



# PLAY:60

During the game on 1/2, the Baltimore Ravens will recognize students from area schools for their stellar participation in the Ravens' PLAY 60 Challenge. Throughout the school year, students were encouraged to track their minutes of exercise, with the goal of at least 60 minutes a day.



*TE Nick Boyle and S Chuck Clark participating in a PLAY 60 assembly (2019).*

Schools with the most physical activity minutes logged in each participating county will earn an assembly for their students. Top students also have the opportunity to win game tickets, personalized memorabilia and an invitation to the Ravens' annual PLAY 60 Spring Reward Luncheon.

Since 2007, the NFL has committed more than \$352 million to youth health and fitness through PLAY 60 programming, grants and awareness campaigns.



**COACH JERRY**  
American Heart Association®



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The NFL has partnered with the American Heart Association to create a series of "Totally Terrific" videos and activities, encouraging children and families to make healthy choices and play for at least 60 minutes a day.

[Click Here](#) to download Coach Terry's NFL PLAY 60 Playbook

