

Hi Pen Pal,

I hope you are having a beautiful day today. My name is Shelby and I am a Houston Texans Cheerleader! I love cheering on our Houston Texans and I can't wait until Fall, when its football season again. Do you like football or sports? If you do, I hope you are a BIG Houston Texans fan!

When I am not busy cheering our Texans on, I spend my time treating neck and low back pain. I am a Physician Assistant and I specialize with the spine. I love getting to thrive in my career while continuing my passion of dance and cheer with the Houston Texans.

What are some of your passions or hobbies? Something new that I am doing this year is making sure I put time towards reading. My goal is to read 29 books by my next birthday (February). I have read 5 thus far and I'm loving every minute of it! Do you like to read? What are some of your favorite books? I'll try to read some!

I know this must be a difficult time for you, but I wanted to let you know that I am thinking about you and will pray for you during this crisis. Continue to stay safe, healthy, and high spirited.

I look forward to hearing from you!

HTC Shelby

Dear Resident,

My name is Lauren Kay and I am one of the Houston Texans Cheerleaders. I hope this letter finds you well; this pandemic was unpredictable and has brought a cloud over our daily lives and routines, so we could all use some sunshine.

I am a newlywed (married this past June) and my husband (Zac) and I live in the midtown area. Our first year of marriage has never had a dull moment to say it lightly. When we got married, Zac had just graduated from law school at Southern Methodist University and was still not employed. I had been working down at Dickinson High School the last two years as a high school dance teacher and Drill Team director, while living my dream of cheering for the Texans. Our entire dating relationship was long distance, him in Houston me in Austin, Him in Dallas me in Houston, but we knew after our nuptials we would finally be together only where was the big question. Not knowing what the future held, I decided to keep my position at DHS for the 2109 school year and try out for Texans again. Going into this decision we knew if Zac did get a job elsewhere I would finish the NFL season/ fall semester and quickly join him wherever else he may be.

Well in October this plan had to go into action when he finally (after 5 months that felt like 5 years) was offered and accepted an associate position at a real estate law firm in Dallas. We had been apart 4 years, what would be 3 more months? In reality, those three months turned out to be the three hardest months of our relationship. It was exhausting, stressful, un resting, and I couldn't figure out why things seemed 20x harder this go around. What was so different this time? The only thing I could come up with is I was tired, tired of missing him and not being able to just be "normal." But as time went on, my countdown getting us closer and closer to being together in Dallas was slowly dwindling down and the finish line was in sight. I would finally be with my husband! But then... God always has his own plan.

It was January 22nd, 6 days before the movers were arriving at our apartment in Houston to pack up the truck and help me move to Dallas when Zac gave me the call. He informed me his good friend Ryan (a groomsman in our wedding) had called him to tell him about an opening at their firm in Houston.

Long story short, when that 6th day came I was looking for a new apartment in Houston rather than greeting movers. It was one more month till things were finally settled and Zac and I were together.

Throughout this time, I found myself questioning God, "what was the purpose of this season? What did we have to gain from the constant unknown and unease?" I guess what I am trying to say in this probably too long, over sharing letter is to let you know even when we can't see it, God is always good and trustworthy. Psalms 111:7 says, "The works of his hand are faithful and just; all his precepts are trustworthy." It is so easy for us to say we trust God, but to actually trust him while we feel we are being tested can feel impossible sometimes. All we can do is trust him, our health care workers, and our country's leaders to make the best decision for us.

Now during this pandemic, it seems we have made up for all the lost time while Zac has been working from home the past 3 weeks and will be for who knows how long. Even though we are now a "normal" married couple, our sense of normalcy isn't what I would of pictured. I know the struggle of not being able to see your loved one for a long time and I want you to know you are not alone. We are all feeling the struggle of trusting what the good of this situation is. But there is hope, there is a purpose, and above all, God is good. When I am feeling the weight of this quarantine, I meditate on Psalms 77 to remind me even in the lowest place of all the blessings he has brought me in the past. Today, I will be praying for you and peace of mind on this day.

Sending Love,

HTC Lauren Kay

"I will remember the deeds of the Lord; yes, I will remember your deeds of long ago."

-Psalms 77:11

Hi, Pen Pal!

My name is Emily and I am a Houston Texans Cheerleader. I am originally from Colorado, but I moved to Houston a few years ago to pursue a career as a Forensic Scientist. I love watching crime shows and documentaries and following crime cases in the news. What is your favorite thing to watch on TV?

After moving to Houston away from friends and family, I really missed dancing and being a part of a team, so I decided to try out to be a Houston Texans Cheerleader (HTC)! I didn't know a single person at auditions, but I made many friends and to my surprise, I made the team! It has been so amazing being a part of the Texans organization and making a team-full of friends. I love going into the community as an ambassador for the Texans and HTC, meeting all kinds of people, and bringing them some happiness and smiles.

This is such a crazy time we're living in right now. I know it can be very stressful, especially with things changing constantly. I hope you're staying safe, healthy, and happy, and I'll be praying for you and everyone there! What have you been doing to pass the time and keep busy? I can't wait to hear back from you!

Love,
HTC Emily

Hi there, friend!

I'm Taryn, proud member of the Houston Texans Cheerleaders! When I am not cheering for the Texans (Go Texans!), I am working as a Registered Nurse at a hospital. I enjoy pursuing both of my dreams as a Houston Texans Cheerleader and as a nurse.

I am writing to you today to connect with you during this time of social distancing. I hope you're doing well and all of your days are still bright with smiles, warm sun from the windows, and good laughs.

I'm thinking of you today and all the stories you must have from a wonderfully full life you've experienced. I'd love to come and listen to them, if you're willing to tell them - while enjoying a good cup of coffee, of course!

Until then, I'm sending you WARM hugs and a smile!

Warmly,

HTC Taryn

Dear Heart's Clear Lake Senior Living, ♥

Hello! My name is HTC Jasmine, and I'm so happy to be writing to you. I know these times are so trying right now. But in the midst of it all, we are learning how to be still, and live in the now. ♥

For me, not only am I a Houston Texans cheerleader, but I'm also a 1st grade teacher. So I am also affected by this because I have the sweet little boys and girls that I miss dearly. ♥

I think that this is so cool for us to write letters and connect with you guys on a personal level! I am NOT an artist, LOL so I will not be drawing any pictures for you. You wouldn't want to see that anyway! ♥ I tell my students all the time not to make fun of my drawing skills, or lack thereof. lol ♥

Anyway, I hope this letter put a smile on your face & was helpful & lifted your spirits, as it did mine while writing it! ♥

Love Always, HTC Jasmine ☺♥