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MIKE McGLINCHEY

6-8 | 310 | NOTRE DAME

1.12.95 | PHILADELPHIA, PA | 2ND YEAR | ACQUIRED D-1 IN '18

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AWARDS & HONORS

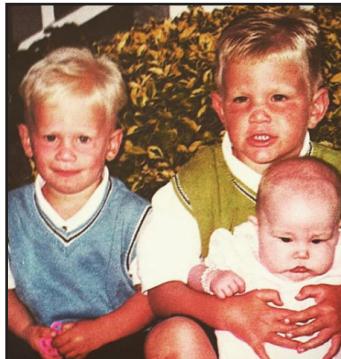
2018: PFWA All-Rookie Team, ESPN All-Rookie Team

2019 HIGHLIGHTS

- Part of an offensive line that helped the 49ers rush for 259 yds. at Cin. (9/22), the most by the team since 12/20/14 vs. SD (355 rushing yds.). It also marked the most rushing yds. by the team on the road since 11/29/10 at Arz. (261 rushing yds.). Additionally, the offensive line did not allow a sack on 25 pass attempts by QB Jimmy Garoppolo and 1 attempt by WR Dante Pettis.
- Helped the 49ers rush for 275 yds. and 2 TDs on 40 carries (6.9 avg.) vs. Cle. (10/7), the most rushing yds. by the team in a single game since 12/20/14 (355 vs. SD).
- Helped the 49ers offense rush for 186 yds. and 2 TDs on 47 carries vs. Min. (1/11/20 - NFC-D). The 47 rushing atts. are the most in a postseason game in franchise history and the 186 rushing yds. are the 5th-most in a postseason game in franchise history.
- Part of an offensive line that helped the 49ers rush for 285 yds. and 4 TDs on 42 atts. (6.8 avg.) vs. GB (1/19/20 - NFC-C). The team's 285 total rushing yds. were the 2nd-most in postseason franchise history, and the 6th-most by any team in the postseason since 1970. The 285 rushing yds. by the 49ers offense are the most in a Conference Championship Game since 1970.

GOLDMINE

- McGlinchey was so big for his age that as a child, his parents would make sure to bring his birth certificate to his basketball games. Later, at age eight, he was hoping to make his debut in youth football, but decided against it after the league's directors told his family that they would have to place him on a team with eighth and ninth graders due to his size. Embracing such a large frame as a child, McGlinchey constantly threw his weight around with his big family, which featured 22 cousins and 5 siblings. Even at his grandmother's wake, McGlinchey and his extended family engaged in a pickup football game while still dressed in their suits. As Mike puts it, "That's the way she would have wanted it."
- The 49ers hosted the third annual Crucial Catch Fashion Show presented by Dignity Health on October 2nd, 2019, featuring cancer warriors representing all cancers as they modeled apparel donated by Levi's. McGlinchey and his teammates were paired with each of the warriors to share their stories of strength and courage with the audience and walk the runway.



McGLINCHEY'S GOLDEN NUGGETS

- McGlinchey's uncle, John Loughery, played QB at Boston College (1979-82) as did his cousin, Matt Ryan (2004-07). Ryan currently plays for the Atlanta Falcons and earned 2016 NFL MVP honors under current 49ers head coach Kyle Shanahan, who was Ryan's offensive coordinator (Mike pictured top right).



- Despite being roughly six foot, eight inches tall, McGlinchey doesn't know where his large frame came from. Said McGlinchey jokingly, "My dad is about five foot, eleven inches. My mom is five foot, eight inches. So, it must have been a genetic mutation."

GOLDMINE (CONTINUED)

- NFL players had the opportunity to participate in the NFL's annual My Cause, My Cleats campaign during Week 14 of the 2019 season. McGlinchey and his teammates represented their respective causes with custom-designed cleats in an effort to raise awareness and funding. McGlinchey represented the charity Autism Speaks, and said, "I play for my brother Jimmy."

- The 49ers and their families hosted 450 underserved boys and girls from the Bay Area for the first-ever 49ers Hope for the Holidays event. Each child had a once-in-a-lifetime experience traveling through Levi's Stadium and left with a brand new bike, helmet, lock, haircut, shoes, toys, glasses, backpack, dinner and more.





GOLDMINE (CONTINUED)

• McGlinchey and his fellow rookies participated in the annual 49ers Mentorship Academy on September 18, 2018. The Mentorship Academy, partnering with USA Football, is a three-step program designed to provide high school football players with the opportunity to develop the skills necessary to succeed and be leaders on and off the field. The rookie class invited the high schoolers to the team facility, where they shared opinions and lessons over a meal and fun competitions.



• McGlinchey and his teammates surprised guests of the CityTeam Men's Program and House of Grace on November 20, 2018, at Levi's Stadium. The group believed they were just taking a tour of the stadium, but they were in fact joining the 49ers players for a night full of exciting events. The guests received a makeover and haircut, selected a new outfit from Dockers, snapped a new headshot and then shared a Thanksgiving dinner with the 49ers players.



• On November 26th, 2019, the 49ers teamed up with Martha's Kitchen of San Jose to serve Thanksgiving dinner to over 300 people in need. Members of the team served food, bussed tables and refilled beverages. The team also provided toiletries and giveaways to all those in attendance.



- The 49ers worked alongside the humanitarian-relief organization Convoy of Hope on December 4, 2018, and hosted 1,500 guests in-need from Bay Area nonprofits and schools at Levi's® Stadium for a free holiday resource fair. McGlinchey and his 49ers teammates distributed groceries, toys, books, shoes and other holiday offerings to the guests. The attendees also received haircuts, utilized health resources and took family portraits or professional headshots. Convoy of Hope is a nonprofit organization that directs children's feeding initiatives, hosts community outreach programs and provides disaster response resources to those in need in the Bay Area and throughout the world.



- NFL players had the opportunity to participate in the NFL's annual My Cause, My Cleats campaign during a designated home game between Weeks 13-15 of 2018. McGlinchey and his teammates represented their respective causes with custom-designed cleats in an effort to raise awareness and funding. Autism Speaks is dedicated to promoting solutions, across the spectrum and throughout the life span, for the needs of people with autism and their families.



McGLINCHHEY'S CAREER STATISTICS

GAMES/STARTS – 28/28: 2018 (16/16); 2019 (12/12)

POSTSEASON GAMES/STARTS – 2/2: 2019 (2/2)

Additional Statistics:

Tackles – 1: 2018 (1)

Fumble Recoveries – 1: 2018 (1)

Milestones:

NFL Debut: at Min. (9/9/18); **First Start:** at Min. (9/9/18)

McGLINCHHEY'S TRANSACTIONS

Originally a 1st-round (9th overall) draft choice by SF in 2018.



2018

- Started all 16 games at RT in his rookie campaign.
- Part of an offensive line that did not allow a sack on 22 passing atts. by QB Nick Mullens vs. Oak. (11/1). It marked the first time the team did not allow a sack since 12/31/17 at LAR (33 atts. - QB Jimmy Garoppolo).
- McGlinchey and the offensive line did not allow a sack on 39 atts. by QB Nick Mullens vs. NYG (11/12). It marked the first time since Weeks 3-4 of the 2000 season that the team did not allow a sack in consecutive weeks [34 atts. by QB Jeff Garcia at StL (9/17/00); 26 atts. by Garcia at Dal. (9/24/00)].

COLLEGE

Appeared in 51 games (39 starts) in five years at Notre Dame. In 2017, was named a team captain and earned First-Team All-America honors from the Associated Press, the Football Writers Association of America, the American Football Coaches Association, *USA Today* and *Sports Illustrated*. Started all 13 games at LT and was part of an offensive line that won the Joe Moore Award as the nation's most outstanding offensive line. Notre Dame averaged 269.3 rushing yds./gm., ranking 7th in the FBS. As a junior, earned Second-Team All-America honors from the Associated Press. A team captain, started all 12 games at LT and was part of an offensive line that averaged 417.6 yds./game. In 2015, started all 13 games at RT and was part of an offensive line that helped the Irish average 5.63 yds./att., ranking 9th in the FBS. As a freshman, played in all 13 games (1 start) and saw action on special teams, registering a blocked FG, before making his first collegiate start in the Music City Bowl. Redshirted in 2013.

PERSONAL

- Attended William Penn (Philadelphia, PA) Charter School, where he was first-team offensive lineman on the 2012 Pennsylvania Sports Writers AAAA All-State football team and first-team offensive lineman on *Philadelphia Inquirer* All-Southeastern Pennsylvania team.
- Named a team captain as a senior in 2012.
- Began his high school career as a TE before transitioning to OL.
- Son of Mike and Janet McGlinchey.
- Born Michael Sean McGlinchey (1/12/95) in Warrington, PA.
- Graduated in May of 2017 with a degree in film, television and theatre from the College of Arts and Letters.

INJURY REPORT

2019: Inactive 4 games [at LAR (10/13), at Was. (10/20), vs. Car. (10/27) and at Arz. (10/31)] with a knee injury.