

# FROZEN YOGURT BANANA POPS

**Servings** 6 Popsicles

**Prep time** 5 minutes

**Chill time** 2 hours

**Total** 2:05 hours

## INGREDIENTS

- 3 Bananas peeled and cut in half
- $\frac{3}{4}$  cup of Lucerne Vanilla Yogurt (or any flavor of your choice)
- Open Nature Granola or Sprinkles (or toppings of your choice)
- Popsicle sticks
- Wax paper



## DIRECTIONS

- Begin by peeling the bananas and cutting them in half.
- Insert a popsicle stick into the flat bottom of each banana half.
- Next dip your bananas in yogurt, use a spoon to cover the entire banana and smooth out the yogurt. Allow any excess yogurt to drip off.
- Then sprinkle your bananas with your choice of toppings.
- Place the dipped and decorated bananas onto a plate or baking sheet lined with wax paper.
- Place the plate in the freezer until the yogurt has hardened, about 2 hours. Enjoy!

