

PRO FOOTBALL HALL OF FAME

TEACHER ACTIVITY GUIDE



LINEBACKER JUNIOR SEAU - HALL OF FAME CLASS OF 2015

LOS ANGELES CHARGERS

Team History



The Chargers were born on August 14, 1959, when Barron Hilton, a 32-year-old hotel executive, was awarded a franchise for Los Angeles in the new American Football League. Even though they won the AFL Western division championship in 1960, the Los Angeles Chargers received meager fan support so Hilton, buoyed by the encouragement of San Diego sports editor Jack Murphy, moved his team 120 miles south to San Diego in 1961. Historic Balboa Stadium was expanded to 34,000 capacity to accommodate the Chargers.

In San Diego, the Chargers, spurred by coach Sid Gillman, developed into one of the true glamour teams of any decade. Gillman's first teams were high-scoring, crowd-pleasing juggernauts that won divisional championships five of the AFL's first six years and the AFL title with a 51-10 win over Boston in 1963. Such stars as wide receiver Lance Alworth, running backs Keith Lincoln and Paul Lowe and quarterback John Hadl not only made the Chargers a winning team, they also provided image, impetus and respect for the entire AFL that was fighting a life-and-death struggle with the established and well-financed NFL. Gillman, Alworth and tackle Ron Mix, another 1960s superstar, are now members of the Pro Football Hall of Fame.

The Chargers moved into a new 60,835-seat stadium -- Qualcomm Stadium -- in 1967. While the new home assured the future of pro football in San Diego, the team itself did not win another championship until 13 years later in 1979. Gillman suddenly retired from coaching because of failing health after nine games in 1969. He did coach 10 more games for the Chargers in 1971 but the glory days of the early '60s could not be duplicated.

Gillman's 87-57-6 record in 11 seasons in San Diego is easily the best in Chargers' history.

Only one other long-term San Diego coach, Don Coryell, had a winning record. Coryell compiled a 72-60-0 record during his 1978-1986 tenure. The Chargers won AFC Western division championships in 1979, 1980 and 1981 and reached the AFC championship game the last two seasons. During that period, Coryell's Chargers played the same kind of exciting football that made the team so popular in the 1960s. Like Gillman, Coryell emphasized the forward pass (the offense was referred to as "Air Coryell") and a future Hall of Fame quarterback, Dan Fouts, was the man who made his offense go. His targets included such Hall of Famers as wide receiver Charlie Joiner and tight end Kellen Winslow. San Diego advanced to the second round of the AFC playoffs in the strike-shortened 1982 season but then dropped out of contention for the next 10 years.

Bobby Ross from Georgia Tech became the coach in 1992 and immediately led the Chargers back to the playoffs, capturing the AFC Western division title. Two years later the Chargers defeated the Pittsburgh Steelers 17-13 in the AFC championship game before losing to the San Francisco 49ers 49-26 in Super Bowl XXIX.

The Chargers have seen players like Junior Seau (Pro Football Hall of Fame Class of 2015) and LaDainian Tomlinson (Pro Football Hall of Fame Class of 2017) come through their organization & have always been a threat in the AFC. From 2004-2019, the team was led by QB Philip Rivers - who was at the helm when the team moved back to Los Angeles. Rivers moved on after the 2019 season, leaving the team in the hands of new quarterback Justin Herbert to get them back to the post-season. The Chargers made the playoffs in 2022, and are seeking a playoff run in 2025.



Canton, Ohio and the National Football League

Each year, approximately 250,000 fans from all over the world visit the Pro Football Hall of Fame in Canton, Ohio. The museum's guest register reveals that in a year's time, visitors come from all fifty states and from sixty to seventy foreign countries.

Many wonder why the Hall of Fame is located in this small northeast Ohio city. Often, museums are built in locations that have historical significance to their subject matter. The Pro Football Hall of Fame is no exception. Canton's ties to pro football began long before the Hall of Fame was built in 1963. On September 17, 1920, a meeting was held in an automobile showroom in downtown Canton. It was at this time that the American Professional Football Association was formed. Two years later, the league changed its name to the National Football League.

Today, fans follow teams like the Dallas Cowboys, San Francisco 49ers, and the Miami Dolphins. But, in 1920, none of those teams existed. Rather, the NFL had teams like the Columbus Panhandles, Dayton Triangles, Rochester Jeffersons, and the Canton Bulldogs.

The Canton Bulldogs were the first real pro football powerhouse. They won the NFL title in 1922 and 1923 making them the league's first two-time champion.

They were a strong team even before the NFL began because of their star player Jim Thorpe. Thorpe, a Native American Indian, was a tremendous athlete. Not only did he play pro football but he played pro baseball and won two gold medals in the 1912 Olympic Games. Even today, he is considered to be one of the world's greatest athletes of all time.

While the Bulldogs are no longer around, pro football remembers its early days in Canton, Ohio. Visitors, young and old, enjoy the story of pro football's history in the city where the NFL began!



The Legendary Jim Thorpe

LOS ANGELES CHARGERS

Who Was Jim Thorpe?



It seems that whenever stories are written about an all-time pro football great, Jim Thorpe's name comes up. Jim Thorpe was born in a one-room cabin in Prague, Oklahoma, on May 28, 1888. Though he had some Irish and French blood, he was mostly of Sac and Fox Indian heritage. In fact, his Indian name was Wa-Tho-Huk, which means Bright Path.

Though football was his first love, he gained his greatest fame as a track star, winning the decathlon and pentathlon events in the 1912 Olympics, held in Stockholm, Sweden. King Gustav V of Sweden told Thorpe as he presented him with his medals, "Sir, you are the greatest athlete in the world." But soon afterward, Thorpe was stripped of his records and medals when it was learned that he had played minor league baseball for money in 1911. In 1984 the Olympic Committee decided that this was an unfair interpretation of the then Olympic rules and restored his records and returned his medals to his family.

In 1915, Thorpe's great abilities and fame led Jack Cusack to offer him \$250 a game to play football for the Canton Bulldogs. While that may not sound like much, it was twice as much as most players were making back then. Even Cusack's friends warned him that he was paying Thorpe too much. Just the same, Thorpe was everything Cusack had hoped he would be -- a great player and a gate attraction. After missing the first two games of the 1916 season because he was playing pro baseball for the New York Giants, Thorpe joined the Canton squad. With Jim playing halfback, the Bulldogs were unofficial World Champions in 1916, 1917 and 1919. (The Bulldogs' championships are said to be unofficial since no organized pro league existed at the time.)

Many old-timers who actually played against Thorpe claimed he was the toughest man ever to play the game. Legend says that Jim would drop-kick a field goal from the 50-yard line, then turn and kick another 50-yarder in the opposite direction with perfect results--just to show off. Others say he could punt a ball the length of the field. Both are probably exaggerations. In any case, there is no doubt that Thorpe was a superb athlete. All accounts suggest he could run with speed and bruising power. He could pass and catch passes with the best. He could kick with accuracy and strength. And, of course, as players did back then, he played defense too.

By the time the NFL was organized in 1920, the thirty-two-year-old Thorpe, who was already past his athletic prime, was unanimously voted the league's charter president. However, he managed to play eight NFL seasons with six different teams and his gate appeal continued. Though at times he sparkled like the Thorpe of old, he never really excelled as much in the NFL as he had in his earlier career. In 1928, at the age of forty he finally called it quits. In 1950, the nation's press honored Thorpe by being named the most outstanding athlete of the first fifty years of the twentieth century. In 1963, he was elected a charter member of the Pro Football Hall of Fame.

Source: Excerpt from The Official Pro Football Hall of Fame Answer Book by Joe Horrigan, Simon & Shuster Inc., 1990.

If you would like to know more about Jim Thorpe, a good book to read is Jim Thorpe by Bob Wheeler (University of Oklahoma Press, 1979).



Goals/Objectives:

Students will:

- Conduct research on issues and interests by generating ideas and questions and by posing problems. They gather, evaluate and synthesize data from a variety of sources (e.g., print and nonprint displays and artifacts) to communicate their discoveries.
- Use a variety of technological and informational resources (e.g., video, displays, databases) to gather and synthesize information and to create and communicate knowledge.
- Develop an understanding of and respect for diversity in language use, patterns and dialects across cultures, ethnic groups, geographic regions and social roles.
- Use spoken, written and visual language to accomplish their own purposes (e.g., for learning, enjoyment, persuasion and exchange of information).

Common Core Standards: RI- Key Ideas and Details, Integration of Knowledge and Ideas; W- Text Types and Purposes, Research to Build and Present Knowledge; SL- Presentation of Knowledge and Ideas

Methods/Procedures:

- Students will read the biographical sketch on Junior Seau (next page) as a class and discuss his role in black history and the history of pro football.
- Students will compile a list of questions that they would ask Junior Seau if he were available at the Hall of Fame the day of the visit.
- If each student were allowed to ask three questions from his/her list, which three would he/she ask? Students should star those three questions.
- Students would be given an assignment to research any Chargers Hall of Famer to gather five to ten facts or bits of information on them to share with the class. Students would be encouraged to access the Hall's official website: ProFootballHOF.com.
- Students will gather more information on their chosen individual that they previously did not know.
- Students will then write the information in paragraph form and present any new facts or bits of information that they discovered.

UDL Examples

- Read all materials aloud to entire class
- Allow students to work in groups
- Allow students to create a poster or graphic with new facts and bits of information that they discovered about their chosen player

Materials:

- Junior Seau biography
- ProFootballHOF.com

Assessment:

- Students will submit the informational essay/reports on their chosen Chargers Hall of Famer.

LOS ANGELES CHARGERS

Junior Seau



Junior Seau began his pro career in 1990 after being selected as the fifth player overall in that year's draft by the San Diego Chargers. Over the next 20 seasons, he exemplified perseverance, leadership, and a level of excellence that made him one of the finest linebackers to have ever played in the National Football League.



Seau started 15 games in his rookie campaign and finished as the team's second-leading tackler. The following season, he earned league-wide acclaim when he was named All-Pro for the first of six straight seasons. Seau was named All-Pro two more times (1998 and 2000). An intense competitor and team leader, Seau was also voted to 12 Pro Bowls.

In 1994, he led the Chargers to their first and only Super Bowl appearance. He played an integral role San Diego's success that season as the team finished 11-5 and won the AFC Western Division. He recorded 155 tackles, 5.5 sacks, 3 fumble recoveries, forced a fumble and had three passes defended to pace the Chargers that season. Seau registered 10 or more tackles in a game 10 times that year (eight in the regular season and two in postseason). In the playoffs, Seau led the Chargers as they knocked off the Miami Dolphins in the division playoffs before defeating the Pittsburgh Steelers, 17-13, in the AFC championship to earn a trip to Super Bowl XXIX. Seau recorded 12 tackles, four assists and one pass defended in the conference championship win. Then, despite falling to the 49ers in the Super Bowl, Seau had a strong showing and finished with 9 solo tackles, 2 assisted tackles

and sacked Steve Young once for a loss of four yards. Later in his career, Seau played in the 2007 AFC championship game and Super Bowl XLII while a member of the New England Patriots.

In all, Seau played 268 career games with the Chargers (1990-2002), Miami Dolphins (2004-05), and Patriots (2007-09). He recorded 10 or more tackles in a regular season game 64 times amassed 56.5 career sacks and intercepted 18 passes which he returned for 238 yards. He also recovered a fumble for a touchdown and had two pass receptions during his career. Seau led the Chargers in sacks twice (1996 and 1997) and was the club's top tackler eight times.

He was named the NFL Defensive Player of the Year in 1992 by UPI and Football Digest and was the Chargers Most Valuable Player six times.

Seau was also named to the NFL's All-Decade Team of the 1990s.



LOS ANGELES CHARGERS

Tackling Football Math

Goals/Objectives:

Students will:

- Improve math skills by applying basic functions to the game of football.
- Learn basic football facts and game terms.
- Utilize statistics of NFL football players and teams for computing math problems.
- Research statistics of selected NFL football players and teams for use as alternative information in certain math problems.

Common Core Standards: Operations and Algebraic Thinking; Number Operations in Base Ten; Measurement and Data

Methods/Procedures:

- Students will complete the math worksheets provided on the following pages related to the game of football. They may work independently or with others. Feel free to make adaptations in players and teams to suit your students. Answers to the following worksheets are found in the back of this publication.
 - * Conversions in Football (CCS: Measurement and Data)
 - * Super Bowl Thunder (CCS: Number Operations in Base Ten; Measurement and Data)

UDL Examples

- Allow all students to use conversion charts

Materials:

- Pencil
- Scrap paper for working problems
- Calculators if permitted
- Worksheets

Assessment:

- Students will be assessed on accuracy of responses.

LOS ANGELES CHARGERS

Conversions in Football



Directions: Complete the following problems, be sure to show all of your work on a separate sheet of paper.

1. During his career Dan Fouts passed for 43,040 yards. How many feet is that? _____
2. Ladd McConkey had a season-long reception of 86 yards in 2024. How many inches is that? _____
3. Justin Herbert passed for 3,870 yards in 2024. How many miles is that? _____ Round to the nearest tenth. *(Hint: 1 mile = 1,760 yards)
4. In 2024 Ladd McConkey led the Chargers in receiving with a total of 1,149 yards. How many feet is that? _____
5. The Chargers have the ball on their own 25-yard line and they complete a 45-yard pass. They then lose 4 yards on the next play. What yard line are they now on? _____
6. Hall of Famer Dan Fouts threw a 54-yard pass. How many inches did he throw? _____ How many centimeters? _____ Hint: 1 inch = 2.54 centimeters
7. A football field measures 100 yards from goal line to goal line. A field is $53 \frac{1}{3}$ yards wide. Convert these measurements to feet. _____
8. If an NFL player weighs 303 pounds. How much does he weigh in ounces? _____
9. A game normally lasts 60 minutes. During a 17-game season, how many total minutes does one team play? _____
10. There are seven officials on the field for every NFL game. If 16 games are played each week, what is the total number of officials officiating throughout the NFL each week? _____



LOS ANGELES CHARGERS

Super Bowl Thunder

Directions: Answer the following questions using the 1995 San Diego Chargers' roster on the following page.

1. Who was the oldest player on the team?
2. What number was Junior Seau?
3. How many wide receivers (WR) were there?
4. How many players had 10 or more years of NFL experience?
5. How many quarterbacks (QB) were listed?
6. Who was the only player to attend Western Illinois University?
7. Who was the heaviest player on the team?
8. Who was the lightest player on the team?
9. What position did number 3 play?
10. Add up the total weight of all the running backs (RB).



1995 San Diego Chargers Super Bowl XXIX Roster

(CHARGERS) ALPHABETICAL ROSTER

No.	Player	Pos.	Ht.	Wt.	Birthdate	NFL Exp.	College
85	Barnes, Johnnie	WR	6-1	180	7/21/68	3	Hampton
32	Bieniemy, Eric	RB	5-7	205	8/15/69	4	Colorado
50	Binn, David	TE	6-3	240	2/6/72	R	California
67	Brock, Stan	T	6-6	295	6/8/58	15	Colorado
11	Brohm, Jeff	QB	6-1	200	4/24/71	R	Louisville
58	Bush, Lewis	LB	6-2	245	12/2/69	2	Washington State
3	Carney, John	K	5-11	170	4/20/64	5	Notre Dame
29	Carrington, Darren	S	6-2	200	10/10/66	6	Northern Arizona
44	Castle, Eric	S	6-3	212	3/15/70	2	Oregon
31	Clark, Willie	CB	5-10	186	1/6/72	R	Notre Dame
68	Cocozzo, Joe	G	6-4	300	8/7/70	2	Michigan
83	Coleman, Andre	WR-KR	5-9	162	9/19/72	R	Kansas State
35	Culver, Rodney	RB	5-9	224	12/23/69	3	Notre Dame
73	Davis, Isaac	G	6-3	320	4/8/72	R	Arkansas
93	Davis, Reuben	DT	6-5	320	5/7/65	7	North Carolina
60	Engel, Greg	C	6-3	285	1/18/71	R	Illinois
57	Gibson, Dennis	LB	6-2	240	2/8/64	8	Iowa State
13	Gilbert, Gale	QB	6-3	209	12/20/61	9	California
21	Gordon, Darrien	CB	5-11	182	11/14/70	2	Stanford
92	Griggs, David	LB	6-3	250	2/5/67	6	Virginia
53	Hall, Courtney	C	6-1	281	8/26/68	6	Rice
33	Harmon, Ronnie	RB	5-11	207	5/7/64	9	Iowa
28	Harper, Dwayne	CB	5-11	175	3/29/66	7	South Carolina State
37	Harrison, Rodney	S	6-0	201	12/15/72	R	Western Illinois
34	Hendrickson, Steve	TE-LB	6-0	250	8/30/66	6	California
12	Humphries, Stan	QB	6-2	223	4/14/65	6	Northeast Louisiana
80	Jefferson, Shawn	WR	5-11	180	2/22/69	4	Central Florida
99	Johnson, Raylee	DE	6-3	265	6/1/70	2	Arkansas
74	Jonassen, Eric	T	6-5	310	8/16/68	3	Bloomsburg College
84	Laing, Aaron	TE	6-3	264	7/19/71	R	New Mexico State
98	Lee, Shawn	DT	6-2	300	10/24/66	7	North Alabama
81	Martin, Tony	WR	6-0	181	9/5/65	5	Mesa, Colo.
20	Means, Natrone	RB	5-10	245	4/26/72	2	North Carolina
71	Milnichik, Joe	G	6-5	300	3/30/63	9	North Carolina State
54	Miller, Doug	LB	6-3	245	10/29/69	2	South Dakota State
95	Miller, Les	DT	6-7	285	3/1/65	8	Fort Hays State
94	Mims, Chris	DE	6-5	290	9/29/70	3	Tennessee
89	Mitchell, Shannon	TE	6-2	245	3/28/72	R	Georgia
91	O'Neal, Leslie	DE	6-4	265	5/7/64	9	Oklahoma State
70	Parker, Vaughn	T	6-3	296	6/5/71	R	UCLA
97	Parrella, John	DT	6-3	290	11/22/69	2	Nebraska
86	Pupunu, Alfred	TE	6-2	265	10/17/69	3	Weber State
24	Richard, Stanley	S	6-2	201	10/21/67	4	Texas
55	Seau, Junior	LB	6-3	250	1/19/69	5	Southern California
82	Seay, Mark	WR	6-0	175	4/11/67	2	Long Beach State
72	Swayne, Harry	T	6-5	295	2/2/65	8	Rutgers
79	Thomas, Cornell	DE	6-3	270	11/11/72	R	West Georgia
25	Vanhorse, Sean	CB	5-10	180	7/22/68	5	Howard
9	Wagner, Bryan	P	6-2	200	3/28/62	7	Cal State-Northridge
90	White, Reggie	DT	6-4	300	3/22/70	3	North Carolina A&T
64	Whitley, Curtis	C	6-1	285	5/10/69	3	Clemson
87	Young, Duane	TE	6-1	270	5/29/68	4	Michigan State
43	Young, Lonnie	S	6-1	195	7/18/63	10	Michigan State

Source: Super Bowl
XXIX Game Program



LOS ANGELES CHARGERS

How Much Can Be Recycled?

Goals/Objectives:

Students will:

- Explain how technology influences the quality of life.
- Discuss how decisions about the use of products can result in desirable or undesirable consequences.
- Use examples to predict and analyze.
- Recognize that science can only answer some questions and technology can only solve some human problems.
- Describe examples of scientific advances and emerging technologies and how they impact society.

National Standards: Science: 5-Science and Technology

Methods/Procedures:

- The students and teacher will compile a list of objects that accumulate from fans, players and workers at any NFL game.
- Students gather, if possible, concrete examples of listed items.
- Students determine which listed objects can be recycled.
- Through letters, calls, emails, and possibly personally, determine which stadiums recycle and what items they recycle.
- After compiling all three lists, using a mathematical formula, including amount of each product sold, students determine the weight of each recyclable item/team's game and or season through extrapolation.

UDL Examples

- Encourage all students to share their personal experiences with the Los Angeles Chargers.
- Discuss how the team has impacted the local community.
- Allow students to work with a partner and use technology to compile their lists.

Materials:

- Students and teacher created item list
- ProFootballHOF.com
- Scales for weighing objects

Assessment:

- Student created tables of items sold, recyclable items, items recycled and total poundage.
- Students will deliver a formal presentation on their findings.
- Teacher posts results and student findings (charts).

LOS ANGELES CHARGERS

How Much Can Be Recycled?



SoFi Stadium

Items Sold	Item A	Item B	Item C	Item D
Game 1	Total Weight:	Total Weight:	Total Weight:	Total Weight:
Game 2	Total Weight:	Total Weight:	Total Weight:	Total Weight:
Game 3	Total Weight:	Total Weight:	Total Weight:	Total Weight:

Students may add items, delete items, add games, delete games depending on time constraints.



LOS ANGELES CHARGERS

From Humble Beginnings: The Story of the Chargers

Goals/Objectives:

Students will:

- Understand the beginnings of football as we know it today.

National Standards: U.S. History: 11 - Era 7: The Emergence of Modern America (1890-1930); 12 - Era 8: The Great Depression and World War II (1929-1945); 13 - Era 9: Postwar United States (1945 to early 1970's); 14 - Era 10: Contemporary United States (1968 to the Present)

Methods/Procedures:

- Students will visit the Los Angeles Chargers' website: Chargers.com and the Pro Football Hall of Fame's website: ProFootballHOF.com. A tour through these websites informs students how the Chargers began, who were the early superstars, and who helped the Chargers become what they are today. Students will take notes.
- If the class can take a field trip to SoFi Stadium, students should take notes as they tour.
- Students will complete a one page report on the history of the Los Angeles Chargers from the research gathered.
- Students will then present this information (first game, first player drafted, etc.) to the class.

UDL Examples

- Allow students to create a poster, infographic, or digital presentation instead of a written report

Materials:

- Chargers.com
- ProFootballHOF.com
- Chargers History on page 1.

Assessment:

- Students will be able to verbally share with others more about the rich history of the Los Angeles Chargers.

LOS ANGELES CHARGERS

Chargers' Team Travel



Goals/Objectives:

Students will:

- Improve geography skills using football team facts and locations.
- Use map skills with football facts.
- Explore data from NFL players and teams.

National Standards: Geography: 2-Places and Regions; 5-Environment and Society

Methods/Procedures:

- Have students complete the Chargers' Team Travel worksheet

UDL Examples

- Read and describe all facts and worksheets to all students

Materials:

- Worksheet: Chargers' Team Travel
- Maps, atlas, online resources
- 2025 Los Angeles Chargers' Schedule
- Writing utensils
- Paper or posterboard
- Pushpins and string

Assessment:

- Students will be assessed on accuracy of responses to worksheet: Chargers' Team Travel



LOS ANGELES CHARGERS

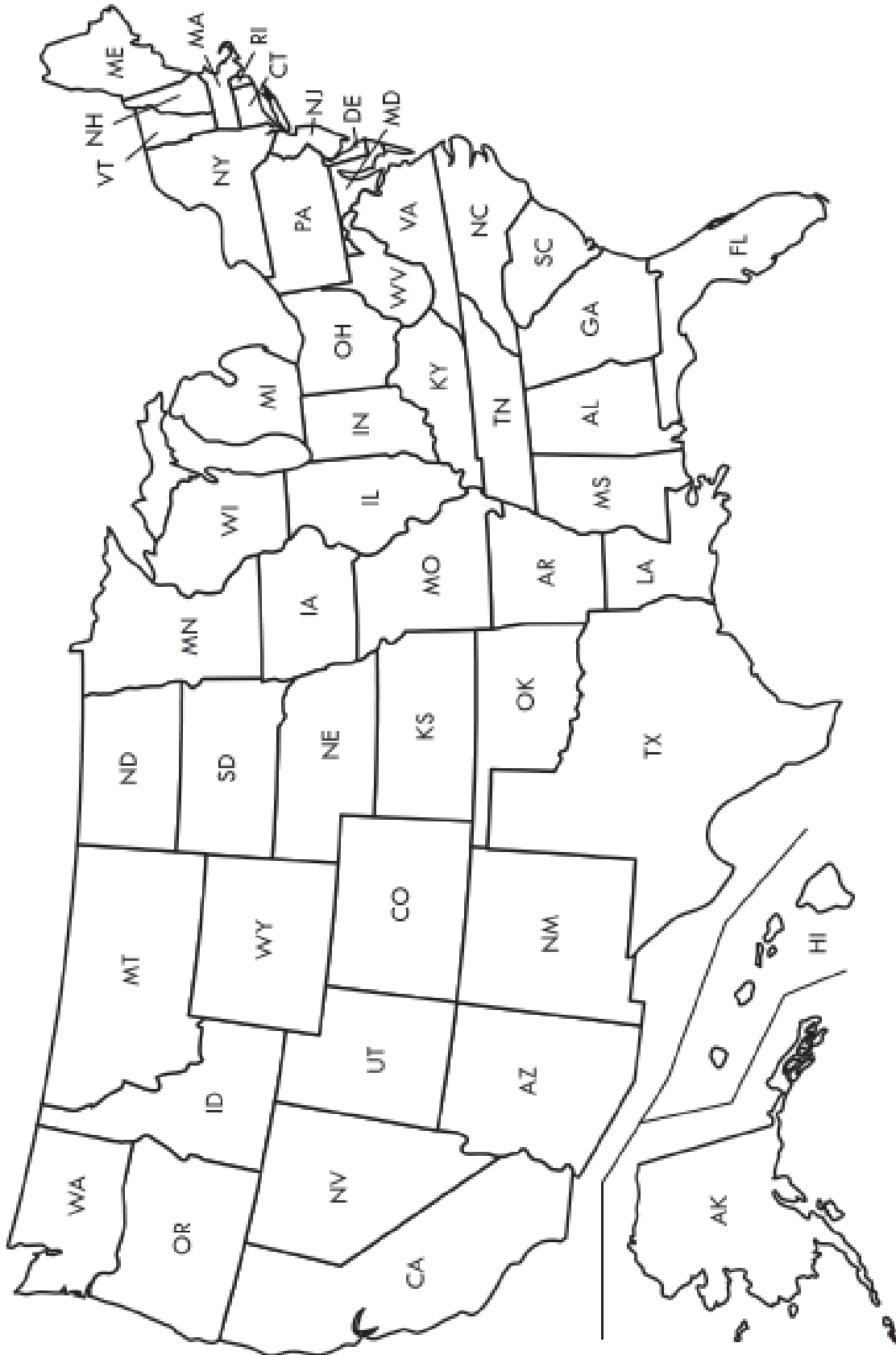
Chargers' Team Travel

Directions: Using a blank United States map (next page) and a 2025 NFL schedule complete the following activities.

1. Label each individual state.
2. Label each NFL team in its correct city. On a separate piece of paper, list those states which do not have a NFL team.
3. Secure the map to a piece of cardboard to push pins through. Locate Los Angeles, CA and mark it by attaching a string to a pin and placing the pin on Los Angeles, CA.
4. Refer to a copy of the team's schedule for the current NFL season (Chargers.com). Using the pins and string, locate and mark your team's away games. How many away games do they play?
5. Determine and keep track of the direction the Chargers traveled to play their away games.
6. Using an online map, determine how many miles the team traveled to each of their away games. How many total miles did the team travel throughout the season?
7. Determine if Los Angeles, CA is in a different time zone than Canton, OH. What is the time difference? If the starting time of a game is 4:00 p.m. in Canton, OH, what time is the game starting in Los Angeles, CA?
8. Keep a log of your team's win-loss record for the season plus the number of points they have scored during each game.
9. Did your team win more home or away games?
10. How many miles is it from Los Angeles, CA to Santa Clara, CA, site of Super Bowl LX?

LOS ANGELES CHARGERS

Chargers' Team Travel





LOS ANGELES CHARGERS

Career Exploration

Goals/Objectives:

Students will:

- Identify NFL careers.
- Conduct an exploratory interview to get an insider's view of a particular career.
- Investigate career opportunities that reflect their interests, abilities, and personality.
- Utilize various sources of career information.

National Standards: FACS: 1 - Career, Community, and Family Connections

Methods/Procedures:

- Have students complete the following career worksheets and activities provided on the following pages:
 - * Careers with the Chargers
 - * Chargers Career Matching
 - * Chargers Career Future

UDL Examples

- Read all worksheets aloud to all students
- Allow students to work in pairs to complete the worksheets

Materials:

- Career worksheets and activity descriptions
- Career reference books including:
 - * Dictionary of Occupational Titles
 - * Occupational Outlook Handbook (OOH)
 - * Guide for Occupational Exploration
 - * Occupational Outlook Quarterly
- Computer program "Ohio Career Information System (OCIS)"
- Internet access to career/job/vocation sites (i.e. <http://stats.bls.gov>)

Assessment:

- Students will be assessed on performance and accuracy of responses.

LOS ANGELES CHARGERS

Careers with the Chargers



Name: _____

There are hundreds of jobs in and around the Chargers in addition to being an athlete. See if you can think of one job for each letter in the alphabet.

- A. _____
- B. _____
- C. _____
- D. _____
- E. _____
- F. _____
- G. _____
- H. _____
- I. _____
- J. _____
- K. _____
- L. _____
- M. _____
- N. _____
- O. _____
- P. _____
- Q. _____
- R. _____
- S. _____
- T. _____
- U. _____
- V. _____
- W. _____
- X. _____
- Y. _____
- Z. _____



LOS ANGELES CHARGERS

Chargers Career Matching

Name: _____

Directions: Match the careers on the left with the correct definition on the right:

- | | |
|-----------------------------|---|
| _____ Players Agent | A. Good with computers and networking. Oversee all technology applications for teams. |
| _____ Game Official | B. Requires a keen eye, fast reflexes, stamina, self-control, and knowledge of rules and ability to make quick and correct decisions. |
| _____ Sports Photographer | C. Has a strong science background with an emphasis on anatomy and physical therapy for athletes. |
| _____ Sports Psychologist | D. Makes sure the stadiums and arenas are operable and safe for both players and fans. |
| _____ Facilities Manager | E. Participates in contract negotiations, arranges personal appearances and sets up endorsements for commercial products. |
| _____ Director of IT | F. Advises athletes on how to eat to perform their best. |
| _____ Official Statistician | G. Expert in mathematics, bookkeeping, statistics and operating a computer. |
| _____ Scout | H. Artist who uses a camera to capture the single action of an individual's successes as well as defeats. |
| _____ Athletic Trainer | I. Evaluates potential players as well as next week's opponents. |
| _____ Sports Nutritionist | J. Helps athletes cope with pressure. |

LOS ANGELES CHARGERS

Chargers Career Future



Name: _____

The NFL can offer a ticket to fame and fortune. However, only a small percentage of people actually become professional athletes. Even those who do must some day retire and begin new careers Education is the key to the future.

Think about the types of NFL career possibilities that exist for a person with your interests, abilities, and personality. Project yourself into the future and choose one occupation that interests you. Answer the following questions using any resources available (parents, relatives, career mentors, teachers, guidance counselors, Internet and printed material).

- What education and training would I need?
- What skills and aptitude should I have?
- Is there an age requirement? If so, what is it?
- What would my work environment be like?
- What hours would I spend on the job?
- What is the starting salary?
- What are the opportunities for advancement in this line of work?
- What are the benefits of the career?
- What is the dress code?
- What specific duties would I perform?
- What are the advantages and disadvantages of the job?

Now that you know more about the career, is it still something you would like to pursue? Why or why not?



LOS ANGELES CHARGERS

Chargers Jersey Design

Goals/Objectives:

Students will:

- Create an original frontal design for a jersey, employing color choices, fabric/clothing details and lettering design. This lesson focuses on use of contrast, center of interest and balance.

National Standards: Visual Arts: 1-Understanding and applying media, techniques and processes

Methods/Procedures:

- Fold drawing paper in half, short sides together, to create a center line. This line will be used as guide when drawing the neckline and number.
- Using pencil and ruler, divide the paper vertically into fourths, using very light guidelines. These lines represent approximate areas where sleeves are sewn onto the sides of the body.
- Decide on the thickness of sleeves, drawing them to extend to the outside edges of the paper.
- Sketch the neckline – standard jerseys usually have v-necks, but use another shape if you like.
- Add detailing – clothing that must endure the rigors of a contact sport usually has double stitching for strength. This can be shown at the sleeves, bottom and any other area you choose.
- Determine a color pattern – borrow colors from the Chargers or create your own combinations. No more than two or three colors are necessary. Highlights of black and white are often used on jerseys in conjunction with one or two other colors. Use your color pattern to create bands on the sleeves, neckline and other areas as desired. Colors should have good contrast that allows the design to be visible from a distance, especially the number(s).
- Use the fold line to help you center the number you chose. Examples of block letters are shown on the accompanying illustration, but be as creative as you'd like. Jersey numbers are often "shaded" with a second colors. Frequently, smaller numbers are sewn to the shoulders. From this viewpoint, only part of the shoulder numbers would be visible.
- Add a tag inside the neckline to show the size. Jerseys often have outside tags on the lower portion of the body that show the manufacturer's name. This would be an ideal are to sign your name or create a company with your initials. Add any other detail you would like.
- If desired, cut out your jersey and mount on a contrasting color.

UDL Examples

- Allow students to work with a partner
- Allow students to use technology to create/draw a jersey design

Materials:

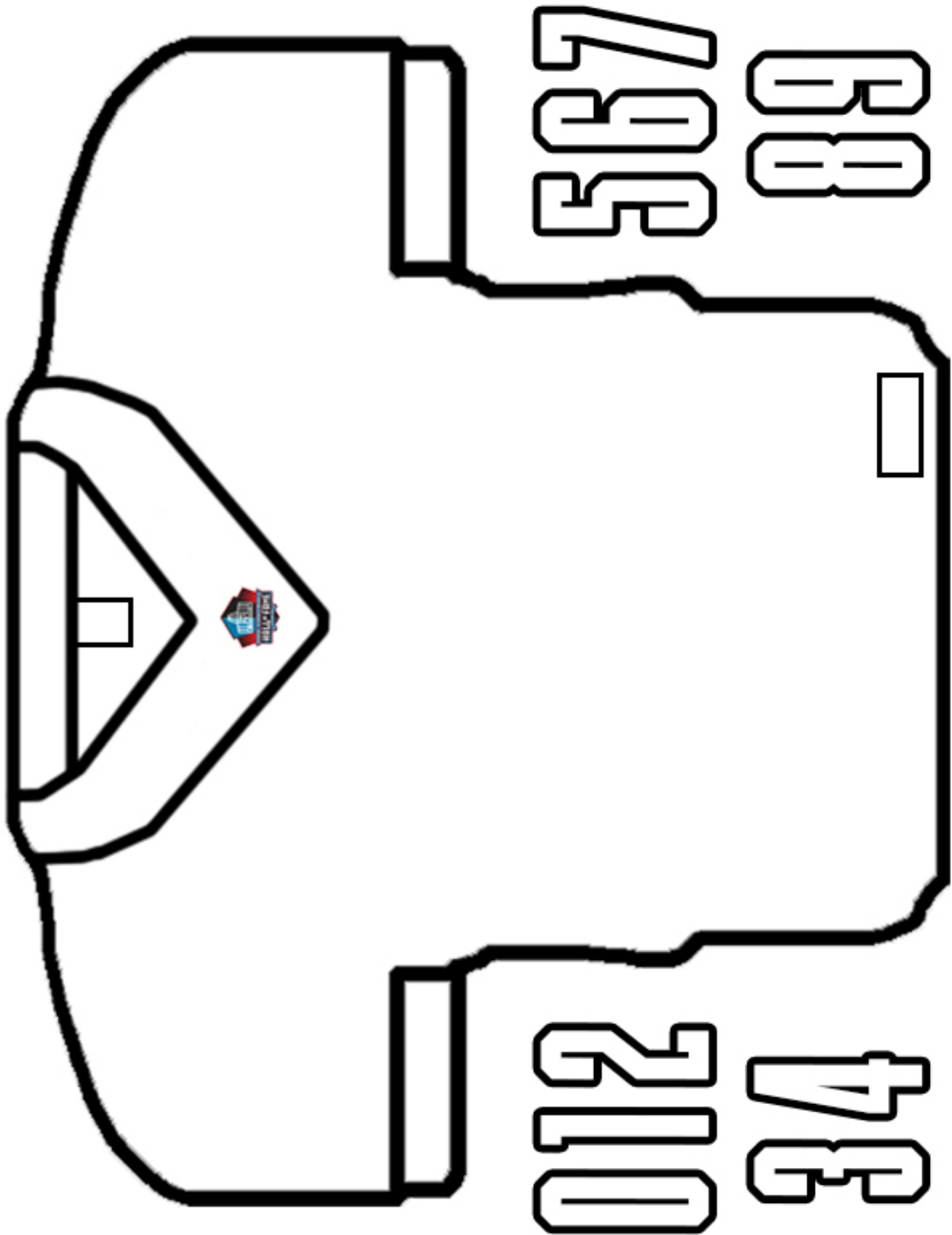
- White or manila drawing paper, 12" x 18" or 9" x 12"
- Drawing pencil/eraser
- Ruler or straightedge
- Colored pencils, markers, crayons or other coloring media

Assessment:

- Ask the student to write an advertisement for his/her jersey, describing the type of fabric that would be used, why the color choices are successful, the durability of the shirt, other details that were used, and the approximate price of the shirt.

LOS ANGELES CHARGERS

Chargers Jersey Design





LOS ANGELES CHARGERS

The Internet and Football

Goals/Objectives:

Students will:

- Identify the Internet as a viable source for information and research.
- Identify key phrases and words in searching the Internet for football related information.
- Identify various and reliable Internet sites.
- Identify main points of article.
- Effectively analyze Internet sites

National Standards: Technology: 2-Issues; 3-Technology Productivity Tools; 4-Technology Communication Tools; 5- Technology Research Tools, 6-Technology Problem Solving

Methods/Procedures:

- Students complete the worksheets provided on the following pages in this section concentrating on one activity at a time.
- Teachers are encouraged to adjust, adapt, and alter activities to suit class needs.
- Answers are located in the back of this publication.
 - * ProFootballHOF.com
 - * Chargers.com
 - * Additional Internet Sites
- Students would be encouraged to access the Hall's official site: ProFootballHOF.com. On this site students can examine articles to analyze and discuss.
- Students can present the information gathered from the lessons to the class.

UDL Examples

- Read aloud all worksheets to the class
- Allow students to work in pairs

Materials:

- Internet Activity Sheets
- Chargers.com
- ProFootballHOF.com
- Access to the school and/or public library as well as a computer center

Assessment:

- Students will be assessed based upon completed worksheets and/or presentations



Name: _____

Directions: After finding your way to the Pro Football Hall of Fame website, find the answers to the following questions.

1. What are the three reasons the Pro Football Hall of Fame is located in Canton, Ohio?
 - A. _____
 - B. _____
 - C. _____

2. In the "Football History" section, find one story about the 1980's. Summarize the article below.

3. Under "NFL History and Stats," list two players talked about in "African Americans in Pro Football."
 - D. _____
 - E. _____

4. Who were the enshrinees in the Class of 2025?
 - E. _____
 - F. _____
 - G. _____
 - H. _____

5. A jersey number has been worn by more Hall of Famers (14) than any other number. Which number is it? _____



Name: _____

Directions: After accessing the website Chargers.com, find the answers to the following questions:

1. Who founded the Los Angeles Chargers?

2. In what year were the Los Angeles Chargers founded?

3. In 1963 the Chargers won the AFL Championship. Who did they play in the AFL Championship game and what was the final score?

4. When did the Chargers change the color of their pants from white to gold?

5. Name three Chargers inducted into the Pro Football Hall of Fame.
 - A.

 - B.

 - C.

6. Find one article on the site. Summarize that article below.



The following websites can be accessed for additional information for your students.

www.usatoday.com

www.espn.com

www.cbssports.com

www.sportsillustrated.com

www.nfl.com/superbowl



LOS ANGELES CHARGERS

Even Justin Herbert Had to Start Somewhere

Goals/Objectives:

Students will:

- Correlate the fitness concepts of strength, agility, flexibility, and endurance to basic yet specific forms of exercise.

National Standards: Physical Education: 2-Movement Concepts, Principles, Strategies, and Tactics; 3-Physical Activity; 4-Physical Fitness; 6-Values Physical Activity

Methods/Procedures:

- Students will be asked to discuss and list basic exercises that can be done to improve one's muscular strength, agility, flexibility, and muscular endurance.
- Basic Exercise Examples
 - * Muscular Strength Push-ups, Sit-ups (Few Repetition), Chin-ups, Pull-ups, Squat thrust, Bench dips
 - * Agility Line jumps (forward, backward, side to side, scissors), One Foot hop
 - * Flexibility Standing toe touch, Standing V stretch, Butterfly, Seated toe touch, Seated V stretch, Inverted hurdles stretch
 - * Endurance Push-ups, Sit-ups, Chin-ups, Squat thrust, Bench dips, Walking, Jogging (slow, medium or fast) Jump rope (Many Repetitions)

Materials:

- Notepad/paper and pencil/pen
- Blackboard or Dry mark board
- Access to computer

Assessment:

- Students will be assessed on their participation in activities.



Conversions in Football

1. 129,120 feet
2. 3,096 inches
3. 2.2 miles
4. 3,447 feet
5. 34 yard line of opposing team
6. 1,944 inches, 4937.76 centimeters
7. 300 feet long, 160 feet wide
8. 5,800 ounces
9. 1,020 minutes
10. 112 officials

Super Bowl Thunder

1. Stan Brock 6/8/1958
2. 55
3. 5
4. 2
5. 3
6. Rodney Harrison
7. Isaac Davis/ Reuben Davis - 320 lbs.
8. Andre Coleman - 162 lbs.
9. Kicker
10. 881 lbs.

Careers with the Chargers

Possible Answers

- A = Agent
- B = Broadcaster
- C = Coach
- D = Doctor
- E = Equipment Manager
- F = Field Judge
- G = Groundskeeper
- H = Head Linesman
- I = Intern
- J = Journalist
- K = Kinesiologist
- L = Lawyer
- M = Mascot
- N = Nutritionist
- O = Owner
- P = Photographer
- Q = Quarterback Coach
- R = Referee
- S = Scout

- T = Trainer
- U = Umpire
- V = Vendor
- W = Writer
- X = X-Ray Technician
- Y = Yoga Instructor
- Z = Zeppelin Driver

Chargers Career Matching

- E- Players Agent
- B- Game Official
- H- Sports Photographer
- J- Sports Psychologist
- D- Facilities Manager
- A- Sports Promoter
- G- Official Statistician
- I- Scout
- C- Athletic Trainer
- F- Sports Nutritionist

Chargers.com

1. Barron Hilton
2. 1959
3. Boston Patriots, Chargers won 51-10
4. 1966
5. Student's choice

ProFootballHOF.com

1. A. The American Professional Football Association, was founded in Canton in 1920.
B. The Canton Bulldogs were an early day pro football power. First two-time champion of the NFL. Jim Thorpe played for Bulldogs.
C. Canton citizens launched a determined and organized campaign in the 1960's to earn the site.
2. Answer varies
3. Answer varies
4. Jared Allen, Eric Allen, Sterling Sharpe, Antonio Gates
5. 81

LOS ANGELES CHARGERS

