



SOLOMON THOMAS

DL

6-3 | 280 | STANFORD

8.26.95 COPPELL, TX 3RD YEAR ACQUIRED D-1A IN '17





GOLDMINE (CONTINUED)

- Prior to Week 2's matchup in Cincinnati during the 2019 season, the 49ers spent time in Youngstown, Ohio, where they participated in the Community Blitz. Thomas and some of his teammates joined the students at Williamson Elementary School to talk about inclusion and anti-bullying. They played sports and spoke at an assembly before helping the kids write compliment cards and discuss how to be kind to one another.



- The 49ers partnered with CASSY (Counseling and Support Services for Youth) for a mental health awareness event at Monroe Middle School (Campbell, CA) on December 18, 2018. Thomas and his teammates joined the 6th, 7th and 8th grade students who were pre-identified as having mental health struggles, and held group discussions centered on managing stress and destigmatizing mental health matters.



- NFL players had the opportunity to participate in the NFL's annual My Cause, My Cleats campaign during a designated home game between Weeks 13-15 of 2018. Thomas and his teammates represented their respective causes with custom-designed cleats in an effort to raise awareness and funding. The American Foundation for Suicide Prevention (AFSP) gives those affected by suicide a nationwide community empowered by research, education and advocacy to take action against this leading cause of death. Thomas also included the phrase "Bad Boys for Life," as a tribute to he and his sister Ella's favorite movie, *Bad Boys*.



- After posing for a photo-shoot, Thomas and his teammates joined Levi's in support of breast, colon and pediatric cancer warriors at the Crucial Catch Fashion Show presented by Dignity Health on October 2, 2018. 49ers players and cancer warriors took to the runway to show off their attire and share their stories of strength and courage with the audience.



- In partnership with the One Love Foundation, Thomas, his 49ers teammates and their significant others participated in a film-based workshop with local high school students about healthy and unhealthy relationships. The group watched a film together, and thereafter, held group discussions about the implications of the relationship behaviors depicted in the film. The One Love Foundation believes that love is a skill we can work on, and focuses on three main elements to convey their message: content, conversation and community action.



- The 49ers joined forces with Martha's Kitchen of San Jose as part of their Community Tuesday kickoff event on September 11, 2018. Thomas and teammates took part in the event by serving dinner to nearly 200 residents in need, refilling beverages and bussing tables. Both the 49ers and Levi's Stadium partner with Martha's Kitchen throughout the year by donating excess food after stadium events. Martha's Kitchen's mission is to "feed the hungry with dignity, no questions asked, no judgements made."



- Thomas comes from an athletic family. His father, Chris, and mother, Martha, each attended the College of Wooster (OH) where Chris played basketball and Martha ran track. Solomon's uncle, Jon Thomas, ran track at Indiana University where he was a four-time Big Ten 400m hurdles champion.



GOLDMINE (CONTINUED)

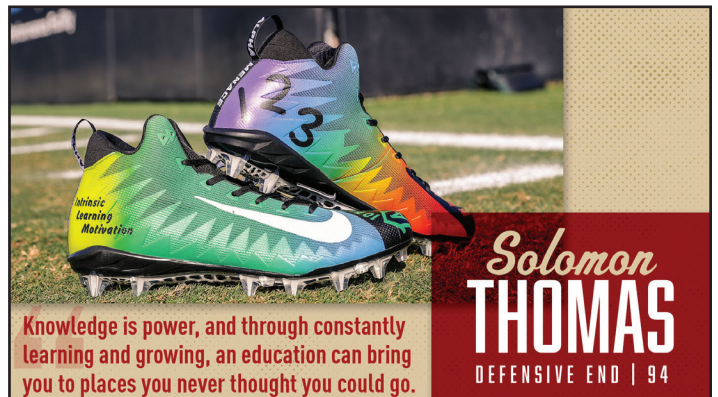
- Thomas spent part of his life living in Australia. Says Solomon, “My dad was an international sales manager for Proctor & Gamble, and they had him out there. It was an amazing experience to be there from two to seven or eight. It definitely gave me a different perspective on life and definitely shaped me for life.” Thomas’ family moved back to the United States and spent a few years living in Connecticut. It wasn’t until his family prepared to move to Texas that Thomas was introduced to football, when his parents had him watch ‘Friday Night Lights.’
- During his childhood, Thomas grew up speaking with a thick Australian accent. When he moved back to the States, no one in school could understand him, so he took three years of speech therapy classes to remove the accent. However, if it was up to Thomas, he would have kept the accent. Said Thomas, “It’s unfortunate, because I’d love to still have my Australian accent.”
- In October of 2017, the 49ers partnered with Bags of Fun to deliver backpacks to children undergoing treatment at Lucile Packard Children’s Hospital. Each bag was personalized with educational, interactive and fun toys to provide joy, laughter and relief from the stress and anxiety of being in the hospital. Thomas and his teammates spent time with patients receiving Bags of Fun and other families in the hospital to uplift them during a difficult time.



- In honor of the NFL’s Crucial Catch campaign, the 49ers hosted a fashion show in October of 2017, featuring breast cancer and pediatric cancer warriors in apparel donated by Levi’s®. Thomas, along with his 49ers teammates, walked the runway with cancer warriors as they shared their stories of strength and courage with the audience.



- During all Week 13 games in 2017, NFL players had the chance to share the causes that are important to them as part of the NFL’s My Cause, My Cleats campaign. Thomas is supporting 10 Books A Home for his My Cause, My Cleats initiative. Thomas’ mom was a teacher and his family instilled the importance of having an education. 10 Books A Home is an early childhood education non-profit whose mission is to send all high poverty preschoolers to kindergarten prepared to perform above grade level. “Knowledge is power, an through constantly learning and growing, an education can bring you to places you never thought you could go,” said Thomas.



THOMAS’ CAREER STATISTICS

YEAR	TEAM	GP	GS	TACKLES				YDS	INT	INTERCEPTIONS				PD	FUMBLES		
				TOT	SOL	AST	SACKS			YDS	LG	TD	PD		FF	FR	YDS
2017	SF	14	12	41	34	7	3.0	9.0	0	0	—	0	0	0	0	1	0
2018	SF	16	13	31	24	7	1.0	2.0	0	0	—	0	0	0	0	0	0
2019	SF	9	0	15	11	4	2.0	9.0	0	0	—	0	0	0	0	0	0
TOTALS		39	25	87	69	18	6.0	20.0	0	0	—	0	0	0	0	1	0

Milestones:

NFL Debut: vs. Car. (9/10/17); **First Start:** at Sea. (9/17/17); **First Sack:** at Arz. (10/1/17 – QB Carson Palmer); **First FR:** at LAR (12/31/17 – QB Sean Mannion)

THOMAS’ CAREER HIGHS

Total Tackles: 9 at Was. (10/15/17)

Solo: 7 at Was. (10/15/17)

Assists: 2 (3 times) Last at LAR (12/30/18)

Sacks: 1.0 (6 times) Last at LAR (10/13/19)

Fumble Recoveries: 1 at LAR (12/31/17)

THOMAS’ TRANSACTIONS

Originally the first of two 1st-round (3rd overall) draft choices by SF in 2017.



2018

- Appeared in all 16 games (13 starts) and registered 31 tackles and 1.0 sack.
- Credited with 1.0 sack, his 1st of the season, vs. Oak. (11/1).

2017

- Played in 14 games (12 starts) and registered 41 tackles, 3.0 sacks and 1 FR.
- Brought down Cardinals QB Carson Palmer at Arz. (10/1), notching the 1st sack of his career.
- Registered a career-high 9 tackles at Was. (10/15), while also notching his 2nd career sack, bringing down Redskins QB Kirk Cousins.
- Brought down Jaguars QB Blake Bortles for a 2-yd. loss vs. Jax. (12/24), marking his 3rd sack of the season.
- Notched his 1st career FR at LAR (12/31), jumping on a fumble by Rams QB Sean Mannion.

COLLEGE

Appeared in 27 games in three seasons at Stanford and registered 101 tackles, 11.5 sacks, 25.5 TFLs, 4 FRs and 2 TDs. In 2016, was named Second-Team All-America by *USA Today* and Third-Team All-America by the Associated Press. Also earned First-Team All-Pac-12 honors and the Morris Trophy award, a prestigious honor voted on by opposing Pac-12 offensive linemen. Appeared in all 13 games and registered 62 tackles, 8.0 sacks, 15 TFLs and 2 FRs. As a sophomore in 2015, appeared in all 14 games for the Cardinal and was named All-Pac-12 honorable mention after recording 39 tackles, 3.5 sacks, 10.5 TFLs and 2 FRs. Thomas did not see action as a freshman in 2014.

PERSONAL

- Attended Coppell (TX) HS, where he recorded 272 total tackles and was named second-team all-state in 2013. Also had 21 sacks throughout his final three years. Was named Second-Team All-USA by *USA Today* as a senior in 2013.
- Also lettered in basketball at Coppell.
- Son of Chris and Martha Thomas.
- Born Solomon Christopher Thomas (8/26/95) in Chicago, IL.
- Studied communications at Stanford.

INJURY REPORT

2017: Inactive vs. Arz. (11/5) and vs. NYG (11/12) with a knee injury.

THOMAS' GAME-BY-GAME

2017

Date	Opp	W/L	P/S	Tot	Sol	Ast	Sk	Yds	Int	Yds	PD	FF	FR	Yds
Sep 10	Car	L	1/0	2	2	0	0.0	0.0	0	0	0	0	0	0
Sep 17	at Sea	L	1/1	4	4	0	0.0	0.0	0	0	0	0	0	0
Sep 21	LAR	L	1/0	1	1	0	0.0	0.0	0	0	0	0	0	0
Oct 1	at Arz	L	1/1	5	5	0	1.0	2.0	0	0	0	0	0	0
Oct 8	at Ind	L	1/1	2	1	1	0.0	0.0	0	0	0	0	0	0
Oct 15	at Was	L	1/1	9	7	2	1.0	5.0	0	0	0	0	0	0
Oct 22	Dal	L	1/1	1	1	0	0.0	0.0	0	0	0	0	0	0
Oct 29	at Phi	L	1/1	2	1	1	0.0	0.0	0	0	0	0	0	0
Nov 5	Arz	L	—	—	—	—	INACTIVE (Knee)	—	—	—	—	—	—	—
Nov 12	NYG	W	—	—	—	—	INACTIVE (Knee)	—	—	—	—	—	—	—
Nov 26	Sea	L	1/1	2	2	0	0.0	0.0	0	0	0	0	0	0
Dec 3	at Chi	W	1/1	1	1	0	0.0	0.0	0	0	0	0	0	0
Dec 10	at Hou	W	1/1	2	1	1	0.0	0.0	0	0	0	0	0	0
Dec 17	Ten	W	1/1	3	2	1	0.0	0.0	0	0	0	0	0	0
Dec 24	Jax	W	1/1	6	5	1	1.0	2.0	0	0	0	0	0	0
Dec 31	at LAR	W	1/1	1	1	0	0.0	0.0	0	0	0	0	1	0
TOTALS			14/12	41	34	7	3.0	9.0	0	0	0	0	1	0

2018

Date	Opp	W/L	P/S	Tot	Sol	Ast	Sk	Yds	Int	Yds	PD	FF	FR	Yds
Sep 9	at Min	L	1/1	1	0	1	0.0	0.0	0	0	0	0	0	0
Sep 16	Det	W	1/1	2	2	0	0.0	0.0	0	0	0	0	0	0
Sep 23	at KC	L	1/1	0	0	0	0.0	0.0	0	0	0	0	0	0
Sep 30	at LAC	L	1/1	2	2	0	0.0	0.0	0	0	0	0	0	0
Oct 7	Arz	L	1/1	1	1	0	0.0	0.0	0	0	0	0	0	0
Oct 15	at GB	L	1/1	1	1	0	0.0	0.0	0	0	0	0	0	0
Oct 21	LAR	L	1/0	5	3	2	0.0	0.0	0	0	0	0	0	0
Oct 28	at Arz	L	1/1	2	2	0	0.0	0.0	0	0	0	0	0	0
Nov 1	Oak	W	1/0	3	3	0	1.0	2.0	0	0	0	0	0	0
Nov 12	NYG	L	1/0	0	0	0	0.0	0.0	0	0	0	0	0	0
Nov 25	at TB	L	1/1	2	2	0	0.0	0.0	0	0	0	0	0	0
Dec 2	at Sea	L	1/1	2	2	0	0.0	0.0	0	0	0	0	0	0
Dec 9	Den	W	1/1	0	0	0	0.0	0.0	0	0	0	0	0	0
Dec 16	Sea	W	1/1	2	1	1	0.0	0.0	0	0	0	0	0	0
Dec 23	Chi	L	1/1	4	3	1	0.0	0.0	0	0	0	0	0	0
Dec 30	at LAR	L	1/0	4	2	2	0.0	0.0	0	0	0	0	0	0
TOTALS			16/13	31	24	7	1.0	2.0	0	0	0	0	0	0