

ARIK ARMSTEAD

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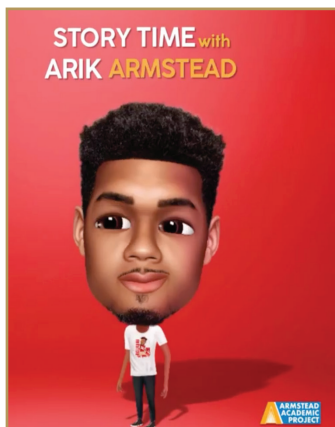
11.15.93 * ELK GROVE, CA * 6TH YEAR * ACQUIRED D-1 IN '15

GOLDMINE

- In May of 2020, Armstead donated \$50,000 to Sacramento's Mercy Housing for students to be able to participate in distance learning. The donation will provide 350 Chromebooks to students, as well as one-year of pre-paid internet service for those families, many of whom have multiple students in their households. Also included in the donation were education kits consisting of learning activities, books, supplies and even healthy snacks benefiting children of all ages who remain physically at home, unable to visit their schools because of the coronavirus pandemic. "These are things that people should have access to, these are things that students in other communities do have access to, so this is just a baseline of essential needs for them to be successful in the classroom," said Armstead. "I think people need to realize that some of the things we're experiencing right now maybe the new norm, even when the virus calms down." Armstead took the time to personally deliver the Chromebooks to the recipients of the donation. "A lot of students had been disengaged before the pandemic, but even more so with school getting canceled and having to learn virtually and not having the technology and access," said Armstead. "I'm happy that I launched the foundation last year so that I could try to address some of these issues in my community."



- During the 2020 offseason, Armstead began implementing several installments of Story-time with Arik Armstead using virtual platforms. For Earth Day, Armstead surprised a virtual classroom of 20 second-grade students with a story time, Q&A and conversations about the environment. For Mother's Day, he and his mom, Christa, read "Guess How Much I Love You" on the 49ers Instagram account. Education is at the forefront of Armstead's commitment to the Bay Area, as the defensive lineman founded the Armstead Academic Project to ensure every student, no matter their socioeconomic status, has direct access to a quality education through a positive learning environment and resources needed in order to thrive and be successful.



ARMSTEAD'S GOLDEN NUGGETS

- Lists his parents, Guss and Christa, as the most influential people in his life. He also gives credit to his grandfather, Willie B. Armstead, an Air Force veteran, for instilling the value of integrity that his parents have passed along to him. "A lot of things he instilled in my dad have carried down to me. Having a family member who is more courageous than you can imagine and who served his country is a huge honor."
- Played both basketball and football at Oregon before focusing only on football in 2014.
- During Super Bowl 50's Media Day, Armstead joined Sacramento's ABC10 sports team as a reporter to learn what it is like to cover NFL players during one of the most hectic events of the year. Held at SAP Center in San Jose, Armstead interviewed former teammates, fans, media members and Miss Universe. "It's like a feeding frenzy - everyone running around, and being part of that frenzy was a unique experience," said Armstead during the event.
- For Armstead, the NFL Draft process was a whirlwind tour. He went straight from the National Championship Game to San Diego to prepare for the NFL Combine and then to Sacramento for the Draft itself. However, his favorite part of the process was being drafted by a team so close to his hometown. "It's a dream come true. I'm blessed to be in this situation. Not a lot of other people are that close to home. Being able to play home games in front of my family is perfect for me."

ARMSTEAD'S GAME-BY-GAME

2020

Date	Opp	W/L	P/S	Tot	Sol	Ast	Sk	Yds	Int	Yds	PD	FF	FR	Yds
Sep 13	Arz	L	1/1	1	0	1	0.0	0.0	0	0	0	0	0	0
Sep 20	at NYJ													
Sep 27	at NYG													
Oct 4	Phi													
Oct 11	Mia													
Oct 18	LAR													
Oct 25	at NE													
Nov 1	at Sea													
Nov 5	GB													
Nov 15	at NO													
Nov 29	at LAR													
Dec 7	Buf													
Dec 13	Was													
Dec 20	at Dal													
TBD	at Arz													
Jan 3	Sea													
TOTALS			1/1	1	0	1	0.0	0.0	0	0	0	0	0	0

GOLDMINE (CONTINUED)

- Armstead returned to his hometown of Sacramento during the 2019 offseason to host the second charity weekend for his foundation, Armstead Academic Project, which promotes equal opportunities through education. The festivities kicked off as teammates Ronald Blair III, Richard Sherman, Jaquiski Tatt and Ahkello Witherspoon joined Armstead for a charity gala and silent auction which raised more than \$100,000. Armstead then led a youth camp the following morning, where the children were able to get hands-on lessons from the NFL players. Throughout the day, Armstead stressed the importance of hard work, sportsmanship and teamwork.
- NFL players had the opportunity to participate in the NFL's annual My Cause, My Cleats campaign during Week 14 of the 2019 season. Armstead and his teammates represented their respective causes with custom-designed cleats in an effort to raise awareness and funding. In choosing the foundation Arik Armstead Academic Project which focuses on education equity, "I play for all children to have the right to quality education," said Armstead.



- Members of the 49ers defensive line spent time with 25 local youth from the Fam 1st Foundation at Shoe Palace for a special holiday shopping experience on December 16, 2019. The Fam 1st Foundation is based in Oakland and focuses on underserved youth, aiming to build new generations of innovative thinkers to create solutions for the future of Oakland and beyond.
- If Armstead wasn't in the NFL, he would be playing basketball. He was a three-year starter in basketball at Pleasant Grove High School in Sacramento and played two years at the University of Oregon before focusing solely on football for the 2014 season. He entered his high school senior season listed as the number three prospect in NorCalPrep.com's Top 40 rankings for the class of 2012. "A big part of the recruiting pitch from Oregon was they were going to let me play two sports. We only lost 5 games during my time there. I wanted to go somewhere with the chance to win and be a part of something special."



- In 2017, Armstead returned to his hometown of Sacramento to hold his Annual free youth football camp. The camp was held in Elk Grove, CA and sponsors made it possible for 200 scholarships to be offered to interested kids. The kids participated in both football and conditioning drills with the players and then were allowed to ask questions to discuss not only football, but school, healthy choices, and other topics. Armstead's goal was to provide campers with a unique experience on the football field, as well as insight into the hard work and dedication that are needed to make it to the NFL. "I want the kids to enjoy themselves while also coming away learning that they can do whatever they put their mind to," said Armstead. "I want to teach them the things that helped me get where I am now like the importance of education, work ethic, and faith."
- Armstead's brother, Armond, was forced to retire before ever playing a down in the NFL. After playing collegiately at USC, Armond became an All-Star for the Toronto Argonauts of the Canadian Football League, helping the team win the league's 100th Grey Cup. He went on to sign with the New England Patriots in 2013, but medical issues forced him to hang up his cleats. "The biggest thing he has told me through this process is, 'at the end of the day, it's just football.' Having a brother who played at this level makes everything less overwhelming."
- In April of 2018, Armstead worked with Leataata Floyd Elementary and 916 Ink to host a trip to the Imaginarium, where the young students developed their artistic abilities, while learning how to be better at communicating. The event was in conjunction with Armstead's foundation, which focuses on assisting at-risk youth, particularly through the means of education.
- Armstead and his teammates joined Levi's in support of breast, colon and pediatric cancer warriors at the Crucial Catch Fashion Show presented by Dignity Health in October of 2018. 49ers players and cancer warriors took to the runway to show off their attire and share their stories of strength and courage with the audience.



ARMSTEAD'S CAREER STATISTICS

				TACKLES					INTERCEPTIONS					FUMBLES		
YEAR	TEAM	GP	GS	TOT	SOL	AST	SACKS	YDS	INT	YDS	LG	TD	PD	FF	FR	YDS
2015	SF	16	1	19	13	6	2.0	12.0	0	0	—	0	0	0	0	0
2016	SF	8	4	21	11	10	2.5	4.5	0	0	—	0	0	1	0	0
2017	SF	6	6	16	8	8	1.5	8.5	0	0	—	0	1	0	0	0
2018	SF	16	16	48	33	15	3.0	19.0	0	0	—	0	0	0	0	0
2019	SF	16	16	54	32	22	10.0	73.0	0	0	—	0	2	2	1	0
2020	SF	1	1	1	0	1	0.0	0.0	0	0	—	0	0	0	0	0
TOTALS		63	44	159	97	62	19	117	0	0	—	0	3	3	1	0

PLAYOFFS

YEAR	TEAM	GP	GS	TACKLES					INT	INTERCEPTIONS				PD	FUMBLES		
				TOT	SOL	AST	SACKS	YDS		YDS	LG	TD	FF		FR	YDS	
2019	SF	3	3	8	7	1	2.0	15.0	0	0	–	0	0	1	0	0	
TOTALS		3	3	8	7	1	2.0	15.0	0	0	–	0	0	1	0	0	

Milestones:

NFL Debut: vs. Min. (9/14/15); **First Start:** vs. StL (1/3/16); **First Sack:** Regular Season – at Arz. (9/27/15 – QB Carson Palmer); Postseason – vs. Min. (1/11/20 – QB Kirk Cousins); **First FF:** Regular Season – at Buf. (10/16/16 – QB Tyrod Taylor); Postseason – vs. GB (1/19/20 – QB Aaron Rodgers); **First FR:** Regular Season – at LAR (10/13/19 – QB Jared Goff); **First Multi-Sack Game:** Regular Season – vs. Car. (10/27/19 – 2.0; QB Kyle Allen); **Multi-Sack Games:** Regular Season – 3, Last vs. GB (11/24/19 – 2.0; QB Aaron Rodgers)

ARMSTEAD'S CAREER MULTI-SACK GAMES (3)

Date	Opp	Sacks	Yds	QB	Date	Opp	Sacks	Yds	QB
10/27/19	vs. Car.	2.0	11.0	Kyle Allen (2.0)	11/24/19	vs. GB	2.0	13.0	Aaron Rodgers (2.0)
11/11/19	vs. Sea.	1.5	12.0	Russell Wilson (1.5)					

ARMSTEAD'S CAREER HIGHS

Total Tackles: Regular Season – 6 (2 times) Last at LAR (10/13/19); Postseason – 3 (2 times) Last at KC (2/2/20)
Solo: Regular Season – 5 vs. LAR (10/21/18); Postseason – 3 vs. GB (1/19/20)
Assists: Regular Season – 4 (3 times) Last at LAC (9/30/18); Postseason – 1 at KC (2/2/20)
Sacks: Regular Season – 2.0 (2 times) Last vs. GB (11/24/19); Postseason – 1.0 (2 times) Last vs. GB (1/19/20)

Forced Fumbles: Regular Season – 1 (3 times) Last vs. Sea. (11/11/19); Postseason – 1 vs. GB (1/19/20)
Fumble Recoveries: Regular Season – 1 at LAR (10/13/19)
Passes Defensed: Regular Season – 1 (3 times) Last vs. LAR (12/21/19)

ARMSTEAD'S TRANSACTIONS

Originally a 1st-round (17th overall) draft choice by SF in 2015...Placed on the Injured Reserve List on 11/8/16...Placed on the Injured Reserve List on 10/17/17... Signed a five-year extension through 2024 on 3/16/20.

2019

- Started all 16 games and registered single-season career-highs in tackles (54), sacks (10.0), FFs (2) and FRs (1). Also started all 3 post-season games and notched 8 tackles, 2.0 sacks and 1 FF.
- Sacked Buccaneers QB Jameis Winston at TB (9/8).
- On the first play of the game, brought down Bengals QB Andy Dalton for an 8-yd. loss at Cin. (9/15). Registered at least 1.0 sack in back-to-back games for the 2nd time in his career.
- Late in the 4th Qtr. with the 49ers trailing 17-20 vs. Pit (9/22), forced a Steelers RB James Conner fumble, marking his 2nd career FF [at Buf. (10/16/16)]. The fumble was recovered by DL DeForest Buckner, and the takeaway led to the game-winning TD pass from QB Jimmy Garoppolo to WR Dante Pettis.
- On the first play of the 2nd half at LAR (10/13), recovered a Rams fumble, marking the 1st FR of his career. The FR led to QB Jimmy Garoppolo's 1-yd. TD run. Also registered 0.5 sack on the day and tied his career-high with 6 tackles.
- Brought down Washington QB Case Keenum for a 9-yd. loss at Was. (10/20).
- Recorded 2.0 sacks vs. Car. (10/27), his first career multi-sack game. Registered at least 1.0 sack in back-to-back games for the 3rd time in his career.
- Notched 1.5 sacks and 1 FF vs. Sea. (11/11). It marked his 2nd FF of the season 3rd of his career.
- Brought down Cardinals QB Kyler Murray vs. Arz. (11/17) for an 11-yd. loss. Has registered at least 1.0 sack in back-to-back games for the 4th time in his career and 3rd time this season.
- Registered 2.0 sacks vs. GB (11/24). This marked his 3rd game with at least 1.5 sacks. Has registered at least 1.0 sack in three consecutive games for the first time in his career.
- Made his postseason debut vs. Min. (1/11/20 - NFC-D) and registered 1.0 sack of Vikings QB Kirk Cousins and 2 tackles. Helped the 49ers defense hold the Vikings to 147 total net yds. (21 rushing and 126 passing). The 147 total net yds. allowed are the fewest allowed in a postseason game in franchise history. It also marked the fewest total net yds. allowed in an NFL postseason game since 1/3/15 [Carolina held Arz. to 78 total net yds. (27 rushing and 51 passing)]. The 21 rushing yds. allowed by the 49ers defense is the fewest allowed in a postseason game in franchise history.
- Notched 3 tackles and a strip-sack of Packers QB Aaron Rodgers vs. GB (1/19/20 - NFC-C), marking his first postseason FF.

2018

- Started all 16 games and set single-season career highs in games started (16), tackles (48) and sacks (3.0).
- Sacked Chiefs QB Patrick Mahomes at KC (9/23) for his 1st sack of the season.
- Notched a career-high five solo tackles and brought down Rams QB Jared Goff for 1.0 sack vs. LAR (10/21).
- Brought down Cardinals QB Josh Rosen for a 9-yd. loss at Arz. (10/28), marking his 3rd sack of the season and 9th of his career. Registered at least 1.0 sack in consecutive games for the first time in his career.

2017

- Started all 6 games in which he appeared and registered 16 tackles, 1.5 sacks and 1 PD before being placed on the Injured Reserve List on 10/17.
- Brought down Seahawks QB Russell Wilson for an 8-yd. loss at Sea. (9/17).
- Along with LB Brock Coyle, shared a 1-yd. sack of Colts QB Jacoby Brissett at Ind. (10/8).

2016

- Appeared in 8 games (4 starts) and recorded 21 tackles, 2.5 sacks and 1 FF before being placed on the Injured Reserve List on 11/8.
- As a part of a 49ers defense that registered the 1st shutout on opening day in franchise history, recorded his 3rd career sack vs. LAR (9/12), taking down QB Case Keenum for a 4-yd. loss.
- Recorded 1.0 sack and the 1st FF of his career at Buf. (10/16), stripping the ball from Bills QB Tyrod Taylor.

2015

- Appeared in all 16 games (1 start) during his rookie season and totaled 19 tackles and 2.0 sacks.
- Registered 3 tackles and the 1st sack of his NFL career at Arz. (9/27), bringing down Cardinals QB Carson Palmer for a 4-yd. loss.
- Part of a defensive line unit that held the Falcons to 17 yds. rushing on 14 carries (1.2 avg.) vs. Atl. (11/8). This marked the 4th fewest rushing yds. allowed in a game by the 49ers since 2001.

COLLEGE

Played in 39 games and totaled 87 tackles, 4.0 sacks, 10.0 TFLs, 2 FRs, 1 FF and 2 PDs in his career. As a junior, earned All-Pac 12 Honorable Mention honors where he played in 13 games and registered 46 tackles, 2.5 sacks, 5.5 TFLs, 2 FRs and 1 FF. In 2013, played in 13 games and notched 15 tackles, 1.0 sack, 2.5 TFLs and 2 PDs. As a freshman, played in 13 games and tallied 16 tackles, 0.5 sack and 2.0 TFLs.

PERSONAL

- Majored in general social science.
- As a freshman at Oregon, joined the men's basketball team following the completion of the football season, redshirting for the program that claimed the Pac-12 Conference Tournament title and advanced to the Sweet 16 in the NCAA tournament.
- A two-way standout on the defensive and offensive lines at Pleasant Grove (Elk Grove, CA) HS, he participated in the U.S. Army All-American Game. As a senior, registered 42 tackles and 3.5 sacks.
- Armstead's father, Guss, played basketball at Sacramento State and his brother, Armond, played football at USC and spent a season with the New England Patriots before retiring from football in 2014.
- Born Arik Armstead (11/15/93) in Sacramento, CA.
- Married to the former Mindy Harwood.

INJURY REPORT

- 2016:** Placed on the Injured Reserve List on 11/8 with a shoulder injury.
- 2017:** Placed on the Injured Reserve List on 10/17 with a hand injury.

ARMSTEAD'S GAME-BY-GAME

2015

Date	Opp	W/L	P/S	Tot	Sol	Ast	Sk	Yds	Int	Yds	PD	FF	FR	Yds
Sep 14	Min	W	1/0	0	0	0	0.0	0.0	0	0	0	0	0	0
Sep 20	at Pit	L	1/0	0	0	0	0.0	0.0	0	0	0	0	0	0
Sep 27	at Arz	L	1/0	3	3	0	1.0	4.0	0	0	0	0	0	0
Oct 4	GB	L	1/0	2	1	1	0.0	0.0	0	0	0	0	0	0
Oct 11	at NYG	L	1/0	0	0	0	0.0	0.0	0	0	0	0	0	0
Oct 18	Bal	W	1/0	1	1	0	0.0	0.0	0	0	0	0	0	0
Oct 22	Sea	L	1/0	0	0	0	0.0	0.0	0	0	0	0	0	0
Nov 1	at StL	L	1/0	0	0	0	0.0	0.0	0	0	0	0	0	0
Nov 8	Atl	W	1/0	2	2	0	0.0	0.0	0	0	0	0	0	0
Nov 22	at Sea	L	1/0	5	2	3	0.0	0.0	0	0	0	0	0	0
Nov 29	Arz	L	1/0	0	0	0	0.0	0.0	0	0	0	0	0	0
Dec 6	at Chi	W	1/0	0	0	0	0.0	0.0	0	0	0	0	0	0
Dec 13	at Cle	L	1/0	1	1	0	1.0	8.0	0	0	0	0	0	0
Dec 20	Cin	L	1/0	2	0	2	0.0	0.0	0	0	0	0	0	0
Dec 27	at Det	L	1/0	2	2	0	0.0	0.0	0	0	0	0	0	0
Jan 3	StL	W	1/1	1	1	0	0.0	0.0	0	0	0	0	0	0
TOTALS			16/1	19	13	6	2.0	12.0	0	0	0	0	0	0

2018

Date	Opp	W/L	P/S	Tot	Sol	Ast	Sk	Yds	Int	Yds	PD	FF	FR	Yds
Sep 9	at Min	L	1/1	5	3	2	0.0	0.0	0	0	0	0	0	0
Sep 16	Det	W	1/1	3	3	0	0.0	0.0	0	0	0	0	0	0
Sep 23	at KC	L	1/1	2	2	0	1.0	1.0	0	0	0	0	0	0
Sep 30	at LAC	L	1/1	5	1	4	0.0	0.0	0	0	0	0	0	0
Oct 7	Arz	L	1/1	3	3	0	0.0	0.0	0	0	0	0	0	0
Oct 15	at GB	L	1/1	3	3	0	0.0	0.0	0	0	0	0	0	0
Oct 21	LAR	L	1/1	5	5	0	1.0	9.0	0	0	0	0	0	0
Oct 28	at Arz	L	1/1	3	2	1	1.0	9.0	0	0	0	0	0	0
Nov 1	Oak	W	1/1	2	2	0	0.0	0.0	0	0	0	0	0	0
Nov 12	NYG	L	1/1	2	2	0	0.0	0.0	0	0	0	0	0	0
Nov 25	at TB	L	1/1	1	1	0	0.0	0.0	0	0	0	0	0	0
Dec 2	at Sea	L	1/1	2	1	1	0.0	0.0	0	0	0	0	0	0
Dec 9	Den	W	1/1	4	3	1	0.0	0.0	0	0	0	0	0	0
Dec 16	Sea	W	1/1	5	2	3	0.0	0.0	0	0	0	0	0	0
Dec 23	Chi	L	1/1	1	0	1	0.0	0.0	0	0	0	0	0	0
Dec 30	at LAR	L	1/1	2	0	2	0.0	0.0	0	0	0	0	0	0
TOTALS			16/16	48	33	15	3.0	19.0	0	0	0	0	0	0

2016

Date	Opp	W/L	P/S	Tot	Sol	Ast	Sk	Yds	Int	Yds	PD	FF	FR	Yds
Sep 12	LAR	W	1/0	1	1	0	1.0	4.0	0	0	0	0	0	0
Sep 18	at Car	L	1/0	2	1	1	0.0	0.0	0	0	0	0	0	0
Sep 25	at Sea	L	1/0	1	1	0	0.0	0.0	0	0	0	0	0	0
Oct 2	Dal	L	1/0	2	0	2	0.0	0.0	0	0	0	0	0	0
Oct 6	Arz	L	1/1	6	2	4	0.0	0.0	0	0	0	0	0	0
Oct 16	at Buf	L	1/1	3	3	0	1.0	0.0	0	0	0	1	0	0
Oct 23	TB	L	1/1	4	3	1	0.5	0.5	0	0	0	0	0	0
Nov 6	NO	L	1/1	2	0	2	0.0	0.0	0	0	0	0	0	0
PLACED ON INJURED RESERVE (Shoulder) ON 11/8														
TOTALS			8/4	21	11	10	2.5	4.5	0	0	0	1	0	0

2017

Date	Opp	W/L	P/S	Tot	Sol	Ast	Sk	Yds	Int	Yds	PD	FF	FR	Yds
Sep 10	Car	L	1/1	3	3	0	0.0	0.0	0	0	0	0	0	0
Sep 17	at Sea	L	1/1	4	1	3	1.0	8.0	0	0	0	0	0	0
Sep 21	LAR	L	1/1	1	1	0	0.0	0.0	0	0	0	0	0	0
Oct 1	at Arz	L	1/1	0	0	0	0.0	0.0	0	0	0	0	0	0
Oct 8	at Ind	L	1/1	5	1	4	0.5	0.5	0	0	1	0	0	0
Oct 15	at Was	L	1/1	3	2	1	0.0	0.0	0	0	0	0	0	0
PLACED ON INJURED RESERVE (Hand) ON 10/17														
TOTALS			6/6	16	8	8	1.5	8.5	0	0	1	0	0	0

2019

Date	Opp	W/L	P/S	Tot	Sol	Ast	Sk	Yds	Int	Yds	PD	FF	FR	Yds
Sep 8	at TB	W	1/1	5	2	3	1.0	5.0	0	0	0	0	0	0
Sep 15	at Cin	W	1/1	3	2	1	1.0	8.0	0	0	0	0	0	0
Sep 22	Pit	W	1/1	1	1	0	0.0	0.0	0	0	0	1	0	0
Oct 7	Cle	W	1/1	5	3	2	0.0	0.0	0	0	0	0	0	0
Oct 13	at LAR	W	1/1	6	3	3	0.5	4.0	0	0	0	0	1	0
Oct 20	at Was	W	1/1	3	2	1	1.0	9.0	0	0	0	0	0	0
Oct 27	Car	W	1/1	3	3	0	2.0	11.0	0	0	0	0	0	0
Oct 31	at Arz	W	1/1	2	1	1	0.0	0.0	0	0	0	0	0	0
Nov 11	Sea	L	1/1	3	2	1	1.5	12.0	0	0	0	1	0	0
Nov 17	Arz	W	1/1	2	1	1	1.0	11.0	0	0	0	0	0	0
Nov 24	GB	W	1/1	5	2	3	2.0	13.0	0	0	0	0	0	0
Dec 1	at Bal	L	1/1	4	1	3	0.0	0.0	0	0	0	0	0	0
Dec 8	at NO	W	1/1	4	3	1	0.0	0.0	0	0	0	0	0	0
Dec 15	Atl	L	1/1	3	2	1	0.0	0.0	0	0	1	0	0	0
Dec 21	LAR	W	1/1	4	4	0	0.0	0.0	0	0	1	0	0	0
Dec 29	at Sea	W	1/1	1	0	1	0.0	0.0	0	0	0	0	0	0
TOTALS			16/16	54	32	22	10.0	73.0	0	0	2	2	1	0

2019 Postseason

Date	Opp	W/L	P/S	Tot	Sol	Ast	Sk	Yds	Int	Yds	PD	FF	FR	Yds
Jan 11	Min	W	1/1	2	2	0	1.0	8.0	0	0	0	0	0	0
Jan 19	GB	W	1/1	3	3	0	1.0	7.0	0	0	0	1	0	0
Feb 2	at KC	L	1/1	3	2	1	0.0	0.0	0	0	0	0	0	0
TOTALS			3/3	8	7	1	2.0	15.0	0	0	0	1	0	0