



TITANS 2025 DRAFTEE QUESTIONNAIRE



TE GUNNAR HELM (4TH ROUND, 120TH OVERALL)

PERSONAL INFORMATION

Full name: Gunnar Blake Helm

Position: TE

Height: 6-2

Weight: 206

Date of Birth: 9/6/2022

Birthplace: Greenwood Village, Colorado

Marital status: Single

Name of spouse/fiancée (if applicable):

Children's names and ages (if applicable):

Names of parents: Blake and Patti Helm

Number of brothers & sisters: Three sisters: Madison, Morgan and Emerson

Agent's name: Jack Bechta

X: gunnar_helm

Instagram: gunnarbhelm

COLLEGE

College(s) attended: University of Texas

College major: Corporate Communications

Redshirt season(s): None

Degree earned (yes or no): Yes

Month & year of graduation (if applicable): December 2024

College jersey number: 85

Significance of jersey number: Was given to him, had plenty of chances to change it but stuck with 85 to make it famous at Texas

HIGH SCHOOL

High school (city, state): Cherry Creek (Greenwood Village, CO)

Mascot: Bruins

Year of graduation: 2021

Other sports played in high school: Basketball and Lacrosse

OFF THE FIELD

Familiarity with fellow Titans draft picks or veteran Titans players: T'Vondre Sweat (college teammates)

Superstitions or pregame rituals: Drinks one and a half cups of coffee and listens to "Joker and the Thief" by Wolfmother before every game

Outside of football and your family, what is something you're passionate about? Loves playing golf, started playing at 8 years old.

Biggest challenge overcome in your life and/or football career: Playing behind a great player in Ja'Tavion Sanders at Texas and waiting his turn to be a starter in college.

Football role model: Texas tight ends coach Jeff Banks

Hidden talent: Can ice skate really well. Played a lot of pond hockey growing up.

Personal connections or past experiences in Nashville: Trained in Nashville at Lipscomb Academy

Do you have any pets? Has a dog named Daryl.

Movie you can always re-watch: Miracle and Step Brothers

Top three artists you'd have on your festival lineup: Treaty Oak Revival, George Strait, Morgan Wallen

Celebrity you would most like to meet: Luke Combs, Morgan Wallen