



Welcome to the eighth edition of the New York Jets 2026 Girls Flag Football Weekly Recap. We're excited to share the latest initiatives and events that highlight our dedication to empowering young athletes and promoting inclusivity. From growing youth football to providing opportunities for disadvantaged populations, the Jets are dedicated to fostering a spirit of unity and support. Stay tuned for updates on the season.

Jets and Palace for Life Host Finale of Jets NFL Girls Flag League in London

The New York Jets and Palace for Life, the official charity of Crystal Palace Football Club, hosted the Championship Day of the 2026 Jets NFL Girls Flag League at the Crystal Palace FC Academy, culminating the league's fourth season following 10 weeks of competition. Kingston Academy captured the title with a 20-18 win over Grey Court School, while Ella Fallahi Alvani (Kingston Academy) earned Offensive MVP honors and Olivia Green (Grey Court School) was named Defensive MVP. The 2026 league featured more than 300 girls, ages 12-15, representing 32 secondary schools across London.



The championship marked a significant milestone in the Jets growing international commitment to girls flag football and their first collaboration with Palace for Life. Building on that partnership, the Jets will expand the league in South London in 2027, providing new schools with uniforms, equipment, and travel support while continuing to host marquee events at the Crystal Palace FC Academy. The initiative reflects the Jets broader investment in growing access to the sport and creating meaningful opportunities for young female athletes.



Championship Day also featured the unveiling of Jets Flag Elite London roster, a new all-girls travel team composed of top league talent that will provide advanced development and a clear pathway from school participation to elite competition. As flag football continues to grow globally, including its upcoming inclusion in the 2028 Olympic Games, the Jets and Palace for Life are helping drive that momentum locally by expanding access, building community partnerships, and inspiring the next generation of players.





St. Louis High School Crowned Champions of Jets NFL Girls Flag League in Ireland

The New York Jets crowned St. Louis High School as champions of the 2026 Jets NFL Girls Flag League in Ireland, following a 20–6 victory over Adamstown Community College on Championship Day. The finale capped a competitive second season that brought together 160 girls, ages 12–15, from 16 schools across Dublin. Individual honors went to Holly (St. Louis) as Offensive MVP and Andi (Adamstown) as Defensive MVP, recognizing standout performances throughout the competition.



Building on a successful inaugural year, participation in the league doubled in 2026, underscoring the growing demand for girls flag football in Ireland. Designed to expand access to sport through NFL Flag, the league provides a fun and inclusive environment while helping participants develop key life skills such as teamwork, communication, and resilience. Championship Day served as a celebration of that growth, featuring both high-level competition and a fan-friendly atmosphere with interactive activities for players and spectators.



The Jets' continued investment in girls flag football reflects a broader commitment to growing the game globally, with more than 250 programs supported and over 6,000 participants reached in 2025. With momentum building in both Dublin and London, and flag football set to debut at the 2028 Olympic Games, the league represents an important step in creating new opportunities for young athletes while establishing a sustainable pathway for the sport's future in Ireland.





Emily Lanfrank Named Jets High School Girls Flag Player of the Week Presented By Gatorade



Emily Lanfrank of Wayne Hills High School in Wayne, NJ, has been named this week's New York Jets High School Girls Flag Football Player of the Week presented by Gatorade. In its fourth year, this award is presented to standout girls flag players in the tri-state area. The Jets and Gatorade will recognize players throughout the season from a series of games hosted at the Atlantic Health Jets Training Center, in addition to games played throughout the tri-state.

In a Super Football Conference divisional showdown, Lanfrank was lights out for Wayne Hills during their shutout victory over Immaculate Heart Academy. The standout freshman WR/S put on a defensive clinic, hauling in four interceptions for the Patriots. She also added four flag pulls and two pass breakups on defense. On the offensive side of the ball, Lanfrank recorded six receptions for 39 yards to help lead the Patriots to a 13-0 win. Wayne Hills now sits at 5-2 on the season, and looks to add another win in their final regular season game this Tuesday at 7 p.m. against Passaic Tech.

As the New York Jets Girls Flag Football Player of the Week presented by Gatorade, Lanfrank will receive a \$1,000 donation to be used toward Wayne Hills' Girls Flag Football program. In addition to the monetary award, she is invited to attend the Jets Play Football preseason game at MetLife Stadium, where she will be honored on-field for her achievement.

A.J. Scoppa Named Jets High School Girls Flag Coach of the Week Presented by Dunkin'

A.J. Scoppa of Leonia High School in Leonia, NJ, has been named this week's New York Jets Girls Flag High School Coach of the Week presented by Dunkin'. Coach Scoppa will receive a \$1,000 donation to benefit Leonia's flag football program. Along with the monetary award, he will be honored on-field at MetLife Stadium during the Jets Play Football preseason game.

In its fourth year, the Jets Girls Flag High School Coach of the Week presented by Dunkin' is given to a coach in the tri-state area who serves the best interests of the game through the teaching of sound football fundamentals, the motivation of young players to achieve, and the promotion of youth football by way of dedication to their community, their school, and their student-athletes.

Scoppa grew up in New Milford, NJ, and attended New Milford High School. He continued his education at Montclair State University, where he played linebacker for the Redhawks. Following his college football career, Scoppa pursued professional roles in both teaching and coaching. He is now in his seventh year as a physical education and health teacher in Leonia, and his third season as the head coach of the Lions' girls flag team. Scoppa also serves as the offensive coordinator for Palisades Park high school tackle football. Coach Scoppa and the Lions look to remain undefeated on the season when they take on Pompton Lakes this Thursday at 7pm.

JETS FLAG
COACH OF THE WEEK
PRESENTED BY **DUNKIN'**

