San Francisco 49ers Internship Program Overview

The San Francisco 49ers offer full-time internships to individuals wishing to gain professional sports experience and make meaningful connections in the National Football League. Our internship program is built to develop future leadership talent that reflects our diverse community. The internship program is a paid opportunity that allows participants to contribute to the organization’s success while practicing the knowledge and theories learned in the classroom.

While each intern will be working with a specific department, they will be given the opportunity to explore different areas within the organization through group networking events, training, and 1:1 meetings. Our interns also have a committed mentor, a supportive team, and a real-world project to advance their skills and expand their understanding of a career in sports. Our goal is to create “fans for life” at the end of every internship.

The current departments with positions available for the 2022 Internship Program include:

- Corporate Communications
- Football Communications
- Community Relations
- Corporate Partnerships
- Fan Engagement
- 49ers Foundation
- Marketing
- Premium Services

Our interns are paid hourly and are expected to work 30 - 40 or more hours per week during the internship period. Interns are expected to commit to the full term of the internship which typically runs from mid-July through February. Interns are expected to work flexible hours that include nights, holidays, and weekends.

2022-2023 Estimated Timeline:

- March 14: Positions Posted
- March 28: Last Day to Apply
- May 5: Offers Extended
- July 18: Internships Begin
- February 28: Internships Ends

Internship Requirements:
- Completed bachelor’s degree or postgraduate degree
- Ability to provide your own housing and transportation to your work location
- Additional skills and qualifications contained on job description

How to Apply
All interested applicants must submit an application, including resume and cover letter to: https://www.49ers.com/employment/ by March 28, 2022. We will not accept applications/resumes via email.