



Oakland Raiders Transcript

Head Coach Jack Del Rio

Opening Statement: "Alright, we're ready to wrap it up and head back to the Bay. It's a very productive time up here in Napa, so we're really appreciative of our organization and the efforts they make for us to have a really good camp. It's an excellent set up and everything went really well, really smooth. I know the natural question is going to hit me on a couple of the guys. Obviously, one is not here, his choice. You have a couple of others that haven't been able to join us at practice yet, and they're working. They're doing everything we're asking. They'll come back when they can. Until then, we just move on. We're looking forward to playing at home this week in front of our crowd. I'm excited about that opportunity to kick that off."

Q: Have you determined who is going to play and who is not? Do you think some of the frontline guys that sat out last week will play in this game?

Coach Del Rio: "Yes. How much? Not really set on that yet. Typically, you go into the second quarter, maybe even deep into the second quarter. We'll see how it's all going. Kind of a play total in mind in terms of conditioning that I think we need to get. We'll adjust as we need to, but that's the plan."

Q: Does that include Derek Carr?

Coach Del Rio: "Yes."

Q: Do you figure that your quarterback rotation will be the same as in Arizona?

Coach Del Rio: "Probably."

Q: Do you feel that EJ Manuel has kind of pulled away a little bit from Connor Cook as far as the backup quarterback battle goes?

Coach Del Rio: "I think the time we had here and the first game the other night, I think he has done a little more, done enough to be in the second slot. I think they'll continue to alternate reps and both get opportunities to show us. I'm pleased with both of the guys. I thought both guys operated pretty darn well the other night."

Q: Would you say that you're happy with how you've avoided injuries this camp?

Coach Del Rio: "I think we came in with a purposeful mind going after things, accomplishing things. In terms of installation, in terms of situational awareness and those things, we're coaching and teaching. I think we were able to work and get guys either back or really close to being back and I feel really good about the way camp went. It was a strong camp. It was very purposeful and very productive."

Q: Are you getting close to the point where you don't know how much if at all you can use Gareon Conley in the season opener?

Coach Del Rio: "No. I don't think we're there. Obviously, the next couple of weeks will be huge."

RB Marshawn Lynch

Q: Talk about how it feels to wrap things up with your new team in the NFL.

Lynch: "It feels pretty good to go through camp and put another under my belt."

Q: How does your body feel?

Lynch: "My body is feeling pretty good, considering I was off for that time. It's straight."



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Q: Can you talk about what you've got going on this weekend?

Lynch: "We're doing a backpack giveaway at my high school. I think this will be the 11th one. It'll be at Oakland Tech. We're giving out backpacks and school supplies to kids in need."

Q: What about the opportunity you gave some special kids last week?

Lynch: "Yeah, that was BeastMode Build a Business, it was an opportunity to give some kids with some great ideas an opportunity and a platform to do something otherwise they wouldn't have been able to do. It was a success, a lot of kids came out and shared their ideas that they had going on. Two of them actually won with an opportunity to do a pop-up shop at the BeastMode store. That's solid."

Q: Let's address the elephant in the room on Saturday, because there's a lot of contention about you not standing for the National Anthem.

Lynch: "I think the elephant left the room because a little mouse ran in here. Didn't they say elephants are scared of mice or something? That [expletive] left the room."

Q: Do you feel that Coach Del Rio gives players the space to be themselves?

Lynch: "Yeah because on doctor-24, it's a designed way that you're supposed to run it but I have all freedom to go any way that I choose to run it. I would say yes."

Q: Do you feel like this has rejuvenated you?

Lynch: "To be honest, I would say just getting my mentality back to waking up early and getting it going and doing something physical, in order to get my body back to its playing ability. That was the hardest thing for me because I'm not a morning person. After that was over, it was straight."

Q: Did you miss playing football the last two years?

Lynch: "No."

Q: How excited are you to play in the Coliseum on Saturday?

Lynch: "It's truly a blessing and just to have the opportunity to go and do that is a good [expletive] feeling. It's a good [expletive] feeling."

Q: How much easier is it to continue your outreach in Oakland now that you're back?

Lynch: "I plan on continuing to do what I do in the community. It'll probably be that now that I'm here, more people that are in the community might actually come out and support what it is that we've got going on."

Q: There are some other young running backs on this team. Have they been approaching you much for advice?

Lynch: "They're all talented. The biggest thing is that most of them probably were watching me when they were in middle school or high school, so it's kind of crazy. I call all of them my kids so I'm their daddy. But to watch them work and see the work that they put in is a blessing and at the same time, I want to make sure that I uphold their standard of what they put on film. They're all good so I just want to make sure that I fit in with them and continue to just run the ball like the Raiders have been doing."

Q: There are going to be a lot of people wearing your jersey in the Coliseum. Will it matter to you if they sit or stand for the Anthem?

Lynch: "When we run 74 or something like that, where I have to scan and read on both sides, that is pretty difficult. For the most part, I'm a veteran so I can make it work."



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Q: Do you have any advice to the younger fans?

Lynch: "Just the ones that ask for it. If they ask, I don't withhold any information from them because I want to see all of them succeed. I don't force anything on anyone."