



# OUR TEAM. OUR COMMUNITY.



In August, the Baltimore Ravens welcomed over 90 female high school student-athletes to participate in their annual LIFT (Leading and Inspiring Females to Thrive) conference. The modified program, executed in partnership with STRIVE, a national youth development nonprofit, consisted of three virtual modules designed to enhance leadership on and off the field. Student-athletes also enjoyed a welcome message from Head Coach John Harbaugh and completed an instructional fitness video. Participants focused on content related to energy, motivation, culture and gratitude. Upon completion, student-athletes received a Ravens flag and certificate of achievement.

## Purple Rising

Purple Rising is a program designed to celebrate female student-athletes in Maryland in conjunction with the Ravens RISE program. Ahead of the Ravens RISE High School Football Showdown between the Mount Hebron Vikings and the Long Reach Lightning, **S Ar'Darius Washington** visited the girls' varsity volleyball game to present the game ball and greet players.



After a brief hiatus in 2020, A Purple Evening returned to M&T Bank Stadium this past September. The highly anticipated event re-emerged with new activities and attractions, as well as fan-favorites such as photo-ops and locker room tours. Designed for female members of the Ravens Flock, the evening featured on-field activities, various giveaways and player-led versions of classic games such as Pictionary and "Don't Laugh."