



NEWS RELEASE

August 31, 2015

Seahawks End the Preseason with the Raiders for the 10th Consecutive Year



Seahawks vs. Raiders
Thursday, September 3
7:00 p.m. (PT), Q13 FOX
CenturyLink Field



2015 SCHEDULE

Preseason (1-2)

Day	Date	Opponent	Time (PT)	TV
Fri.	8/14	Denver	L	22-20
Fri.	8/21	at Kansas City	L	14-13
Sat.	8/29	at San Diego	W	16-15
Thu.	9/3	Oakland	7:00 p.m.	Q13

Regular Season

Day	Date	Opponent	Time (PT)	TV
Sun.	9/13	at St. Louis	10:00 a.m.	FOX
Sun.	9/20	at Green Bay	5:30 p.m.	NBC
Sun.	9/27	Chicago	1:25 p.m.	CBS
Mon.	10/5	Detroit	5:30 p.m.	ESPN
Sun.	10/11	at Cincinnati	10:00 a.m.	FOX
Sun.	10/18	Carolina*	1:05 p.m.	FOX
Thu.	10/22	at San Francisco*	5:25 p.m.	CBS
Sun.	11/1	at Dallas*	1:25 p.m.	FOX
Sun.	11/8	Bye Week		
Sun.	11/15	Arizona*	5:30 p.m.	NBC
Sun.	11/22	San Francisco*	1:25 p.m.	FOX
Sun.	11/29	Pittsburgh*	1:25 p.m.	CBS
Sun.	12/6	at Minnesota	10:00 a.m.	FOX
Sun.	12/13	at Baltimore*	5:30 p.m.	NBC
Sun.	12/20	Cleveland*	1:05 p.m.	FOX
Sun.	12/27	St. Louis*	1:25 p.m.	FOX
Sun.	1/3	at Arizona*	1:25 p.m.	FOX

*Game time subject to NFL Flexible Scheduling

TABLE OF CONTENTS

Page	Note
2	False Starts, Record in last 56 games,
2	Home Record since 2002, Sell out streak
3-4	Russell Wilson
5-6	Marshawn Lynch, Team rush yds. since 2011
6	Richard Sherman
7	Jimmy Graham, Home notes
8	Defense, Turnover Battle, Road Record
9	Primetime Record
10	Special teams, Carroll Seeks 100 wins
12-13	2014 Final Statistics
14-15	Transactions, Participation Chart
16	How Built
17-19	Rosters
20	Depth Chart, Pronunciation Guide

The Seahawks look to even their preseason record as they take on the Oakland Raiders this Thursday at 7 p.m. (PT). It will be the 10th-consecutive year that the two teams end the preseason against each other, and eighth time in Seattle.

Seattle is 14-9 in the preseason under Pete Carroll and had a nine-game winning streak from 2011-13. The Seahawks were 2-2 in the preseason last year and won last week's game at San Diego, 16-15, on Steven Hauschka's 60-yard field goal with :16 remaining.

This will be the 14th preseason meeting between the teams with Seattle leading the series, 9-4, but lost last year's match up in Oakland, 41-31.

The game will be shown locally on Q13 FOX with play-by-play man Curt Menefee returning to the preseason booth for his seventh season and he will be joined by former University of Washington and Seahawks quarterback Brock Huard in his third season. On 710 ESPN Seattle and KIRO Radio 97.3 FM is former Seahawks receiver Steve Raible in his 34th year of broadcasting, joined by Hall of Famer Warren Moon with Jen Mueller on the sidelines.

ROSTER CUT-DOWN DATES

Tuesday, September 1

90-man roster cutdown to maximum of 75 players by 1 p.m. (PT)

Saturday, September 5

Roster reduction to 53 players by 1 p.m. (PT)

Sunday, September 6

Clubs may establish practice squad of 10 players

THIS WEEK'S PRACTICE SCHEDULE

Tuesday, September 1

10:15 a.m. - 12:00 p.m.

Wednesday, September 2

10:30 a.m. - 11:45 a.m.

Thursday, September 3

Seahawks vs. Raiders
 7:00 p.m. on Q13 in Seattle

Friday, September 4

Players day off

Saturday, September 5

Players day off

Sunday, September 6

Players day off

Monday, September 7

2:30 p.m. - 4:00 p.m.

On this page: False Starts at Home
 Consecutive Sell Outs
 Best NFC Home Record
 Best Record in Last 56 Games



105 CONSECUTIVE SELL OUTS

Since the Seahawks trip to Super Bowl XL, NFC West crowns from 2004-07, 2010 and 2013-14, a Super Bowl XLVIII championship and Super Bowl XLIX appearance, Seattle's fans do not want to miss out on seeing their team in action. Since 2003, all but one game has sold out, giving the team 105 consecutive sell outs entering the 2015 season, including playoffs.

Fans set the CenturyLink Field attendance record vs. Green Bay (68,538) in the NFC Championship Game (1/18/15).

The club renewed season tickets at a franchise-record 99.6% and capped season ticket packages at 61,500 this season.

Bing Training Camp practices open to the public also sold out. In all, more than 36,000 fans will attend the team's open camp sessions.

137 OPPONENT FALSE STARTS AT HOME

Armed with the loudest fans in the NFL, CenturyLink Field and the 12s lead the NFL with 137 false start penalties since the 2005 season.

Opponent False Start Penalties at Home (2005-current)

	Games	Penalties	Average
Seattle Seahawks	80	137	1.71
Arizona Cardinals	72	126	1.75
Detroit Lions	80	124	1.55
Houston Texans	80	118	1.48

73-31 NFC HOME RECORD SINCE 2002

One thing that has been a constant from the early days of the Kingdome through the championship years of CenturyLink Field is that the 12s have given that extra edge to the Seahawks when playing in the Puget Sound.

Seattle has the NFC's second-best home winning percentage since moving to the NFC in 2002 with a 73-31 record, and ranks second in the NFC in wins over that time span.

NFC Best Home Record Since 2002

Team	Record	Pct.
Green Bay	74-29-1	.716
Seattle	73-31	.702
Minnesota	65-39	.625
Atlanta	63-41	.606
Philadelphia	62-42	.596
Chicago	61-43	.587

41-15 RECORD IN LAST 56 GAMES

Seattle has compiled a 41-15 record since the final half of the 2011 regular season and in those 15 losses, the margin of victory for the opponent has been 4.8 points (72 points).

The Seahawks largest defeat since Week 10 (11/13/11) of 2011 was a nine-point loss at San Diego (9/15/14) last season.

NFL PRESEASON STANDINGS

AFC East				AFC South				NFC East				NFC South							
W	L	T	PCT.	W	L	T	PCT.	W	L	T	PCT.	W	L	T	PCT.				
Buffalo	2	1	0	.667	Houston	2	1	0	.667	Philadelphia	3	0	0	1.000	Carolina	2	1	0	.667
New England	2	1	0	.667	Indianapolis	1	2	0	.333	Washington	3	0	0	1.000	Atlanta	1	2	0	.333
N.Y. Jets	2	1	0	.667	Jacksonville	1	2	0	.333	N.Y. Giants	1	2	0	.333	Tampa Bay	1	2	0	.333
Miami	1	2	0	.333	Tennessee	1	2	0	.333	Dallas	0	3	0	.000	New Orleans	0	3	0	.000
AFC North				AFC West				NFC North				NFC West							
W	L	T	PCT.	W	L	T	PCT.	W	L	T	PCT.	W	L	T	PCT.				
Cincinnati	2	1	0	.667	Denver	3	0	0	1.000	Minnesota	4	0	0	1.000	Arizona	1	2	0	.333
Baltimore	1	2	0	.333	Kansas City	3	0	0	1.000	Chicago	2	1	0	.667	San Francisco	1	2	0	.333
Cleveland	1	2	0	.333	San Diego	2	1	0	.667	Detroit	2	1	0	.667	Seattle	1	2	0	.333
Pittsburgh	1	3	0	.250	Oakland	1	2	0	.333	Green Bay	1	2	0	.333	St. Louis	0	3	0	.000

SEAHAWKS COMMUNICATIONS DEPARTMENT

Dave Pearson, Sr. VP/Communications & Broadcasting

425/203-8018 (o)

Lane Gammel, Director of Football Communications

425/203-8020 (o)

425/531-1074 (c)

Rich Gonzales, Communications Manager

425/203-8022 (o)

425/531-1075 (c)

Kory Kemp, Communications Assistant

425/203-8029 (o)

425/444-0320 (c)

Julie Barber, Media Services Manager

425/203-8019 (o)

Brian O'Connell, Assistant Director of Broadcasting

425/203-8017 (o)

425/531-0990 (c)

Matt Johnson, Executive Producer/Seahawks Radio Network

425/203-8016 (o)

425/591-6791 (c)

Jeff Garza, Director of Business Communications

425/203-8021 (o)

206/255-4661 (c)

Tricia del Mundo, Administrative Assistant

425/203-8076 (o)

Helen Capron & Trevor Havard, Intern

425/203-8026 (o)

On this page:

Russell Wilson



98.6 CAREER PASSER RATING

Wilson is just one of five players with a passer rating over 98.0 since 2012 with a club-record 98.6 rating.

He has 24-career 100-plus passer rating games in 48 starts with the last coming at Arizona (12/21/14) with a 122.9 rating.

Russell Wilson Career Passing

Year	Att	Comp	Pct	Yards	TD	Int	Rating
2012	393	252	64.1	3,118	26	10	100.0
2013	407	257	63.1	3,357	26	9	101.2
2014	452	285	63.1	3,475	20	7	95.0
TOTAL	1,252	794	63.4	9,950	72	26	98.6

NFL Highest Passer Rating Since 2012

Player	Rating
Aaron Rodgers, GB	108.9
Peyton Manning, Den	107.8
Drew Brees, NO	99.3
Russell Wilson, Sea	98.6
Tony Romo, Dal	98.6

72 CAREER TOUCHDOWN PASSES

In the first 48 games of his career, Wilson has thrown 72 touchdown passes, the sixth-most in NFL history.

Most Passing Touchdowns in First Three Seasons, NFL History

98	Dan Marino, Mia
86	Andrew Luck, Ind
85	Peyton Manning, Ind
80	Andy Dalton, Cin
74	Jeff Garcia, SF
72	Russell Wilson, Sea
66	Matt Ryan, Atl
64	Cam Newton, Car
63	Joe Namath, NYJ

22 HOME WINS TO BEGIN CAREER

Wilson is 22-2 at home during his career, ranking first in NFL history in home wins to begin a career.

In those games, he carries a 100.9 passer rating completing 361 of 572 passes (63.1%) for 4,686 yards with 37 touchdowns and 13 interceptions.

Most Home Wins in QBs First Three Seasons

Player	Record
Russell Wilson, Sea	22-2
Matt Ryan, Atl	20-2
Joe Flacco, Bal	19-5
Andrew Luck, Ind	19-5
Dan Marino, Mia	18-2

36 MOST WINS TO BEGIN A CAREER

Wilson's 36 regular season wins in a quarterback's first three seasons are an NFL record, as are his 42 combined wins (regular season and postseason).

Most Regular Season Wins in First Three Years

Player	Years	Wins
Russell Wilson, Sea	2012-14	36
Dan Marino, Mia	1983-85	33
Matt Ryan, Atl	2008-10	33
Andrew Luck, Ind	2012-14	33
Joe Flacco, Bal	2008-10	32

5 COMBINED 300-YARD PASSING GAMES

Wilson has thrown for five combined 300-yard passing games, with a career-high 385 yards at Atlanta (1/13/13).

Wilson's 300-Yard Passing Games

385* at Atlanta (1/13/13)
339 at Arizona (12/21/14)
320 at Carolina (9/8/13)
313 at St. Louis (10/19/14)
310 vs. New Orleans (12/2/13)

* NFC Divisional Playoff Game

Top-10 HOLDER OF QB RUSHING YARDS

Wilson holds the top-10 marks for rushing yards by a quarterback in franchise history.

His career-high 122 yards at Washington (10/6/14) also marked the most yards by a quarterback in Monday Night Football history.

At St. Louis (10/19/14), Wilson also became the **first player to record a 300-yard passing game and 100-yard rushing game in a single-game in NFL history.** He threw for 313 yards and rushed for 106.

He has four-career 100-yard rushing games in his career.

Single-Game, Most Quarterback Rushing Yards, Club History

Player	Opponent	Att.	Yds.	Avg.	TD
Russell Wilson	at Was (10/6/14)	11	122	11.1	1
Russell Wilson	NYG (11/9/14)	14	107	7.6	1
Russell Wilson	at StL (10/19/14)	7	106	15.1	1
Russell Wilson	at Ind (10/6/13)	13	102	7.8	0
Russell Wilson	at Buf (12/16/12)	9	92	10.2	3
Russell Wilson	at Ari (12/21/14)	6	88	14.7	1
Russell Wilson	at Hou (9/29/13)	10	77	7.7	0
Russell Wilson	Ari (11/23/14)	10	73	7.3	0
Russell Wilson	at Chi (12/2/12)	9	71	7.9	0
Russell Wilson	at KC (11/16/14)	8	71	8.9	0

On this page:

Russell Wilson



.750 WINNING PERCENTAGE

Wilson's .750 career winning percentage trails only four-time Super Bowl champion, Tom Brady.

<u>Best Winning Percentage of Current Notable NFL Quarterbacks</u>			<u>Player</u>	<u>Record</u>	<u>Winning Pct.</u>
<u>Player</u>	<u>Record</u>	<u>Winning Pct.</u>			
Tom Brady, NE	160-47	.773	Philip Rivers, SD	88-56	.611
Russell Wilson, Sea	36-12	.750	Tony Romo, Dal	75-48	.610
Peyton Manning, Den	179-77	.699	Matt Ryan, Atl	66-44	.600
Andrew Luck, Ind	33-15	.688	Drew Brees, NO	117-84	.582
Aaron Rodgers, GB	70-33	.680	Alex Smith, KC	57-47-1	.548
Ben Roethlisberger, Pit	106-52	.671	Eli Manning, NYG	91-76	.545
Joe Flacco, Bal	72-40	.643	Jay Cutler, Chi	61-58	.513
Colin Kaepernick, SF	25-14	.641	Cam Newton, Car	30-31-1	.492
Andy Dalton, Cin	40-23-1	.633	Carson Palmer, Ari	70-73-0	.490
Nick Foles, StL	15-9	.625	Ryan Tannehill, Mia	23-25-0	.479
			Matthew Stafford, Det	35-42	.455
			Robert Griffin III, Was	14-21	.400

15 FOURTH-QUARTER/OVERTIME COMEBACKS IN 56 GAMES

Wilson has 15 fourth-quarter or overtime comeback victories in 56 career games (regular and postseason).

He had five game-winning drives last season and directed come-from-behind victories in the last two NFC Championship Games to advance Seattle to the past two Super Bowls.

In 2012, Wilson threw a game-winning touchdown pass in the final two minutes of regulation or overtime three times (vs. Green Bay, vs. New England, at Chicago), the most ever by a rookie since at least the 1970 merger, and won another (vs. St. Louis) with a 1-yard touchdown run.

His 15 fourth-quarter comebacks rank first in the NFL since the beginning of 2012.

Russell Wilson 4th Quarter/OT Comebacks

<u>Game</u>	<u>Score</u>	<u>Final</u>	<u>Play</u>
vs. Green Bay (9/24/12)	trail 12-7	Won 14-12	24-yd. pass to Golden Tate at 0:00
vs. New England (10/14/12)	trail 23-17	Won 24-23	46-yd. pass to Sidney Rice at 1:18
at Chicago (12/2/12)	trail 14-10		14-yd. pass to Golden Tate at :24
	tied 17-17	Won 23-17 (ot)	13-yd. pass to Sidney Rice with 7:33 left in OT
vs. St. Louis (12/30/12)	tied 13-13	Won 20-13	1-yd. touchdown run at 1:39
at Washington (1/6/13)*	trail 14-13	Won 24-14	touchdown drive at 7:08
at Carolina (9/8/13)	trail 7-6	Won 12-7	43-yd. TD pass to Jermaine Kearse at 10:13
at Houston (9/29/13)	trail 20-6	Won 23-20 (ot)	45-yd. field goal drive with 3:19 left in overtime
vs. Tennessee (10/13/13)	tied 10-10	Won 20-13	29-yd. field goal drive with 11:23
vs. Tampa Bay (11/3/13)	trail 24-14	Won 27-24 (ot)	27-yd. field goal drive with 8:11 left in overtime
vs. San Francisco (1/19/14)^	trail 17-13	Won 23-17	35-yd. pass to Jermaine Kearse at 13:44
vs. Denver (9/21/14)	tied 20-20	Won 26-20	touchdown drive with 9:14 left in overtime
at Carolina (10/26/14)	trail 9-6	Won 13-9	23-yd. pass to Luke Willson at 0:47
vs. N.Y. Giants (11/9/14)	tied 17-17	Won 38-17	touchdown drive at 12:47
vs. St. Louis (12/28/14)	tied 6-6	Won 20-6	touchdown drive at 12:07
vs. Green Bay (1/18/15)^	tied 22-22	Won 28-22 (ot)	35-yd. pass to Jermaine Kearse with 11:41 left in OT

* NFC Wild Card Game

^ NFC Championship Game

Most Game-Winning Drives in 4th Qtr./OT Since 2012 (Regular Season & Postseason)

Russell Wilson, Sea	15
Tony Romo, Dal	14
Andrew Luck, Ind	12

On this page:

Marshawn Lynch
Team Rushing Yards Since 2011



56 TOUCHDOWNS SINCE 2011

Lynch's 56 total touchdowns (NFL-leading 48 rush, eight rec.) lead the NFL since 2011 and he set his career-high last season with 17 total touchdowns (career-high 13 rush, career-high four rec.).

He tied the franchise record and set a career-high with four rushing touchdowns vs. the N.Y. Giants (11/9/14).

Most Total Touchdowns Since 2011, NFL

Player	TD	Rush	Rec
Marshawn Lynch, Sea	56	48	8
Dez Bryant, Dal	50	0	50
Jimmy Graham, Sea	46	0	46
Rob Gronkowski, NE	45	1	44
Arian Foster, Hou	44	34	10

* Earned four-consecutive Pro Bowl berths with Seattle, five overall (2008, 2011-14)

* Is the only player in the NFL to rush for over 1,000 yards and score 10 rushing touchdowns each season since 2011

* Set career-highs in carries (315, 5th NFL), yards (1,590, 3rd NFL), average gain (5.0, 4th NFL) and most yards from scrimmage (1,786, 4th NFL) in 2012

* Lynch became just the third player (Chris Warren, Shaun Alexander) in Seahawks history to rush for over 1,500 yards (2012)

* Owns four of the top-six highest yards per carry average games in Seahawks history including his 11.64 ypc and two 11.30 ypc games eclipsing position coach Sherman Smith's 8.86 ypc game in 1976

* Career-long 79-yard touchdown run at Arizona (12/21/14) ranks as the fourth-longest in franchise history

Top-5 IN SEATTLE RECORD BOOKS

Rushing Attempts

1. Shaun Alexander, 2000-07	2,176
2. Curt Warner, 1983-89	1,649
3. Chris Warren, 1990-97	1,559
4. Marshawn Lynch, 2010-	1,346
5. John L. Williams, 1986-93	1,148

Rushing Touchdowns

1. Shaun Alexander, 2000-07	100
2. Curt Warner, 1983-89	55
3. Marshawn Lynch, 2010-	54
4. Chris Warren, 1990-97	44
5. Sherman Smith, 1976-82	28

5,357 RUSHING YARDS SINCE 2011

Lynch has been a beast to opposing defenses as his 5,357 rushing yards since 2011 lead the NFL.

Most Rushing Yards Since 2011, NFL

Player	Yds.
Marshawn Lynch, Sea	5,357
LeSean McCoy, Buf	5,075
Frank Gore, Ind	4,659
DeMarco Murray, Phi	4,526
Matt Forte, Chi	4,468

24 100-YARD RUSHING GAMES

Lynch's 24 100-yard rushing games lead the NFL since 2011 and has rushed for 100 or more yards in 25 of his last 57 games.

Most 100-Yard Games Since 2011, NFL

24	Marshawn Lynch, Sea
23	Arian Foster, Hou
20	LeSean McCoy, Buf
19	DeMarco Murray, Phi
18	Adrian Peterson, Min

9,285 TEAM RUSHING YARDS SINCE 2011

With the help of Lynch, Seattle leads the NFL with 9,285 team rushing yards since 2011 and has a streak of 48 of its last 57 games with 100 or more team rushing yards.

Seattle currently has an 11-game streak of 100-plus rushing yards, the second-longest in team history.

Most Team Rushing Yards Since 2011, NFL

Team	Yds.
Seattle	9,285
San Francisco	8,912
Minnesota	8,837
Philadelphia	8,708
Carolina	8,558

Rushing Yards

1. Shaun Alexander, 2000-07	9,429
2. Chris Warren, 1990-97	6,706
3. Curt Warner, 1983-89	6,705
4. Marshawn Lynch, 2010-	5,930
5. John L. Williams, 1986-93	4,579

Total Touchdowns

1. Shaun Alexander, 2000-07	112
2. Steve Largent, 1976-89	101
3. Curt Warner, 1983-89	62
Marshawn Lynch, 2010-	62
5. Chris Warren, 1990-97	48

On this page:
 Marshawn Lynch
 Richard Sherman
 Team 100-yard Rushing Games



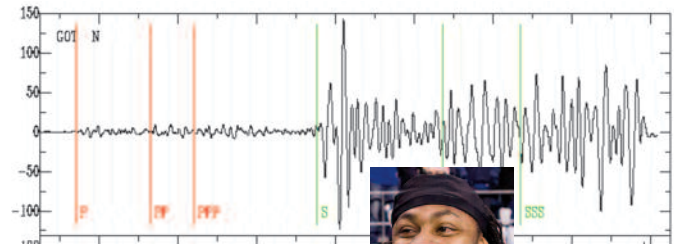
Get Off Me, He Said

In what many consider one of the top postseason runs in NFL history, Marshawn Lynch's 67-yard touchdown run vs. the New Orleans Saints in the 2010 NFC Wild Card Game (1/8/11) did more than just give the Seahawks a 41-30 lead late in the fourth quarter to help seal the game.

His run, in which he broke free from eight Saints defenders and tossed Tracy Porter with a stiff-arm, registered seismic activity near CenturyLink Field on one of the Pacific Northwest Seismic Network's monitoring stations.

The station that picked up the tremors is mostly used for monitoring a two-level viaduct highway that runs along the Seattle waterfront and its seawall.

In an eerily similar run at Arizona (12/21/14), Lynch recorded a career-long run, and fourth-longest in club history, a 79-yarder, bouncing Patrick Peterson and Rashad Johnson off himself en route to the endzone.



11 CONSECUTIVE TEAM 100-YARD GAMES

Thanks to Marshawn Lynch's 5,357 yards since 2011 and 25 of his last 57 games rushing for more than 100 yards, he has helped Seattle rush for 11 consecutive games with 100 or more team rushing yards, good for second place in franchise history.

Consecutive Games with 100 Team Rushing Yards Franchise History

Games	Years
12	Last three games of 1978, first nine of 1979
11	Games 6 - 16 of 2014
9	Last eight games of 1977, first game of 1978
7	Last three games of 2013, first four of 2014
	Last four games of 1997, first three of 1998
	1996
	Last four games of 1987, first three of 1988
	1978

90 YARD BLOCKED FG FOR TOUCHDOWN

A top-notch corner, Richard Sherman was in the right place in the right time vs. San Francisco (12/23/12), as he picked up a blocked field goal and returned it 90 yards for the third-longest blocked field goal for a touchdown in NFL history.

Longest Blocked Field Goals Returned for TDs, NFL History

Yds	Player	Game	Date
94	Bobby Smith	L.A. Rams at Green Bay	10/25/64
92	Bracy Walker	Detroit at Chicago	9/12/04
90	Richard Sherman	Seattle vs. San Francisco	12/23/12
86	John Bramlett	Denver vs. San Diego	11/27/66

24 INTERCEPTIONS SINCE 2011

Richard Sherman's 24 interceptions through his first four seasons are tied for third in NFL history with Seahawks Ring of Honor safety Kenny Easley.

With a career-high eight interceptions in 2012 and 2013, he became the first player since Champ Bailey (2005-06) to record back-to-back seasons of at least eight interceptions.

Most Interceptions Since 2011

Player	No.
Richard Sherman, Sea	24
Tim Jennings, Chi	15
Patrick Peterson, Ari	15
Antonio Cromartie, Ari	13
Reggie Nelson, Cin	13
Antrel Rolle, NYG	13
Sam Shields, GB	13
Eric Weddle, SD	13
Charles Woodson, Oak	13

68 PASSES DEFENSED SINCE 2011

Despite quarterbacks avoiding Richard Sherman's side of the field in recent years, he still ranks second in the NFL with 68 passes defended since 2011.

Most Passes Defensed Since 2011

Player	No.
Joe Haden, Cle	69
Richard Sherman, Sea	68
Tramon Williams, GB	62
Cary Williams, Phi	57
Lardarius Webb, Bal	56

On this page:

Jimmy Graham
Home Winning Streaks



51 TOUCHDOWNS IN 1ST FIVE SEASONS

Jimmy Graham became the seventh player in NFL history to record at least 50 touchdowns in his first five seasons. He recorded 51 touchdowns in his first 78 games played.

Players with 50 TDs in First Five Seasons, NFL History

Player	Touchdowns
Jerry Rice, 1985-89	66
Randy Moss, 1998-02	60
Lance Alworth, 1962-66	54
Dez Bryant, 2010-14	54
Rob Gronkowski, 2010-14	54
Andre Rison, 1989-93	52
Jimmy Graham, 2010-14	51

386 RECEPTIONS AMONG TEs SINCE '10

Since entering the league in 2010, Graham's 386 receptions rank second in the NFL among tight ends since that time.

Most Receptions Among TEs since 2010

Player	Receptions
Jason Witten, Dal	420
Jimmy Graham, Sea	386
Greg Olsen, Car	312
Antonio Gates, SD	309
Rob Gronkowski, NE	308

#88 ACCOLADES

Pro Bowl seasons: 2011, 2013, 2014

First-team AP All-Pro: 2013

Second-team AP All-Pro: 2011

*Ranks second in NFL history with 16 touchdowns by a tight end in a single-season (2013).

22 WINS AT CENTURYLINK FIELD SINCE 2012

The Seahawks have won 11 of their last 12 home openers since 2003. Since a 2008 loss, Seattle has won six straight home openers by a combined score of 164-42 and during the 11-1 run, the Seahawks have outscored opponents 317-119.

Since 2012, Seattle is one of the best teams at home in four major categories.

Seattle's NFL Ranking for Last 24 Home Games

Wins	Point Differential	Takeaways	Turnover Margin
22 Seattle	+382 Denver	55 Seattle	+30 Seattle
22 Denver	+357 Seattle	50 Cincinnati	+27 New England
21 New England	+309 New England	48 New England	+13 Cincinnati
19 Green Bay	+270 Green Bay	47 Carolina	+13 Green Bay
19 Indianapolis	+196 Cincinnati	47 Cleveland	+11 Cleveland

4,752 YARDS THE MOST IN NFL HISTORY

Graham's 4,752 yards in his first five seasons are the most in NFL history among tight ends.

Seattle traded for Graham on March 10. In five seasons with New Orleans, he played in 78 games with 50 starts, recording 386 receptions for 4,752 yards and 51 touchdowns.

In addition to being voted to the Pro Bowl following the 2011, 2013 and 2014 seasons, Graham was selected first-team AP All-Pro following the 2013 season when he caught 86 balls for 1,215 yards and 16 touchdowns. He was selected second-team AP All-Pro following the 2011 season after recording 99 receptions for 1,310 yards and 11 touchdowns.

Most Rec. Yards in First Five Seasons Among TEs, NFL History

Player	Yards
Jimmy Graham	4,752
Kellen Winslow	4,513
Rob Gronkowski	4,379
Antonio Gates	4,362
Mike Ditka	4,125

355 RECEPTIONS SINCE 2011

Graham's 355 receptions since 2011 rank fourth in the NFL since 2011, and first among all tight ends.

Most Receptions Since 2011, NFL

Player	Rec.
WR Antonio Brown, Pit	374
WR Calvin Johnson, Det	373
WR Brandon Marshall, NYJ	360
TE Jimmy Graham, Sea	355
WR Andre Johnson, Ind	339

Longest Home Winning Streak

Franchise History

14	2012-13
12	2004-06
10	2002-04

Most Consecutive Games Won

Franchise History

11	2005
9	2012-13
8	1984

On this page: Three-time Leaders in Scoring Defense
 Led NFL in Fewest Points & Yards Allowed for Two-Straight Years
 33-6 When Winning the Turnover Battle
 Road Record Since 2012



3-TIME DEFENDING LEADERS IN SCORING DEFENSE

Seattle **led the NFL in scoring defense for three consecutive seasons** (2012-14), becoming the first defense to accomplish that feat since the 1969-71 Purple People Eaters of the Minnesota Vikings, and third overall in NFL history.

Cleveland led the league in scoring defense for a record five-straight seasons from 1953-57 in 12-game seasons.

Leading the NFL in Fewest Pts. Allowed for 3 Straight Seasons, NFL History

Years	Team	PPG Avgs.
1953-57 [^]	Cleveland Browns	13.5, 13.5, 18.2, 14.8, 14.3
1969-71*	Minnesota Vikings	9.5, 10.2, 9.9
2012-14	Seattle Seahawks	15.3, 14.4, 15.9

[^] 12-game season

* 14-game season

2 CONSECUTIVE SEASONS LEADING THE NFL IN FEWEST POINTS & YARDS ALLOWED

Seattle became the fourth team in NFL history to lead the league in fewest points and yards allowed in back-to-back seasons, and first since the 1985-86 Chicago Bears.

Leading the NFL in Fewest Points & Yards Allowed in Consecutive Seasons, NFL History

Years	Team	PPG	YPG
1954-55*	Cleveland Browns	13.5, 18.2	221.5, 236.8
1969-70	Minnesota Vikings	9.5, 10.2	194.3, 200.2
1985-86	Chicago Bears	12.4, 11.7	258.4, 258.1
2013-14	Seattle Seahawks	14.4, 15.9	273.6, 267.1

* 12-game season

33-6 WHEN WINNING THE T.O. BATTLE

Since 2010, Seattle is 33-6 when winning the turnover battle. It led the NFL in 2013 with 39 takeaways and a +20 differential and ranked fourth in the league last season with a +10 differential.

The team has totaled 125 takeaways against 74 giveaways since 2011 (+51, 3rd NFL).

Seattle Record when Winning the Turnover Battle

Year	Record
2010	4-0
2011	6-2
2012	7-1
2013	10-1
2014	6-2
Totals	33-6

Turnover Differential Since 2011, NFL

Team	Take-aways			Give-aways			Diff
	Int	Fum	Total	Int	Fum	Total	
New England	76	53	129	41	25	66	+63
San Francisco	78	44	122	31	35	66	+56
Seattle	81	44	125	40	34	74	+51
Green Bay	78	32	110	38	30	68	+42
Chicago	77	50	127	68	37	105	+22

13-5 IN LAST 18 ROAD GAMES

Seattle is 13-5 in its last 18 road games dating back to 2012 and posted a 6-3 record in its last nine 10 a.m. (PT) kickoff starts.

The Seahawks posted a franchise-best 6-2 road record in 2013 and 5-3 record last season.

Best Road Records in Franchise History

Record	Year
6-2	2013
5-3	2014
5-3	2005
5-3	1984
4-4	12 times

On this page:

Seahawks in Prime Time Games



13-1 IN PRIME TIME GAMES SINCE 2010

Since Pete Carroll took over in 2010, the Seahawks have turned in prime time performances in prime time games, posting a 13-1 combined record in Sunday, Monday and Thursday night games, and **outscoreing opponents 367-154**.

The Seahawks are 4-0 on Sunday Night Football, 5-0 on Monday Night Football and 4-1 on Thursday Night Football under Carroll, and are **8-0 at home in primetime games** dating back to 2010.

Seattle's Prime Time Games Under Pete Carroll (13-1)

Date	Opponent	W/L	Score
Sunday, January 2, 2011	vs. St. Louis	W	16-6
Thursday, December 1, 2011	vs. Philadelphia	W	31-14
Monday, December 12, 2011	vs. St. Louis	W	30-13
Monday, September 24, 2012	vs. Green Bay	W	14-12
Thursday, October 18, 2012	at San Francisco	L	13-6
Sunday, December 23, 2012	vs. San Francisco	W	42-13
Sunday, September 15, 2013	vs. San Francisco	W	29-3
Thursday, October 17, 2013	at Arizona	W	34-22
Monday, October 28, 2013	at St. Louis	W	14-9
Monday, December 2, 2013	vs. New Orleans	W	34-7
Thursday, September 4, 2014	vs. Green Bay	W	36-16
Monday, October 6, 2014	at Washington	W	27-17
Thursday, November 27, 2014	at San Francisco	W	19-3
Sunday, December 21, 2014	at Arizona	W	35-6

21-8 ON MONDAY NIGHT FOOTBALL

Seattle is 21-8 all-time in Monday night play and currently has a nine-game winning streak on Mondays. Its .724 winning percentage to start the work week ranks first all-time in the NFL.

The Seahawks are 15-5 at home and have outscored opponents 235-82 in their last nine appearances, including three shut outs.

Best All-Time Winning %, Monday Night Football

Seattle	21-8	.724
San Francisco	46-25	.648
Pittsburgh	42-24	.636
Indianapolis	22-14	.611
Carolina	7-5	.583

Nov. 30, 1987	L	37-14	L.A. Raiders
Nov. 28, 1988	W	35-27	L.A. Raiders
Dec. 4, 1989	W	17-16	Buffalo
Oct. 1, 1990	W	31-16	Cincinnati
Nov. 30, 1992	W (ot)	16-13	Denver
Nov. 1, 1999	W	27-7	at Green Bay
Oct. 2, 2000	L	24-17	at Kansas City
Oct. 14, 2002	L	28-21	San Francisco
Dec. 6, 2004	L	43-39	Dallas
Dec. 5, 2005	W	42-0	at Philadelphia
Nov. 6, 2006	W	16-0	Oakland
Nov. 27, 2006	W	34-24	Green Bay
Nov. 12, 2007	W	24-0	San Francisco
Dec. 12, 2011	W	30-13	St. Louis
Sept. 24, 2012	W	14-12	Green Bay
Oct. 28, 2013	W	14-9	at St. Louis
Dec. 2, 2013	W	34-7	New Orleans
Oct. 6, 2014	W	27-17	at Washington

Seahawks on Monday Night Football (21-8)

Oct. 29, 1979	W	31-28	at Atlanta
Nov. 26, 1979	W	30-7	N.Y. Jets
Nov. 17, 1980	L	19-17	Oakland
Nov. 16, 1981	W	44-23	San Diego
Oct. 29, 1984	W	24-0	at San Diego
Nov. 12, 1984	W	17-14	L.A. Raiders
Sept. 23, 1985	L	35-24	L.A. Rams
Nov. 25, 1985	L	19-6	at San Francisco
Oct. 6, 1986	W	33-7	San Diego
Dec. 8, 1986	W	37-0	L.A. Raiders
Nov. 9, 1987	L	30-14	at N.Y. Jets

9 STRAIGHT WINS ON MNF

Seattle defeated Washington, 27-17, on Monday Night Football (10/6/14), its ninth-consecutive win on Mondays. Their nine-game winning streak on MNF is tied for the second-longest such streak since 1970 (Oakland Raiders, 14).

Most consecutive Monday Night Football wins since 1970

Dates	Team	Wins
9/22/75 - 12/7/81	Oakland	14
12/5/05 - present	Seattle	9*
11/24/08 - 9/30/13	New Orleans	9
12/2/96 - 9/27/99	San Francisco	9

*Active streak

On this page:

Special Teams since 2010
 Pete Carroll Seeks 100 Wins



11 SPECIAL TEAMS SCORES SINCE 2010

It takes all three phases to win in the NFL and special teams coach Brian Schneider has put together one of the best in the NFL over the last five seasons.

Seattle Special Teams Scores Since 2010

Play	Game	Date	Play	Game	Date
101-yd. KOR by Leon Washington	vs. SD	9/26/10	98-yd. KOR by Leon Washington	at Mia	11/25/12
99-yd. KOR by Leon Washington	vs. SD	9/26/10	Muffed punt in endzone TD, Malcolm Smith	vs. Ari	12/9/12
10-yd. blocked punt TD, Earl Thomas	vs. KC	11/28/10	90-yd. blocked field goal TD, Richard Sherman	vs. SF	12/23/12
92-yd. KOR by Leon Washington	vs. SF	12/12/10	blocked punt out of endzone, Jermaine Kearse	at Ind	10/6/13
17-yd. blocked punt TD, Mike Robinson	vs. StL	11/12/11	25-yd. blocked punt TD, Mike Morgan	vs. Dal	10/12/14
3-yd. blocked punt TD, Jeron Johnson	vs. Dal	9/16/12			

Most Blocks Since 2010

16	Arizona
15	Seattle
15	Oakland
13	Miami
11	Buffalo
10	Chicago
9	Tennessee
9	Houston

Most TDs/Safeties Since 2010

11	Seattle
10	New England
9	Baltimore
9	Chicago
9	Tennessee
8	Denver
8	Arizona

Most Takeaways on Punt/KOR Since 2010

14	Seattle
14	Oakland
13	N.Y. Giants
10	Kansas City
9	New England

9 MORE WINS TO 100 COMBINED CAREER WINS FOR PETE CARROLL

This season Pete Carroll looks to become the eighth active coach and 43rd coach in NFL history with 100 combined wins.

Year	Team	W	L	T	Pct.	Finish
1994	N.Y. Jets	6	10	0	.375	5th, AFC East
1997	New England	10	6	0	.625	1st, AFC East
<i>Wild Card victory vs. Miami, 17-3</i>						
<i>Divisional Playoff loss at Pittsburgh, 7-6</i>						
1998	New England	9	7	0	.563	4th, AFC East
<i>Wild Card loss at Jacksonville, 25-10</i>						
1999	New England	8	8	0	.500	T4th, AFC East
2010	Seattle	7	9	0	.438	1st, NFC West
<i>Wild Card victory vs. New Orleans, 41-36</i>						
<i>Divisional Playoff loss at Chicago, 35-24</i>						
2011	Seattle	7	9	0	.438	3rd, NFC West
2012	Seattle	11	5	0	.688	2nd, NFC West
<i>Wild Card victory at Washington, 24-14</i>						
<i>Divisional Playoff loss at Atlanta, 30-28</i>						
2013	Seattle	13	3	0	.813	1st, NFC West
<i>Divisional Playoff victory vs. New Orleans, 23-15</i>						
<i>Championship Game victory vs. San Francisco, 23-17</i>						
<i>Super Bowl XLVIII victory vs. Denver, 43-8</i>						
2014	Seattle	12	4	0	.750	
<i>Divisional Playoff victory vs. Carolina, 31-17</i>						
<i>Championship Game victory vs. Green Bay, 28-22 ot</i>						
<i>Super Bowl XLIX loss vs. New England, 28-24</i>						
Reg. Season (9 Yrs.)		83	61	0	.576	
Postseason (6 Yrs.)		8	5	0	.615	
Combined Record		91	66	0	.580	

On this page:

Virginia Mason Athletic Center



VIRGINIA MASON ATHLETIC CENTER

The Seattle Seahawks announced the completion of the Virginia Mason Athletic Center (VMAC) as the project was completed on-time with the first Seahawks employees staffing the building on August 4, 2008 after spending 22 years in Kirkland.

The state-of-the-art training facility is located on Lake Washington and is more than 225,000 sq. ft., second largest in the NFL. The site is bounded by Interstate 405 to the east, Lake Washington to the west, residential properties to the north and open land to the south. The building sits on 19-waterfront acres, compared to 10 acres in Kirkland.

VMAC was designed as a year-round training facility and superior work environment for Seahawks players, coaches and staff. The first class facility features approximately 50,000 sq. ft of training space including: brand new weight and training equipment, 146-person auditorium and a locker room with 80 custom lockers. A 30-foot training pool is equipped with the ability to video tape the players rehabbing while in the water, allowing for a more effective and efficient workout.

VMAC also features a player lounge which will allow players to relax in between practices and meetings. The lounge includes a projection television with XBOX, music ports and computers to check email and other web sites.

The move was necessary to accommodate growth in several key business segments. The new facility has tripled the floor space and provides increased production capacity. VMAC will allow the organization to work under one roof as the Kirkland front office, Corporate Partnerships, Marketing, Ticketing, Suites and Fan Development are housed in Renton.

The building is equipped with a permanent indoor practice facility, an amenity that lacked at the Kirkland facility. The practice facility is more than 88,000 sq. ft. and 112 ft. high (95 ft. clear). The playing surface is the identical FieldTurf that is used at CenturyLink Field. VMAC will also feature three regulation size outdoor grass fields, and fans will be able to watch the team practice during training camp in 2015.

Football Operations and team practices began on Monday, August 18, 2008.



OLD VS. NEW

	Kirkland	VMAC
Site		
Facility (acres)	10 acres	19 acres
Practice Fields	2 natural grass 1 FieldTurf	3 natural grass 1 FieldTurf
Parking Spaces	141	265
Indoor Facility	None	112', 95' clear
Building	Square Footage Breakdown	
Locker Room	1,140	6,700
No. of Lockers (permanent)	71	80
No. of Lockers (temporary)	16	N/A
Weight Room	2,430	9,000
Training Room	1,836	4,300
Equipment Room	1,500	5,189
Team Room/Auditorium	2,160	2,550
Player Lounge	None	1,350
Team Dining	924	2,200
Kitchen	221	1,800
Draft Room	840	1,800
Media Room/Interview Rooms	576	2,000
Total Square Footage*	41,000+*	225,000*

*Includes other areas not listed above

VMAC FACTS

Address: 12 Seahawks Way
Renton, WA 98056
425/203-8000

Design: The stack building concept creates a walkable space for players and maximizes the lake-front property.

Materials: The natural materials utilized throughout the facility are native to the Pacific Northwest, including timber, stone and Douglas Fir.

First Floor: Team area and auditorium, including locker room, lounge, training room, weight room, team meeting rooms and media production studios.

Second Floor: Seahawks football administration. Approximately 48,000 gross square feet of coaching and football personnel offices, draft room, dining room and weight room mezzanine.

Third Floor: Seahawks business offices

Employees: 175

Architect: Crawford Architects

General Contractor: Bayley Construction

Funding: Private

Property Owner: Port Quendall Company



On this page:

Preseason Defensive Statistics



	Total	Solo	Assist	Sacks	Yards	QH	Int	PD	FF	FR
Bailey, D.	14	12	2	0	0	0	0	0	0	0
Adams, T.	12	7	5	0	0	1	1	1	0	0
Clark, F.	11	5	6	0	0	1	0	0	1	0
Pierre-Louis, K.	9	6	3	0	0	0	0	0	0	0
Wright, K.	9	7	2	0	0	0	0	0	0	0
Wagner, B.	8	7	1	0	0	0	1	1	0	0
Williams, C.	8	7	1	0	0	0	0	0	0	0
Coyle, B.	7	5	2	0	0	0	0	0	0	0
McGill, T.	7	4	3	0	0	1	0	0	0	0
Marsh, C.	7	5	2	0	0	1	0	0	0	0
Pinkins, E.	7	3	4	0	0	0	0	0	0	0
Shead, D.	7	6	1	0	0	0	0	1	0	0
Terrell, S.	7	5	2	0	0	0	0	1	0	0
Bennett, M.	5	4	1	1.0	7.0	1	0	0	0	0
Burley, M.	5	3	2	0	0	0	0	0	0	0
Martin, Jr., R.	5	4	1	0	0	0	0	2	0	0
Singleton, A.	5	2	3	0	0	0	0	0	0	0
Smith, T.	5	2	3	0	0	0	0	1	0	0
Wade, T.	5	2	3	0	0	0	0	0	0	0
Avril, C.	4	3	1	1.0	12.0	1	0	0	0	0
Blackmon, W.	4	4	0	0	0	0	0	0	0	0
Scruggs, G.	4	2	2	2.0	4.0	2	0	0	0	0
Zimmerman, T.	4	4	0	0	0	0	0	0	0	0
Irvin, B.	3	2	1	1.0	3.0	2	0	0	0	0
Murphy, R.	3	3	0	0	0	0	0	0	0	0
Williams, J.	3	2	1	0	0	0	0	0	0	0
Gwacham, O.	2	2	0	0	0	0	0	0	1	0
Hill, J.	2	2	0	1.0	9.0	2	0	0	0	0
Johnson, D.	2	1	1	0	0	0	0	0	0	0
Johnson, K.	2	1	1	0	0	0	0	1	0	0
King, D.	2	2	0	0	0	0	0	0	0	0
Mebane, B.	2	1	1	1.0	8.0	1	0	0	0	0
Morgan, M.	2	1	1	0	0	2	0	0	0	0
Nealy, Q.	2	2	0	0	0	0	0	0	0	0
Rubin, A.	2	0	2	0	0	0	0	0	0	0
Sherman, R.	2	2	0	0	0	0	0	0	0	0
Smith, D.	2	1	1	0	0	2	0	0	0	0
Staten, J.	2	2	0	0	0	0	0	1	0	0
Crayton, J.	1	1	0	0	0	0	0	0	0	0
Dobbs, D.	1	1	0	0	0	0	0	0	0	0
Lambert, K.	1	0	1	0	0	0	0	1	0	0
McNeil III, D.	1	1	0	0	0	0	0	0	0	0
Simon, T.	1	1	0	0	0	0	0	2	0	0
Warmesley, J.	1	1	0	1.0	8.0	1	0	0	0	0

SPECIAL TEAMS

	Total	Solo	Assist	FF	FR	Blocks
Marsh, C.	3	3	0	1	0	0
Daniels, B.	2	2	0	0	0	0
Pierre-Louis, K.	2	2	0	0	0	0
Smith, K.	2	1	1	0	0	0
Smith, T.	2	2	0	0	0	0
Coleman, D.	1	1	0	0	0	0
Coyle, B.	1	1	0	0	0	0
Irvin, B.	1	1	0	0	0	0
Lockette, R.	1	1	0	0	0	0
McNeil III, D.	1	1	0	0	0	0
Matthews, C.	1	1	0	0	0	0
Pinkins, E.	1	1	0	0	0	0
Singleton, A.	1	0	1	0	0	0
Terrell, S.	1	1	0	0	0	0
Wade, T.	0	0	0	0	1	0

FUMBLES

	Fum	Lost	Own-Rec	O.B.
Archer, R.	2	1	0	1
Daniels, B.	1	0	1	0
Michael, C.	1	0	0	0
Wilson, R.	1	1	0	0
Bailey, A.	0	0	1	0

On this page:

Transactions



1/1/15 Released from prac. sq. Signed to practice squad	FB Mike Zimmer G Justin Renfrow	Waived/failed physical 5/7 Released	LB Mike Taylor LB Brendan Kelly	8/31 Terminated veteran contract	C Lemuel Jeanpierre DT D'Anthony Smith
1/5 Signed	DT Landon Cohen	5/8 Signed draftees	G Mark Glowinski	Waived	T Jesse Davis
1/6 Placed on injured reserve Signed from practice sq. Signed to practice sq.	DT Jordan Hill FS Steven Terrell DT Jimmy Staten		DE Obum Gwacham S Ryan Murphy T Terry Poole		CB George Farmer WR Deshon Foxx WR Deontay Greenberry
1/13 Placed on injured reserve Signed from practice sq.	WR Paul Richardson QB B.J. Daniels		CB Tye Smith G Kristjan Sokoli		CB Keelan Johnson LB Quayshawn Nealy
2/4 Signed to future contracts	TE RaShaun Allen S Dion Bailey RB Demitrius Bronson G Nate Isles WR Douglas McNeil G Drew Nowak T Justin Renfrow DE Ryan Robinson DT Jimmy Staten DE Julius Warmesley LB Mike Zimmer	Signed	LS Nate Boyer T Jesse Davis S Keenan Lambert S Ronald Martin, Jr. LB Quayshawn Nealy RB Thomas Rawls LB Alex Singleton DE Tory Slater RB Rod Smith CB Triston Wade G Kona Schwenke DE Julius Warmesley	Waived/injured	DE Greg Scruggs S Ty Zimmerman FB Brandon Cottom CB Triston Wade CB Jeremy Lane WR Paul Richardson WR Kevin Norwood 2017 undisc. cond. pick
2/9 Signed	QB R.J. Archer G C.J. Davis LS Luke Ingram LB Brendan Kelly DE Will Pericak WR Kevin Smith C Jared Wheeler Kris Richard Michael Barrow Brennan Carroll Lofa Tatupu	5/11 Signed	G C.J. Davis G Nate Isles LB Tyrell Adams FB Brandon Cottom DE Tory Slater DT T.Y. McGill RB Demitrius Bronson WR Deshon Foxx DE Frank Clark WR Tyler Lockett	Placed on PUP	
Promoted to Def. Coord. Named linebackers coach Named Asst. OL coach Named Asst. LBs coach		5/12 Terminated vet contract Waived Signed	G Nate Isles LB Tyrell Adams FB Brandon Cottom DE Tory Slater DT T.Y. McGill RB Demitrius Bronson WR Deshon Foxx DE Frank Clark WR Tyler Lockett	Traded to Carolina Acquired from Carolina	
2/10 Named Asst. HC/Defense	Rocky Seto	5/15 Waived/injured Signed	DE Ryan Robinson QB Tarvaris Jackson QB Russell Wilson S Ty Zimmerman LB Bobby Wagner DT Tony McDaniel 2016 Undisc. Pick CB Mohammed Seisay		
3/2 Signed	LB Mister Alexander	5/18 Waived/injured Signed	WR Kasen Williams DE Ryan Robinson QB Tarvaris Jackson QB Russell Wilson S Ty Zimmerman LB Bobby Wagner DT Tony McDaniel 2016 Undisc. Pick CB Mohammed Seisay		
3/6 Signed to extension Terminated vet contract/ failed physical Waived/Non-football illness Waived Re-signed Named Asst. DL coach Named Asst. Sec./CBs Named Asst. Safeties	RB Marshawn Lynch TE Zach Miller T Garrett Scott DT Jesse Williams DE Greg Scruggs Dwayne Board Chris Cash Andre Curtis	5/27 Signed draftees	WR Kasen Williams DE Ryan Robinson QB Tarvaris Jackson QB Russell Wilson S Ty Zimmerman LB Bobby Wagner DT Tony McDaniel 2016 Undisc. Pick CB Mohammed Seisay LB Alex Singleton LB Dakorey Johnson S Ty Zimmerman S Robert Smith S Robert Smith S Ty Zimmerman WR Deshon Foxx LB Alex Singleton LB Dakorey Johnson DT Jimmy Staten CB Jeremy Crayton CB Keelan Johnson LS Nate Boyer QB Jake Waters T Kona Schwenke CB George Farmer CB Jeremy Crayton WR Deshon Foxx QB Jake Waters WR Deontay Greenberry		
3/9 Re-signed	TE Anthony McCoy LB Mike Morgan CB Will Blackmon	6/12 Signed 6/15 Waived/injured 6/16 Re-signed 7/31 Signed to extension Signed	WR Tyler Lockett WR Kasen Williams DE Ryan Robinson QB Tarvaris Jackson QB Russell Wilson S Ty Zimmerman LB Bobby Wagner DT Tony McDaniel 2016 Undisc. Pick CB Mohammed Seisay LB Alex Singleton LB Dakorey Johnson S Ty Zimmerman S Robert Smith S Robert Smith S Ty Zimmerman WR Deshon Foxx LB Alex Singleton LB Dakorey Johnson DT Jimmy Staten CB Jeremy Crayton CB Keelan Johnson LS Nate Boyer QB Jake Waters T Kona Schwenke CB George Farmer CB Jeremy Crayton WR Deshon Foxx QB Jake Waters WR Deontay Greenberry		
3/10 Traded to New Orleans Acquired from N.O. Signed	C Max Unger 2015 1st Rd. Pick TE Jimmy Graham 2015 4th Rd. Pick CB Cary Williams DT Ahtyba Rubin LS Clint Gresham	8/2 Signed to extension Released Traded to Detroit Acquired from Detroit	WR Tyler Lockett WR Kasen Williams DE Ryan Robinson QB Tarvaris Jackson QB Russell Wilson S Ty Zimmerman LB Bobby Wagner DT Tony McDaniel 2016 Undisc. Pick CB Mohammed Seisay LB Alex Singleton LB Dakorey Johnson S Ty Zimmerman S Robert Smith S Robert Smith S Ty Zimmerman WR Deshon Foxx LB Alex Singleton LB Dakorey Johnson DT Jimmy Staten CB Jeremy Crayton CB Keelan Johnson LS Nate Boyer QB Jake Waters T Kona Schwenke CB George Farmer CB Jeremy Crayton WR Deshon Foxx QB Jake Waters WR Deontay Greenberry		
3/20 Signed	DT Ahtyba Rubin	8/5 Released Signed	WR Deshon Foxx LB Alex Singleton LB Dakorey Johnson S Ty Zimmerman S Robert Smith S Robert Smith S Ty Zimmerman WR Deshon Foxx LB Alex Singleton LB Dakorey Johnson DT Jimmy Staten CB Jeremy Crayton CB Keelan Johnson LS Nate Boyer QB Jake Waters T Kona Schwenke CB George Farmer CB Jeremy Crayton WR Deshon Foxx QB Jake Waters WR Deontay Greenberry		
3/23 Re-signed	LS Clint Gresham	8/7 Released Claimed	WR Deshon Foxx LB Alex Singleton LB Dakorey Johnson S Ty Zimmerman S Robert Smith S Robert Smith S Ty Zimmerman WR Deshon Foxx LB Alex Singleton LB Dakorey Johnson DT Jimmy Staten CB Jeremy Crayton CB Keelan Johnson LS Nate Boyer QB Jake Waters T Kona Schwenke CB George Farmer CB Jeremy Crayton WR Deshon Foxx QB Jake Waters WR Deontay Greenberry		
3/30 Re-signed	DE Demarcus Dobbs	8/8 Released Signed	WR Deshon Foxx LB Alex Singleton LB Dakorey Johnson S Ty Zimmerman S Robert Smith S Robert Smith S Ty Zimmerman WR Deshon Foxx LB Alex Singleton LB Dakorey Johnson DT Jimmy Staten CB Jeremy Crayton CB Keelan Johnson LS Nate Boyer QB Jake Waters T Kona Schwenke CB George Farmer CB Jeremy Crayton WR Deshon Foxx QB Jake Waters WR Deontay Greenberry		
4/1 Re-signed	FB Will Tukuafu DT Jesse Williams	8/9 Waived/failed physical Signed	WR Deshon Foxx LB Alex Singleton LB Dakorey Johnson S Ty Zimmerman S Robert Smith S Robert Smith S Ty Zimmerman WR Deshon Foxx LB Alex Singleton LB Dakorey Johnson DT Jimmy Staten CB Jeremy Crayton CB Keelan Johnson LS Nate Boyer QB Jake Waters T Kona Schwenke CB George Farmer CB Jeremy Crayton WR Deshon Foxx QB Jake Waters WR Deontay Greenberry		
4/17 Released	LS Luke Ingram	8/13 Released Signed	WR Deshon Foxx LB Alex Singleton LB Dakorey Johnson S Ty Zimmerman S Robert Smith S Robert Smith S Ty Zimmerman WR Deshon Foxx LB Alex Singleton LB Dakorey Johnson DT Jimmy Staten CB Jeremy Crayton CB Keelan Johnson LS Nate Boyer QB Jake Waters T Kona Schwenke CB George Farmer CB Jeremy Crayton WR Deshon Foxx QB Jake Waters WR Deontay Greenberry		
4/20 Signed	C Lemuel Jeanpierre	8/17 Released	WR Deshon Foxx LB Alex Singleton LB Dakorey Johnson S Ty Zimmerman S Robert Smith S Robert Smith S Ty Zimmerman WR Deshon Foxx LB Alex Singleton LB Dakorey Johnson DT Jimmy Staten CB Jeremy Crayton CB Keelan Johnson LS Nate Boyer QB Jake Waters T Kona Schwenke CB George Farmer CB Jeremy Crayton WR Deshon Foxx QB Jake Waters WR Deontay Greenberry		
5/5 Released	G Justin Renfrow DE Julius Warmesley C Jared Wheeler FB Mike Zimmer	8/18 Released Signed 8/23 Waived/injured Signed 8/24 Released Signed 8/26 Released Signed	WR Deshon Foxx LB Alex Singleton LB Dakorey Johnson S Ty Zimmerman S Robert Smith S Robert Smith S Ty Zimmerman WR Deshon Foxx LB Alex Singleton LB Dakorey Johnson DT Jimmy Staten CB Jeremy Crayton CB Keelan Johnson LS Nate Boyer QB Jake Waters T Kona Schwenke CB George Farmer CB Jeremy Crayton WR Deshon Foxx QB Jake Waters WR Deontay Greenberry		

On this page:

Preseason Participation Chart



Game Date Game	1	2	3	4	2015			
	8/14 Den	8/21 @KC	8/29 @SD	9/3 Oak	G	S	IN	DNP
Adams, T.	lb	lb	lb		3	0	0	0
Allen, R.	te	te	te		3	0	0	0
Archer, R.	qb	qb	qb		3	0	0	0
Avril, C.	RDE	RDE	RDE		3	3	0	0
Bailey, A.	LG	g	LT		3	2	0	0
Bailey, D.	s	SS	SS		3	2	0	0
Baldwin, D.	WR	WR	WR		3	3	0	0
Bennett, M.	LDE	LDE	LDE		3	3	0	0
Blackmon, W.	dnp	dnp	CB		1	1	0	2
Boyer, N.	sub				1	0	0	0
Britt, J.	RT	LG	LG		3	3	0	0
Burley, M.	LCB	dnp	cb		2	1	0	1
Chancellor, K.	dnp	dnp	dnp		0	0	0	3
Clark, F.	de	de	de		3	0	0	0
Coleman, D.	dnp	FB	fb		2	1	0	1
Cottom, B.	fb	sub	sub		3	0	0	0
Coyle, B.	dnp	lb	lb		2	0	0	1
Crayton, J.		cb			1	0	0	0
Daniels, B.	wr	wr	wr		3	0	0	0
Davis, J.	t	dnp	dnp		1	0	0	2
Dobbs, D.	dnp	LDT	de		2	1	0	1
Gilliam, G.	t	RT	RT		3	2	0	0
Glowinski, M.	g	g	g		3	0	0	0
Graham, J.	TE	TE	TE		3	3	0	0
Greenberry, D.			dnp		0	0	0	1
Gresham, C.	sub	sub	sub		3	0	0	0
Gwacham, O.	dnp	de	de		2	0	0	1
Hauschka, S.	k	k	k		3	0	0	0
Helfet, C.	te	dnp	te		2	0	0	1
Hill, J.	dt	dnp	dt		2	0	0	1
Irvin, B.	OLB	lb	OLB		3	2	0	0
Jackson, T.	qb	dnp	dnp		1	0	0	2
Jeanpierre, L.	C	c	c		3	1	0	0
Johnson, D.	lb				1	0	0	0
Johnson, K.		cb	cb		2	0	0	0
Kearse, J.	WR	WR	WR		3	3	0	0
King, D.	dnp	dnp	dt		1	0	0	2
Lambert, K.	s	dnp	dnp		1	0	0	2
Lane, J.	pup	pup	pup		0	0	0	0
Lewis, P.	c	c	c		3	0	0	0
Lockett, T.	wr	wr	WR		3	1	0	0
Lockette, R.	wr	wr	wr		3	0	0	0
Lynch, M.	dnp	dnp	RB		1	1	0	2
McCoy, A.	te	te	te		3	0	0	0
McGill, T.	dt	dt	dt		3	0	0	0
McNeil III, D.	cb	cb	cb		3	0	0	0
Marsh, C.	de	de	de		3	0	0	0
Martin, Jr., R.	s	s	s		3	0	0	0
Matthews, C.	wr	dnp	dnp		1	0	0	2
Mebane, B.	RDT	RDT	RDT		3	3	0	0
Michael, C.	rb	rb	rb		3	0	0	0
Milton, K.	g	g	g		3	0	0	0
Morgan, M.	lb	lb	lb		3	0	0	0
Murphy, R.	s	dnp	s		2	0	0	1
Nealy, Q.	lb	dnp	lb		2	0	0	1
Norwood, K.	wr	wr	wr		3	0	0	0
Nowak, D.	c	C	C		3	2	0	0
Okung, R.	LT	LT	dnp		2	2	0	1
Pericak, W.	c	c	c		3	0	0	0
Pierre-Louis, K.	dnp	lb	lb		2	0	0	1
Pinkins, E.	lb	lb	lb		3	0	0	0
Poole, T.	t	t	t		3	0	0	0
Rawls, T.	rb	rb	rb		3	0	0	0
Richardson, P.	pup	pup	pup		0	0	0	0
Rubin, A.	LDT	dt	dt		3	1	0	0
Ryan, J.	p	p	p		3	0	0	0
Schwenke, K.	t	t			2	0	0	0
Scruggs, G.	de	de	de		3	0	0	0
Seisay, M.	cb	dnp	dnp		1	0	0	2
Shead, D.	SS	LCB	s		3	2	0	0
Sherman, R.	dnp	dnp	LCB		1	1	0	2
Simon, T.	pup	dnp	cb		1	0	0	1
Singleton, A.	lb	lb	lb		3	0	0	0
Smith, D.	dt	dt	dt		3	0	0	0
Smith, K.	wr	wr	wr		3	0	0	0
Smith, R.	rb	rb	rb		3	0	0	0
Smith, T.	cb	CB	cb		3	1	0	0
Sokoli, K.	g	g	dnp		2	0	0	1
Staten, J.	dt				1	0	0	0
Sweezy, J.	RG	RG	RG		3	3	0	0
Terrell, S.	FS	FS	FS		3	3	0	0
Thomas, E.	dnp	dnp	dnp		0	0	0	3
Tukuaafu, W.	fb	fb	fb		3	0	0	0
Turbin, R.	RB	RB	rb		3	2	0	0
Wade, T.	cb	dnp	dnp		1	0	0	2
Wagner, B.	MLB	MLB	MLB		3	3	0	0
Warmsley, J.	dnp	dt	dt		2	0	0	1
Williams, C.	RCB	RCB	RCB		3	3	0	0
Williams, J.	dt	dt	dt		3	0	0	0
Williams, K.	wr	wr	wr		3	0	0	0
Willson, L.	TE	te	te		3	1	0	0
Wilson, R.	QB	QB	QB		3	3	0	0
Wright, K.	OLB	OLB	OLB		3	3	0	0
Zimmerman, T.	s	s	s		3	0	0	0

CAPS - starter; lower case - substitute at position; sub - special teams only; dnp - did not play; in - inactive; ps - practice squad; ir - injured reserve; nfi - non-football injury; sus - suspended, pup - physically unable to perform, exp - exempt

On this page:

How Built



Year	By Draft	Trade/Waivers/Practice Squad	Free Agents	2011
2015	DE Frank Clark (2) WR Tyler Lockett (3) T Terry Poole (4a) G Mark Glowinski (4b) CB Tye Smith (5) DE Obum Gwacham (6a) G Kristjan Sokoli (6b) S Ryan Murphy (7)	TE Jimmy Graham (T) CB Mohammed Seisay (T)	2015 LB Tyrell Adams QB R.J. Archer CB Will Blackmon S Keenan Lambert DT T.Y. McGill S Ronald Martin, Jr. G Will Pericak RB Thomas Rawls DT Ahtyba Rubin LB Alex Singleton WR Kevin Smith RB Rod Smith CB Cary Williams (UFA) WR Kasen Williams	WR Doug Baldwin LB Mike Morgan
2014	T Justin Britt (2b) DE Cassius Marsh (4a) LB Kevin Pierre-Louis (4c) LB Eric Pinkins (6b)	CB Marcus Burley (T) DE Demarcus Dobbs (W) DE David King (PS) C Patrick Lewis (PS)	2014 TE RaShaun Allen S Dion Bailey LB Brock Coyle T Garry Gilliam CB Douglas McNeil III WR Chris Matthews G Keavon Milton FS Steven Terrell FB Will Tukuafu G Drew Nowak DE Julius Warmesley	2010 LS Clint Gresham
2013	RB Christine Michael (2) DT Jordan Hill (3) DT Jesse Williams (5a) CB Tharold Simon (5b) TE Luke Willson (5c)	WR B.J. Daniels (W)		2008 P Jon Ryan
2012	DE Bruce Irvin (1) LB Bobby Wagner (2) QB Russell Wilson (3) RB Robert Turbin (4a) G J.R. Sweezy (7a)			
2011	LB K.J. Wright (4a) CB Richard Sherman (5a)	K Steven Hauschka (W)		
2010	T Russell Okung (1a) S Earl Thomas (1b) S Kam Chancellor (5) TE Anthony McCoy (6)	RB Marshawn Lynch (T)	2013 DE Cliff Avril (UFA) T Alvin Bailey DE Michael Bennett (UFA) QB Tarvaris Jackson WR Ricardo Lockette	
2007	DE Brandon Mebane (3)		2012 FB Derrick Coleman TE Cooper Helfet WR Jermaine Kearse S DeShawn Shead	

2015 Seattle Seahawks Alphabetical Roster

No.	Name	Pos.	Ht.	Wt.	Birthdate	Age	Exp.	College	Hometown	Acquired
53	Adams, Tyrell	LB	6-2	228	4/11/1992	23	R	West Georgia	Atlanta, Ga.	FA-'15
87	Allen, RaShaun	TE	6-4	250	2/25/1990	25	2	Southern	Cleveland, Ohio	FA-'14
6	Archer, R.J.	QB	6-2	220	8/5/1987	28	1	William & Mary	Charlottesville, Va.	FA-'15
56	Avril, Cliff	DE	6-3	260	4/8/1986	29	8	Purdue	Green Cove Springs, Fla.	UFA(Det)-'13
78	Bailey, Alvin	G/T	6-3	320	8/26/1991	24	3	Arkansas	Broken Arrow, Okla.	FA-'13
37	Bailey, Dion	SS	6-0	211	3/2/1992	23	2	USC	Lakewood, Calif.	FA-'14
89	Baldwin, Doug	WR	5-10	189	9/21/1988	26	5	Stanford	Gulf Breeze, Fla.	FA-'11
72	Bennett, Michael	DE	6-4	274	11/13/1985	29	7	Texas A&M	Alief, Texas	UFA(TB)-'13
21	Blackmon, Will	CB	6-0	204	10/27/1984	30	9	Boston College	Cranston, R.I.	FA-'15
68	Britt, Justin	T	6-6	325	5/29/1991	24	2	Missouri	Lebanon, Mo.	D2(b)-'14
28	Burley, Marcus	CB	5-11	185	7/16/1990	25	3	Delaware	Richmond, Va.	T(Ind)-'14
31	Chancellor, Kam	SS	6-3	232	4/3/1988	27	6	Virginia Tech	Norfolk, Va.	D5-'10
55	Clark, Frank	DE	6-3	272	6/14/1993	22	R	Michigan	Cleveland, Ohio	D2-'15
40	Coleman, Derrick	FB	6-0	233	10/18/1990	24	4	UCLA	W. Los Angeles, Calif.	FA-'12
52	Coyle, Brock	LB	6-1	243	10/12/1990	24	2	Montana	Bozeman, Mont.	FA-'14
5	Daniels, B.J.	WR	5-11	217	10/24/1989	25	3	South Florida	Tallahassee, Fla.	W(SF)-'13
95	Dobbs, Demarcus	DE	6-2	282	11/30/1987	27	5	Georgia	Savannah, Ga.	W(SF)-'14
79	Gilliam, Garry	T	6-5	306	11/26/1990	24	2	Penn State	Carlisle, Pa.	FA-'14
63	Glowinski, Mark	G	6-4	310	5/3/1992	23	R	West Virginia	Wilkes-Barre, Pa.	D4(b)-'15
88	Graham, Jimmy	TE	6-7	265	11/24/1986	28	6	Miami	Goldsboro, N.C.	T(NO)-'15
49	Gresham, Clint	LS	6-3	260	8/24/1986	29	6	Texas Christian	Corpus Christi, Texas	FA-'10
59	Gwacham, Obum	DE	6-5	249	3/20/1991	24	R	Oregon State	Chino Hills, Calif.	D6(a)-'15
4	Hauschka, Steven	K	6-4	210	6/29/1985	30	8	North Carolina State	Needham, Mass.	W(Den)-'11
84	Helfet, Cooper	TE	6-3	239	6/2/1989	26	4	Duke	Kentfield, Calif.	FA-'12
97	Hill, Jordan	DT	6-1	303	2/8/1991	24	3	Penn State	Steelton, Pa.	D3-'13
51	Irvin, Bruce	LB	6-3	260	11/1/1987	27	4	West Virginia	Atlanta, Ga.	D1-'12
7	Jackson, Tarvaris	QB	6-2	225	4/21/1983	32	10	Alabama State	Montgomery, Ala.	FA-'13
15	Kearse, Jermaine	WR	6-1	209	2/6/1990	25	4	Washington	Lakewood, Wash.	FA-'12
93	King, David	DT	6-4	281	12/27/1989	25	3	Oklahoma	Houston, Texas	PS(Cin)-'14
2	Lambert, Keenan	SS	6-0	209	2/28/1992	23	R	Norfolk State	Norfolk, Va.	FA-'15
65	Lewis, Patrick	C	6-1	311	1/30/1991	24	3	Texas A&M	Reserve, La.	PS(Cle)-'14
16	Lockett, Tyler	WR	5-10	182	9/28/1992	22	R	Kansas State	Tulsa, Okla.	D3-'15
83	Lockette, Ricardo	WR	6-2	211	5/21/1986	29	5	Fort Valley State	Albany, Ga.	FA-'13
24	Lynch, Marshawn	RB	5-11	215	4/22/1986	29	9	California	Oakland, Calif.	T(Buf)-'10
85	McCoy, Anthony	TE	6-5	259	12/28/1987	27	6	USC	Fresno, Calif.	D6-'10
70	McGill, T.Y.	DT	6-0	299	11/23/1992	22	R	North Carolina State	Jesup, Ga.	FA-'15
19	McNeil III, Douglas	CB	6-3	200	7/22/1988	27	2	Bowie State	Baltimore, Md.	FA-'14
91	Marsh, Cassius	DE	6-4	254	7/7/1992	23	2	UCLA	Simi Valley, Calif.	D4(a)-'14
42	Martin, Jr., Ronald	FS	6-1	217	2/26/1993	22	R	LSU	White Castle, La.	FA-'15
13	Matthews, Chris	WR	6-5	218	10/6/1989	25	2	Kentucky	Long Beach, Calif.	FA-'14
92	Mebane, Brandon	DT	6-1	311	1/15/1985	30	9	California	Los Angeles, Calif.	D3-'07
33	Michael, Christine	RB	5-10	221	11/9/1990	24	3	Texas A&M	Beaumont, Texas	D2-'13
66	Milton, KeaVon	G	6-4	324	6/23/1990	25	3	Louisiana-Monroe	Canton, Texas	FA-'14
57	Morgan, Mike	LB	6-3	226	1/16/1988	27	5	USC	Dallas, Texas	FA-'11
36	Murphy, Ryan	FS	6-0	214	10/14/1992	22	R	Oregon State	Oakland, Calif.	D7-'15
62	Nowak, Drew	C	6-3	292	3/7/1990	25	4	Western Michigan	Green Bay, Wis.	FA-'14
76	Okung, Russell	T	6-5	310	10/7/1988	26	6	Oklahoma State	Houston, Texas	D1(a)-'10
75	Pericak, Will	C	6-3	300	12/30/1989	25	1	Colorado	Boulder, Colo.	FA-'15
58	Pierre-Louis, Kevin	LB	6-0	236	10/7/1991	23	2	Boston College	Norwalk, Conn.	D4(c)-'14
47	Pinkins, Eric	LB	6-3	230	8/7/1991	24	2	San Diego State	Sacramento, Calif.	D6(b)-'14
69	Poole, Terry	T	6-5	323	2/27/1992	23	R	San Diego State	Monterey, Calif.	D4(a)-'15
34	Rawls, Thomas	RB	5-9	215	8/8/1993	22	R	Central Michigan	Flint, Mich.	FA-'15
77	Rubin, Ahtyba	DT	6-2	325	7/25/1986	29	8	Iowa State	Pensacola, Fla.	UFA(Cle)-'15
9	Ryan, Jon	P	6-0	217	11/26/1981	33	10	Regina	Regina, Saskatchewan	FA-'08
39	Seisay, Mohammed	CB	6-2	202	5/22/1990	25	2	Nebraska	West Springfield, Va.	T(Det)-'15
35	Shead, DeShawn	DB	6-2	220	6/28/1988	27	4	Portland State	Palmdale, Calif.	FA-'12
25	Sherman, Richard	CB	6-3	195	3/30/1988	27	5	Stanford	Compton, Calif.	D5(a)-'11
27	Simon, Tharold	CB	6-3	202	3/6/1991	24	3	LSU	Eunice, La.	D5(b)-'13
94	Singleton, Alex	LB	6-2	233	12/7/1993	21	R	Montana State	Thousand Oaks, Calif.	FA-'15
17	Smith, Kevin	WR	6-0	218	12/21/1991	23	1	Washington	Compton, Calif.	FA-'15
45	Smith, Rod	RB	6-3	226	1/10/1992	23	R	Ohio State	Fort Wayne, Ind.	FA-'15
22	Smith, Tye	CB	6-0	195	5/3/1993	22	R	Towson	Windsor, Conn.	D5-'15
67	Sokoli, Kristijan	C/G	6-5	302	9/24/1991	23	R	Buffalo	Bloomfield, N.J.	D6(b)-'15
64	Sweezy, J.R.	G	6-5	298	4/8/1989	26	4	North Carolina State	Mooresville, N.C.	D7(a)-'12
23	Terrell, Steven	FS	5-10	197	9/21/1990	24	3	Texas A&M	Allen, Texas	FA-'14
29	Thomas, Earl	FS	5-10	202	5/7/1989	26	6	Texas	Orange, Texas	D1(b)-'10
46	Tukuafu, Will	FB	6-2	280	1/3/1984	31	6	Oregon	Salt Lake City, Utah	FA-'14
32	Turbin, Robert	RB	5-10	222	12/2/1989	25	4	Utah State	Fremont, Calif.	D4(a)-'12
54	Wagner, Bobby	LB	6-0	241	6/27/1990	25	4	Utah State	Ontario, Calif.	D2-'12
74	Warmesley, Julius	DT	6-2	276	5/15/1990	25	2	Tulane	Baton Rouge, La.	FA-'14
26	Williams, Cary	CB	6-1	190	12/23/1984	30	8	Washburn	Miami, Fla.	UFA(Phi)-'15
90	Williams, Jesse	DT	6-3	325	11/2/1990	24	3	Alabama	Brisbane, Australis	D5(a)-'13
18	Williams, Kasen	WR	6-1	219	5/20/1992	23	R	Washington	Sammamish, Wash.	FA-'15
82	Willson, Luke	TE	6-5	252	1/15/1990	25	3	Rice	Lasalle, Ontario	D5(c)-'13
3	Wilson, Russell	QB	5-11	206	11/29/1988	26	4	Wisconsin	Richmond, Va.	D3-'12
50	Wright, K.J.	LB	6-4	246	7/23/1989	26	5	Mississippi State	Olive Branch, Miss.	D4(a)-'11

Head Coach: Pete Carroll, Darrell Bevell (Offensive Coordinator), Kris Richard, (Defensive Coordinator), Michael Barrow (Linebackers), Dwaine Board (Asst. Defensive Line), Tom Cable (Asst. Head Coach/Offensive Line), Dave Canales (Wide Receivers), Chris Carlisle (Head Strength & Conditioning), Brennan Carroll (Asst. Offensive Line), Nate Carroll (Asst. Wide Receivers), Chris Cash (Asst. Secondary/Cornerbacks), Andre Curtis (Asst. Secondary/Safeties), Mondray Gee (Asst. Strength & Conditioning), John Glenn (Quality Control/Defense), Will Harriger (Asst. Quarterbacks/Quality Control Offense), Travis Jones (Defensive Line), Pat McPherson (Tight Ends), Chad Morton (Asst. Special Teams), Pat Ruel (Asst. Offensive Line), Brian Schneider (Special Teams Coordinator), Rocky Seto (Assistant Head Coach/Defense), Carl Smith (Quarterbacks), Sherman Smith (Running Backs), Nick Sorensen (Asst. Special Teams), Lofa Tatupu (Asst. Linebackers), Jamie Yanchar (Assistant Strength & Conditioning).

2015 Seattle Seahawks Numerical Roster

No.	Name	Pos.	Ht.	Wt.	Birthdate	Age	Exp.	College	Hometown	Acquired
2	Keenan Lambert	SS	6-0	209	2/28/1992	23	R	Norfolk State	Norfolk, Va.	FA-'15
3	Russell Wilson	QB	5-11	206	11/29/1988	26	4	Wisconsin	Richmond, Va.	D3-'12
4	Steven Hauschka	K	6-4	210	6/29/1985	30	8	North Carolina State	Needham, Mass.	W(Den)-'11
5	B.J. Daniels	WR	5-11	217	10/24/1989	25	3	South Florida	Tallahassee, Fla.	W(SF)-'13
6	R.J. Archer	QB	6-2	220	8/5/1987	28	1	William & Mary	Charlottesville, Va.	FA-'15
7	Tarvaris Jackson	QB	6-2	225	4/21/1983	32	10	Alabama State	Montgomery, Ala.	FA-'13
9	Jon Ryan	P	6-0	217	11/26/1981	33	10	Regina	Regina, Saskatchewan	FA-'08
13	Chris Matthews	WR	6-5	218	10/6/1989	25	2	Kentucky	Long Beach, Calif.	FA-'14
15	Jermaine Kearse	WR	6-1	209	2/6/1990	25	4	Washington	Lakewood, Wash.	FA-'12
16	Tyler Lockett	WR	5-10	182	9/28/1992	22	R	Kansas State	Tulsa, Okla.	D3-'15
17	Kevin Smith	WR	6-0	218	12/21/1991	23	1	Washington	Compton, Calif.	FA-'15
18	Kasen Williams	WR	6-1	219	5/20/1992	23	R	Washington	Sammamish, Wash.	FA-'15
19	Douglas McNeil III	CB	6-3	200	7/22/1988	27	2	Bowie State	Baltimore, Md.	FA-'14
21	Will Blackmon	CB	6-0	204	10/27/1984	30	9	Boston College	Cranston, R.I.	FA-'15
22	Tye Smith	CB	6-0	195	5/3/1993	22	R	Towson	Windsor, Conn.	D5-'15
23	Steven Terrell	FS	5-10	197	9/21/1990	24	3	Texas A&M	Allen, Texas	FA-'14
24	Marshawn Lynch	RB	5-11	215	4/22/1986	29	9	California	Oakland, Calif.	T(Buf)-'10
25	Richard Sherman	CB	6-3	195	3/30/1988	27	5	Stanford	Compton, Calif.	D5(a)-'11
26	Cary Williams	CB	6-1	190	12/23/1984	30	8	Washburn	Miami, Fla.	UFA(Phi)-'15
27	Tharold Simon	CB	6-3	202	3/6/1991	24	3	LSU	Eunice, La.	D5(b)-'13
28	Marcus Burley	CB	5-11	185	7/16/1990	25	3	Delaware	Richmond, Va.	T(Ind)-'14
29	Earl Thomas	FS	5-10	202	5/7/1989	26	6	Texas	Orange, Texas	D1(b)-'10
31	Kam Chancellor	SS	6-3	232	4/3/1988	27	6	Virginia Tech	Norfolk, Va.	D5-'10
32	Robert Turbin	RB	5-10	222	12/2/1989	25	4	Utah State	Fremont, Calif.	D4(a)-'12
33	Christine Michael	RB	5-10	221	11/9/1990	24	3	Texas A&M	Beaumont, Texas	D2-'13
34	Thomas Rawls	RB	5-9	215	8/8/1993	22	R	Central Michigan	Flint, Mich.	FA-'15
35	DeShawn Shead	DB	6-2	220	6/28/1988	27	4	Portland State	Palmdale, Calif.	FA-'12
36	Ryan Murphy	FS	6-0	214	10/14/1992	22	R	Oregon State	Oakland, Calif.	D7-'15
37	Dion Bailey	SS	6-0	211	3/2/1992	23	2	USC	Lakewood, Calif.	FA-'14
39	Mohammed Seisay	CB	6-2	202	5/22/1990	25	2	Nebraska	West Springfield, Va.	T(Det)-'15
40	Derrick Coleman	FB	6-0	233	10/18/1990	24	4	UCLA	W. Los Angeles, Calif.	FA-'12
42	Ronald Martin, Jr.	FS	6-1	217	2/26/1993	22	R	LSU	While Castle, La.	FA-'15
45	Rod Smith	RB	6-3	226	1/10/1992	23	R	Ohio State	Fort Wayne, Ind.	FA-'15
46	Will Tukuafu	FB	6-2	280	1/3/1984	31	6	Oregon	Salt Lake City, Utah	FA-'14
47	Eric Pinkins	LB	6-3	230	8/7/1991	24	2	San Diego State	Sacramento, Calif.	D6(b)-'14
49	Clint Gresham	LS	6-3	260	8/24/1986	29	6	Texas Christian	Corpus Christi, Texas	FA-'10
50	K.J. Wright	LB	6-4	246	7/23/1989	26	5	Mississippi State	Olive Branch, Miss.	D4(a)-'11
51	Bruce Irvin	LB	6-3	260	11/1/1987	27	4	West Virginia	Atlanta, Ga.	D1-'12
52	Brock Coyle	LB	6-1	243	10/12/1990	24	2	Montana	Bozeman, Mont.	FA-'14
53	Tyrell Adams	LB	6-2	228	4/11/1992	23	R	West Georgia	Atlanta, Ga.	FA-'15
54	Bobby Wagner	LB	6-0	241	6/27/1990	25	4	Utah State	Ontario, Calif.	D2-'12
55	Frank Clark	DE	6-3	272	6/14/1993	22	R	Michigan	Cleveland, Ohio	D2-'15
56	Cliff Avril	DE	6-3	260	4/8/1986	29	8	Purdue	Green Cove Springs, Fla.	UFA(Det)-'13
57	Mike Morgan	LB	6-3	226	1/16/1988	27	5	USC	Dallas, Texas	FA-'11
58	Kevin Pierre-Louis	LB	6-0	236	10/7/1991	23	2	Boston College	Norwalk, Conn.	D4(c)-'14
59	Obum Gwacham	DE	6-5	249	3/20/1991	24	R	Oregon State	Chino Hills, Calif.	D6(a)-'15
62	Drew Nowak	C	6-3	292	3/7/1990	25	4	Western Michigan	Green Bay, Wis.	FA-'14
63	Mark Glowinski	G	6-4	310	5/3/1992	23	R	West Virginia	Wilkes-Barre, Pa.	D4(b)-'15
64	J.R. Sweezy	G	6-5	298	4/8/1989	26	4	North Carolina State	Mooreville, N.C.	D7(a)-'12
65	Patrick Lewis	C	6-1	311	1/30/1991	24	3	Texas A&M	Reserve, La.	PS(Cle)-14
66	KeaVon Milton	G	6-4	324	6/23/1990	25	3	Louisiana-Monroe	Canton, Texas	FA-'14
67	Kristjan Sokoli	C/G	6-5	302	9/24/1991	23	R	Buffalo	Bloomfield, N.J.	D6(b)-'15
68	Justin Britt	T	6-6	325	5/29/1991	24	2	Missouri	Lebanon, Mo.	D2(b)-'14
69	Terry Poole	T	6-5	323	2/27/1992	23	R	San Diego State	Monterey, Calif.	D4(a)-'15
70	T.Y. McGill	DT	6-0	299	11/23/1992	22	R	North Carolina State	Jesup, Ga.	FA-'15
72	Michael Bennett	DE	6-4	274	11/13/1985	29	7	Texas A&M	Alief, Texas	UFA(TB)-'13
74	Julius Warmsley	DT	6-2	276	5/15/1990	25	2	Tulane	Baton Rouge, La.	FA-'14
75	Will Pericak	C	6-3	300	12/30/1989	25	1	Colorado	Boulder, Colo.	FA-'15
76	Russell Okung	T	6-5	310	10/7/1988	26	6	Oklahoma State	Houston, Texas	D1(a)-'10
77	Ahtyba Rubin	DT	6-2	325	7/25/1986	29	8	Iowa State	Pensacola, Fla.	UFA(Cle)-'15
78	Alvin Bailey	G/T	6-3	320	8/26/1991	24	3	Arkansas	Broken Arrow, Okla.	FA-'13
79	Garry Gilliam	T	6-5	306	11/26/1990	24	2	Penn State	Carlisle, Pa.	FA-'14
82	Luke Willson	TE	6-5	252	1/15/1990	25	3	Rice	Lasalle, Ontario	D5(c)-'13
83	Ricardo Lockette	WR	6-2	211	5/21/1986	29	5	Fort Valley State	Albany, Ga.	FA-'13
84	Cooper Helfet	TE	6-3	239	6/2/1989	26	4	Duke	Kentfield, Calif.	FA-'12
85	Anthony McCoy	TE	6-5	259	12/28/1987	27	6	USC	Fresno, Calif.	D6-'10
87	RaShaun Allen	TE	6-4	250	2/25/1990	25	2	Southern	Cleveland, Ohio	FA-'14
88	Jimmy Graham	TE	6-7	265	11/24/1986	28	6	Miami	Goldsboro, N.C.	T(NO)-'15
89	Doug Baldwin	WR	5-10	189	9/21/1988	26	5	Stanford	Gulf Breeze, Fla.	FA-'11
90	Jesse Williams	DT	6-3	325	11/2/1990	24	3	Alabama	Brisbane, Australis	D5(a)-'13
91	Cassius Marsh	DE	6-4	254	7/7/1992	23	2	UCLA	Simi Valley, Calif.	D4(a)-'14
92	Brandon Mebane	DT	6-1	311	1/15/1985	30	9	California	Los Angeles, Calif.	D3-'07
93	David King	DT	6-4	281	12/27/1989	25	3	Oklahoma	Houston, Texas	PS(Cin)-'14
94	Alex Singleton	LB	6-2	233	12/7/1993	21	R	Montana State	Thousand Oaks, Calif.	FA-'15
95	Demarcus Dobbs	DE	6-2	282	11/30/1987	27	5	Georgia	Savannah, Ga.	W(SF)-'14
97	Jordan Hill	DT	6-1	303	2/8/1991	24	3	Penn State	Steelton, Pa.	D3-'13
Physically Unable to Perform										
10	Paul Richardson	WR	6-0	183	4/13/1992	23	2	Colorado	Los Angeles, Calif.	D2(a)-'14
20	Jeremy Lane	CB	6-0	190	7/14/1990	25	4	Northwestern St. (La.)	Tyler, Texas	D6(a)-'12
Injured Reserve										
44	Ryan Robinson	DE	6-3	251	12/9/1990	24	3	Oklahoma State	Buford, Ga.	FA-'14

2015 Seattle Seahawks Positional Roster

No.	Name	Pos.	Ht.	Wt.	Birthdate	Age	Exp.	College	Hometown	Acquired
5	B.J. Daniels	WR	5-11	217	10/24/1989	25	3	South Florida	Tallahassee, Fla.	W(SF)-'13
13	Chris Matthews	WR	6-5	218	10/6/1989	25	2	Kentucky	Long Beach, Calif.	FA-'14
15	Jermaine Kearse	WR	6-1	209	2/6/1990	25	4	Washington	Lakewood, Wash.	FA-'12
16	Tyler Lockett	WR	5-10	182	9/28/1992	22	R	Kansas State	Tulsa, Okla.	D3-'15
17	Kevin Smith	WR	6-0	218	12/21/1991	23	1	Washington	Compton, Calif.	FA-'15
18	Kasen Williams	WR	6-1	219	5/20/1992	23	R	Washington	Sammamish, Wash.	FA-'15
83	Ricardo Lockette	WR	6-2	211	5/21/1986	29	5	Fort Valley State	Albany, Ga.	FA-'13
89	Doug Baldwin	WR	5-10	189	9/21/1988	26	5	Stanford	Gulf Breeze, Fla.	FA-'11
62	Drew Nowak	C	6-3	292	3/7/1990	25	4	Western Michigan	Green Bay, Wis.	FA-'14
63	Mark Glowinski	G	6-4	310	5/3/1992	23	R	West Virginia	Wilkes-Barre, Pa.	D4(b)-'15
64	J.R. Sweezy	G	6-5	298	4/8/1989	26	4	North Carolina State	Mooreville, N.C.	D7(a)-'12
66	KeaVon Milton	G	6-4	324	6/23/1990	25	3	Louisiana-Monroe	Canton, Texas	FA-'14
67	Kristjan Sokoli	C/G	6-5	302	9/24/1991	23	R	Buffalo	Bloomfield, N.J.	D6(b)-'15
65	Patrick Lewis	C	6-1	311	1/30/1991	24	3	Texas A&M	Reserve, La.	PS(Cle)-'14
68	Justin Britt	G/T	6-6	325	5/29/1991	24	2	Missouri	Lebanon, Mo.	D2(b)-'14
75	Will Pericak	C	6-3	300	12/30/1989	25	1	Colorado	Boulder, Colo.	FA-'15
78	Alvin Bailey	G/T	6-3	320	8/26/1991	24	3	Arkansas	Broken Arrow, Okla.	FA-'13
69	Terry Poole	T	6-5	323	2/27/1992	23	R	San Diego State	Monterey, Calif.	D4(a)-'15
76	Russell Okung	T	6-5	310	10/7/1988	26	6	Oklahoma State	Houston, Texas	D1(a)-'10
79	Garry Gilliam	T	6-5	306	11/26/1990	24	2	Penn State	Carlisle, Pa.	FA-'14
82	Luke Willson	TE	6-5	252	1/15/1990	25	3	Rice	Lasalle, Ontario	D5(c)-'13
84	Cooper Helfet	TE	6-3	239	6/2/1989	26	4	Duke	Kentfield, Calif.	FA-'12
85	Anthony McCoy	TE	6-5	259	12/28/1987	27	6	USC	Fresno, Calif.	D6-'10
87	RaShaun Allen	TE	6-4	250	2/25/1990	25	2	Southern	Cleveland, Ohio	FA-'14
88	Jimmy Graham	TE	6-7	265	11/24/1986	28	6	Miami	Goldsboro, N.C.	T(NO)-'15
3	Russell Wilson	QB	5-11	206	11/29/1988	26	4	Wisconsin	Richmond, Va.	D3-'12
6	R.J. Archer	QB	6-2	220	8/5/1987	28	1	William & Mary	Charlottesville, Va.	FA-'15
7	Tarvaris Jackson	QB	6-2	225	4/21/1983	32	10	Alabama State	Montgomery, Ala.	FA-'13
24	Marshawn Lynch	RB	5-11	215	4/22/1986	29	9	California	Oakland, Calif.	T(Buf)-'10
32	Robert Turbin	RB	5-10	222	12/2/1989	25	4	Utah State	Fremont, Calif.	D4(a)-'12
33	Christine Michael	RB	5-10	221	11/9/1990	24	3	Texas A&M	Beaumont, Texas	D2-'13
34	Thomas Rawls	RB	5-9	215	8/8/1993	22	R	Central Michigan	Flint, Mich.	FA-'15
45	Rod Smith	RB	6-3	226	1/10/1992	23	R	Ohio State	Fort Wayne, Ind.	FA-'15
40	Derrick Coleman	FB	6-0	233	10/18/1990	24	4	UCLA	W. Los Angeles, Calif.	FA-'12
46	Will Tukuafu	FB	6-2	280	1/3/1984	31	6	Oregon	Salt Lake City, Utah	FA-'14
19	Douglas McNeil III	CB	6-3	200	7/22/1988	27	2	Bowie State	Baltimore, Md.	FA-'14
21	Will Blackmon	CB	6-0	204	10/27/1984	30	9	Boston College	Cranston, R.I.	FA-'15
22	Tye Smith	CB	6-0	195	5/3/1993	22	R	Towson	Windsor, Conn.	D5-'15
25	Richard Sherman	CB	6-3	195	3/30/1988	27	5	Stanford	Compton, Calif.	D5(a)-'11
26	Cary Williams	CB	6-1	190	12/23/1984	30	8	Washburn	Miami, Fla.	UFA(Phi)-'15
27	Tharold Simon	CB	6-3	202	3/6/1991	24	3	LSU	Eunice, La.	D5(b)-'13
28	Marcus Burley	CB	5-11	185	7/16/1990	25	3	Delaware	Richmond, Va.	T(Ind)-'14
35	DeShawn Shead	DB	6-2	220	6/28/1988	27	4	Portland State	Palmdale, Calif.	FA-'12
39	Mohammed Seisay	CB	6-2	202	5/22/1990	25	2	Nebraska	West Springfield, Va.	T(Det)-'15
55	Frank Clark	DE	6-3	272	6/14/1993	22	R	Michigan	Cleveland, Ohio	D2-'15
56	Cliff Avril	DE	6-3	260	4/8/1986	29	8	Purdue	Green Cove Springs, Fla.	UFA(Det)-'13
59	Obum Gwacham	DE	6-5	249	3/20/1991	24	R	Oregon State	Chino Hills, Calif.	D6(a)-'15
72	Michael Bennett	DE	6-4	274	11/13/1985	29	7	Texas A&M	Alief, Texas	UFA(TB)-'13
91	Cassius Marsh	DE	6-4	254	7/7/1992	23	2	UCLA	Simi Valley, Calif.	D4(a)-'14
95	Demarcus Dobbs	DE	6-2	282	11/30/1987	27	5	Georgia	Savannah, Ga.	W(SF)-'14
70	T.Y. McGill	DT	6-0	299	11/23/1992	22	R	North Carolina State	Jesup, Ga.	FA-'15
74	Julius Warmesley	DT	6-2	276	5/15/1990	25	2	Tulane	Baton Rouge, La.	FA-'14
77	Ahtyba Rubin	DT	6-2	325	7/25/1986	29	8	Iowa State	Pensacola, Fla.	UFA(Cle)-'15
90	Jesse Williams	DT	6-3	325	11/2/1990	24	3	Alabama	Brisbane, Australis	D5(a)-'13
92	Brandon Mebane	DT	6-1	311	1/15/1985	30	9	California	Los Angeles, Calif.	D3-'07
93	David King	DT	6-4	281	12/27/1989	25	3	Oklahoma	Houston, Texas	PS(Cin)-'14
97	Jordan Hill	DT	6-1	303	2/8/1991	24	3	Penn State	Steelton, Pa.	D3-'13
47	Eric Pinkins	LB	6-3	230	8/7/1991	24	2	San Diego State	Sacramento, Calif.	D6(b)-'14
50	K.J. Wright	LB	6-4	246	7/23/1989	26	5	Mississippi State	Olive Branch, Miss.	D4(a)-'11
51	Bruce Irvin	LB	6-3	260	11/1/1987	27	4	West Virginia	Atlanta, Ga.	D1-'12
52	Brock Coyle	LB	6-1	243	10/12/1990	24	2	Montana	Bozeman, Mont.	FA-'14
53	Tyrell Adams	LB	6-2	228	4/11/1992	23	R	West Georgia	Atlanta, Ga.	FA-'15
54	Bobby Wagner	LB	6-0	241	6/27/1990	25	4	Utah State	Ontario, Calif.	D2-'12
57	Mike Morgan	LB	6-3	226	1/16/1988	27	5	USC	Dallas, Texas	FA-'11
58	Kevin Pierre-Louis	LB	6-0	236	10/7/1991	23	2	Boston College	Norwalk, Conn.	D4(c)-'14
94	Alex Singleton	LB	6-2	233	12/7/1993	21	R	Montana State	Thousand Oaks, Calif.	FA-'15
2	Keenan Lambert	SS	6-0	209	2/28/1992	23	R	Norfolk State	Norfolk, Va.	FA-'15
23	Steven Terrell	FS	5-10	197	9/21/1990	24	3	Texas A&M	Allen, Texas	FA-'14
29	Earl Thomas	FS	5-10	202	5/7/1989	26	6	Texas	Orange, Texas	D1(b)-'10
31	Kam Chancellor	SS	6-3	232	4/3/1988	27	6	Virginia Tech	Norfolk, Va.	D5-'10
36	Ryan Murphy	FS	6-0	214	10/14/1992	22	R	Oregon State	Oakland, Calif.	D7-'15
37	Dion Bailey	SS	6-0	211	3/2/1992	23	2	USC	Lakewood, Calif.	FA-'14
42	Ronald Martin, Jr.	FS	6-1	217	2/26/1993	22	R	LSU	White Castle, La.	FA-'15
4	Steven Hauschka	K	6-4	210	6/29/1985	30	8	North Carolina State	Needham, Mass.	W(Den)-'11
9	Jon Ryan	P	6-0	217	11/26/1981	33	10	Regina	Regina, Saskatchewan	FA-'08
49	Clint Gresham	LS	6-3	260	8/24/1986	29	6	Texas Christian	Corpus Christi, Texas	FA-'10

On this page:

Unofficial Depth Chart Pronunciation Guide



Offense

WR	89	Doug Baldwin	16	<u>Tyler Lockett</u>	5	B.J. Daniels
					13	Chris Matthews
LT	76	Russell Okung	78	Alvin Bailey		
LG	68	Justin Britt	78	Alvin Bailey	66	KeaVon Milton
					67	<u>Kristjan Sokoli</u>
C	62	Drew Nowak	65	Patrick Lewis	75	Will Pericak
RG	64	J.R. Sweezy	63	<u>Mark Glowinski</u>		
RT	79	Garry Gilliam	69	<u>Terry Poole</u>		
TE	88	Jimmy Graham	82	Luke Willson	84	Cooper Helfet
			85	Anthony McCoy	87	RaShaun Allen
WR	15	Jermaine Kearse	83	Ricardo Lockette	17	Kevin Smith
					18	<u>Kasen Williams</u>
QB	3	Russell Wilson	7	Tarvaris Jackson	6	R.J. Archer
FB	40	Derrick Coleman	46	Will Tukuafu		
RB	24	Marshawn Lynch	32	Robert Turbin	33	Christine Michael
			34	<u>Thomas Rawls</u>	45	<u>Rod Smith</u>

Defense

LDE	72	Michael Bennett	55	<u>Frank Clark</u>	95	Demarcus Dobbs
LDT	77	Ahtyba Rubin	93	David King	90	Jesse Williams
RDT	92	Brandon Mebane	97	Jordan Hill	74	Julius Warmlesley
					70	<u>T.Y. McGill</u>
RDE	56	Cliff Avril	91	Cassius Marsh	59	<u>Obum Gwacham</u>
OLB	51	Bruce Irvin	57	Mike Morgan	47	Eric Pinkins
MLB	54	Bobby Wagner	52	Brock Coyle	94	<u>Alex Singleton</u>
OLB	50	K.J. Wright	58	Kevin Pierre-Louis	53	<u>Tyrell Adams</u>
LCB	25	Richard Sherman	28	Marcus Burley	22	<u>Tye Smith</u>
					19	Douglas McNeil III
RCB	26	Cary Williams	21	Will Blackmon	27	Tharold Simon
					39	Mohammed Seisay
SS	37	Dion Bailey	35	DeShawn Shead	2	<u>Keenan Lambert</u>
FS	23	Steven Terrell	36	<u>Ryan Murphy</u>	42	<u>Ronald Martin, Jr.</u>
					29	(Earl Thomas)

Specialists

K	4	Steven Hauschka				
P	9	Jon Ryan				
H	9	Jon Ryan				
PR	16	<u>Tyler Lockett</u>	89	Doug Baldwin	5	B.J. Daniels
KR	16	<u>Tyler Lockett</u>	89	Doug Baldwin	5	B.J. Daniels
LS	49	Clint Gresham				

() injured; Underline Rookie or 1st Year

PRONUNCIATION GUIDE

Clint Gresham... GRESH-um

Obum Gwacham...

oh-BOOM GWOTCH-um

Steven Hauschka... HOWSH-kuh

Ricardo Lockette... LOCK-it

Cassius Marsh... CASH-iss

Christine Michael... KRIS-tin

KeaVon Milton... KEE-von

Drew Nowak... NO-wok

Russell Okung... oh-KOON

Will Pericak... PRE-check

Kevin Pierre-Louis... PEE-air lewis

Ahtyba Rubin... ah-TAH-bah

Mohammed Seisay... SEE-say

DeShawn Shead... SHED

Tharold Simon... THAIR-uld

Kristjan Sokoli... KRISH-jin suh-KO-lee

Steven Terrell... TAIR-ull

Will Tukuafu... TOO-koo-ah-foo

Kasen Williams... KAY-sin