

2025

TRAINING CAMP

emplyfHEALTH

by Bellin

TRAINING

CAMP

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|---|--|----------------------------|
| | <div>21</div> <div>JULY</div> | 22 | <div>23</div> <div>10:30 A.M.</div> | <div>24</div> <div>10:30 A.M.</div> | <div>25</div> <div>10:30 A.M.</div> | 26 |
| <div>27</div> <div>10:30 A.M.</div> | <div>28</div> <div>10:30 A.M.</div> | 29 | <div>30</div> <div>10:30 A.M.</div> | <div>31</div> <div>10:30 A.M.</div> | <div>1</div> <div>AUGUST</div> | <div>2</div> <div> </div> |
| <div>3</div> | <div>4</div> | <div>5</div> <div>10:30 A.M.</div> | <div>6</div> <div>10:30 A.M.</div> | <div>7</div> <div>10:30 A.M.</div> | <div>8</div> | <div>9</div> <div> </div> |
| <div>10</div> | <div>11</div> | <div>12</div> <div>10:30 A.M.</div> | <div>13</div> | <div>14</div> | <div>15</div> | <div>16</div> <div> </div> |
| <div>17</div> | <div>18</div> | <div>19</div> <div>10:30 A.M.</div> | <div>20</div> | <div>21</div> <div>10:30 A.M.</div> <div>Joint practice with Seahawks</div> | <div>22</div> | <div>23</div> <div> </div> |
| <div>24</div> | <div>25</div> | <div>26</div> | <div>27</div> | <div>28</div> | <div> <div>All dates & times are subject to change.</div> <div>All times listed are CT.</div> </div> | |

