



TENNESSEE TITANS

PRESS RELEASE

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TITANS-SEAHAWKS SUPPLEMENTAL NOTES

INTERCONFERENCE CLASHES: The Titans enter this week's game hoping to improve their 2023 record against NFC opponents to 3-2. They won previous contests against the Atlanta Falcons (Oct. 29) and Carolina Panthers (Nov. 26) and lost at the New Orleans Saints (Sept. 10) and Tampa Bay Buccaneers (Nov. 12). Having finished their games with the NFC South, this week's matchup with the NFC West's Seattle Seahawks is a result of each club's second-place divisional finish during the 2022 season.

Since **Mike Vrabel** arrived in Tennessee in 2018, he has guided the Titans to a 17-9 record against NFC foes. Their .654 interconference winning percentage ranks fourth in the NFL behind the Baltimore Ravens (.808), Kansas City Chiefs (.778) and Buffalo Bills (.741).

In the same stretch, the Seahawks rank fourth in the NFC and ninth in the NFL with a .600 interconference winning percentage (15-10).

Best interconference records from 2018 to 2023:

Team	Wins	Losses	Ties	Win %
1. Baltimore Ravens	21	5	0	.808
2. Kansas City Chiefs	21	6	0	.778
3. Buffalo Bills	20	7	0	.741
4. Tennessee Titans	17	9	0	.654
5. Pittsburgh Steelers	16	9	1	.635
6. New Orleans Saints	17	10	0	.630
Green Bay Packers	17	10	0	.630
8. Philadelphia Eagles	16	10	1	.611
9. Seattle Seahawks	15	10	0	.600
10. San Francisco 49ers	15	11	0	.577

THE 2022 TIGHT END CLASS: In his second NFL season, Titans tight end **Chig Okonkwo** ranks second on the team behind **DeAndre Hopkins** with 43 receptions and 395 receiving yards.

Okonkwo was selected by the Titans in the fourth round of the 2022 NFL Draft with the 143rd overall pick. Among the 19 tight ends in his draft class, the former Maryland Terrapin ranks second with 845 career receiving yards and fourth with 75 receptions, and he is tied for second with 40 receiving first downs.

Most receiving yards by a member of the 2022 tight end draft class:

Player	Team	Round	Overall	Receptions	Yards	Avg	Lg	TD	Rec 1st Downs
1. Trey McBride	Arizona Cardinals	2	55	95	977	10.3	38	3	49
2. Chig Okonkwo	Tennessee Titans	4	143	75	845	11.3	48	3	40
3. Cade Otton	Tampa Bay Buccaneers	4	106	84	799	9.5	35	6	38
4. Jake Ferguson	Dallas Cowboys	4	129	76	788	10.4	40	7	40
5. Isaiah Likely	Baltimore Ravens	4	139	59	655	11.1	54	5	28
6. Daniel Bellinger	New York Giants	4	112	47	441	9.4	26	2	18
7. Greg Dulcich	Denver Broncos	3	80	36	436	12.1	39	2	20
8. Connor Heyward	Pittsburgh Steelers	6	208	33	314	9.5	45	1	13
9. Jelani Woods	Indianapolis Colts	3	73	25	312	12.5	36	3	16
10. Jeremy Ruckert	New York Jets	3	101	17	159	9.4	23	0	6

Okonkwo is averaging 11.3 yards per reception to begin his career. That not only leads all qualifying tight ends in his draft class but also ranks seventh among all NFL tight ends since the beginning of the 2022 campaign.

Best receiving average among all NFL tight ends from 2022 to 2023:

Player	Team	Receptions	Yards	Avg
1. George Kittle	San Francisco 49ers	115	1,630	14.2
2. Kyle Pitts	Atlanta Falcons	75	942	12.6
3. Darren Waller	New York Giants	68	812	11.9
4. Mark Andrews	Baltimore Ravens	118	1,391	11.8
5. Dallas Goedert	Philadelphia Eagles	101	1,172	11.6
Travis Kelce	Kansas City Chiefs	195	2,262	11.6
7. Chig Okonkwo	Tennessee Titans	75	845	11.3
8. Hunter Henry	New England Patriots	83	928	11.2
9. Jonnu Smith	Atlanta Falcons	70	766	10.9
Noah Fant	Seattle Seahawks	77	841	10.9
Juwan Johnson	New Orleans Saints	64	698	10.9

AUTRY LEADING SACK SURGE: Highlighted by **Denico Autry's** two sacks last week, the Titans defense totaled four sacks against the Texans. The performance gave the defense a total of 41 sacks in 2023, which puts them in a tie for eighth place in the NFL with three games remaining.

In the past four contests, the Titans have been especially effective in bringing down opposing quarterbacks. Since Week 12, when they defeated the Carolina Panthers, the Titans have totaled 16 sacks to tie the San Francisco 49ers and Indianapolis Colts for the third-highest number in the NFL. Only the Miami Dolphins (17) and Denver Broncos (17) have more during the same span.

Most sacks as a team from Week 12 to Week 15:

Team	Sacks
1. Miami Dolphins	17
Denver Broncos	17
3. Tennessee Titans	16
San Francisco 49ers	16
Indianapolis Colts	16
6. Houston Texans	14
7. New York Jets	13
8. Minnesota Vikings	12
New Orleans Saints	12
Cincinnati Bengals	12

Autry, who increased his season total to 11 sacks, also leads the Titans with five sacks over the past four weeks. His recent performance is tied with Chicago's **Montez Sweat** for fourth in the league and just a half sack behind the three leaders, who are tied with 5.5 sacks: Cincinnati's **Trey Hendrickson**, Indianapolis' **Samson Ebukam** and Houston's **Jonathan Greenard**.

Most individual sacks from Week 12 to Week 15:

Player	Team	Sacks
1. Trey Hendrickson	Cincinnati Bengals	5.5
Samson Ebukam	Indianapolis Colts	5.5
Jonathan Greenard	Houston Texans	5.5
4. Denico Autry	Tennessee Titans	5.0
Montez Sweat	Chicago Bears	5.0
6. T.J. Watt	Pittsburgh Steelers	4.5
Nick Bosa	San Francisco 49ers	4.5
8. Khalil Mack	Los Angeles Chargers	4.0
Josh Allen	Jacksonville Jaguars	4.0
10. (nine tied, including Harold Landry III)		3.5

Autry can accomplish the following this week:

- With one more sack, he would own the organization's 10th individual season with 12 or more sacks since individual sacks became an official statistic in 1982. He would register the franchise's sixth individual 12-sack season in its "Titans era" (1999–present), joining **Jevon Kearse** (14.5 in 1999), **Jason Babin** (12.5 in 2010), **Kyle Vanden Bosch** (12.5 in 2005; 12 in 2007) and **Harold Landry III** (12 in 2021).
- A two-sack performance would give him back-to-back games with two sacks for the second time in his career (2018).
- A two-sack performance also would give him 13 sacks in 2023, which would be second only to **Jevon Kearse** (14.5 in 1999) for the most single-season sacks for the franchise in its "Titans era" (1999–present).

TEAM SACK PACE: In addition to **Denico Autry's** career-high 11 sacks, outside linebacker **Harold Landry III** has 8.5 sacks this season and is approaching a double-digit total for possibly the second time in his career (12 in 2021). Defensive tackle **Jeffery Simmons** (5.5) and outside linebacker **Arden Key** (five) together account for 10.5 more of the team's 41 total sacks.

As a whole, the defense is on pace to finish with one of its best sack totals in the franchise's "Titans era," which began in 1999. Through the first 14 games of a season, its 41 sacks are the third most in that span and the most since 2000, when the squad had 49 sacks through 14 games.

Most sacks by the Titans defense over the first 14 games of a season, 1999 to 2023:

Season	Sacks in 14 Games	Season Total*
1. 2000	49	55
2. 1999	48	54
3. 2023	41	-
4. 2017	40	43
5. 2010	38	40
2008	38	44
7. 2015	37	39
8. 2019	36	43
2018	36	39
2022	36	39

* 17-game schedule era began in 2021

TITANS AND SEAHAWKS AMONG TOP LATE-SEASON RUSHING TEAMS SINCE 2018: On Sunday, the Titans will play in their 30th regular season game in the months of December and January since head coach **Mike Vrabel's** first season in 2018. In those months, the Titans have fielded one of the league's top rushing attacks, as has their Week 16 opponent, the Seattle Seahawks, who are led by head coach **Pete Carroll**.

The Titans and Seahawks are two of the top three teams in the NFL in both rushing yards per December/January game and yards per rush in those games over the past six seasons. The Titans have rushed for 153.2 yards per contest to rank second in the NFL behind the Baltimore Ravens (189.5), while Seattle's 147.5 rushing yards per game rank third. Meanwhile, the Seahawks (5.1) and Titans (5.0) rank second and third, respectively, in yards per rushing attempt, trailing only the Ravens (5.4).

Most team rushing yards per December/January game since 2018:

Team	Rushing Yards Per Game
1. Baltimore Ravens	189.5
2. Tennessee Titans	153.2
3. Seattle Seahawks	147.5
4. Buffalo Bills	137.9
5. San Francisco 49ers	132.0

Most team rushing yards per attempt in December/January games since 2018:

Team	Rushing Yards Per Attempt
1. Baltimore Ravens	5.4
2. Seattle Seahawks	5.1
3. Tennessee Titans	5.0
4. New York Giants	4.9
5. San Francisco 49ers	4.8
Green Bay Packers	4.8

Individually in December/January games since 2018, Titans running back **Derrick Henry** leads all NFL players with 117.2 rushing yards per game (2,579 yards) and 26 rushing touchdowns. His 5.5-yard rushing average is the best among players with a minimum 325 attempts.

Most rushing yards per December/January game, 2018–2023 (minimum 13 games):

Player	Rush Yards/Game
1. Derrick Henry	117.2
2. Chris Carson	84.6
3. Joe Mixon	78.0
4. Saquon Barkley	77.1
5. Christian McCaffrey	77.0

Most rushing touchdowns in December/January, 2018–2023:

Player	Rushing TDs
1. Derrick Henry	26
2. Alvin Kamara	20
3. David Montgomery	15
4. Josh Allen	14
Austin Ekeler	14
Joe Mixon	14

Best rushing average in December/January, 2018–2023 (minimum 325 attempts):

Player	Yards per Attempt
1. Derrick Henry	5.5
2. Nick Chubb	4.8
3. Saquon Barkley	4.7
4. Dalvin Cook	4.5
5. Alvin Kamara	4.4

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