFFICE 31 CHRIS POLIAN / TIM GRIBBLE



26TH NFL SEASON / 14TH WITH WASHINGTON

Al Bellamy enters his second stint in Washington after spending the last nine seasons as the director of athletic training for Temple University. While working directly with the football team, he also oversaw all 19 of Temple's intercollegiate sports and also managed the sports medicine staff.

Prior to arriving at Temple, Bellamy spent 25 years in the NFL, including 12 seasons with the Detroit Lions and 13 seasons in Washington. With Detroit, Bellamy helped manage the team's athletic training staff and worked closely with the team's physicians.

Bellamy started his NFL career as an assistant trainer in Washington in 1988. He was a member of Washington's medical staff when the team won

Super Bowl XXVI at the end of the 1991 season. Bellamy worked with 21 members of the Pro Football Hall of Fame including Morten Anderson, Champ Bailey, Bobby Beathard, Fred Dean, Edward DeBartolo, Joe Gibbs, Darrell Green, Russ Grimm, Charles Haley, Michael Irvin, Ronnie Lott, Bobby Mitchell, Art Monk, Joe Montana, Jerry Rice, Charley Sanders, Deion Sanders, Bruce Smith, Charley Taylor, Emmitt Thomas and Bill Walsh.

Prior to joining Washington for his first stint, he served as an assistant athletic trainer with the University of Miami (FL) football team from 1986-87. He was a member of the 1987 National Championship medical team.

Bellamy earned his master's degree in health

education in 1984 from Syracuse University. As an undergrad, he attended Michigan State and received his bachelor's degree in health education in 1984. While at MSU, he began working in the NFL when he served training camp internships with both the St. Louis Cardinals and San Francisco 49ers

Prior to attending Michigan State, Bellamy attended Archbishop John Carroll High School in Washington, D.C.

Bellamy and his wife, Sharon, have two children -son Chase, and daughter Ashley.



**CHAD ENGLEHART** HEAD OF STRENGTH & CONDITIONING NFL EXPERIENCE: 13 YEARS



**KAVAN LATHAM** ASST. STRENGTH & CONDITIONING NFL EXPERIENCE: 10 YEARS



**JAKE SANKAL** ASST. STRENGTH & CONDITIONING/NUTRITION NFL EXPERIENCE:



RYAN VERMILLION JR. ASST. STRENGTH & CONDITIONING NFL EXPERIENCE: 2 YEARS



RRETT NENARER NFL EXPERIENCE: 10 YEARS



MARK MCCRACKEN DIR. PLAYER PERFORMANCE ASST. HEAD ATHLETIC TRAINER NFL EXPERIENCE: 7 YEARS



MASAHIRO TAKAHAGI ASST. ATHLETIC TRAINER NFL EXPERIENCE: 5 YEARS



JEFF RUIZ DIR. OF REHABILITATION & PHYSICAL THERAPIST NFL EXPERIENCE: 2 YEARS



DR. BARBARA ROBERTS **DIR. WELLNESS & CLINICAL SERVICES** NFL EXPERIENCE: 25 YEARS

## TONY CASOLARO, MD

CHIEF MEDICAL OFFICER INTERNAL MEDICINE

## DAVID NOVAK, MD

TEAM PHYSICIAN AND ORTHOPEDICS

## CHRIS ANNUNZIATA, MD

HEAD TEAM PHYSICIAN AND ORTHOPEDICS

## DR. JESSALYNN ADAM

TEAM PHYSICIAN PRIMARY SPORT CARE MEDICINE

## CHAD KASPEROWKSI. DMD

TEAM DENTIST

## ANDREW PARKER. MD

TEAM PHYSICIAN AND ORTHOPEDICS

## **MICHAEL ANTONIS, MD**

TEAM PHYSICIAN PRIMARY SPORT CARE MEDICINE

## **KEITH SMITHSON. 00**

TEAM OPTOMETRIST

## DR. HIRAD NAJAFBAGY

TEAM CHIROPRACTOR

## SID CHANDELA, MD

TEAM NEUROLOGIST CONSULTANT



## MIKE BRACKEN

24TH NFL SEASON / 24TH WITH WASHINGTON

Mike Bracken is entering his 24th season with Washington and his 20th as the head of the video department in 2022. His responsibilities include overseeing the daily operations, including assisting the coaching and scouting staffs with game tape and player highlights. Bracken conducts the editing of video from all practices and games, produces "cut-ups" of upcoming opponents, and creates highlight tapes for use in meetings throughout the season. He is also in charge of

purchasing and maintaining video and digital equipment.

Bracken joined Washington after serving as video coordinator for the University of South Carolina men's basketball team for the 1999-2000 season and the University of Southern California men's basketball and football teams in 1998. He originally entered the National Football League as a video intern with the Philadelphia Eagles (1997-98).

Bracken graduated from Lycoming College where he played defensive back and helped his team to two conference titles. A native of Clifton Heights, Pennsylvania, Bracken and his wife, Dawn Marie, have three children: daughter, Erin Marie, and sons,Tripp and Aidan. The family resides in Leesburg, Virginia.



MIKE ADAMS
ASST. VIDEO DIRECTOR
NFL EXPERIENCE:
13 YEARS



WILL KROM VIDEO ASSISTANT NFL EXPERIENCE: 8 YEARS



AARON CLEM VIDEO ASSISTANT NFL EXPERIENCE:



## **BRYAN PORTER**

20TH NFL SEASON / 2ND WITH WASHINGTON

Bryan Porter is in his 20th season in the NFL and second in Washington as director of football operations after being hired by the team in 2021. In his role, Porter directs the football operations team travel, budget, and supports the day-to-day logistics in the department.

Porter was the football operations manager from 2011-17, where he planned and executed all travel, including bus and hotel contracts, while also managing training camp operations.

Prior to his promotion to manager, Porter was the Panthers' football operations coordinator from 2006-11 and operations assistant from 2003-06. He worked as a team equipment intern in 2001 and 2002 after starting as an intern with the public relations department in the spring of 2001.

Porter played football at Guilford College from 1996-99. He earned his undergraduate degree from N.C. State in business management in 2001.

Porter and his wife, Nicki, have two children, Davis and Henry.



MATT PETERSON FOOTBALL OPERATIONS ASSISTANT NFL EXPERIENCE: 3 YEARS



DREW CURLS
ASST. EQUIPMENT MANAGER
NFL EXPERIENCE:
7 YEARS



JUSTIN BROOKS
EQUIPMENT ASSISTANT
NFL EXPERIENCE:
6 YEARS



JERELLE LEVERITTE EQUIPMENT ASSISTANT NFL EXPERIENCE: 1 YEAR

## A LOOK BACK AT WEEK 3



PASSING PASSIN					
NAME	COMP	ATT	COMP%	YARDS	TD
Carson Wentz	25	43	58.1	211	0

RUSHING					
NAME	ATT	YARDS	AVG	LONG	TD
Antonio Gibson	12	38	3.2	11	1
Carson Wentz	3	22	7.3	13	0
Curtis Samuel	3	13	4.3	15	0
J.D. McKissic	3	8	2.7	6	0
Jonathan Williams	1	6	6	6	0

RECEIVING					
NAME	REG	YARDS	AVG	LONG	TD
Terry McLaurin	6	102	17	45	0
Curtis Samuel	7	48	6.9	16	0
J.D. McKissic	6	32	5.3	9	0
Dax Milne	1	12	12	12	0
Jahan Dotson	2	10	5	7	0
Logan Thomas	2	5	2.5	5	0
Antonio Gibson	1	2	2	2	0

PUNTING					
NAME	PNT	AVG	IN 20	LONG	
Tress Way	8	52.5	2	58	

KICKING					
NAME	FGA	FGM	LONG	FG%	
Joey Slye	0	0	0	0%	

#### **A LOOK BACK AT WEEK 3**

### DEFENSIVESTATS

DEFENSE								
NAME	SOLO	AST	TOT	SACK	TFL	PD	QB HTS	TD
Cole Holcomb	5	4	9	0	0	1	1	0
Kamren Curl	5	3	8	0	1	0	0	0
Jamin Davis	5	1	6	2	1	0	1	0
Kendall Fuller	5	1	6	0	0	1	0	0
Jonathan Allen	4	0	4	0	1	1	1	0
Shaka Toney	3	1	4	0	1	0	0	0
Darrick Forrest	3	1	4	0	1	0	0	0
Benjamin St-Juste	3	0	3	0	0	3	0	0
Efe Obada	2	1	3	1	1	0	2	0
Jeremy Reaves	2	1	3	0	0	0	0	0
David Mayo	1	2	3	0	0	0	0	0
Daron Payne	1	2	3	0	1	0	1	0
Rachad Wildgoose	2	0	2	0	0	0	0	0
Bobby McCain	1	1	2	0	0	1	0	0
Montez Sweat	1	1	2	0	0	0	0	0
Will Bradley-King	1	1	2	0	0	0	0	0
Christian Holmes	1	0	1	0	0	0	0	0
Milo Eifler	1	0	1	0	0	0	0	0
Jon Bostic	0	1	1	0	0	0	0	0
Benning Potoa'e	0	1	1	0	0	0	0	0
Armani Rogers	0	1	1	0	0	0	0	0
Dyami Brown	0	1	1	0	0	0	0	0







### 53 MAROSTER

\*AS OF 9/19



JONATHAN ALLEN 93 | DEFENSIVE TACKLE



JOHN BATES 87 | TIGHT END



JON BOSTIC 53 | LINEBACKER



DYAMI BROWN
2 | WIDE RECEIVER



PERCY BUTLER



TARIQ CASTRO-FIELDS
40 | CORNERBACK



SAAHDIQ CHARLES



CAMARON CHEESEMAN 54 | LONG SNAPPER



SAM COSMI 76 | TACKLE



KAMREN CURL 31 | SAFETY



JAMIN DAVIS 52 | LINEBACKER



JAHAN DOTSON



MILO EIFLER



DARRICK FORREST



KENDALL FULLER
29 | CORNERBACK



ANTONIO GIBSON



TAYLOR HEINICKE



COLE HOLCOMB



CHRISTIAN HOLMES
34 | CORNERBACK



SAM HOWELL 14 | QUARTERBACK



WILLIAM JACKSON III
3 | CORNERBACK



JOHN RIDGEWAY 91 | DEFENSIVE TACKLE



CHARLES LENO JR. 72 | TACKLE



CORNELIUS LUCAS
78 | TACKLE



NICK MARTIN 60 | CENTER



DAVID MAYO



BOBBY MCCAIN



J.D. MCKISSIC



TERRY MCLAURIN



DAX MILNE



ANDREW NORWELL 68 | GUARD



97 | DEFENSIVE END



CHRIS PAUL 75 | GUARD



DARON PAYNE
94 | DEFENSIVE TACKLE



JEREMY REAVES



88 | TIGHT END



CHASE ROULLIER
73 | CENTER



CURTIS SAMUEL

10 | WIDE RECEIVER



CAM SIMS 89 | WIDE RECEIVER



JOEY SLYE



JAMES SMITH-WILLIAMS
96 | DEFENSIVE END



BENJAMIN ST-JUSTE 25 | CORNERBACK



MONTEZ SWEAT



LOGAN THOMAS 82 | TIGHT END



SHAKA TONEY 58 | DEFENSIVE END



CASEY TOOHILL



COLE TURNER 85 | TIGHT END



TRAI TURNER 53 | GUARD



TRESS WAY



11 | QUARTERBACK



RACHAD WILDGOOSE 37 | CORNERBACK



JONATHAN WILLIAMS
41 | RUNNING BACK



DANIEL WISE 92 | DEFENSIVE END

## OFFENSIVE DEPTICHART V

WR

TERRY McLAURIN DYAMI BROWN LT

CHARLES LENO JR. CORNELIUS LUCAS LG

ANDREW NORWELL CHRIS PAUL

C

NICK MARTIN

RG

TRAI TURNER WES SCHWEITZER RT

SAM COSMI SAAHDIQ CHARLES

TE

LOGAN THOMAS JOHN BATES COLE TURNER ARMANI RODGERS WR

CURTIS SAMUEL DAX MILNE

WR

JAHAN DOTSON CAM SIMS QB

CARSON WENTZ TAYLOR HEINICKE SAM HOWELL RB

ANTONIO GIBSON J.D. MCKISSIC JONATHAN WILLIAMS

## DEFENSIVE CHART

DE

MONTEZ SWEAT CASEY TOOHILL DT

DARON PAYNE DANIEL WISE JOHN RIDGEWAY DT

JONATHAN ALLEN EFE OBADA DE

JAMES SMITH-WILLIAMS SHAKA TONEY OLB

JAMIN DAVIS JON BOSTIC MILO EIFLER MLB

COLE HOLCOMB DAVID MAYO

GB

KENDALL FULLER RACHAD WILDGOOSE GB

WILLIAM JACKSON III CHRISTIAN HOLMES GB

BENJAMIN ST-JUSTE TARIQ CASTRO-FIELDS SS

KAMREN CURL DARRICK FORREST FS

BOBBY MCCAIN PERCY BUTLER JEREMY REAVES

## SPECIAL TEAMS

P

TRESS WAY

K

JOEY SLYE

Н

TRESS WAY

LS

CAMARON CHEESEMAN

PR

DAX MILNE ANTONIO GIBSON KR

DAX MILNE JAHAN DOTSON



Contact us today to learn how we can keep your facility clean & safe, just like we're doing at FedEX Field!

(703) 922-4300 | janiking.com







### **PLAYERS TOWATCH**







RYAN TANNEHILL 17 | QUARTERBACK



ROBERT WOODS
2 | WIDE RECEIVER



AUSTIN HOOPER 81 | TIGHT END



TREYLON BURKS



CHIGOZIEM OKONKWO



65 | GUARD



BEN JONES 60 | CENTER



87 | TIGHT END



NATE DAVIS 64 | GUARD



NICHOLAS PETIT-FRERE 78 | TACKLE



AMANI HOOKER 37 | SAFETY



BUD DUPREE



51 | LINEBACKER



DEMARCUS WALKER



DENICO AUTRY



JEFFREY SIMMONS 98 | DEFENSIVE TACKLE



KEVIN BYARD



KRISTIAN FULTON 26 | CORNERBACK



ROGER MCCREARY
21 | CORNERBACK



TEAIR TART 93 | NOSE TACKLE



ZACH CUNNINGHAM 41 | LINEBACKER

## OFFENSIVE DEPTHICHART



WR

NICK WESTBROOK-IKHINE TREYLON BURKS

ПП

TAYLOR LEWAN DENNIS DALEY LG

AARON BREWER JAMARCO JONES C

BEN JONES COREY LEVIN RG

NATE DAVIS DILLON RADUNZ RT

NICHOLAS PETIT-FRERE DENNIS DALEY

TE

AUSTIN HOOPER CHIGOZIEM OKONKWO П

GEOFF SWAIM TORY CARTER WR

ROBERT WOODS KYLE PHILIPS RB

DERRICK HENRY DONTRELL HILLIARD TRENTON CANNON HASSAN HASKINS JULIUS CHESTNUT QB

RYAN TANNEHILL MALIK WILLIS

## DEFENSIVE DEPTHICHART

DE

DEMARCUS WALKER KEVIN STRONG NT

TEAIR TART NAQUAN JONES DT

JEFFREY SIMMONS

OLB

BUD DUPREE RASHAD WEAVER DERREK TUSZKA ILB

DAVID LONG JR. JOE JONES ILB

ZACH CUNNINGHAM DYLAN COLE

**OLB** 

DENICO AUTRY OLA ADENIYI GB

ROGER MCCREARY CALEB FARLEY CHRIS JACKSON S

KEVIN BYARD JOSHUA KALU S

AMANI HOOKER LONNIE JOHNSON JR CE

KRISTIAN FULTON UGO AMADI TRE AVERY

## SPECIAL TEAMS DEPTHICHART

P

RYAN STONEHOUSE RANDY BULLOCK K

RANDY BULLOCK RYAN STONEHOUSE H

RYAN STONEHOUSE RYAN TANNEHILL K

MORGAN COX BEN JONES PR

KYLE PHILIPS AMANI HOOKER KR

HASSAN HASKINS DONTRELL HILLIARD







# FLY TO ADVENTURE



Sacramento, CA



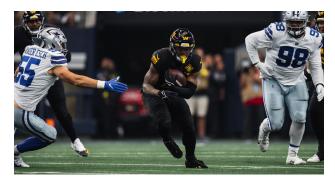
**SEE NONSTOP DESTINATIONS** 

mwaa.com/nonstop-destinations















# TAKEAWAYS FROM THE COMMANDERS VS. THE COWBOYS

The Washington Commanders fell to 1-3 after suffering a 25-10 loss to the Dallas Cowboys in Week 4. Here are five takeaways from the game, Presented by the Inaugural Washington Commanders Fan Cruise.

By Zach Selby

#### 1. PENALTIES WERE COSTLY.

The flags were flying throughout the afternoon, and they were rarely in Washington's favor.

The Commanders committed 11 penalties, compared to the Cowboys' four, which was just one fewer than in their previous three matchups combined. Even more frustrating was the yardage that is cost, which ended up being 136.

But the most disappointing thing was the timing of the penalties. It started on the Commanders' second drive, when a 12-yard gain by Antonio Gibson was nullified by a holding call. That led to a punt three plays later.

But there were other, more crippling calls later in the game. An intentional grounding pushed the offense from the Cowboys' 44 back to its own 44-yard line. Later in the third quarter, with Washington at the 17-yard line with a chance to cut the Cowboys lead from eight to one, another intentional grounding, followed by a false start, left the Commanders settling for a field goal.

As Carson Wentz aptly said after the game, Washington kept shooting itself in the foot. Winning is hard enough in the NFL, but it is more difficult with self-inflicted mistakes.





### 2. THE RUNNING GAME WAS IMPROVED.

It is always frustrating to lose, but it is even more so when it undercuts what was a solid day from specific position groups.

That was the case with the Commanders' running game, which finished the afternoon with 142 yards thanks to noteworthy performances from Gibson, J.D. McKissic and Jonathan Wiiliams. It was clear from the start of the game that Washington intended to lean more on its ground game, as the first two plays of Washington's opening drive were handoffs to Gibson.

Both of Washington's scoring drives were prime examples of what the offense can look like with the right balance. McKissic broke loose in the second quarter on a 33-yard run, which helped put Washington in position for a 10-yard touchdown three plays later.

In the third quarter, after Jahan Dotson brough in a 31-yard completion, Williams followed that up with a 23-yard scamper that brought Washington inside the Cowboys' 20-yard line.

Unfortunately, Washington went down two scores in the fourth quarter, which forced the offense to move away from the running game almost entirely. Still, it could be something to build on in future games.



### 3. THE OFFENSE STARTED SLOW AND FINISHED ROCKY.

As good as the running game was, it did not hide the fact that there was much to be desired from the offense overall.

Slow starts continued to be a trend for the Commanders, as it took three drives to start getting in sync. The seven-play, 65-yard touchdown drive in the second quarter was the most efficient they looked all afternoon. Most of this can be attributed to the previously mentioned penalties, but it was a common theme for drives to start strong and then sputter out.

The entire second half was the most frustrating stretch of this, but it was at its worst when Washington had a got a break off a poor Cowboys punt that gave the Burgundy & Gold the ball at the Dallas 30-yard line. Washington got down to the 10-yard line, but Washington came away with no points after a one-yard gain, a sack and two incompletions.

And there is one last head scratching stat that sums up the afternoon: Washington won the time of possession by about six minutes, but it was Dallas that felt the most consistently in control.

#### 4. THE DEFENSE LOOKED BETTER.

The defense has objectively been spotty at best through the first four games, but it had one of its better showings in the Week 4 loss.

There were multiple stats that show how much the unit has improved, and that starts with the Commanders allowing just 62 rushing yards from the Cowboys. Ezekiel Elliott was held to 49 yards on 19 carries (2.6 yards per attempt), while Tony Pollard had just six on eight carries.

Washington forced the Cowboys to punt six times, and even when the home team did manage to get into Commanders territory, it was limited to settling for field goals. One noteworthy moment came from Cole Holcomb, who brought down Pollard in the open field on a third-and-8 at the Commanders' 35-yard line for just a two-yard gain.

The defense could not get a break, though, and this also stems from penalties. Two interceptions were wiped away because of self-inflected errors, both of which would have given the offense good field position in Dallas territory. And with the Commanders' own offense struggling, the Cowboys slowly built a lead that was eventually too much to overcome.





### 5. LACK OF SUSTAINABILITY WAS A LIABILITY.

It is hard to blame the players for feeling frustrated after the Week 4 loss. Wentz and others in the locker room said they did some good things, and at certain points in the afternoon, they would be correct.

The problem was that there were not enough of those moments and too many instances where Washington got in its own way.

The Commanders are a quarter of the way through the season, and there have been good and bad moments. There is potential for the Commanders to be a good team; there is also potential for them to fall in the other category.

Players and coaches were adamant last week that there is still plenty of time to fix things. One week later, those words are still true. However, with the team three games below .500 and more competitive teams on the schedule, there needs to be haste in its search to find an identity.







## BOAR TERA

#### REFLECTS ON HIS BATTLE WITH CANCER

By Zach Selby

Ron Rivera thinks about that day every time it comes up on the calendar. Being told he had cancer is not something he can easily forget.

The first thing that comes to mind is the anger. Prior to being diagnosed with squamous cell carcinoma, a form of skin cancer, he felt that he was in "the best shape I've been in." He was told by his doctors that it "very treatable and very curable," but the fact remained that it was stunning news, and he was about to undergo the most difficult challenge of his life.

Over the following two months, Rivera went through 35 proton therapy sessions and three cycles of chemotherapy. Although he did not miss a game during the 2020 season, the treatments took their toll, and two years after ringing the bell at Inova Schar Cancer Institute to signify the end of his treatment, he is still feeling the effects.

Rivera remains cancer-free, and he has personal experience of how much it takes to reach that point. It is why he has become such a strong advocate for providing healthcare to those who cannot afford it.

"We are supposedly in the most advanced country in the world, and yet we don't have affordable and easily accessible healthcare," Rivera said. "And it just blows my mind that that people with insurance can't get the care that they need because there's a cost associated to it."

Rivera's treatment, which spanned seven weeks, involved a proton therapy that involved a more targeted form of radiotherapy. There was a snag, though; he was initially denied the treatment by his insurance because it was deemed too experimental.

Rivera eventually got approved for the coverage thanks to his doctor vouching for the treatment, but it was still a jarring experience.

"It kind of put a lot of things into focus for me," Rivera said. "You're never really prepared to go through it. But when I was told you can't have that treatment, I became even more determined that I was gonna get that treatment, and then when I got that treatment, we were gonna win."

And Rivera did win, but it took weeks of long days and physically draining procedures to get there. Rivera is an even-keeled person and tried to keep routine as close to normalcy as possible, although there were times when the reality of his situation hit harder than others.

"When it really hit me mostly was moments of fatigue, just being completely wore out," Rivera said. "There were times and we'd be in coaching staff meetings that I literally would fall asleep." The process of eating was also a difficult task. He would need to stay up long after he finished his food to make sure that everything travelled through his esophagus.

"Those moments of staying up and just hoping and that everything did go down the right way, that became very retrospective," Rivera said. "I spent a lot of time with my wife and my daughter just talking about things in general. And it really was a great time for reflection."

Rivera's family was a constant foundation of support throughout his treatment. His youngest brother, John, would call him before he received his treatments (Rivera's appointments were around 7:30 a.m., meaning John, who lived in California, would call him at around 4:30 a.m.), and then he would get a text from his oldest brother once his treatments were finished.

That was not the only support he received, though. Rivera experienced an outpouring of letters and notes from people he signed autographs for and taken pictures with. He still has a box in his office of all the letters he got from fans and people he has met throughout his life.

In Week 4 during the team's Crucial Catch game, the team surprised Rivera with a "Coach's Corner," which featured hundreds of cutouts from staff employees as well as players and coaches from around the league.

"You're never really alone when you're going through something like this," Rivera said. "People are thinking about you. And that's one of the neat things."

Over the past two years since finishing his treatment and being cancer-free, Rivera's focus has shifted towards fighting the disease in another way: being an advocate for those seeking to receive proton therapy.

In addition to choosing St. Jude Children's Research Hospital, the world's first proton therapy center specifically for children, for the NFL's "My Cause, My Cleats" campaign for the past two seasons, Rivera and his wife, Stephanie, donated \$100,000 to the hospital after their dog, Tahoe, ran a blazing 3.39 as part of NFL Network host Rich Eisen's "Run, Rich, Run" initiative. Co-owners and co-CEOs Dan and Tanya Snyder also matched the donation.

Rivera's players have also contributed to his advocacy. In honor of his one-year biopsy confirming that he was still cancer-free, the players surprised him with a "Rivera Strong" decal that was worn on their helmets for the team's "Crucial Catch" game and a check to St. Jude Children's Research Hospital for \$25,500.

"As a coach, you always wonder if you get a chance to reach out to the players and touch them," said an emotional Rivera after watching a video announcing the decal in a team meeting. "This was awesome, man. Thank you."

And after signing his new extension, wide receiver Terry McLaurin donated \$17,000 to the hospital.

"Some really cool things have come about it because of the St. Jude's program that we've tried to highlight and bring a little bit of attention to," Rivera said.

Rivera's advocacy goes even further than donations. He was asked by the National Association for Proton Therapy Providers to speak with Dr. Danielle Carnival, who serves as the White House Cancer Moonshot Coordinator in the White House Office of Science and Technology Policy on why proton therapy should continue to be an affordable treatment option.

"There have been some moves politically that could've made it an expensive venture for people, and it shouldn't be," Rivera said.

Even more humbling was that Rivera's radiologist and oncologist wrote up his treatments as a case study and submitted them to his healthcare provider. The insurance company confirmed that Rivera's treatments would be the standard for people with head and neck cancers.

"Just to know that that's one of the benefits that came out of it, I think was really cool," Rivera said.

Rivera fought for his life two years ago and came out victorious. His experiences, along with his efforts to give back, have been an inspiration for many, and some people have even asked him to consider writing a book.

Rivera's priority is coaching football right now, but one day, we may get a more personal memoir of everything he went through.

"If we do, we'll probably take the portions of that and donate it," Rivera said. "I think it's an interesting proposition. So we'll see."





#### BREAST CANCER AWARENESS MONTH GETS PERSONAL FOR MANY WASHINGTON PLAYERS

### COMMANDTRECURE

By Hannah Lichtenstein & Zach Selby

When the pink of October is splashed across end zones, social media posts and T-shirts, Terry McLaurin can't help but feel a tug. It's a little stronger this month compared to the other eleven. The pull this month asks him to sit with her memory – Betty McLaurin's memory – a little more.

"Breast cancer is very near to my heart. My grandmother on my dad's side passed away from breast cancer," the wide receiver said. "Every time this month comes about, it makes me really think about her even more and the current cancer survivors who are going through it, the ones that are battling it each and every day"

McLaurin is one of many players for the Washington Commanders personally affected by the ravages of a disease that affects 1 in 8 women in the United States. For these men, Breast Cancer Awareness Month isn't just a cause they feel obligated to talk about because they're professional athletes in the spotlight; this month is personal. That connection has motivated them to use their powerful platforms to deliver important information to breast cancer survivors and their loved ones.

If there's one piece of knowledge that all those touched by breast cancer wish they could send a million times marked with a high priority flag, it's the message about the significance of early detection

"Early detection can be life-saving," long snapper Camaron Cheeseman said. "If you don't find out about it before it gets too severe, it can be too hard to treat."

There's a reason Cheeseman scored in the 92nd percentile of the Dental Admissions Test -- he's

a smart guy, and he's right about early detection. According to the American Cancer Society, when breast cancer is detected early, and remains in a localized stage, the 5-year relative survival rate is 99%.

Catching breast cancer early means getting screenings routinely. However, for millions, booking an appointment with a doctor and taking advantage of vital tools like mammograms may seem like a luxury reserved for the privileged.

"The best way to continue to bring awareness to breast cancer is obviously what we're doing [with the Commanders], but also making it available for all women to get routine check-ups no matter their status, no matter their economic background, their race, their anything," McLaurin said.

McLaurin was in elementary school when he learned that his grandmother had been diagnosed with breast cancer. Many of his memories of her come from spring breaks, when he and his sister would make the trip to North Carolina to see her.

"It was a different kind of different kind of love, different kind of nurturing," McLaurin said. "I remember just waking up every morning and breakfast would always be like being cooked. "It's unfortunate now because I feel like I'd appreciate that even more."

McLaurin's grandmother has since passed away, but he believes that she would be proud of the man he grew up to be.

"A man of faith, a man of hard work," McLaurin said. "A lot of things that my dad instilled into me was probably from her. And just to see that I'm grow up as a man and handling my business, I think she'd be really proud of that."

Cam Sims found out about his grandmother's diagnosis going into his senior year of high school. No one in Sims' family knew, but she had been going through treatment for the past two years. After initially beating the disease, the cancer returned, and she passed away shortly after.

The news hit Sims hard, and it still affects him to this day.

"She had eight kids, kind of raised them on her own," Sims said. "So, that's the tough person. Like the toughest woman I knew."

Though early detection awareness and medical resource access are potent weapons, they cannot prevent breast cancer. Until we find a cure, this cancer will indelibly impact lives. Many will see it as perhaps the toughest experience they have ever faced. When that happens, Logan Thomas, whose grandmother, Shirley Thomas, is a breast cancer survivor, preaches the necessity of steady support.

"My support for my grandmother just came from constant communication -- letting her know that I was always on her side, that I was there for her," the Washington tight end said. "I knew there was going to be tough days, but I knew how strong she was, and I was just trying to be strong with her."

It's a strength that can be hard to muster at times, but when it flows with its full fierceness, it is indescribably profound.

"The courage and the fight that you're displaying right now, you can't put into words what it means to your family, your supporters and your loved ones," McLaurin said.

## SAFEWAY S. HUDDLE UP AND VIVIN

YOU COULD WIN UP TO

## \$10,000 CASH MUCH



#### HOW TO PLAY:

LOOK FOR THESE
TAGS THROUGHOUT
THE STORE



- Buy \$10 in participating products
- Your receipt at checkout will contain a prize code\*
- 3 Enter your code at safewayhuddleupandwin.com





General Mills Family Size Cereal 18-19.7 oz. pkg.



Rapa Scrapple 16 oz. pkg.

Purchase participating items from these SAFEWAY Huddle Up & Win partners for your chance to win!























# We Have It. So You Have It.

Marina Marraco

Rob Desir

Shirin Rajaee

Mike Thomas

**Angie Goff** 

Caitlin Roth

Jim Lokay

Evenings 4 - 7p. Late 10 - 11:30p.





### 

By Zach Selby

When Tanya Snyder and a small group of Zeta Tau Alpha (ZTA) volunteers handed out the first 8,000 "THINK-PINK®" ribbons at a Washington home game in 1999, she had no idea it would be the start of a league-wide phenomenon.

Nearly 10 million ribbons later, "THINK-PINK®" has become one of the organization's flagship initiatives. While the Washington Commanders have a new brand identity, one aspect that remains unchanged is its steadfast dedication to battling a deadly disease that will affect 1 in 8 women over the course of their lifetime.

"We've heard so many stories over the years and we certainly know that we're making a difference, so it just makes me very proud," Tanya told Julie Donaldson.

Tanya was a young girl when she first heard about breast cancer. She remembers being "very, very shocked and scared," and as someone who grew up with her mother and three sisters, the experience has had a lasting, memorable effect on her.

It was a cause that concerned Tanya, so she participated in charitable events she felt could make a difference throughout her life. Fast forward to when she and her husband, Dan Snyder, bought the team in 1999, and the two saw an opportunity to establish their own charitable foundation to make a positive impact in the community by providing support and services to those who need it most. That is when the "THINK-PINK®" initiative

Ten years later, the team's efforts became more personal for Tanya. She found a lump two months after a mammogram in December of 2008. She assumed it was nothing, but it continued to bother

her, so she scheduled an appointment with her doctor one month later.

"Please just tell me directly," she said after going through a sonogram. "I want to know. I just want to make sure everything is okay." That's when the doctor told her she may have breast cancer.

"I didn't even know what to say," Tanya said. "I just expected to hear, 'Everything is okay.' I was always of the belief that I would never get cancer."

Tanya then had a biopsy which confirmed she had ductal breast cancer. Fortunately, the cancer was still in Stage 1, and it was considered estrogen receptive, which was a positive indicator. She would still have to undergo treatment though, so she did her research and looked at her options. For Tanya, and so many others, early detection was critical in her positive outcome.

"I collected some great information and had the safest option for me since [the cancer] was detected so early," Tanya said. "I was able to take care of it within a year and didn't have to have radiation or [chemotherapy]."

In the years since her diagnosis and recovery, Tanya has heard the personal stories from women who want her advice. She takes that very seriously, she said, and is happy to support them. She also has a message for them: get regular checkups because early detection is still the best defense against cancer.

"If you find something from one October to the next, chances are you're getting it really early," she said. "When you get things early, you have a lot more choices and options for care to be able to take care of it."

"THINK-PINK®" has spread far and wide across

the NFL since Tanya started the tradition with her ZTA sisters. The Commanders are partnered with the American Cancer Society, the Brem Foundation and the ZTA Foundation. Since 2009, the NFL has raised over \$24 million that goes directly to communities and has helped conduct more than 600,000 cancer screenings.

And Washington's players have also shown they are eager to get involved beyond just wearing pink. Many participate in the annual All-Stars Survivor Celebration, which was started by former tight end Chris Cooley, partnering with the Washington Commanders Charitable Foundation.

This started out of a love for a mother—Chris' mom. "They made it happen by pulling women together for a day, making them smile, and making what would normally be an emotional, tough experience a happy and memorable day," Tanya said. "[It's] a day these women will never forget and the players will never forget, either.

"I'm so proud of our players," she added. "They've done a wonderful job and changed so many women's lives that are in the thick of treatment. It makes me very proud."

In planning the Think Pink campaign for 2022, Tanya said "I hope our efforts this year and every year serve as a reminder to Think Pink and Make a Crucial Catch as early detection saves lives. There is a wonderful ripple effect with the cards we provide each year—we never know who will read them and schedule a lifesaving exam".

This October, as she has for the last 24, Tanya remains outspoken for grassroots health advocacy. A program that began with beautiful simplicity, handing out pink ribbons, has grown into a nationwide effort and touched the lives of millions.





### ALL-STARSURVIVORS

By Hannah Lichtenstein

Christine Rupert stopped eating her pumpkin cheesecake and set down her fork. Reaching to slightly pull down the collar of her black turtleneck, she revealed her upper chest spotted with burns. These are lingering byproducts of the breast cancer treatment Christine finished just days earlier.

For the 52-year-old mother of one, the burns are sores to be celebrated, not wounds worthy of preventing her from relishing the treasured experiences of Washington's Breast Cancer Awareness month events. In the immediate lead up to last year's "THINK-PINK®" game against the Saints, in which Christine and 29 other selected All-Star survivors were to be honored, loved ones expressed concern about the sores and questioned whether she should go.

"I wouldn't have missed it for anything," Christine said of Washington's "THINK-PINK®" game. "My best friend was like, 'How are you going to go with those burns?' I'm like, 'I don't care. I'm going. I don't care about the burns."

So, she went, taking in the scene of tens of thousands waving pink and white rally towels, wearing pink ribbons and enjoying the festivities of a football Sunday at a stadium just a few dozen miles from where she finished her treatment.

Days later, looking ahead to Washington's annual All-Star Survivors Celebration, Christine's mentality was the same: she wasn't going to miss it for anything.

Hosted at the Lansdowne Resort & Spa, the All-Star Survivors event was established to support and celebrate women like Christine whose lives have been affected by breast cancer, and their families. Throughout the day, All-Stars were treated to lunch, make up consultations, and spa services and took home various goodies, including new jeans from Gap Inc., custom Color Bar jewelry

from Kendra Scott, and Washington gift bags. For these women and their loved ones, the event provided a cherished opportunity to connect with other survivors and create joyful memories in the midst of hardship.

Each All-Star carried a unique story into the resort's ballroom at the All-Star Survivors
Celebration. Some had relatives who also had breast cancer, while others had no family history of the disease whatsoever. Rupert found a rash she initially shrugged off. Rosemarie Poole had a lump first mistaken for a clogged milk duct. Carla Geter just had a bit of soreness. Yet, every one of them got news -- at lunch with her daughter, in a gown at Washington Radiology, outside her apartment carrying bags of groceries -- that forever changed their lives. Since hearing that "C-word," every one of them has broken down in tears, felt their body struggle and watched those they love grapple with the disease alongside them.

Christine Rupert's daughter, Jackie, couldn't help but grin watching these women, bonded by their specific yet common experiences, all come together at the event.

"It really just gives them an opportunity to make friends with people who share the same kind of situation as them," the 21-year-old said. "It's really nice, and it's touching to see that there's so many women here and they can all come together and make a really crappy situation seem really great."

Attention to the little details played a big role in the mission to make these women feel special. That extra level of awareness left an impression on JJ Jackson.

"Just coming in and seeing the football with my name on it, you know, and a gift bag, it was just like, 'Oh my God. They really care,'" JJ said.

Washington's deep and authentic care towards this cause stems from a very personal place.

Washington alumnus and former All-Pro tight end Chris Cooley launched this annual tradition with the team in 2008 after his mother was diagnosed with breast cancer. He saw how the family struggled to cope, how she fought to beat this disease, and the toll that a double mastectomy and radiation treatments imposed.

Washington's co-owner and Co-CEO Tanya Snyder, who has continued this event and developed additional programming for Breast Cancer Awareness with the team over the years, is also a breast cancer survivor who was diagnosed in 2008. Mrs. Snyder's presence and influence on the day earlier this month, as a woman who knows first-hand about the emotional turmoil of this journey, was significant for Poole.

"Mrs. Snyder has been in our shoes. She understands what we are going through and continue to go through and I'm just glad that she has that platform where she can bring it out into the open and she brought us all together," the two-time cancer survivor and mother of four said. "I'm just thankful that she's able to help us share with each other."

Meeting the other All-Stars was also a highlight for Carla Geter, a former law enforcement officer who was diagnosed in January 2021. Carla is in the process of getting two major surgeries many of the women she met at the celebration have also undergone. In April, Carla had a double mastectomy. At the end of this month, she will have reconstruction surgery.

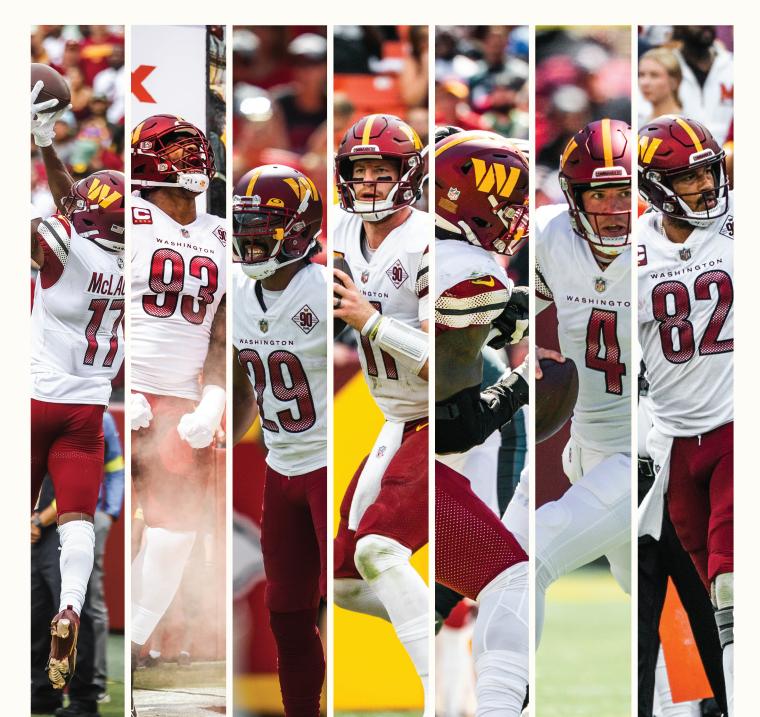
She looks ahead to that milestone now with a bit of new gratitude and boost of bliss thanks to one special day.

"Everything was great. From the being pampered to the food to the meeting everybody to seeing the former players, it was just amazing," Carla said while fighting back tears. "I'll never forget this."



## The Official Orthopedic and Sports Medicine Provider of The Washington Commanders.

www.OrthoVirginia.com





Head Coach Ron Rivera was surprised at his Ashburn office ahead of the Commanders' Week 3 game against the Eagles by visitors bearing gifts. Rivera opened a box and uncovered a pair of custom-painted shoes. Each turn of the present he lifted from the wrapping revealed new details and with them, new emotions.

"When I first saw the shoes, it was amazement, surprise, excitement and then pride," Rivera said.

The mastermind behind the gift was El Snap. As the official U.S. Latino social account for the NFL, El Snap works to amplify and unite Latino creatives, announcers, players and more in the league. "The snap is the start of the game, and that mirrors how I look at our account," El Snap's Elisa Hernandez said. "We're at the front door of the house. We welcome fans in, and then say, 'Hey, come out hang out with us. Take a look. Walk around."

The custom shoes, which were created in collaboration with Cuban-American designer Marcus Rivero known as Soles by Sir, is one of those initiatives El Snap hopes will encourage folks to come and walk around -- literally -- in the living room of the U.S. Latino NFL experience. In celebration of Latino and Hispanic Heritage Month, five pairs of custom kicks (four pairs of cleats, one pair of shoes) were designed for four players and one coach with Latino heritage and/or strong ties to the Latino community.

That one coach, of course, is Rivera, the only active Latino head coach in the NFL. For his shoes, El Snap and Rivero looked to bring to life special aspects of Rivera's Latino background, his role in the Latino community as well as provide a small Spanish lesson.

To find out what elements to highlight, El Snap connected with Rivera's daughter Courtney, and that family involvement ended up carrying through into the creation phase of the project. In what was one of Rivera's self-described favorite features, his parents' names, dad Eugenio and mom Dolores, were placed on the back of the shoes.

"She [Courtney] had mentioned that his parents mean everything to him so we wanted to put their names where they would shine bright," Hernandez said. "To me, it symbolizes that his parents always had his back."

Moving from the back to the sides, the shoes highlight another personal element in addition to an educational one. On the outside of the right shoe is the Puerto Rican and Mexican flags, representing Rivera's heritage on his dad and mom's side respectively. Then, on the outside of the left shoe reads "Entrenador en Jefe", which translates to "head coach" in Spanish. All of the Hispanic Heritage Month-focused footwear created by El Snap and Soles by Sir share this language piece.

"That's the real focal point of this initiative is to highlight position names in Spanish to not only spark a conversation but teach the avid fan or the casual fan something new about their player," Hernandez said.

On the inside of Rivera's left shoe is the Commanders "W." Beyond just being the logo of the team Rivera coaches, the new Washington logo is, as Hernandez said, "a representation of inclusivity." The "W" is about welcoming more communities into football, a Commanders mission that also aligns closely with El Snap's.

Finally, on the top of both shoes, is a quote





from one of Rivera's big inspirations, Puerto Rican baseball player Roberto Clemente. The quote, which was chosen by Rivero reads, "I think all human beings are equal, but one has to unceasingly fight hard to maintain that equality."

"I think [Coach Rivera] represents that quote so well because he understands that he worked hard to get to where he is, but he also understands he is not done," Hernandez said. "He has to keep working to not only stay in this position, but to help others be in a position like his in the future."

For Rivera, hiring more Latinos, as well as members from other communities who have been historically underrepresented in the NFL, has been a priority that is about so much more than checking a diversity box.

"When you open up your pool of candidates, you're going to find the best candidate," Rivera said.

Rivera was able to rock his custom shoes during warm-ups before kickoff on Sunday, Sept. 25. Week 3 was also the Commanders' Hispanic Heritage Month game. Just as Hernandez hoped the shoes would spark a dialogue, Rivera was looking forward to the conversation the shoes might encourage among the Commanders players who noticed them on the field.

"I'll tell them I'm celebrating my heritage, and I think it's important," Rivera said. "They understand that you need to be proud of where you come from, you need to be proud of your history."

All of this work -- from the El Snap initiatives to the programming clubs are creating in honor of Hispanic Heritage -- comprise the league's season-long campaign that celebrates the impact of the Latino community, "Por La Cultura" (For the

culture). The message is clear: Latino coaches, players and fans have long been difference-makers in this league and their presence keeps on expanding.

"I'm excited to see the continued growth, to see how the NFL and clubs continue to show this fanbase love," Hernandez said. "And I'm excited for players and others to run to El Snap, and be like 'I want shoes next year!"





### PROUD PARTNER OF THE WASHINGTON COMMANDERS

Your solution to all of your internal and external marketing needs

## "WE'VE GOT YOU!"



PRINTING



PROMOTIONAL ITEMS



PRINT/WEB DESIGN



SOCIAL MEDIA



BRANDING STRATEGIES



## SPECIAL PRICING AND CONSIDERATION FOR WASHINGTON COMMANDERS FANS!

Mention code FGWASH when emailing us. For more information please email Tina@franklingroupusa.com

www.franklingroupusa.com

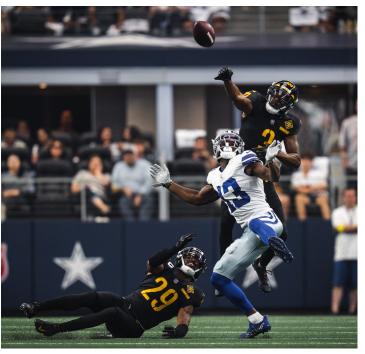


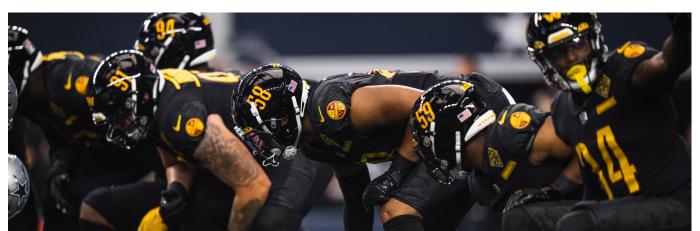












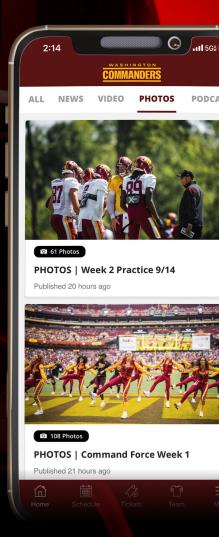


## CONSECT WITH THE COMMANDERS

DOWNLOAD THE APP AND JOIN OUR NEWSLETTER







STAY CONNECTED TO THE TEAM 24/7 AND ENHANCE YOUR GAMEDAY EXPERIENCE WITH THE OFFICIAL MOBILE APP OF THE WASHINGTON COMMANDERS.

MOBILE TICKETING | REAL-TIME STATS | BREAKING NEWS | GAME HIGHLIGHTS LIVE PRESS CONFERENCES | MINI-GAMES - AND SO MUCH MORE!



DOWNLOAD IT FOR FREE TODAY!



JOIN OUR NEWSLETTER

1932.COMMANDERS.COM/SUBSCRIBE

## RING of FAME

**GEORGE ALLEN** 

HEAD COACH, 1971-77

**BOBBY BEATHARD** 

GENERAL MANAGER, 1978-88

**DAVE BUTZ** 

DEFENSIVE TACKLE, 1975-88

**WAYNE CURRY** 

P.G. COUNTY EXECUTIVE, 1994-2002

**JOE GIBBS** 

HEAD COACH, 1981-92, 2004-07

**KEN HARVEY** 

LINEBACKER, 1994-98

**SAM HUFF** 

LINEBACKER, 1964-67, 1969

**CHARLIE JUSTICE** 

RUNNING BACK, 1950, 1952-54

**DEXTER MANLEY** 

DEFENSIVE END, 1981-89

BRIAN MITCHELL

RUNNING BACK, 1990-99

RICHIE PETITBON

SAFETY, 1971-72, DEF. COORD., 1978-92 / HEAD COACH, 1993

**CHRIS SAMUELS** 

TACKLE, 2000-09

**JOE THEISMANN** 

QUARTERBACK, 1974-85

LAMAR "BUBBA" TYER

JEFF BOSTIC

**CLIFF BATTLES** 

RUNNING BACK, 1932-37

CENTER, 1980-1993

**GARY CLARK** 

WIDE RECEIVER, 1985-92

**BILL DUDLEY** 

RUNNING BACK, 1950-51, 1953

**DARRELL GREEN** 

CORNERBACK, 1983-2002

**LEN HAUSS** 

CENTER, 1964-77

**JOE JACOBY** 

TACKLE/GUARD, 1981-1993

**BILLY KILMER** 

QUARTERBACK, 1971-78

**CHARLES MANN** 

DEFENSIVE END, 1983-93

**ART MONK** 

WIDE RECEIVER, 1980-1993

**VINCE PROMUTO** 

GUARD, 1960-70

**JERRY SMITH** 

TIGHT END, 1965-77

HEAD ATHLETIC TRAINER, 1971-2002, 2004-08

**SAMMY BAUGH** 

QUARTERBACK, 1937-52

**GENE BRITO** 

DEFENSIVE END, 1951-53, 1955-58

**MONTE COLEMAN** 

LINEBACKER, 1979-94

**PAT FISCHER** 

CORNERBACK, 1968-77

**RUSS GRIMM** 

GUARD, 1981-91

PHIL HOCHBERG

P.A. ANNOUNCER, 1963-2000

**DICK JAMES** 

RUNNING BACK, 1956-63

**EDDIE LEBARON** 

QUARTERBACK, 1952-53, 1955-59

**WAYNE MILLNER** 

END, 1936-41, 1945

**MARK MOSELEY** 

KICKER, 1974-86

**JOHN RIGGINS** 

RUNNING BACK, 1976-79, 1981-85

**CHARLEY TAYLOR** 

WIDE RECEIVER, 1964-77

**DOUG WILLIAMS** 

QUARTERBACK, 1986-89

**MIKE BASS** 

CORNERBACK, 1969-75

**LARRY BROWN** 

RUNNING BACK, 1969-76

**JACK KENT COOKE** 

OWNER, 1961-97

**LONDON FLETCHER** 

LINEBACKER, 2007-13

**CHRIS HANBURGER** 

LINEBACKER, 1965-78

KEN HOUSTON

SAFETY, 1973-80

**SONNY JURGENSEN** 

QUARTERBACK, 1964-74

**VINCE LOMBARDI** 

HEAD COACH, 1969

**BOBBY MITCHELL** 

FLANKER, 1962-68

**BRIG OWENS** 

DEFENSIVE BACK, 1966-77

**MARK RYPIEN** 

QUARTERBACK, 1986-1993

**SEAN TAYLOR** 

SAFETY, 2004-07



### YOU PUT BLOOD, SWEAT AND TEARS INTO BEING A FAN. WE TAKE THEM OUT FOR LESS.

Same-day service and \$2.99 dry cleaning on any garment, whatever it's been through.



Scan to find your local ZIPS and see our wide range of services.

CAREER	
PASSING	
LEADERS	
LLADLIN	

#### CAREER RUSHING LEADERS

#### CAREER RECEIVING LEADERS

#### CAREER SCORING LEADERS

#### CAREER PUNT RETURN LEADERS

CAREER KICKOFF RETURN LEADERS

> CAREER INT. LEADERS

CAREER OFFICIAL SACK LEADERS

#	NAME	ATT.	COMP.	PCT.	YARDS	TD
1	Joe Theismann	3,602	2,044	56.7	25,206	160
2	Sonny Jurgensen	3,155	1,831	58.0	22,585	179
3	Sammy Baugh	2,995	1,693	56.5	21,886	187
4	Kirk Cousins	2,096	1,372	65.5	16,206	99
5	Mark Rypien	2,207	1,244	56.4	15,928	101
#	NAME	ATT.	YARDS		AVG.	TD
1	John Riggins	1,988	7,472		3.8	79
2	Clinton Portis	1,667	6,824		4.1	46
3	Larry Brown	1,530	5,875		3.8	35
4	Stephen Davis	1,383	5,790		4.2	45
5	Alfred Morris	1,078	4,713		4.4	29
#	NAME	REC	YARDS		AVG.	TD
1	Art Monk	888	12,026		13.5	65
2	Charley Taylor	649	9,110		14.0	79
3	Gary Clark	549	8,742		15.9	58
4	Santana Moss	581	7,867		13.5	47
5	Bobby Mitchell	393	6,492		16.5	49
#	NAME	POINTS	TD		FG/FGA	XPAT/XPA
1	Mark Moseley	1,206	0		263/397	417/441
2	Chip Lohmiller	787	0		175/245	262/267
3	Dustin Hopkins	668	0		163/194	179/190
4	Charley Taylor	540	90		0	0
5	John Riggins	510	85		0	0
	John Mggmo	0.10			Ŭ	Ŭ
#	NAME	RET.	YARDS		AVG.	
1	Brian Mitchell	317	3,476		11.0	
2	Mike Nelms	212	1,948		9.2	
3	Eddie Brown	111	1,150		10.4	
4	Rickie Harris	119	1,005		8.4	
5	Brandon Banks	100	937		9.4	
#	NAME	RET.	YARDS		AVG.	
1	Brian Mitchell	421	9,586		22.8	
2	Rock Cartwright	222	5,332		24.0	
3	Mike Nelms	175	4,128		23.6	
4	Dick James	155	3,949		25.5	
5	Brandon Banks	119	2,856		24.0	
#	NAME	INT.	YARDS		TD	
1	Darrell Green	54	621		6	
2	Brig Owens	36	686		3	
3	Sammy Baugh	31	491		0	
4	Mike Bass	30	478		3	
5	Joe Lavender	29	338		1	
#	NAME	GAMES	SACKS			
1	Ryan Kerrigan	140	95.5			
2	Dexter Manley	125	91.0			
3	Charles Mann	163	82.0			
4	Monte Coleman	215	43.5			
5	Ken Harvey	74	41.5			

HISTORY 72 COMMANDERS STAT LEADERS



## SALUTE

## JOIN WASHINGTON SALUTE TODAY!

FREE MILITARY APPRECIATION CLUB FOR ACTIVE DUTY, VETERANS AND MILITARY FAMILIES. EXCLUSIVE YEAR-ROUND EVENTS, BEHIND THE SCENES OPPORTUNITIES, AND MUCH MORE!

LEARN MORE AT COMMANDERS.COM/SALUTE



SUPPORTING COMMUNITIES AFFECTED BY SEXUAL ASSAULT, DOMESTIC VIOLENCE IS A PASSION FOR JAMES SMITH-WILLIAMS

# "IF YOU'RE A GOOD MAN THEN WHAT ARE YOU DOING?" (Brenda Tracy)

By Hannah Lichtenstein

Brenda Tracy's words stuck in the mind of James Smith-Williams when she came to talk to the NC State football team in 2018. Since going public with her story about being raped by four Oregon State students, including two football players, Tracy has traveled to colleges around the country with a mission to combat violence and sexual on campuses. The survivor and activist's session left an impression on Smith-Williams, then a junior defensive end.

When she said, 'What are you doing?', like that's the active element of it," Smith-Williams said. "What are you doing to make sure no one else is doing wrong?"

Shortly after the talk, Smith-Williams rallied his teammates together to host a donation drive for Interact, a Raleigh, NC-based provider of domestic violence and sexual assault services, outside of the ballpark during an NC State baseball game. Tracy learned through social media that a football player, completely on his own accord, had created the event and connected with Smith-Williams about working with Set The Expectation (STE),

her nonprofit organization dedicated to raising awareness, especially among young male athletes, around the battle against sexual assault and physical violence.

The defensive end's commitment to the cause did not end when he graduated from college. In fact, when Smith-Williams began his pro career for Washington in 2020, he was named Set The Expectation's first-ever NFL ambassador and was eager to make a difference in a new part of the country with a different kind of spotlight on him.

"I really wanted it [the DC area] to feel like home, and a big thing for me is giving back however I can and do what I'm passionate about," Smith-Williams said. "Here as a pro now, I have a bigger platform and access to more resources."

He did not waste any time using his NFL player privilege to serve others. During his rookie season, Smith-Williams began partnering with DC Coalition Against Domestic Violence and CASA for Children of DC, donating money, spending time with children affected by abuse and more. In the last nearly three years, he has assisted with

giveaways, hosted mentorship workshops and, this past offseason, taken a group of children on a Smithsonian outing in the city. Earlier this month, he helped organize a back-to-school event with CASA for Children of D.C. in which he donated \$5,500 worth of school supplies and helped pack up bags for kids.

"I think the biggest thing is you're really helping to change lives. Whether it's school supplies or the toy giveaway, it's them knowing that someone's there, someone cares about what their day-to-day life is like," Smith-Williams said. "I love interacting with the kids and seeing them feel that there's people out there that want them to do well, that feel like they should be rewarded."

His dream is to become a constant force for good in the community he lives, to get to a place where -- whether it's Thanksgiving or back to school – Smith-Williams has a plan or event in the works for delivering joy and support.

"As long as I can help somebody out, I'm there," he said.





Touchdown, Field Goal, or Successful Try



Safety Time Out





Dead Ball, Neutral Zone Established, or Crowd Noise



First Down



Personal Foul



Reset Play Clock-25 Seconds



Reset Play Clock-40 Seconds



Ball Illegally Touched, Kicked, or Batted



Delay of Game or Excess Time Out



No Time Out or Time In With Whistle



Offside, Encroachment, or Neutral Zone Infraction



Holding



Penalty Refused, Incomplete Pass, Play Over, or Missed Field Goal or Extra Point



Facemask



Ineligible Receiver or Ineligible Member of **Kicking Team Downfield** 



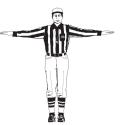
Illegal Motion at Snap



Illegal Shift



Interlocking Interference, Pushing, or Helping Runner



**Unsportsmanlike Conduct** 



Tripping



Illegal Crackback



Illegal Cut, Illegal Block Below the Waist, Chop Block, or Clipping



Intentional **Grounding of Pass** 



Touching a Forward Pass or Scrimmage Kick



**Player Disqualified** 



**Illegal Contact** 



False Start, Illegal Formation, or Kickoff, or Safety Kick Out of Bounds



Twelve Men in Offensive **Huddle, or Too Many** Men on the Field



Illegal Use of Hands, Arms, or Body



Pass Juggled, Inbounds and Caught
Out of Bounds



Illegal Forward Pass



Loss of Down



Invalid Fair Catch Signal



Uncatchable **Forward Pass** 



Interference With Forward Pass or Fair Catch



## SEASONTICKETS

- Receive 50% off all concessions, including food and nonalcoholic beverages.
- Access exclusive entrances to FedExField and fast lanes at select concession stands.
- Enjoy free access to NFL+. Watch live games, replay every game and see every touchdown!
- Attend exclusive events year-round with players, coaches, alumni, and front office staff.
- Take advantage of 15% off at the Washington Commanders store in person or online!

#### W/GOLD

**GET YOURS AT:** 

**COMMANDERS.COM/SEASONTICKETS** 





BY HANNAH LICHTENSTEIN

#### **FAVORITE BURGUNDY**

**& GOLD MEMORY** 

"My favorite memory was in 2007. I think people had counted us out that year. After Sean Taylor passed away, everything changed. We as a team decided to come together as one and we won four games in a row and worked our way into the playoffs. It could have gone the opposite way, but we thought to ourselves, 'What would Sean want?' The most memorable game from that run was our 27-6 win against the Cowboys at home. We beat them by 21 points, and obviously '21' was Sean's number. That was just one of those things that you never forget."

#### A PURSUIT/PROJECT HE'S ENJOYED SINCE RETIRING FROM FOOTBALL:

"Coaching. I've been fortunate enough to coach at different pro clubs with the Dolphins and Jets. Then, my time at LSU [his alma mater] in 2021 was phenomenal. The atmosphere, the noise, that intensity of playing. It just felt like every week was a playoff game. Even though we lost, we got to play at Alabama, and that was amazing. Three of my guys got drafted last year, and it was great being a part of that journey. Now, I'm at St. Thomas Aquinas High School, and I've got a couple of seniors who have the opportunity, Lord willing, to get to that next level of their careers."

#### LITTLE-KNOWN FACT:

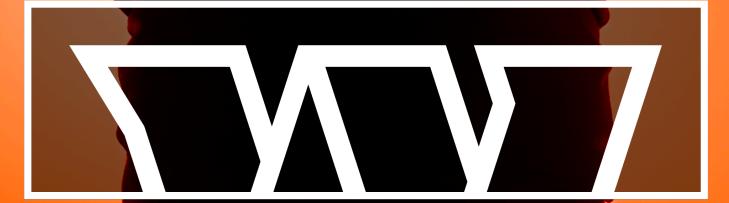
"In my downtime these days, I study languages. I've been working on my French for about 3-4 years, and then I've dabbled in Spanish. I'm trying to learn Portuguese, but that's been hard. So that's been a little hobby of mine."

# TICKETS AVAILABLE NOW PACKERS VS COMMANDERS

GB AT WAS



FEDEXFIELD | 1:00 PM | OCT. 23
COMMANDERS.COM/TICKETS





**ALL PROCEEDS BENEFIT** 

WASHINGTON COMMANDERS

**FOUNDATION** CHARITABLE

#### **GAMEDAY LOCATIONS**

CONCOURSE SECTIONS UPPER LEVEL SECTIONS

108

118

310

130

138

336

5 FOR \$10, 20 FOR \$20, 100 FOR \$40, 300 FOR \$100

TO PURCHASE RAFFLE TICKETS ONLINE, VISIT COMMANDERS5050.COM





## SUITES

Enjoy the most luxurious gameday experience when you get a suite at FedExField. Whether you are entertaining clients, want to be immersed in the gameday excitement with fellow fans, or need a private space to close a business deal, we have a premier suite experience that will work for you.



SCAN TO LEARN MORE!
COMMANDERS.COM/SUITES





THE COMMANDERS' FIGHT SONG

HAIL TO THE COMMANDERS!
HAIL VICTORY!
FIGHT FOR OUR COMMANDERS!
FIGHT FOR OLD D.C.!

RUN OR PASS AND SCORE – WE WANT A LOT MORE! BEAT 'EM, SWAMP 'EM TOUCHDOWN! -- LET THE POINTS SOAR!

FIGHT ON, FIGHT ON 'TIL YOU HAVE WON ALL OF WASH-ING-TON. RAH!, RAH!, RAH!

HAIL TO THE COMMANDERS!
HAIL VICTORY!
FIGHT FOR OUR COMMANDERS!
FIGHT FOR OLD D.C.!

#### COMMANDFORCE

The revamped entertainment team, renamed the Command Force, is a 44-person team that includes dancers, gymnasts, breakers, b-boys and b-girls and Beat Ya Feet dancers. The Command Force is one of the league's most diverse groups. Performances aim to bring to life the rich culture of D.C.'s world-renowned and iconic dance scene through high-energy, hip hop-based choreography incorporating tricks, stunts, visuals, Beat Ya Feet and elements of street funk.





COMMAND FORCE 85 MEET YOUR 2022 SQUAD





# FOOTBALL WATCHING: BETTER WITH PEPSI



OFFICIAL SOFT DRINK OF THE WASHINGTON COMMANDERS

PEPSI, the Pepsi Globe and THAT'S WHAT I LIKE are registered trademarks of PepsiCo, Inc.





#### IT TAKES ALL OF US TO INTERCEPT CANCER

The NFL and the American Cancer Society teamed up to create Crucial Catch to help more people catch cancer early, especially in communities with the greatest need. The 5-year survival rate for many cancers is over 90% when detected early. Early cancer detection can save lives. Don't wait.

Screening can help prevent and detect a number of cancers early, which often means less intense and more successful treatment.

Remind your loved ones to take the next step and find out where to get screened. It takes all of us to intercept cancer.

Visit **NFL.com/CrucialCatch** or TEXT "**CATCH**" to **635635** to find your local cancer screening center and additional screening resources.

Bid on authentic game-worn Crucial Catch products to join the NFL and the American Cancer Society in the fight against cancer.

The NFL does not profit from the sale of Crucial Catch products.

Proceeds support cancer prevention and screening efforts in communities that need it most.

#### **VISIT NFL.COM/AUCTION**

ALL DOLLARS RAISED SUPPORT THE NFL'S AND THE AMERICAN CANCER SOCIETY'S NATIONWIDE CANCER PREVENTION AND EARLY DETECTION EFFORTS, INCLUDING THE ACS' CHANGE GRANT PROGRAM.

ACS DOES NOT ENDORSE ANY PRODUCT OR SERVICE.

©2022 NFL ENTERPRISES LLC, NFL AND THE NFL SHIELD DESIGN ARE REGISTERED TRADEMARKS

OF THE NATIONAL FOOTBALL LEAGUE. THE TEAM NAMES, LOGOS AND UNIFORM DESIGNS ARE REGISTERED

TRADEMARKS OF THE TEAMS INDICATED. NFL FOOTAGE ©NFL PRODUCTIONS LLC

