

CB Daryl Worley

Worley: "...It was amazing for me, just to be able to get another opportunity because many people don't get a second chance. I was blessed to be able to get another chance and make the best of it."

Q: Have you heard anything from the league?

Worley: "No, I haven't."

Q: How quickly do you feel like you've been able to pick up the defense?

Worley: "It's been pretty solid. I played pretty similarly when I was in Carolina so it wasn't too much to learn except the terminology. That was really the biggest switch and being able to speak the same language as the coaches is really the biggest thing that I had a challenge with."

Q: You play mostly outside corner, is that where you feel most comfortable? Worley: "Yes."

Q: Do you lean on Reggie Nelson, a guy that has played in Paul Guenther's defense before?

Worley: "Yes, definitely. Not only have they played in Coach Guenther's defense, they've played in this NFL for a long time. Guys that have double-digit years, you have to soak up the knowledge whenever you can. Asking questions, even when you may not necessarily have a question. You just want to see it how they see it and if it relates to you."

Q: Having known Karl Joseph, did he help ease your transition?

Worley: "Yes, definitely. Karl is my guy. We had three years together at West Virginia and ended up coming into the NFL at the same time. He got me acclimated to everything even though he had a few weeks in front of me with the coaches, he let me know what they expect. Being able to come in and make the transition with him was very helpful."

Q: How do you feel about you and Karl being here together to take your games to the next level?

Worley: "That's definitely something we talk about. It's definitely time to take us to the next level. With both of us being in our third year, it's time for both of us to elevate our game. Same exact way we did in college. We always push each other, whether it's on the field or off the field. We have little talks and whether it's said or not said, we're always competing to make plays."

Q: What does elevating your game mean to you?

Worley: "Just being able to compete each and every day, continue to get better against the top guys out here. Continuing to work. Being able to prove to the coaches that I can make plays, be consistent play-in and play-out, no matter the situation."

Q: What's your approach been to make sure this is the right opportunity?

Worley: "I've really been an open book. Really just letting the coaches and players around me make their imprint, and I adjust accordingly. Being able to go out there and show them I'm for the team. Continuing to work and make the plays that come my way, continue to compete and show the guys that I'm here to work."

Q: To you, what is the formula to getting interceptions?

Worley: "With the ball skills that I had coming out of college, being able to transition that and make those plays on the ball is big for us. That's one thing... we have a bunch of different guys that have come from a bunch of different places. We've been trying to emphasize making more plays on the ball. Everyone wants to do it. It's easier said than done, but as long as we're working and continuing to compete, it should be pretty good."



Q: You mentioned getting a second chance here. How do you reflect on the experience you had going to Philadelphia for a short time and then how did the Raiders reach out?

Worley: "Honestly, I took it as a learning experience. It's something that happened. You can't change the past. Just like plays on the field, you can't change what happened. You just have to move on to the next one. I was thankful when I talked to Coach Gruden on the phone. It was a very passionate conversation. He was understanding. People make mistakes in life. It's not about the mistake, it's about whether you learn from it and what you do continuing to move forward in the future."

Q: Coach Gruden said he talked to a lot of your former teammates and coaches and a lot of people went to bat for you. How much does that mean to you?

Worley: "That definitely means a lot, being able to have other people speak for your character says a lot about you."

QB Derek Carr

Q: What's it like having Peyton Manning out here at practice today?

Carr: "Absolutely. Peyton is one of my favorite all time. He's one of the best to ever play the game. Just to pick his mind, see some things that we think the same on, see some things that he's seen over the years that he can ad to help me and my preparation and whatever we're doing on the field. I took full advantage of today, after whatever drill I would go, 'Hey, how was communication? How was execution?' And he'd give us feedback. To have that from someone like Peyton, I think that's kind of invaluable."

Q: Peyton is the age that he was probably a quarterback you watched growing up.

Carr: "Yeah, he's one of my favorites. That's for sure. I loved watching him except when they'd beat the Texans growing up. Definitely, definitely enjoyed what he was doing with his group."

Q: Had you met him before?

Carr: "Yeah, so obviously we played against each other so I talked to him a couple of times. This stinks, the one time that we beat them while he was there, he just decided he didn't want to play that one. I think the world of Peyton. I knew him before a little bit, but just being able to see him today and really talk to him on a more personal level, just asking questions, was really beneficial."

Q: It had been quick exchanges after games, right?

Carr: "Yeah, right. Right. Honestly, I talked to Eli [Manning] more, just because of my brother. We had that relationship and stuff like that. Eli and I are playing at the same time still and that kind of thing. Just having today with Peyton was just fantastic. I've taken things from his game. Even from preparation, things that I could learn from my brother through Eli and all those kinds of things to stealing his warmup routine. I've taken things from Peyton my whole life, so I definitely didn't stop today."

Q: Jared Cook said you're a completely different quarterback this year because of how you're being challenged more mentally. I know you liked playing for Jack Del Rio and Todd Downing, but do you feel a difference in the mental aspect?

Carr: "It's just the demand is different. Again, you guys know how I feel about those guys, I love them to death. So, I have nothing but good things to say. It's just a different way of meeting. We meet differently. We'll be watching film and out of nowhere Coach [Jon] Gruden [will say,] 'Derek, call the play. Where are you going with it? Derek, call the play. Where are you going with it? What's the coverage? What's the corners technique? What's this? What's that?' And I'm answering it, bam, bam, like that. Every meeting. I have to be on my game in front of my teammates. It's awesome, man. I absolutely love it. He wants me to get up in front of the room and show them the



way I do things and here it from my voice. Just the way the quarterback position is treated. He's a quarterback guy, being the head coach is completely different."

Q: What was it like having Charles Woodson back?

Carr: "Oh man, C-Wood, man, we were just sitting there last night laughing at some old stories. Just not even stuff about football, man, stuff that happened on airplanes, you know jokes someone has told. Oh man, we were just sitting there dying laughing with each other. He still gets mad at me for not throwing him the go-ball in the Pro Bowl. Of course, that's one of the first things he brought up. I made sure I reminded him he didn't throw me the ball in the endzone against the Chargers either, in overtime. We like to have a good time together. I love C-Wood. I still talk to him. He still gets on me just like you do when he was here. He has since he's retired. Just to be able to see him, it's always good to see him. That's my dog."

Q: Has Gruden asked you to get up in front of the room with Peyton in there?

Carr: "Oh yeah, I mean yeah. It doesn't matter who's in the room. Coach Gruden won his Super Bowl also. We have to do it no matter who is in the room."

Q: Do you feel like that back-and-forth communication has accelerated your acclamation process to this new offense?

Carr: "Absolutely. Me and Coach Gruden talk about it all the time, we don't feel like we're in the first year together. Clearly we spent a lot of time together. I started sounding like him. The way I talk and certain comments I make, which is cool. That's good. That's how it should be. Him and I should be on the same page. We should think the same way. There should be no secrets between us. I know where he's at. He knows where I'm at. Just having that open relationship like that with the head coach. Also, so open that the other players see it, that's just good for the football team."

Q: How often do you guys sit down together on a given day?

Carr: "Every day."

Q: Multiple times?

Carr: "Multiple times, every day. Yes. Whenever we're not doing something, we're together. If we're in an offensive meeting. If we're not in an offensive meeting, I'm sitting right next to him in the quarterback room. If I'm not in on a rep, I'm standing right by him. He's [saying,] 'Hey what do you think? What would you get to here? What would you do? What would you do?' That's the way it should be. He challenges me. He pushes me. He wants the best for me. You can tell that with his preparation every day. He's ready every day to give me something to let me dominate that day. It's awesome."

Q: With the way he gives you those questions does it feel like the first time you two met?

Carr: "It definitely doesn't feel that way anymore. I know what you're saying though with how he just comes at you with everything. At that point, it was just like, man this is just so cool. What can I learn from this guy? This is awesome. Never thinking like we're going to take the field together. Now him and I are just sitting there with our minds just going. How can we dominate. How can we kick [defensive coordinator Paul] Guenther's butt when we come out here. Now it's a different mindset. What do you want coach? What do you want? He asks me, 'What do you want?' We talk back and forth. We take what's best. We go out there and we try to put a good thing out there every day together. That's what's been really cool."

Q: What benefit is there from watching film from the 1960's and 1970's?

Carr: "Well, if it's the same coverage as people are playing today and it's the same route that we're trying to install, you get a whole bunch of benefit seeing somebody else do it. You get a different taste of how someone would



release or how someone would break or the timing of the quarterback, the kind of drops they would take, all those different things. If it helps makes us better, then it's awesome. I think Jared likes the old grainy film. (*laughter*)"

Q: Can you see the film?

Carr: "Yeah, yeah, it's just a little blurry. (*laughter*) It's not high definition, but it's awesome man. I say this every day, I don't think there's a play ever run in football that he [Coach Gruden] hasn't seen on game tape. I'll stick by that for the rest of my life because he's pulled out some stuff that I didn't know he had. He had some practice film of me at the senior bowl, throwing a route that we were installing. (*laughter*) That's how much he watches football."

Q: Has there been a time where you got up in front of a meeting or were asked a question in your meetings and you didn't know the answer?

Carr: "Nope, honestly. Not just because I'm standing here, I have to be ready. If I'm not ready, our team's not ready. So, there hasn't been a time. That's why him and I work together so hard. That's why he and I spend so much time together so that he knows, no matter at what time, he can say, 'Derek, get up there,' I know what's going on."

Q: How many hours a day would you say that you and Coach Gruden are either in communication or actually together?

Carr: "You know, the other night I was dreaming of him calling a play. (*laughter*) So, I'll just say 24 hours. (*laughter*) We're always thinking of the next play, of the next call, of the next adjustment. I think he's brainwashed me a little bit. I guess I kind of feel like his quarterback robot a little bit."

Q: Does it feel like it's surprising for you to learn just how much of an ocean of information is out there?

Carr: "That's what's crazy. Obviously, you don't know what you don't know, right? When he came in, I always had beliefs in certain things, 'Oh, man that'd be cool. That makes sense.' And then when he got there, he just kind of put the icing on that cake for me. That's the way to think, you're on the right track kind of thing – I've won a Super Bowl thinking that way kind of a deal. And he's never said that, but I'm just saying the way that he teaches, the way that he demands, the way that we meet, it makes me...I'll say it this way, it makes me thankful to have him. It also makes me feel like, dang, a lot of rookie quarterbacks should really have this. I feel bad for the guys that don't have a coach like that. There's a lot of great coaches, but quarterback wise – some of those rookies – to have someone like him, it's very, very beneficial."

Q: Is there anything specific that he's kind of altered the way you think about it?

Carr: "No, just the way that we run our system and things like that. Obviously, that's different, different keys on coverages and players and things like that. You think that you're looking at something deep and then you take it a step further on the practice field or in a walkthrough or whatever, just his little things he's learned over the years, same things with Peyton, the little things he's learned over the years, little tweaks here, I'm benefiting from both of them having 20-plus years of knowledge in the game. Picking their brain, just like I'm sitting here at Year 5 being able to tell some of the other guys, 'I've seen it this way. Trust me, do it like this.' Well, they've done it for four times that time."

Q: Is there anything further that has stood out to you about Jordy Nelson now that you have seen him in pads?

Carr: "Yeah, he doesn't slow down. Obviously, you would think with a guy his age, everyone would think 'oh man, he'll be a little sore' or whatever. The guy will sit out here and stretch until everyone is gone. He gets out here and makes sure he feels good, mentally and physically, until everyone leaves. The thing about Jordy, obviously, he can play football. I think we all saw that. The past two days we've seen him take it over the top, we've seen him catch a little sail route or whatever for about 20 and take it 60 and not get touched. We've seen him go across the middle, we've seen him play football. I think the thing that everyone would obviously not get to see is what he does in the meeting rooms, what he does on the side with the other receivers, the things he talks about when no one's looking, those kinds of things that help our team just be better. He makes sure that receiver room is on it, because when he



goes out there, when our receivers go out there, his name is put on that also. So, he wants to make sure everyone is right and he does a good job of leading them."

Q: We know he is 33, but simply just seeing Nelson in practice, what would you think?

Carr: "Oh, you would definitely think he's in his 20's. I mean he was an all-state 100-meter champ. I think he was an all-state football player, basketball player. You just see the athlete. Even from a young age, the dude could run. I don't think running will ever be an issue for him. He's like one of those guys that they'll come off and run a 4.4 [forty-yard dash] when he's 48 or something like that and we'll all be shocked. Just seeing him run, it'll be like yeah, that's Jordy."

Q: Marcell Ateman has been making some nice catches in practice recently. Coach Gruden said the other day that it is rare for veteran quarterbacks to call a rookie number with the media here. If he were to make this team, what can he provide you guys?

Carr: "Yeah, again, Coach Gruden is right. It's hard when we're out there with the one's, I have a lot of matchups that I could throw to. I got a lot of things I can get to, to throw certain routes. And for me to say, 'Alright, rook, here's your one chance,' and him make the play, 'Okay rook, here we go again,' and then he makes the play again. Then you start to see, okay this guy is pretty good. This guy can be one of those matchups for us. It's nice and he has to continue to do it because there's a very competitive receiver room trying to make this team. We love Marcell, I think he's doing a great job, and I think that I could have threw a better pass to him on the sideline today. (*laughter*)"