

# RAIDERETTE OF THE GAME

Sheila

4<sup>th</sup> SEASON

BY JENNA ANGELO

Sheila is a genuine, caring soul who is passionate about finding ways to help others feel good about themselves. She owns her own microblading business where she can boost the confidence of her clients and make people feel more beautiful on a daily basis. While her beauty business is successful in making adults feel better about themselves, Sheila originally intended to work with kids and help them develop healthy habits and life skills.

Sheila graduated with a bachelor's degree from San Jose State University in Child and Adolescent Development. She has worked and volunteered in various childcare roles such as tutor and nanny, and she even spent some time teaching kindergarten. Ultimately, she would like to open a daycare that focuses on giving young children the tools to lead healthy lifestyles and build up their self-esteem through adolescence by teaching social and emotional skills, nutrition, and of course, dance.

Throughout her four years as a Raiderette, Sheila claims her own social skills have improved. "I used to be extremely shy and afraid to talk to people, but Raiderettes has helped me open up and be more social," Sheila said. It first began by building relationships within the team. "I love how close we all are, everyone has a unique story about them that makes them special," Sheila said. Eventually she learned how to engage with fans and build a relationship with Raider Nation. Through community appearances, Sheila gained the confidence to approach people and strike up conversations out of thin air. "Just keep a smile on your face and be present in the conversation and the rest will come naturally," Sheila said.

Nowadays, engaging with Raider Nation is Sheila's favorite part of being a Raiderette. "Raider fans are die-hard, and I feed off their energy," Sheila said. "One of the most rewarding things for me is to be able to go out in the community, especially to the schools, and read books to the kids, or do a Play 60 event. I've always enjoyed working with kids and I love that the Raiders are able to inspire the youth to dream big." The Raiders organization may create the opportunities, but it's, in fact, Sheila's positive presence and encouraging energy that can inspire anyone she encounters to achieve more. Dancing and smiling her way through each season, Sheila has made an impact on her team and on Raider Nation at large.

