Carolina Panthers Practice
Check www.panthers.com for more details. Practice schedule is subject to change without notice. Players sign autographs for fans at the conclusion of training camp practices. However, due to demand, not all fans are guaranteed to receive autographs.

Kickoff Party
Celebrate the start of training camp at Gibbs Stadium from 4-6:30 p.m. prior to the opening practice, which begins at 6:30 p.m. Festivities include on-field performances by the TopCats, Sir Purr, PurrCussion and Black & Blue Crew, Mayors’ Ball Delivery, face painting, food, interactive games, sponsor displays and more. Admission is free.

Panthers Pals presented by Academy Sports + Outdoors
Panthers Pals offers children ages 6-13 an opportunity to watch part of practice from field level and then spend time with a player afterward. Kids can register to be a Panthers Pal at the Academy Sports + Outdoors Kids Field located outside the entrance to the practice fields. Five names will be randomly chosen 45 minutes before the end of practice. The children selected will receive a Panther Pal T-shirt and will be escorted to a special area to watch the conclusion of practice.

Play 60 Day presented by Atrium Health
A free, action-packed, full-field attraction with kid-style NFL combine activity stations and inflatables. Play 60 Day presented by Atrium Health will be held on the Wofford intramural field adjacent to the main training camp entry gate. A great training camp experience for kids, families and youth groups!

Academy Sports + Outdoors Field
The Academy Sports + Outdoors Field offers kids a great place to toss a football and enjoy active family fun. It is open during training camp practice days and conveniently located by the main spectator entrance gate.

Fan Fest
Experience the Carolina Panthers first 2018 appearance in Bank of America Stadium followed by a spectacular fireworks and laser light show! Admission is $5 with proceeds benefitting Carolina Panthers Charities. A reserved ticket is required for entry. Tickets will be available on a first-come, first-served basis on Panthers.com. Tickets are limited to six per household and can be printed at home starting August 1. There will be performances by the TopCats, Sir Purr, PurrCussion and Black & Blue Crew followed by team practice beginning at 7 p.m. Transparent, plastic, vinyl or PVC bags smaller than 12” x 6” x 12” will be allowed after inspection.

Share your photos from training camp with us! Tag your Instagram and Twitter photos with #PanthersCamp for a chance to see them in our fan gallery on Panthers.com!

Prohibited and Permitted Items
To ensure that all fans have a safe and enjoyable visit to training camp, the following items are not permitted in the practice field complex:

- Alcoholic beverages
- Explosives
- Fireworks
- Horns, bells, whistles and other noise makers
- Illegal drugs
- Oversize tents
- Pets, except service animals assisting those with disabilities
- Weapons of any kind and size, including guns, knives, scissors and those carried with a permit
- Other items that in the judgment of the Carolina Panthers pose a safety hazard or diminish the enjoyment of an event by other patrons

Prohibited items that are discovered during security inspections at entrance gates must be either returned to the owner’s vehicle or discarded. Unlawful items that are discovered during security inspections are subject to confiscation, and the person in possession of those items may be denied entrance into the facility and is subject to arrest. Any prohibited item that is discovered is subject to confiscation.

The following items are permitted in the practice field complex:

- Approved items for player autographs
- Backpacks
- Containers for medical supplies
- Coolers and containers (no glass)
- Flags without poles or sticks
- Folding chairs
- Seat cushions
- Selfie sticks
- Strollers
- Tablets
- Umbrellas
- Video equipment