

## 2025 Football Roster



12

**Jaren Kanak**

**Position:** TE

**Class:** Senior

**Height:** 6-2

**Weight:** 233

**Hometown:** Hays, Kan.

**High School:** Hays HS

### Bio

#### AS TIGHT END

Seasons	G-GS	REC	YDS	AVG	TD	LONG
2025	13-13	44	533	12.1	0	48
<b>Career</b>	<b>13-13</b>	<b>44</b>	<b>533</b>	<b>12.1</b>	<b>0</b>	<b>48</b>

#### AS LINEBACKER

Seasons	GP-GS	UT	AT	TOTAL	TFL	SACKS	INT	FF	FR	PBU
2022	13-0	7	17	24	1.0-2	0.0-0	0	1	1-0	0
2023	13-9	27	35	62	6.0-19	2.0-7	0	1	0-0	2
2024	13-1	5	12	17	0.0-0	0.0-0	0	0	1-21	0
<b>Career</b>	<b>39-10</b>	<b>39</b>	<b>64</b>	<b>103</b>	<b>7.0-21</b>	<b>2.0-7</b>	<b>0</b>	<b>2</b>	<b>2-21</b>	<b>2</b>

#### 2025 (OKLAHOMA)

Earned All-SEC Third Team honors by the league's coaches ... started all 13 games at tight end ... totaled 44 receptions for 533 yards ... notched at least one reception in every game, at least three receptions in nine games and at least four receptions six times ... made four catches for 22 yards in the CFP First Round vs. Alabama (12/19) ... registered a career-high six catches for 54 yards vs. LSU (11/29) ... caught four passes for 62 yards vs. Auburn (9/20) ... recorded four receptions for 86 yards at Temple (9/13) ... tallied 69 receiving yards on five receptions vs. Michigan (9/6) ... registered five catches for a career-high 90 yards (long of 48) in the season opener vs. Illinois State (8/30).

## **2024 (OKLAHOMA)**

Named to SEC Fall Academic Honor Roll ... played in all 13 games and made one start ... played primarily as a backup linebacker and on special teams ... his start was at the "Cheetah" position vs. South Carolina (10/19) ... totaled 17 tackles ... logged a season-high five tackles vs. Maine (11/2) ... made three stops vs. South Carolina (10/19) ... tallied three tackles vs. Houston (9/7) ... registered two tackles and returned a fumble 21 yards for a touchdown on punt coverage in season opener vs. Temple (8/30).

## **2023 (OKLAHOMA)**

Played in all 13 games ... nine starts came in season's first nine games ... ranked fourth on team with 62 total tackles and tallied 6.0 tackles for loss, 2.0 sacks, a forced fumble, two pass breakups and five QB hurries ... notched five tackles (0.5 for loss) vs. TCU (11/24) ... recorded five tackles (1.5 TFLs) and a QB hurry vs. West Virginia (11/11) ... tallied six stops at Kansas (10/28) ... notched five tackles (1.0 TFL) and a career-high two QB hurries vs. UCF (10/21) ... led team with 13 tackles and recorded a sack vs. Texas (10/7) ... totaled seven tackles and a QB hurry at Cincinnati (9/23) ... registered five tackles (career-high 2.0 TFLs and 1.0 sack) and a forced fumble at Tulsa (9/16) ... finished with four tackles, a career-high two pass breakups and a QB hurry vs. SMU (9/9).

## **2022 (OKLAHOMA)**

Played in all 13 games, primarily on special teams and in a backup role at linebacker ... totaled 24 tackles, one tackle for loss, two QB hurries, a forced fumble and a fumble recovery ... made two tackles (0.5 TFL) vs. Baylor (11/5) ... made two solo stops vs. Kansas (10/15) ... led team with career-high 10 tackles, forced and recovered a fumble and recorded a QB hurry at Nebraska (9/17) ... notched three tackles (0.5 TFL) vs. Kent State (9/10) ... tallied four stops and a QB hurry in collegiate debut vs. UTEP (9/3).

## **HIGH SCHOOL**

Consensus four-star prospect and the consensus No. 1-ranked recruit in the state of Kansas ... ranked as nation's No. 107 overall player by 247Sports and No. 121 by On3 ... rated by On3 as nation's No. 10 linebacker ... regarded as country's No. 5 athlete by 247Sports and No. 22 outside linebacker by Rivals ... played quarterback and linebacker in 2021 ... set single-season school records for rushing yards (1,615) and scoring (142 points) his senior season ... averaged 10.2 yards per carry (23 rushing touchdowns) and threw for 910 yards and 12 TDs as a senior ... helped Hays High School to program records of 5,608 total yards, 3,603 rushing yards and 428 points in 2021 ... finished third all-time in school history in rushing yards (2,072) and scoring (216 points) ... 60-yard touchdown run vs. Maize High School in 5A quarterfinals was MaxPrep's No. 1 national high school play of 2021 ... completed a 98-yard pass as a senior to set the school record for longest play ... voted 2021 Western Athletic Conference Offensive Player of the Year ... earned 2021 Brook Berringer Award as 11-Man Player of the Year in western Kansas ... named to the 2021 Kansas Football Coaches Association All-Senior 5A All-State & Super 11 teams ... named to the Sports in Kansas Top 11 All-Classes Team ... led 2021 squad to 8-3 record and 5A quarterfinals ... played primarily as a wide receiver on offense prior to his senior season and finished with 673 receiving yards and eight touchdowns in eight games as a junior ... also returned punts and kickoffs ... competed in track and field at Hays (100, 200 and 400 meters and long jump) ... ran a 10.37 in the 100 meters at 2021 conference championships (sixth-fastest time in state history) ... posted personal bests of 22.06 in the 200 meters and 51.90 in the 400 meters ... chose the Sooners over Alabama, Clemson, Michigan and others.

## **PERSONAL**

Enrolled at OU in January 2022 ... graduated from OU in summer 2025 with a degree in communication ... name pronounced JAIR-in CAN-ick.