

2025 Football Roster



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Pat Coogan**Position:** OL**Ht./Wt.:** 6-5 / 311**Year:** Redshirt Senior**Hometown:** Palos Heights, Ill.**High School:** Marist**Prev School:** Notre Dame

Bio

Career Notes & Records

Earned undergraduate degree in American studies from Notre Dame ... Appeared in 46 career games with 42 starts ... Played in 30 games with 26 starts over four seasons at Notre Dame (2021-24) ... Collegiate debut came at Boston College (11/19) in 2022 ... First collegiate start came against Navy (8/26) in 2023 season opener in Dublin, Ireland ... Helped Notre Dame to the College Football Playoff National Championship Game 2024.

2025 (Redshirt-Senior Season)

Season: Started all 16 games at center ... Part of an offensive line unit that paved the way for four-straight 300-yard rushing efforts to start the season - a program-record streak and longest Power 4 stretch since Baylor in 2017 ... Six 300-yard rushing games are the most in a single season in Indiana history ... Helped IU post multiple rushing touchdowns in 12 of 16 games in 2025.

Awards: Earned Rose Bowl Game Offensive MVP honors ... First offensive lineman to earn Rose Bowl Game MVP since Norm Verry (G) or USC in 1944 ... Tabbed second-team All-Big Ten by the conference media panel and third-team All-Big Ten by the coaches ... Part of an offensive line that earned Joe Moore Award finalist recognition.

Old Dominion (8/30): Blocked for 502 yards of total offense with 309 on the ground ... The 309 rushing yards were the most in a season opener since 2014 (455, Indiana State) and the most against an FBS opponent since 2016 (414, Maryland) ... Paved the way for Roman Hemby's first 100-yard rushing game as a Hoosier and eighth of his career.

Kennesaw State (9/6): Paved the way for 593 yards of total offense and eight total touchdowns ... Protected Fernando Mendoza to the tune of 245 yards passing and four touchdown throws ... Helped IU post its second-straight 300-plus yard rushing effort with 313 yards on the ground. **Indiana State (9/12):** Helped pave the way for Khobie Martin's first-career 100-yard rushing game - all coming in the second half ... Part of an offensive line unit that paved the way for 301 yards rushing and three rushing scores.

Illinois (9/20): Part of a unit that helped the offensive pile up 579 yards of total offense, which included 312 yards rushing ... The rushing effort marked a program-record four-straight games with at least 300 yards rushing ... Part of Khobie Martin's second-straight 100-yard rushing effort. **at Iowa (9/27):** Protected Fernando Mendoza to the tune of 233 yards passing and two touchdowns ... Had one tackle. **at Oregon (10/11):** Helped the offense gain 326 yards of total offense with two rushing touchdowns and one passing score ... Cleared the way for two Roman Hemby rushing scores ... Protected Fernando Mendoza for 215 yards passing and just one sack in the game. **Michigan State (10/18):** Kept a clean pocket with no sacks allowed ... Protected Fernando Mendoza to the tune of 24-of-28 passing (.857) and his first 300-yard passing game as a Hoosier (332) ... Helped the rushing attack gain 132 yards with one rushing score. **UCLA (10/25):** Helped Indiana not allow a sack for the second-straight Big Ten game, the second-straight season with back-to-back clean pockets and just the third since a five-game stretch in 2001 ... IU gained 475 yards of total offense (262 rushing, 213 passing) with four rushing touchdowns and three passing scores. **at Maryland (11/1):** Helped Indiana gain 588 yards of total offense - the ninth-most in a Big Ten game in program history ... Paved the way for 367 yards rushing to mark the program-record fifth 300-yard rushing games of the season ... Helped Kaelon Black earn his first 100-yard rushing game as a Hoosier with 110 yards. **at Penn State (11/8):** Made first collegiate start ... Paved the way for 108 yards rushing and two scores ... Part of Indiana's first game-winning touchdown drive with 2:00 or less remaining in regulation since 1998. **Wisconsin (11/15):** Protected Fernando Mendoza to the tune of 299 yards passing and four touchdown passes. **at Purdue (11/28):** Part of an offensive that gained 548 yards and eight total scoring drives in the game ... Blocked for 355 yards rushing and five scores on the ground ... Opened the lane for Roman Hemby's Old Oaken Bucket Game record 82-yard rushing score. **vs. Ohio State (12/6):** Part of an offensive line that produced just the most yards of total offense allowed by Ohio State (340) and just the second game of 300-plus yards of total offense this season. **vs. Alabama (1/1):** Helped pave the way for 215 yards rushing and two scores on the ground ... Protected Fernando Mendoza to the tune of 14-of-16 passing and three touchdown passes. **vs. Oregon (1/9):** Part of an offensive line that piled up 185 yards rushing and protected Fernando Mendoza to the tune of 17-of-20 passing for 177 yards and five touchdowns. **vs. Miami (Fla.) (1/20):** Helped the offense gain 317 yards of total offense ... Blocked for 131 yards rushing and two touchdowns.

2024 (Junior Season - Notre Dame)

Season: Appeared in all 16 games with 13 starts at center ... Started the final 13 games of the season after an injury to Ashton Craig versus Purdue (9/14) in Week 3 ... Guided Notre Dame to the College Football Playoff National Championship Game ... Helped pave the way for 1,000-yard rusher Jeremiyah Love (1,125 yards; 17 TDs) and quarterback Riley Leonard (906 yards; 17 TDs) as the first Notre Dame duo with 15-plus rushing touchdowns in the same season ... Paved the way for eight 100-yard rushing games.

at Texas A&M (8/31): Helped the offense gain 356 yards of total offense ... Gained 198 yards rushing with two rushing scores. **at Purdue (9/14):** Totaled 578 yards of total offense with eight offensive touchdowns scored ... Notre Dame rushed for 362 yards ... Four different players scored rushing touchdowns to mark its most since 2000 at UCS ... Paved the way for six rushing touchdowns ... Helped Riley Leonard rush for 100 yards and three touchdowns ... Jeremiyah Love carried 10 times for 109 yards and one score.

Miami (Ohio) (9/21): Helped the offense gain 428 yards of total offense ... Ran for 270 yards and three touchdowns ... Leonard topped the 100-yard rushing mark with 143 yards and two touchdowns. **Louisville (9/28):** Helped Leonard throw for 229 yards and three touchdowns and added one rushing score. **Stanford (10/12):** Paved the way for 477 yards of total offense with 229 yards on the ground ... Offense scored seven total touchdowns (4 rushing, 3 passing). **at Georgia Tech (10/19):** All three touchdowns came on the ground. **at Navy (10/26):** Scored six touchdowns (4 rushing, 2 passing) and gained 466 yards of total offense ... Helped Jeremiyah Love gain 102 yards with two touchdowns on the ground. **Florida State (11/9):** Posted six total touchdowns (4 rushing, 2 passing) with 453 yards of total offense. **Virginia (11/16):** Paved the way for 137 yards and two touchdowns for Love ... Leonard threw for three touchdowns as part of a 214-yard passing effort. **Army (11/23):** Piled up seven touchdowns (5 rushing, 2 passing) and 462 yards of total offense ... Helped Love to back-to-back 100-yard rushing efforts with 130 yards and two rushing scores ... Love added a receiving score in the game, as well. **at USC (11/30):** Threw for two touchdowns and rushed for three scores with 436 yards of total offense ... Blocked for Jadarian Price's 111 yards rushing and one touchdown. **Indiana (12/20):** Gained 394 yards of total offense ... Love rushed for 108 yards and one touchdown, with bulk of the yardage coming on his 98-yard rushing score. **vs. Penn State (1/9):** Totaled 384 yards of total offense ... Scored twice on the ground and added one passing touchdown. **vs. Ohio State (1/20):** Protected Leonard to the tune of 255 yards passing and two touchdowns.

2023 (Sophomore Season - Notre Dame)

Season: Started all 13 games at left guard ... Helped the Notre Dame offense finish No. 7 in program history in total offense (5,619 yards) and No. 2 in point per game (39.1) in a single season ... Paved the way for seven 100-yard rushing games ... Blocked for Audric Estime's 1,341 yards rushing and program-record 18 rushing touchdowns.

vs. Navy (8/26): Helped the offense gain 444 yards of total offense ... Helped Sam Hartman throw for 251 yards and four touchdowns in his Notre Dame debut. **Tennessee State (9/2):** Paved the way for 557 yards of total offense and seven total touchdowns (4 passing, 3 rushing) ... Blocked for 116 yards rushing for Audric Estime with one touchdown ... Protected Hartman for two touchdown passes and rushing score. **at NC State (9/9):** Helped the offense total six touchdowns (4 passing, 2 rushing) ... Hartman threw for 286 yards and four touchdowns ... Helped Estime gain 134 yards with two touchdowns on the ground. **Central Michigan (9/16):** Guided the offense to 578 yards of total offense ... Protected Hartman to the tune of 330 yards passing and three touchdowns ... Hartman added a rushing score ... Estime posted third-straight 100-yard rushing game with 176 yards and one touchdown. **at Louisville (10/7):** Protected Hartman for 254 yards passing and two touchdown tosses. **Pittsburgh (10/28):** Paved the way for

four rushing touchdowns and 535 yards of total offense ... Blocked for a 114-yard, three-touchdown effort on the ground for Estime. **Wake Forest (11/18):** Boasted 450 yards of total offense with six total touchdowns ... Hartman threw for 313 yards and five touchdowns ... Estime posted 115 yards rushing and one score. **at Stanford (11/25):** Piled up 521 yards of total offense with seven touchdowns ... Five of seven scores came on the ground ... Rushed for 381 yards in the game ... Estime carried 25 times for 238 yards and four touchdowns ... Hartman threw for 140 yards and two scores. **vs. Oregon State (12/29):** Balanced offense rushed for 236 yards and threw for 232 yards ... Totaled five touchdowns (3 passing, 2 rushing) ... Protected Steve Angeli for 15-of-19 passing and 232 yards with three touchdown tosses ... Jadarian Price ran for 106 yards and one score.

2022 (Redshirt Freshman Season - Notre Dame)

Season: Appeared on one game ... Made collegiate debut at Boston College (11/19).

at Boston College (1/19): Made collegiate debut on offense.

2021 (Freshman Season - Notre Dame)

Season: Did not appear in a game and redshirted initial collegiate season.

Prep/Personal

Offensive lineman for head coach Ron Dawczak at Marist High School ... Consensus three-star prospect per ESPN, 247Sports and Rivals ... Rated as a top-75 offensive guard nationally by ESPN (No. 73), 247Sports (No. 39) and Rivals (No. 36) ... Tabbed a top-25 prospect in Illinois by ESPN (No. 21), 247Sports (No. 15) and Rivals (No. 6) ... Helped MHS advance to the Illinois High School Association Class 8A state semifinals as a junior ... Part of the offensive line that helped Marist gain 169.5 rushing yards per game with 24 rushing touchdowns as a junior ... Son of Mary Beth and Michael Coogan ... Has three siblings: Megan, Brigid and Michael.