



PLAY:60

ALL-ABILITIES CLINIC

On Sept. 9, the Baltimore Ravens hosted their fifth-annual PLAY 60 All-Abilities Football Clinic with participants from Special Olympics Maryland (SOMD) to help kick off the year-round efforts of the NFL PLAY 60 campaign. Held at the Under Armour Performance Center, approximately 60 athletes from SOMD went through football drills and activities under the instruction of USA Football master trainer Tom LaNeve. Ravens players **C/G Trystan Colon** and **FB/TE Ben Mason** were also in attendance.

The football clinic is part of the Ravens' overall PLAY 60 campaign, which includes the PLAY 60 Challenge, PLAY 60 Ravens game and PLAY 60 field days. The program is designed to encourage individuals to be active for at least 60 minutes per day in order to help reverse the trend of childhood obesity. In 2021, the Ravens PLAY 60 messaging reached nearly 200,000 youth in three counties throughout greater Baltimore.

Annually, the team also hosts SOMD athletes at home football games and training camp practices and supports the organization's annual Polar Bear Plunge fundraising efforts.

