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DL

## ARIK ARMSTEAD

6-7 | 290 | OREGON

11.15.93 | ELK GROVE, CA

5TH YEAR | ACQUIRED D-I IN '15

## 2019 HIGHLIGHTS

- Registered a single-season career-high 7.0 sacks this season.
- Sacked Buccaneers QB Jameis Winston at TB (9/8).
- On the first play of the game, brought down Bengals QB Andy Dalton for an 8-yd. loss at Cin. (9/15). Registered at least 1.0 sack in back-to-back games for the 2nd time in his career.
- Late in the 4th Qtr. with the 49ers trailing 17-20 vs. Pit (9/22), forced a Steelers RB James Conner fumble, marking his 2nd career FF [at Buf. (10/16/16)]. The fumble was recovered by DL DeForest Buckner, and the takeaway led to the game-winning TD pass from QB Jimmy Garoppolo to WR Dante Pettis.
- On the first play of the 2nd half at LAR (10/13), recovered a Rams fumble, marking the 1st FR of his career. The FR led to QB Jimmy Garoppolo's 1-yd. TD run. Also registered 0.5 sack on the day and tied his career-high with 6 tackles.
- Brought down Redskins QB Case Keenum for a 9-yd. loss at Was. (10/20). He has 3.5 sacks on the season and 12.5 in his career. Registered a single-season career-high 3.5 sacks.
- Recorded 2.0 sacks vs. Car. (10/27), his first career multi-sack game. Registered at least 1.0 sack in back-to-back games for the 2nd time in his career.
- Notched 1.5 sacks and 1 FF vs. Sea. (11/11). He has a career-high 7.0 sacks on the season and 16.0 for his career. It marked his 2nd FF of the season 3rd of his career.

## GOLDMINE

- NFL players had the opportunity to participate in the NFL's annual My Cause, My Cleats campaign during a designated home game between Weeks 13-15 of 2018. Armstead and his teammates represented their respective causes with custom-designed cleats in an effort to raise awareness and funding.



- Armstead returned to his hometown of Sacramento this past off-season to host the second charity weekend for his foundation, Armstead Academic Project, which promotes equal opportunities through education. The festivities kicked off as teammates DeForest Buckner, Ronald Blair III, Richard Sherman, Sheldon Day, Jaquiski Tartt and Ahkello Witherspoon joined Armstead for a charity gala and silent auction which raised more than \$100,000. Armstead then led a youth camp the following morning, where the children were able to get hands-on lessons from the NFL players. Throughout the day, Armstead stressed the importance of hard work, sportsmanship and teamwork.

## ARMSTEAD'S GOLDEN NUGGETS

- Lists his parents, Guss and Christa, as the most influential people in his life. He also gives credit to his grandfather, Willie B. Armstead, an Air Force veteran, for instilling the value of integrity that his parents have passed along to him. "A lot of things he instilled in my dad have carried down to me. Having a family member who is more courageous than you can imagine and who served his country is a huge honor."
- Played both basketball and football at Oregon before focusing only on football in 2014.

## ARMSTEAD'S GAME-BY-GAME

## 2019

Date	Opp	W/L	P/S	Tot	Sol	Ast	Sk	Yds	Int	Yds	PD	FF	FR	Yds
Sep 8	at TB	W	1/1	5	2	3	1.0	5.0	0	0	0	0	0	0
Sep 15	at Cin	W	1/1	3	2	1	1.0	8.0	0	0	0	0	0	0
Sep 22	Pit	W	1/1	1	1	0	0.0	0.0	0	0	0	1	0	0
Oct 7	Cle	W	1/1	5	3	2	0.0	0.0	0	0	0	0	0	0
Oct 13	at LAR	W	1/1	6	3	3	0.5	4.0	0	0	0	0	1	0
Oct 20	at Was	W	1/1	3	2	1	1.0	9.0	0	0	0	0	0	0
Oct 27	Car	W	1/1	2	1	1	0.0	0.0	0	0	0	0	0	0
Oct 31	at Arz	L	1/1	3	2	1	1.5	12.0	0	0	0	1	0	0
Nov 11	Sea													
Nov 17	Arz													
Nov 24	GB													
Dec 1	at Bal													
Dec 8	at NO													
Dec 15	Atl													
Dec 21	LAR													
Dec 29	at Sea													
<b>TOTALS</b>														
9/9 31 19 12 7.0 49.0 0 0 0 2 1 0														



## GOLDMINE (CONTINUED)

- In 2017, Armstead returned to his hometown of Sacramento to hold his Annual free youth football camp. The camp was held in Elk Grove, CA and sponsors made it possible for 200 scholarships to be offered to interested kids. The kids participated in both football and conditioning drills with the players and then were allowed to ask questions to discuss not only football, but school, healthy choices, and other topics. Armstead's goal was to provide campers with a unique experience on the football field, as well as insight into the hard work and dedication that are needed to make it to the NFL. "I want the kids to enjoy themselves while also coming away learning that they can do whatever they put their mind to," said Armstead. "I want to teach them the things that helped me get where I am now like the importance of education, work ethic, and faith."



- If Armstead wasn't in the NFL, he would be playing basketball. He was a three-year starter in basketball at Pleasant Grove High School in Sacramento and played two years at the University of Oregon before focusing solely on football for the 2014 season. He entered his high school senior season listed as the number three prospect in NorCalPrep.com's Top 40 rankings for the class of 2012. "A big part of the recruiting pitch from Oregon was they were going to let me play two sports. We only lost 5 games during my time there. I wanted to go somewhere with the chance to win and be a part of something special."
- In honor of the NFL's Crucial Catch campaign, the 49ers hosted a fashion show on Tuesday, October 17th, 2017, featuring breast cancer and pediatric cancer warriors in apparel donated by Levi's®. Armstead, along with his 49ers teammates, walked the runway with cancer warriors as they shared their stories of strength and courage with the audience.



- Armstead's brother, Armond, was forced to retire before ever playing a down in the NFL. After playing collegiately at USC, Armond became an All-Star for the Toronto Argonauts of the Canadian Football League, helping the team win the league's 100th Grey Cup. He went on to sign with the New England Patriots in 2013, but medical issues forced him to hang up his cleats. "The biggest thing he has told me through this process is, 'at the end of the day, it's just football.' Having a brother who played at this level makes everything less overwhelming."
- In December of 2016, Armstead partnered with his local church to spread holiday cheer. Armstead bought more than 100 toys at Target and gave them away to children at the UC Davis Medical Center.



- During Super Bowl 50's Media Day, Armstead joined Sacramento's ABC10 sports team as a reporter to learn what it is like to cover NFL players during one of the most hectic events of the year. Held at SAP Center in San Jose, Armstead interviewed former teammates, fans, media members and Miss Universe. "It's like a feeding frenzy - everyone running around, and being part of that frenzy was a unique experience," said Armstead during the event.
- For Armstead, the NFL Draft process was a whirlwind tour. He went straight from the National Championship Game to San Diego to prepare for the NFL Combine and then to Sacramento for the Draft itself. However, his favorite part of the process was being drafted by a team so close to his hometown. "It's a dream come true. I'm blessed to be in this situation. Not a lot of other people are that close to home. Being able to play home games in front of my family is perfect for me."
- In April of 2018, Armstead worked with Leataata Floyd Elementary and 916 Ink to host a trip to the Imaginarium, where the young students developed their artistic abilities, while learning how to be better at communicating. The event was in conjunction with Armstead's foundation, which focuses on assisting at-risk youth, particularly through the means of education.



## ARMSTEAD'S CAREER STATISTICS

YEAR	TEAM	GP	GS	TACKLES				INTERCEPTIONS				FUMBLES			
				TOT	SOL	AST	SACKS	INT	YDS	LG	TD	PD	FF	FR	YDS
2015	SF	16	1	19	13	6	2.0	0	12.0	—	0	0	0	0	0
2016	SF	8	4	21	11	10	2.5	0	4.5	—	0	0	1	0	0
2017	SF	6	6	16	8	8	1.5	0	8.5	—	0	1	0	0	0
2018	SF	16	16	48	33	15	3.0	0	19.0	—	0	0	0	0	0
2019	SF	9	9	31	19	12	7.0	0	49.0	—	0	0	2	1	0
<b>TOTALS</b>		<b>55</b>	<b>36</b>	<b>135</b>	<b>84</b>	<b>51</b>	<b>16.0</b>	<b>0</b>	<b>93.0</b>	<b>—</b>	<b>0</b>	<b>1</b>	<b>3</b>	<b>1</b>	<b>0</b>

### Milestones:

**NFL Debut:** vs. Min. (9/14/15); **First Start:** vs. St.L (1/3/16); **First Sack:** at Arz. (9/27/15 – QB Carson Palmer); **First FF:** at Buf. (10/16/16 – QB Tyrod Taylor); **First FR:** at LAR (10/13/19 – QB Jared Goff); **First Multi-Sack Game:** vs. Car. (10/27/19 – 2.0; QB Kyle Allen); **Multi-Sack Games:** 2, Last vs. Sea. (11/11/19 – 1.5; QB Russell Wilson)

## ARMSTEAD'S CAREER MULTI-SACK GAMES (2)

Date	Opp	Sacks	Yds	QB	Date	Opp	Sacks	Yds	QB
10/27/19	vs. Car.	2.0	11.0	Kyle Allen (2.0)	11/11/19	vs. Sea.	1.5	12.0	Russell Wilson (1.5)

## ARMSTEAD'S CAREER HIGHS

**Total Tackles:** 6 (2 times) Last at LAR (10/13/19)

**Solo:** 5 vs. LAR (10/21/18)

**Assists:** 4 (3 times) Last at LAC (9/30/18)

**Sacks:** 2.0 vs. Car. (10/27/19)

**Forced Fumbles:** 1 (3 times) Last vs. Sea. (11/11/19)

**Fumble Recoveries:** 1 at LAR (10/13/19)

**Passes Defensed:** 1 at Ind. (10/8/17)

## ARMSTEAD'S TRANSACTIONS

Originally a 1st-round (17th overall) draft choice by SF in 2015...Placed on the Injured Reserve List on 11/8/16...Placed on the Injured Reserve List on 10/17/17.



## 2018

- Started all 16 games and set single-season career highs in games started (16), tackles (48) and sacks (3.0).
- Sacked Chiefs QB Patrick Mahomes at KC (9/23) for his 1st sack of the season.
- Notched a career-high five solo tackles and brought down Rams QB Jared Goff for 1.0 sack vs. LAR (10/21).
- Brought down Cardinals QB Josh Rosen for a 9-yd. loss at Arz. (10/28), marking his 3rd sack of the season and 9th of his career. Registered at least 1.0 sack in consecutive games for the first time in his career.

## 2017

- Started all 6 games in which he appeared and registered 16 tackles, 1.5 sacks and 1 PD before being placed on the Injured Reserve List on 10/17.
- Brought down Seahawks QB Russell Wilson for an 8-yd. loss at Sea. (9/17).
- Along with LB Brock Coyle, shared a 1-yd. sack of Colts QB Jacoby Brissett at Ind. (10/8).

## 2016

- Appeared in 8 games (4 starts) and recorded 21 tackles, 2.5 sacks and 1 FF before being placed on the Injured Reserve List on 11/8.
- As a part of a 49ers defense that registered the 1st shutout on opening day in franchise history, recorded his 3rd career sack vs. LAR (9/12), taking down QB Case Keenum for a 4-yd. loss.
- Recorded 1.0 sack and the 1st FF of his career at Buf. (10/16), stripping the ball from Bills QB Tyrod Taylor.

## 2015

- Appeared in all 16 games (1 start) during his rookie season and totaled 19 tackles and 2.0 sacks.
- Registered 3 tackles and the 1st sack of his NFL career at Arz. (9/27), bringing down Cardinals QB Carson Palmer for a 4-yd. loss.
- Part of a defensive line unit that held the Falcons to 17 yds. rushing on 14 carries (1.2 avg.) vs. Atl. (11/8). This marked the 4th fewest rushing yds. allowed in a game by the 49ers since 2001.

## COLLEGE

Played in 39 games and totaled 87 tackles, 4.0 sacks, 10.0 TFLs, 2 FRs, 1 FF and 2 PDs in his career. As a junior, earned All-Pac 12 Honorable Mention honors where he played in 13 games and registered 46 tackles, 2.5 sacks, 5.5 TFLs, 2 FRs and 1 FF. In 2013, played in 13 games and notched 15 tackles, 1.0 sack, 2.5 TFLs and 2 PDs. As a freshman, played in 13 games and tallied 16 tackles, 0.5 sack and 2.0 TFLs.

## PERSONAL

- Majored in general social science.
- As a freshman at Oregon, joined the men's basketball team following the completion of the football season, redshirting for the program that claimed the Pac-12 Conference Tournament title and advanced to the Sweet 16 in the NCAA tournament.
- A two-way standout on the defensive and offensive lines at Pleasant Grove (Elk Grove, CA) HS, he participated in the U.S. Army All-American Game. As a senior, registered 42 tackles and 3.5 sacks.
- Armstead's father, Guss, played basketball at Sacramento State and his brother, Armond, played football at USC and spent a season with the New England Patriots before retiring from football in 2014.
- Born Arik Armstead (11/15/93) in Sacramento, CA.

## INJURY REPORT

**2016:** Placed on the Injured Reserve List on 11/8 with a shoulder injury.

**2017:** Placed on the Injured Reserve List on 10/17 with a hand injury.



## ARMSTEAD'S GAME-BY-GAME

### 2015

Date	Opp	W/L	P/S	Tot	Sol	Ast	Sk	Yds	Int	Yds	PD	FF	FR	Yds
Sep 14	Min	W	1/0	0	0	0	0.0	0.0	0	0	0	0	0	0
Sep 20	at Pit	L	1/0	0	0	0	0.0	0.0	0	0	0	0	0	0
Sep 27	at Arz	L	1/0	3	3	0	1.0	4.0	0	0	0	0	0	0
Oct 4	GB	L	1/0	2	1	1	0.0	0.0	0	0	0	0	0	0
Oct 11	at NYG	L	1/0	0	0	0	0.0	0.0	0	0	0	0	0	0
Oct 18	Bal	W	1/0	1	1	0	0.0	0.0	0	0	0	0	0	0
Oct 22	Sea	L	1/0	0	0	0	0.0	0.0	0	0	0	0	0	0
Nov 1	at StL	L	1/0	0	0	0	0.0	0.0	0	0	0	0	0	0
Nov 8	Atl	W	1/0	2	2	0	0.0	0.0	0	0	0	0	0	0
Nov 22	at Sea	L	1/0	5	2	3	0.0	0.0	0	0	0	0	0	0
Nov 29	Arz	L	1/0	0	0	0	0.0	0.0	0	0	0	0	0	0
Dec 6	at Chi	W	1/0	0	0	0	0.0	0.0	0	0	0	0	0	0
Dec 13	at Cle	L	1/0	1	1	0	1.0	8.0	0	0	0	0	0	0
Dec 20	Cin	L	1/0	2	0	2	0.0	0.0	0	0	0	0	0	0
Dec 27	at Det	L	1/0	2	2	0	0.0	0.0	0	0	0	0	0	0
Jan 3	StL	W	1/1	1	1	0	0.0	0.0	0	0	0	0	0	0
<b>TOTALS</b>			<b>16/1</b>	<b>19</b>	<b>13</b>	<b>6</b>	<b>2.0</b>	<b>12.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

### 2016

Date	Opp	W/L	P/S	Tot	Sol	Ast	Sk	Yds	Int	Yds	PD	FF	FR	Yds
Sep 12	LAR	W	1/0	1	1	0	1.0	4.0	0	0	0	0	0	0
Sep 18	at Car	L	1/0	2	1	1	0.0	0.0	0	0	0	0	0	0
Sep 25	at Sea	L	1/0	1	1	0	0.0	0.0	0	0	0	0	0	0
Oct 2	Dal	L	1/0	2	0	2	0.0	0.0	0	0	0	0	0	0
Oct 6	Arz	L	1/1	6	2	4	0.0	0.0	0	0	0	0	0	0
Oct 16	at Buf	L	1/1	3	3	0	1.0	0.0	0	0	0	1	0	0
Oct 23	TB	L	1/1	4	3	1	0.5	0.5	0	0	0	0	0	0
Nov 6	NO	L	1/1	2	0	2	0.0	0.0	0	0	0	0	0	0
<b>TOTALS</b>			<b>8/4</b>	<b>21</b>	<b>11</b>	<b>10</b>	<b>2.5</b>	<b>4.5</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>0</b>

PLACED ON INJURED RESERVE (Shoulder) ON 11/8

### 2017

Date	Opp	W/L	P/S	Tot	Sol	Ast	Sk	Yds	Int	Yds	PD	FF	FR	Yds
Sep 10	Car	L	1/1	3	3	0	0.0	0.0	0	0	0	0	0	0
Sep 17	at Sea	L	1/1	4	1	3	1.0	8.0	0	0	0	0	0	0
Sep 21	LAR	L	1/1	1	1	0	0.0	0.0	0	0	0	0	0	0
Oct 1	at Arz	L	1/1	0	0	0	0.0	0.0	0	0	0	0	0	0
Oct 8	at Ind	L	1/1	5	1	4	0.5	0.5	0	0	1	0	0	0
Oct 15	at Was	L	1/1	3	2	1	0.0	0.0	0	0	0	0	0	0
<b>PLACED ON INJURED RESERVE (Hand) ON 10/17</b>														
<b>TOTALS</b>			<b>6/6</b>	<b>16</b>	<b>8</b>	<b>8</b>	<b>1.5</b>	<b>8.5</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>

### 2018

Date	Opp	W/L	P/S	Tot	Sol	Ast	Sk	Yds	Int	Yds	PD	FF	FR	Yds
Sep 9	at Min	L	1/1	5	3	2	0.0	0.0	0	0	0	0	0	0
Sep 16	Det	W	1/1	3	3	0	0.0	0.0	0	0	0	0	0	0
Sep 23	at KC	L	1/1	2	2	0	1.0	1.0	0	0	0	0	0	0
Sep 30	at LAC	L	1/1	5	1	4	0.0	0.0	0	0	0	0	0	0
Oct 7	Arz	L	1/1	3	3	0	0.0	0.0	0	0	0	0	0	0
Oct 15	at GB	L	1/1	3	3	0	0.0	0.0	0	0	0	0	0	0
Oct 21	LAR	L	1/1	5	5	0	1.0	9.0	0	0	0	0	0	0
Oct 28	at Arz	L	1/1	3	2	1	1.0	9.0	0	0	0	0	0	0
Nov 1	Oak	W	1/1	2	2	0	0.0	0.0	0	0	0	0	0	0
Nov 12	NYG	L	1/1	2	2	0	0.0	0.0	0	0	0	0	0	0
Nov 25	at TB	L	1/1	1	1	0	0.0	0.0	0	0	0	0	0	0
Dec 2	at Sea	L	1/1	2	1	1	0.0	0.0	0	0	0	0	0	0
Dec 9	Den	W	1/1	4	3	1	0.0	0.0	0	0	0	0	0	0
Dec 16	Sea	W	1/1	5	2	3	0.0	0.0	0	0	0	0	0	0
Dec 23	Chi	L	1/1	1	0	1	0.0	0.0	0	0	0	0	0	0
Dec 30	at LAR	L	1/1	2	0	2	0.0	0.0	0	0	0	0	0	0
<b>TOTALS</b>			<b>16/16</b>	<b>48</b>	<b>33</b>	<b>15</b>	<b>3.0</b>	<b>19.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>