



2025 Junior Cheerleaders FAQs

Junior Cheerleaders Eligibility Requirements:

Must be between the ages of 7 to 11 on or before Tuesday, December 2

Event Timeline:

Wednesday, October 8- Refund Deadline

Sunday, October 12 – Registration Closes at 11:59 p.m.

Wednesday, November 19 – Choreography Video Sent to Registrants

Tuesday, December 2 – Optional Practice @ Houston Methodist Training Center

Saturday, December 13 – Mandatory Rehearsal @ NRG Stadium

Sunday, December 14 – Pregame performance at the Texans vs. Cardinals game, 12:00 p.m. CT kickoff

Performance Attire:

2025 Junior Cheerleaders uniform, hair bow and poms

Wear dance friendly shoes (tennis shoes recommended)

Required Items:

Completed 2025 Junior Cheerleaders registration and release form

What is the cost of Junior Cheerleaders?

Registration rate is \$250 per Junior Cheerleader

What is included for my Junior Cheerleader when registering?

Official 2025 Junior Cheerleaders uniform, hair bow and poms

Opportunity to perform with Houston Texans Cheerleaders on the field of NRG Stadium

Exclusive T-shirt to wear during rehearsal

Rehearsals with Houston Texans Cheerleaders

Meal voucher to use on gameday post-performance

10% discount to the Houston Texans Team Shop on the night of rehearsal

When will I be able to pick up my Junior Cheerleader's uniform, t-shirt, hair bow and poms?

You may pick up your Junior Cheerleader's gear at the mandatory practice.