



Oakland Raiders Transcript

Tennessee Titans Head Coach Mike Vrabel

Q: What has been behind the success of your running game and Derrick Henry in particular?

Coach Vrabel: "Just trying to get everybody on the same page and then finish and try to find the scheme that works each and every week for us. I think that sometimes it's been okay, sometimes it can be better."

Q: Particularly in the last three weeks, what has Henry done to be so effective?

Coach Vrabel: "Well, we blocked well and he's run hard and try to get him to the second level."

Q: With Henry and Josh Jacobs on the Raiders, what's it do for an offense to have that steady four yards whenever you need it?

Coach Vrabel: "I really liked Josh coming out. I think he's very dynamic, he's got great vision, great quickness. He's able to run hard and it's going to be a great challenge for us to stop the run. They commit to running it almost 28 times a game and they got a big, strong, physical line that seems to have embraced that challenge. They've run it 10 more times than us. I told our team, 'if you think we run it, they run it 10 more times than we have.'"

Q: Has there been a common denominator in the last five out of six games that you've won? Or is it just an overall improvement?

Coach Vrabel: "I think that's just the goal that we try to improve during the course of the season, try to be a better team at the end than you were at the beginning. Just trying to execute the keys each and every week and see if our guys can be prepared enough to go out and win. But those aren't going to help us this week. No matter what we did in those last however many games, every week is a new week in the league. New challenge."

Q: The Raiders are coming off two tough road games, do you expect to get the Raiders' best at home?

Coach Vrabel: "I think every week you are going to get everybody's best and that's just kind of how it goes in this league. We're focused on this week. We're focused on a team that's 4-1 at the Oakland Coliseum, a defense that gives up 20 points a game at the Oakland Coliseum, an offense that averages 360 yards at the Oakland Coliseum and a team that's plus-four in turnover margin at home, so we're very well aware of the success that they've had."

Q: Why did you make that switch to Ryan Tannehill and what has he brought to your team since he's been the quarterback?

Coach Vrabel: "I make every decision with the team's best interest in mind and no different in that situation. Ryan is just trying to lead our team and be decisive with the football and get us in and out of the correct play."

Q: As a former player and now coach, could you tell when a change of scenery was a benefit for a guy and have you seen that at all with Tannehill?

Coach Vrabel: "I don't know what his scenery looked like in Miami. So, all I can comment on is the time that he's been here, he's come in and tried to be a good teammate, tried to learn the system, tried to be prepared and take advantage of his opportunities."