

PRO FOOTBALL HALL OF FAME

# TEACHER ACTIVITY GUIDE



DEFENSIVE END JULIUS PEPPERS - HALL OF FAME CLASS OF 2024

# CAROLINA PANTHERS

## Team History



On October 26, 1993, after six years of hopeful anticipation, the Carolina Panthers were awarded an NFL expansion franchise. Fireworks exploded over downtown Charlotte as jubilant fans gathered to celebrate the news. "This is a dream come true for me and my partners and for the 10 million people in the Carolinas," said Jerry Richardson, the former Baltimore Colts wide receiver turned businessman who led the Carolinas' bid.

The "dream" began on July 16, 1987, when Richardson met in Charlotte with a group of interested parties to discuss the feasibility of entering the multi-city competition for two NFL expansion franchises. On December 15, Richardson made it official. The Carolinas' hat was in the ring.

After a year of planning, Carolinas' bid was bolstered by the addition of Hall of Famer and former Seattle Seahawks general manager/head coach Mike McCormack to Richardson Sports as a consultant for the expansion effort.

One of the first orders of business was to select a stadium site. Although sites in both North and South Carolina were considered, Richardson Sports announced on December 15, 1989, the selection of a site in Uptown Charlotte as the future home of a privately financed stadium that would seat more than 70,000 fans.

State-wide support for the Carolinas' franchise bid poured in at an unprecedented rate. United States Senators Jesse Helms of North Carolina and Ernest Hollings of South Carolina lobbied NFL owners on the Carolinas' behalf. Likewise, South Carolina Governor Carroll Campbell and North Carolina Governor Jim Martin officially announced their support through the formation of a blue-ribbon committee of leading citizens in both states. Fans demonstrated their support at sell-out neutral site exhibition games played in Raleigh, N.C. in 1989, Chapel Hill, N.C. in 1990, and Columbia, S.C. in 1991.

At the March 18, 1992 NFL owners meeting, the number of expansion hopefuls was reduced from 11 to seven. Carolinas' bid made the cut. A few months later, on May 20, the NFL reduced the list to five communities – including Baltimore, St. Louis, Memphis, Jacksonville and the Carolinas. The finalists' enthusiasm was somewhat dampened, however, when on October 20, 1992, the NFL owners, citing complications surrounding the ongoing NFL labor situation, voted to delay the expansion vote until their fall 1993 meeting. Fortunately, on January 6, 1993, the league and its players reached a seven-year Collective Bargaining Agreement. On March 23, 1993, the expansion race officially resumed. On June 3, Richardson Sports revealed its impressive plan to privately finance a 72,300-seat stadium. Sale of Permanent Seat Licenses, club seats and luxury boxes began on July 1. A remarkable 15,000 pieces of mail from first-day orders were collected. By the end of the first day, all 8,314 club seats were sold out and all 104 luxury suites were reserved and ultimately leased. First-day PSL orders totaled 41,632.

Finally, on October 26, 1993, the NFL owners, unanimously selected the Carolinas as the 29th NFL franchise and the first expansion team since 1976.

The Panthers played their first-ever game in Canton, Ohio in the annual AFC-NFC Hall of Fame Game. Their opponent in the pre-season classic was the NFL's other expansion franchise, the Jacksonville Jaguars. Although the Panthers came away with a 20-14 victory, it was apparent that both teams had benefited from the NFL's expansion draft and the free-agent market and were ready to compete in the NFL. The Panthers not only were competitive in their inaugural season, but established a new NFL record for most wins by an expansion team by posting an impressive 7-9 record. The team improved dramatically during its second season, winning the NFC Western division with a 12-4 record and advancing to the NFC championship game.

In 2003, the Panthers, just two seasons removed from a 1-15 season won the NFC championship to earn a berth in Super Bowl XXXVIII. The Panthers, with their "Keep Pounding" mantra, made it back to the Super Bowl in 2015 (Super Bowl 50) behind the MVP season of their quarterback Cam Newton. In both 2021 and 2022, the Panthers traded for new Quarterbacks - Sam Darnold (2021) and Baker Mayfield (2022). The Panthers now look to 2023 first round draft pick Bryce Young to lead the team. In 2025, the Panthers are looking to make another playoff run.



# CAROLINA PANTHERS

## Canton, Ohio and the National Football League

Each year, approximately 250,000 fans from all over the world visit the Pro Football Hall of Fame in Canton, Ohio. The museum's guest register reveals that in a year's time, visitors come from all fifty states and from sixty to seventy foreign countries.

Many wonder why the Hall of Fame is located in this small northeast Ohio city. Often, museums are built in locations that have historical significance to their subject matter. The Pro Football Hall of Fame is no exception. Canton's ties to pro football began long before the Hall of Fame was built in 1963. On September 17, 1920, a meeting was held in an automobile showroom in downtown Canton. It was at this time that the American Professional Football Association was formed. Two years later, the league changed its name to the National Football League.

Today, fans follow teams like the Dallas Cowboys, San Francisco 49ers, and the Miami Dolphins. But, in 1920, none of those teams existed. Rather, the NFL had teams like the Columbus Panhandles, Dayton Triangles, Rochester Jeffersons, and the Canton Bulldogs.

The Canton Bulldogs were the first real pro football powerhouse. They won the NFL title in 1922 and 1923 making them the league's first two-time champion.

They were a strong team even before the NFL began because of their star player Jim Thorpe. Thorpe, a Native American Indian, was a tremendous athlete. Not only did he play pro football but he played pro baseball and won two gold medals in the 1912 Olympic Games. Even today, he is considered to be one of the world's greatest athletes of all time.

While the Bulldogs are no longer around, pro football remembers its early days in Canton, Ohio. Visitors, young and old, enjoy the story of pro football's history in the city where the NFL began!



The Legendary Jim Thorpe

# CAROLINA PANTHERS

## Who Was Jim Thorpe?



It seems that whenever stories are written about an all-time pro football great, Jim Thorpe's name comes up. Jim Thorpe was born in a one-room cabin in Prague, Oklahoma, on May 28, 1888. Though he had some Irish and French blood, he was mostly of Sac and Fox Indian heritage. In fact, his Indian name was Wa-Tho-Huk, which means Bright Path.

Though football was his first love, he gained his greatest fame as a track star, winning the decathlon and pentathlon events in the 1912 Olympics, held in Stockholm, Sweden. King Gustav V of Sweden told Thorpe as he presented him with his medals, "Sir, you are the greatest athlete in the world." But soon afterward, Thorpe was stripped of his records and medals when it was learned that he had played minor league baseball for money in 1911. In 1984 the Olympic Committee decided that this was an unfair interpretation of the then Olympic rules and restored his records and returned his medals to his family.

In 1915, Thorpe's great abilities and fame led Jack Cusack to offer him \$250 a game to play football for the Canton Bulldogs. While that may not sound like much, it was twice as much as most players were making back then. Even Cusack's friends warned him that he was paying Thorpe too much. Just the same, Thorpe was everything Cusack had hoped he would be -- a great player and a gate attraction. After missing the first two games of the 1916 season because he was playing pro baseball for the New York Giants, Thorpe joined the Canton squad. With Jim playing halfback, the Bulldogs were unofficial World Champions in 1916, 1917 and 1919. (The Bulldogs' championships are said to be unofficial since no organized pro league existed at the time.)

Many old-timers who actually played against Thorpe claimed he was the toughest man ever to play the game. Legend says that Jim would drop-kick a field goal from the 50-yard line, then turn and kick another 50-yarder in the opposite direction with perfect results--just to show off. Others say he could punt a ball the length of the field. Both are probably exaggerations. In any case, there is no doubt that Thorpe was a superb athlete. All accounts suggest he could run with speed and bruising power. He could pass and catch passes with the best. He could kick with accuracy and strength. And, of course, as players did back then, he played defense too.

By the time the NFL was organized in 1920, the thirty-two-year-old Thorpe, who was already past his athletic prime, was unanimously voted the league's charter president. However, he managed to play eight NFL seasons with six different teams and his gate appeal continued. Though at times he sparkled like the Thorpe of old, he never really excelled as much in the NFL as he had in his earlier career. In 1928, at the age of forty he finally called it quits. In 1950, the nation's press honored Thorpe by naming him the most outstanding athlete of the first fifty years of the twentieth century. In 1963, he was elected a charter member of the Pro Football Hall of Fame.

Source: Excerpt from The Official Pro Football Hall of Fame Answer Book by Joe Horrigan, Simon & Shuster Inc., 1990.

If you would like to know more about Jim Thorpe, a good book to read is Jim Thorpe by Bob Wheeler (University of Oklahoma Press, 1979).



### Goals/Objectives:

Students will:

- Conduct research on issues and interests by generating ideas and questions and by posing problems. They gather, evaluate and synthesize data from a variety of sources (e.g., print and nonprint displays and artifacts) to communicate their discoveries.
- Use a variety of technological and informational resources (e.g., video, displays, databases) to gather and synthesize information and to create and communicate knowledge.
- Develop an understanding of and respect for diversity in language use, patterns and dialects across cultures, ethnic groups, geographic regions and social roles.
- Use spoken, written and visual language to accomplish their own purposes (e.g., for learning, enjoyment, persuasion and exchange of information).

**Common Core Standards:** RI- Key Ideas and Details, Integration of Knowledge and Ideas; W- Text Types and Purposes, Research to Build and Present Knowledge; SL- Presentation of Knowledge and Ideas

### Methods/Procedures:

- Students will read the biographical sketch on Julius Peppers (next page) as a class and discuss his role in history and the history of pro football.
- Students will compile a list of ten facts about Julius Peppers from his bio.
- Students would then be given an assignment to research any Panthers' player and gather ten facts or bits of information on them to share with the class. Students would be encouraged to access the Panthers' official website: Panthers.com.
- Students will write up their information in paragraph form (like the Julius Peppers bio) and present the new facts and bits of information that they discovered about their chosen player.

### UDL Examples

- Read all materials aloud to entire class
- Allow students to work in groups
- Allow students to create a poster or graphic with new facts and bits of information that they discovered about their chosen player

### Materials:

- Julius Peppers biography
- Panthers.com

### Assessment:

- Students will submit the informational essay/report on their chosen Panthers' player.
- Students will deliver a formal presentation on their chosen player that will demonstrate a clear and distinctive perspective on the subject chosen and conveys relevant information and descriptive details.

# CAROLINA PANTHERS

## Julius Peppers



The second overall pick by the Carolina Panthers in the 2002 NFL Draft, Julius Peppers became one of the most dominant pass rushers of his era. Playing for three franchises over a 17-year career, Peppers was the single-season sack leader for each at least once (Carolina, seven seasons; Chicago, four; and Green Bay, one).

As a rookie, Peppers earned AP and PFWA Defensive Rookie of the Year after averaging a sack per game, totaling 12 on the season. Peppers would register 10-plus sacks in 10 seasons, tied for third most in NFL history at the time of his retirement.



In his second season, Peppers helped the Panthers win the NFC South Division and three playoff games to reach Super Bowl XXXVIII — a three-point loss to the Patriots.

Peppers' first All-Pro and Pro Bowl selections came after the 2004 season, which saw the defensive end record 11 sacks, nine additional tackles for loss, nine passes defended and a 97-yard interception return for a touchdown. In 2008, he helped the Panthers to a 12-4 record and first place in the NFC South, totaling 14.5 sacks and 17 tackles for loss.

In 2010, Peppers signed with the Chicago Bears, earning Pro Bowl honors and leading the team in sacks in all four years with the club. The Bears returned to the NFC Championship Game for only the second time since 1988.

For his career, Peppers appeared and started in 18 playoff games, recording 49 total tackles, 6.5 sacks and 11 tackles for loss.

He held the Panthers' team records for sacks (97), forced fumbles (34) and blocked field goals (eight) when he retired.

A member of both the NFL's All-Decade Teams of the 2000s and 2010s, Peppers' 159.5 career sacks rank fourth on the league's all-time list.



# CAROLINA PANTHERS

## Tackling Football Math

### Goals/Objectives:

Students will:

- Improve math skills by applying basic functions to the game of football.
- Learn basic football facts and game terms.
- Utilize statistics of NFL football players and teams for computing math problems.
- Research statistics of selected NFL football players and teams for use as alternative information in certain math problems.

**Common Core Standards:** Operations and Algebraic Thinking; Number Operations in Base Ten; Measurement and Data

### Methods/Procedures:

- Students will complete the math worksheets provided on the following pages related to the game of football. They may work independently or with others. Feel free to make adaptations in players and teams to suit your students. Answers to the following worksheets are found in the back of this publication.
  - \* Conversions in Football (CCS: Measurement and Data)
  - \* Super Bowl Thunder (CCS: Number Operations in Base Ten; Measurement and Data)
  - \* Miscellaneous Math Activities

### UDL Examples

- Allow all students to use conversion charts

### Materials:

- Pencil
- Scrap paper for working problems
- Calculators if permitted
- Worksheets

### Assessment:

- Students will be assessed on accuracy of responses.

# CAROLINA PANTHERS

## Conversions in Football



**Directions:** Complete the following problems, be sure to show all of your work on a separate sheet of paper.

1. During his career, Steve Smith had 12,197 yards receiving with the Panthers. How many feet is that? \_\_\_\_\_
2. In 2024, Ja'Tavion Sanders had a 46 yard catch. How many inches is that? \_\_\_\_\_
3. Bryce Young passed for 2,403 yards in 2024. How many miles is that? \_\_\_\_\_ Round to the nearest tenth. \*(Hint: 1 mile = 1,760 yards)
4. In 2024 Chuba Hubbard led the Panthers in rushing with 1,195 yards. How many feet is that? \_\_\_\_\_
5. The Panthers have the ball on their own 25-yard line and they complete a 45-yard pass. They then lose 4 yards on the next play. What yard line are they now on? \_\_\_\_\_
6. Bryce Young threw a 54-yard pass. How many inches did he throw? \_\_\_\_\_ How many centimeters? \_\_\_\_\_ Hint: 1 inch = 2.54 centimeters
7. A football field measures 100 yards from goal line to goal line. A field is  $53 \frac{1}{3}$  yards wide. Convert these measurements to feet. \_\_\_\_\_
8. If an NFL player weighs 303 pounds. How much does he weigh in ounces? \_\_\_\_\_
9. A game normally lasts 60 minutes. During a 17-game season, how many total minutes does one team play? \_\_\_\_\_
10. There are seven officials on the field for every NFL game. If 16 games are played each week, what is the total number of officials officiating throughout the NFL each week? \_\_\_\_\_



# CAROLINA PANTHERS

## Super Bowl Thunder

**Directions:** Answer the following questions using the Carolina Panthers' roster on the following page.

1. Who was the oldest player on the team?
2. What number was Greg Olsen?
3. How many wide receivers (WR) were there?
4. How many players had 10 or more years of NFL experience?
5. How many quarterbacks (QB) were listed?
6. Who was the only player to attend Florida State University?
7. Who was the heaviest player on the team?
8. Who was the lightest player on the team?
9. What position did number 1 play?
10. Add up the total weight of all the running backs (RB).

# CAROLINA PANTHERS

## Super Bowl Thunder



### Carolina Panthers Super Bowl XXXVIII Roster

#	NAME	POS.	HT.	WT.	AGE	EXP.	COLLEGE
97	Addison, Mario	DE	6-3	260	28	5	Troy
69	Allen, Jared	DE	6-6	270	33	12	Idaho State
3	Anderson, Derek	QB	6-6	230	32	11	Oregon State
34	Artis-Payne, Cameron	RB	5-10	220	25	R	Auburn
11	Bersin, Brenton	WR	6-3	210	25	2	Wofford
33	Boston, Tre	S	6-1	210	23	2	North Carolina
10	Brown, Philly	WR	5-11	185	24	2	Ohio State
20	Coleman, Kurt	S	5-11	200	27	6	Ohio State
82	Cotchery, Jerricho	WR	6-1	205	33	12	North Carolina State
58	Davis, Thomas	LB	6-1	235	32	11	Georgia
91	Delaire, Ryan	DE	6-4	265	24	R	Towson
84	Dickson, Ed	TE	6-4	255	28	6	Oregon
94	Ealy, Kony	DE	6-4	275	24	2	Missouri
92	Edwards, Dwan	DT	6-3	305	34	12	Oregon State
26	Finnegan, Cortland	CB	5-10	190	32	10	Samford
17	Funchess, Devin	WR	6-4	225	21	R	Michigan
9	Gano, Graham	K	6-2	205	28	6	Florida State
19	Ginn, Jr., Ted	WR	5-11	185	30	9	Ohio State
41	Harper, Roman	S	6-1	205	33	10	Alabama
53	Jacobs, Ben	LB	6-4	240	27	3	Fresno State
44	Jansen, J.J.	LS	6-2	240	30	8	Notre Dame
95	Johnson, Charles	DE	6-2	282	29	9	Georgia
42	Jones, Colin	S	6-0	205	28	5	Texas Christian
67	Kalil, Ryan	C	6-2	300	30	9	Southern California
56	Klein, A.J.	LB	6-1	240	24	3	Iowa State
59	Kuechly, Luke	LB	6-3	238	24	4	Boston College
98	Lotulelei, Star	DT	6-2	320	26	3	Utah
93	Love, Kyle	DT	6-1	315	29	4	Mississippi State
29	Marlowe, Dean	S	6-1	205	23	R	James Madison
55	Mayo, David	LB	6-2	240	22	R	Texas St.
27	McClain, Robert	CB	5-9	195	27	5	Connecticut
1	Newton, Cam	QB	6-5	245	26	5	Auburn
24	Norman, Josh	CB	6-0	195	28	4	Coastal Carolina
8	Nortman, Brad	P	6-2	215	26	4	Wisconsin
68	Norwell, Andrew	G	6-6	325	24	2	Ohio State
81	Norwood, Kevin	WR	6-2	200	26	2	Alabama
73	Oher, Michael	T	6-4	315	29	7	Mississippi
88	Olsen, Greg	TE	6-5	253	30	9	Miami (Fl.)
74	Remmers, Mike	T	6-5	305	26	3	Oregon State
79	Scott, Chris	G	6-4	340	28	4	Tennessee
99	Short, Kawann	DT	6-3	315	27	3	Purdue
80	Simonson, Scott	TE	6-5	250	23	1	Assumption
28	Stewart, Jonathan	RB	5-10	235	28	8	Oregon
54	Thompson, Shaq	LB	6-0	230	21	R	Washington
35	Tolbert, Mike	FB	5-9	250	30	8	Coastal Carolina
70	Turner, Trai	G	6-3	320	22	2	LSU
61	Velasco, Fernando	G	6-4	310	30	6	Georgia
14	Webb, Joe	QB	6-4	235	29	6	UAB
32	Wegher, Brandon	RB	5-10	215	25	R	Morningside College
43	Whittaker, Fozzy	RB	5-10	205	27	3	Texas
60	Williams, Daryl	T	6-6	335	23	R	Oklahoma
21	Williams, Teddy	CB	6-1	210	27	4	Texas-San Antonio
22	Young, Lou	CB	6-1	205	24	1	Georgia Tech

Source: Super Bowl  
XXXVIII Game Program



# CAROLINA PANTHERS

## How Much Can Be Recycled?

### Goals/Objectives:

Students will:

- Explain how technology influences the quality of life.
- Discuss how decisions about the use of products can result in desirable or undesirable consequences.
- Use examples to predict and analyze.
- Recognize that science can only answer some questions and technology can only solve some human problems.
- Describe examples of scientific advances and emerging technologies and how they impact society.

**National Standards:** Science: 5-Science and Technology

### Methods/Procedures:

- The students and teacher will compile a list of objects that accumulate from fans, players and workers at any NFL game.
- Students gather, if possible, concrete examples of listed items.
- Students determine which listed objects can be recycled.
- Through letters, calls, emails, and possibly personally, determine which stadiums recycle and what items they recycle.
- After compiling all three lists, using a mathematical formula, including amount of each product sold, students determine the weight of each recyclable item/team's game and or season through extrapolation.

### UDL Examples

- Encourage all students to share their personal experiences with the Carolina Panthers.
- Discuss how the team has impacted the local community.
- Allow students to work with a partner and use technology to compile their lists.

### Materials:

- Students and teacher created item list
- ProFootballHOF.com
- Scales for weighing objects

### Assessment:

- Student created tables of items sold, recyclable items, items recycled and total poundage.
- Students will deliver a formal presentation on their findings.
- Teacher posts results and student findings (charts).

# CAROLINA PANTHERS

## How Much Can Be Recycled?



### Bank of America Stadium

Items Sold	Item A	Item B	Item C	Item D
Game 1	Total Weight:	Total Weight:	Total Weight:	Total Weight:
Game 2	Total Weight:	Total Weight:	Total Weight:	Total Weight:
Game 3	Total Weight:	Total Weight:	Total Weight:	Total Weight:

Students may add items, delete items, add games, delete games depending on time constraints.



# CAROLINA PANTHERS

## From Humble Beginnings: The Story of the Panthers

### Goals/Objectives:

Students will:

- Understand the beginnings of football as we know it today.

**National Standards:** U.S. History: 11 - Era 7: The Emergence of Modern America (1890-1930); 12 - Era 8: The Great Depression and World War II (1929-1945); 13 - Era 9: Postwar United States (1945 to early 1970's); 14 - Era 10: Contemporary United States (1968 to the Present)

### Methods/Procedures:

- Students will visit the Carolina Panthers' website: Panthers.com and the Pro Football Hall of Fame's website: ProFootballHOF.com. A tour through these websites informs students how the Panthers began, who were the early superstars, and who helped the Panthers become what they are today. Students will take notes.
- If the class can take a field trip to Bank of America Stadium, students should take notes as they tour.
- Students will complete a one page report on the history of the Carolina Panthers from the research gathered.
- Students will then present this information (first game, first player drafted, etc.) to the class

### UDL Examples

- Allow students to create a poster, infographic, or digital presentation instead of a written report

### Materials:

- Panthers.com
- ProFootballHOF.com
- Panthers History on page 1.

### Assessment:

- Students will be able to verbally share with others more about the rich history of the Carolina Panthers.

# CAROLINA PANTHERS

## Panthers' Team Travel



### Goals/Objectives:

Students will:

- Improve geography skills using football team facts and locations.
- Use map skills with football facts.
- Explore data from NFL players and teams.

**National Standards:** Geography: 2-Places and Regions; 5-Environment and Society

### Methods/Procedures:

- Have students complete the Panthers' Team Travel worksheet

### UDL Examples

- Read and describe all facts and worksheets to all students

### Materials:

- Worksheet: Panthers' Team Travel
- Maps, atlas, online resources
- 2025 Carolina Panthers' Schedule
- Writing utensils
- Paper or posterboard
- Pushpins and string

### Assessment:

- Students will be assessed on accuracy of responses to worksheet: Panthers' Team Travel



# CAROLINA PANTHERS

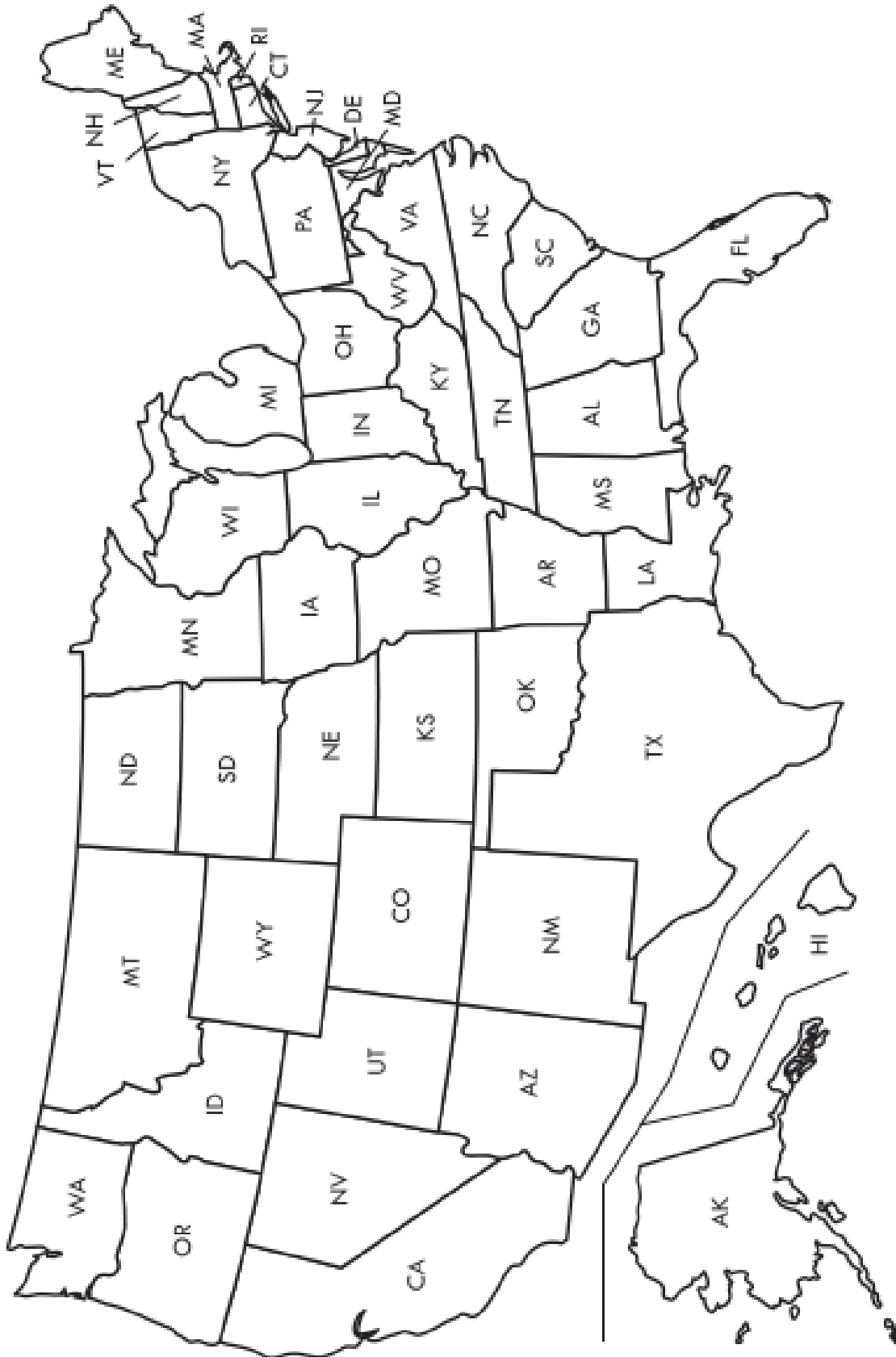
## Panthers' Team Travel

**Directions:** Using a blank United States map (next page) and a 2025 NFL schedule complete the following activities.

1. Label each individual state.
2. Label each NFL team in its correct city. On a separate piece of paper, list those states which do not have a NFL team.
3. Secure the map to a piece of cardboard to push pins through. Locate Charlotte, NC and mark it by attaching a string to a pin and placing the pin on Charlotte, NC.
4. Refer to a copy of the team's schedule for the current NFL season (Panthers.com). Using the pins and string, locate and mark your team's away games. How many away games do they play?
5. Determine and keep track of the direction your team traveled to play their away games.
6. Using an online map, determine how many miles the team traveled to each of their away games. How many total miles did the team travel throughout the season?
7. Determine if Charlotte, NC is in a different time zone than Canton, OH. What is the time difference? If the starting time of a game is 4:00 p.m. in Canton, OH, what time is the game starting in Charlotte, NC?
8. Keep a log of your team's win-loss record for the season plus the number of points they have scored during each game.
9. Did your team win more home or away games?
10. How many miles is it from Charlotte, NC to Santa Clara, CA, site of Super Bowl LX?

# CAROLINA PANTHERS

## Panthers' Team Travel





# CAROLINA PANTHERS

## Career Exploration

### Goals/Objectives:

Students will:

- Identify NFL careers.
- Conduct an exploratory interview to get an insider's view of a particular career.
- Investigate career opportunities that reflect their interests, abilities, and personality.
- Utilize various sources of career information.

**National Standards:** FACS: 1 - Career, Community, and Family Connections

### Methods/Procedures:

- Have students complete the following career worksheets and activities provided on the following pages:
  - \* Careers with the Panthers
  - \* Panthers Career Matching
  - \* Panthers Career Future

### UDL Examples

- Read all worksheets aloud to all students
- Allow students to work in pairs to complete the worksheets

### Materials:

- Career worksheets and activity descriptions
- Career reference books including:
  - \* Dictionary of Occupational Titles
  - \* Occupational Outlook Handbook (OOH)
  - \* Guide for Occupational Exploration
  - \* Occupational Outlook Quarterly
- Computer program "Ohio Career Information System (OCIS)"
- Internet access to career/job/vocation sites (i.e. <http://stats.bls.gov>)

### Assessment:

- Students will be assessed on performance and accuracy of responses.

# CAROLINA PANTHERS

## Careers with the Panthers



Name: \_\_\_\_\_

There are hundreds of jobs in and around the Panthers in addition to being an athlete. See if you can think of one job for each letter in the alphabet.

- A. \_\_\_\_\_
- B. \_\_\_\_\_
- C. \_\_\_\_\_
- D. \_\_\_\_\_
- E. \_\_\_\_\_
- F. \_\_\_\_\_
- G. \_\_\_\_\_
- H. \_\_\_\_\_
- I. \_\_\_\_\_
- J. \_\_\_\_\_
- K. \_\_\_\_\_
- L. \_\_\_\_\_
- M. \_\_\_\_\_
- N. \_\_\_\_\_
- O. \_\_\_\_\_
- P. \_\_\_\_\_
- Q. \_\_\_\_\_
- R. \_\_\_\_\_
- S. \_\_\_\_\_
- T. \_\_\_\_\_
- U. \_\_\_\_\_
- V. \_\_\_\_\_
- W. \_\_\_\_\_
- X. \_\_\_\_\_
- Y. \_\_\_\_\_
- Z. \_\_\_\_\_



# CAROLINA PANTHERS

## Panthers Career Matching

Name: \_\_\_\_\_

**Directions: Match the careers on the left with the correct definition on the right:**

- |                             |   |
|-----------------------------|---|
| _____ Players Agent         | A. Good with computers and networking. Oversee all technology applications for teams.   |
| _____ Game Official         | B. Requires a keen eye, fast reflexes, stamina, self-control, and knowledge of rules and ability to make quick and correct decisions. |
| _____ Sports Photographer   | C. Has a strong science background with an emphasis on anatomy and physical therapy for athletes.                                     |
| _____ Sports Psychologist   | D. Makes sure the stadiums and arenas are operable and safe for both players and fans.  |
| _____ Facilities Manager    | E. Participates in contract negotiations, arranges personal appearances and sets up endorsements for commercial products.             |
| _____ Director of IT        | F. Advises athletes on how to eat to perform their best.  |
| _____ Official Statistician | G. Expert in mathematics, bookkeeping, statistics and operating a computer.   |
| _____ Scout                 | H. Artist who uses a camera to capture the single action of an individual's successes as well as defeats.                             |
| _____ Athletic Trainer      | I. Evaluates potential players as well as next week's opponents.  |
| _____ Sports Nutritionist   | J. Helps athletes cope with pressure.   |

# CAROLINA PANTHERS

## Panthers Career Future



**Name:** \_\_\_\_\_

The NFL can offer a ticket to fame and fortune. However, only a small percentage of people actually become professional athletes. Even those who do must some day retire and begin new careers Education is the key to the future.

Think about the types of NFL career possibilities that exist for a person with your interests, abilities, and personality. Project yourself into the future and choose one occupation that interests you. Answer the following questions using any resources available (parents, relatives, career mentors, teachers, guidance counselors, Internet and printed material).

- What education and training would I need?
- What skills and aptitude should I have?
- Is there an age requirement? If so, what is it?
- What would my work environment be like?
- What hours would I spend on the job?
- What is the starting salary?
- What are the opportunities for advancement in this line of work?
- What are the benefits of the career?
- What is the dress code?
- What specific duties would I perform?
- What are the advantages and disadvantages of the job?

Now that you know more about the career, is it still something you would like to pursue? Why or why not?



# CAROLINA PANTHERS

## Panthers Jersey Design

### Goals/Objectives:

Students will:

- Create an original frontal design for a jersey, employing color choices, fabric/clothing details and lettering design. This lesson focuses on use of contrast, center of interest and balance.

**National Standards:** Visual Arts: 1-Understanding and applying media, techniques and processes

### Methods/Procedures:

- Fold drawing paper in half, short sides together, to create a center line. This line will be used as guide when drawing the neckline and number.
- Using pencil and ruler, divide the paper vertically into fourths, using very light guidelines. These lines represent approximate areas where sleeves are sewn onto the sides of the body.
- Decide on the thickness of sleeves, drawing them to extend to the outside edges of the paper.
- Sketch the neckline – standard jerseys usually have v-necks, but use another shape if you like.
- Add detailing – clothing that must endure the rigors of a contact sport usually has double stitching for strength. This can be shown at the sleeves, bottom and any other area you choose.
- Determine a color pattern – borrow colors from the Panthers or create your own combinations. No more than two or three colors are necessary. Highlights of black and white are often used on jerseys in conjunction with one or two other colors. Use your color pattern to create bands on the sleeves, neckline and other areas as desired. Colors should have good contrast that allows the design to be visible from a distance, especially the number(s).
- Use the fold line to help you center the number you chose. Examples of block letters are shown on the accompanying illustration, but be as creative as you'd like. Jersey numbers are often "shaded" with a second colors. Frequently, smaller numbers are sewn to the shoulders. From this viewpoint, only part of the shoulder numbers would be visible.
- Add a tag inside the neckline to show the size. Jerseys often have outside tags on the lower portion of the body that show the manufacturer's name. This would be an ideal are to sign your name or create a company with your initials. Add any other detail you would like.
- If desired, cut out your jersey and mount on a contrasting color.

### UDL Examples

- Allow students to work with a partner
- Allow students to use technology to create/draw a jersey design

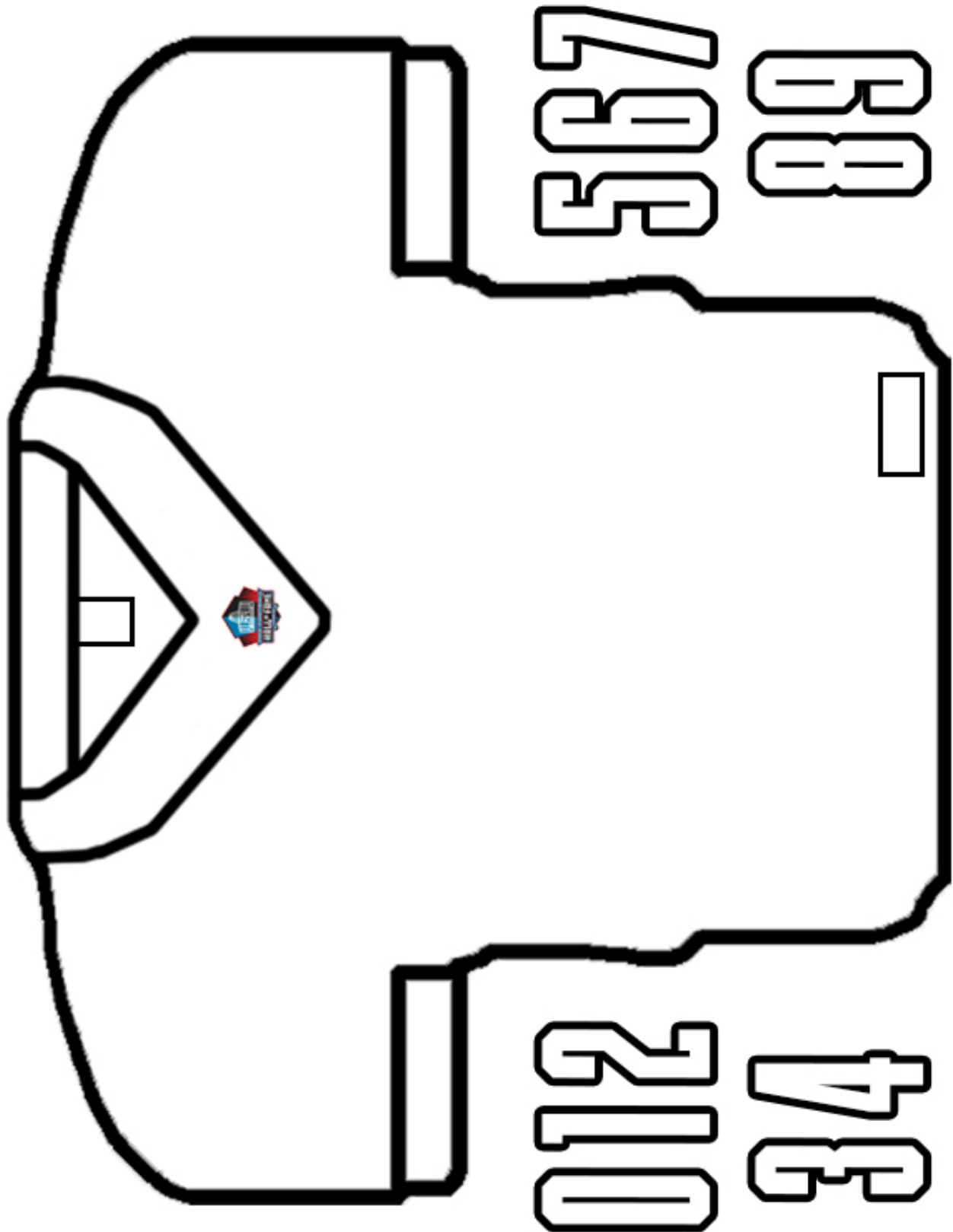
### Materials:

- White or manila drawing paper, 12" x 18" or 9" x 12"
- Drawing pencil/eraser
- Ruler or straightedge
- Colored pencils, markers, crayons or other coloring media

### Assessment:

- Ask the student to write an advertisement for his/her jersey, describing the type of fabric that would be used, why the color choices are successful, the durability of the shirt, other details that were used, and the approximate price of the shirt.

# CAROLINA PANTHERS Panthers Jersey Design





# CAROLINA PANTHERS

## The Internet and Football

### Goals/Objectives:

Students will:

- Identify the Internet as a viable source for information and research.
- Identify key phrases and words in searching the Internet for football related information.
- Identify various and reliable Internet sites.
- Identify main points of article.
- Effectively analyze Internet sites

**National Standards:** Technology: 2-Issues; 3-Technology Productivity Tools; 4-Technology Communication Tools; 5- Technology Research Tools, 6-Technology Problem Solving

### Methods/Procedures:

- Students complete the worksheets provided on the following pages in this section concentrating on one activity at a time.
- Teachers are encouraged to adjust, adapt, and alter activities to suit class needs.
- Answers are located in the back of this publication.
  - \* ProFootballHOF.com
  - \* Panthers.com
  - \* Additional Internet Sites
- Students would be encouraged to access the Hall's official site: ProFootballHOF.com. On this site students can examine articles to analyze and discuss.
- Students can present the information gathered from the lessons to the class.

### UDL Examples

- Read aloud all worksheets to the class
- Allow students to work in pairs

### Materials:

- Internet Activity Sheets
- Panthers.com
- ProFootballHOF.com
- Access to the school and/or public library as well as a computer center

### Assessment:

- Students will be assessed based upon completed worksheets and/or presentations



Name: \_\_\_\_\_

**Directions: After finding your way to the Pro Football Hall of Fame website, find the answers to the following questions.**

1. What are the three reasons the Pro Football Hall of Fame is located in Canton, Ohio?
  - A. \_\_\_\_\_
  - B. \_\_\_\_\_
  - C. \_\_\_\_\_
  
2. In the "Football History" section, find one story about the 1980's. Summarize the article below.
  
  
  
  
  
  
  
  
  
  
3. Under "NFL History and Stats," list two players talked about in "African Americans in Pro Football."
  - D. \_\_\_\_\_
  - E. \_\_\_\_\_
  
4. Who were the enshrinees in the Class of 2025?
  - E. \_\_\_\_\_
  - F. \_\_\_\_\_
  - G. \_\_\_\_\_
  - H. \_\_\_\_\_
  
5. A jersey number has been worn by more Hall of Famers (14) than any other number. Which number is it? \_\_\_\_\_



Name: \_\_\_\_\_

**Directions:** After accessing the website [Panthers.com](http://Panthers.com), find the answers to the following questions:

1. Who founded the Carolina Panthers?
2. In what year were the Carolina Panthers founded?
3. How many games did the Panthers win in their first season?
4. Who was the first player the Panthers drafted in the 1995 NFL Draft?
5. Name two Panthers inducted into the Panthers Hall of Honor.
  - A.
  - B.
6. Find one article on the site. Summarize that article below.



**The following websites can be accessed for additional information for your students.**

[www.usatoday.com](http://www.usatoday.com)

[www.espn.com](http://www.espn.com)

[www.cbssports.com](http://www.cbssports.com)

[www.sportsillustrated.com](http://www.sportsillustrated.com)

[www.nfl.com/superbowl](http://www.nfl.com/superbowl)



### Goals/Objectives:

Students will:

- Correlate the fitness concepts of strength, agility, flexibility, and endurance to basic yet specific forms of exercise.

**National Standards:** Physical Education: 2-Movement Concepts, Principles, Strategies, and Tactics; 3-Physical Activity; 4-Physical Fitness; 6-Values Physical Activity

### Methods/Procedures:

- Students will be asked to discuss and list basic exercises that can be done to improve one's muscular strength, agility, flexibility, and muscular endurance.
- Basic Exercise Examples
  - \* Muscular Strength Push-ups, Sit-ups (Few Repetition), Chin-ups, Pull-ups, Squat thrust, Bench dips
  - \* Agility Line jumps (forward, backward, side to side, scissors), One Foot hop
  - \* Flexibility Standing toe touch, Standing V stretch, Butterfly, Seated toe touch, Seated V stretch, Inverted hurdles stretch
  - \* Endurance Push-ups, Sit-ups, Chin-ups, Squat thrust, Bench dips, Walking, Jogging (slow, medium or fast) Jump rope (Many Repetitions)

### Materials:

- Notepad/paper and pencil/pen
- Blackboard or Dry mark board
- Access to computer

### Assessment:

- Students will be assessed on their participation in activities.

# CAROLINA PANTHERS

## Answer Key



### Conversions in Football

1. 36,591 feet
2. 1,656 inches
3. 1.4 miles
4. 3,585 feet
5. 34 yard line of opposing team
6. 1,944 inches, 4937.76 centimeters
7. 300 feet long, 160 feet wide
8. 4,848 ounces
9. 1,020 minutes
10. 112 officials

### Super Bowl Thunder

1. Dwan Edwards (34)
2. 88
3. 6
4. 7
5. 3
6. Graham Gano
7. Chris Scott - 340 lbs.
8. TIE - Ted Ginn, Jr. & Philly Brown - 185 lbs.
9. Quarterback
10. 875 lbs.

### Careers with the Panthers

#### **Possible Answers**

- A = Agent
- B = Broadcaster
- C = Coach
- D = Doctor
- E = Equipment Manager
- F = Field Judge
- G = Groundskeeper
- H = Head Linesman
- I = Intern
- J = Journalist
- K = Kinesiologist
- L = Lawyer
- M = Mascot
- N = Nutritionist
- O = Owner
- P = Photographer
- Q = Quarterback Coach
- R = Referee
- S = Scout

- T = Trainer
- U = Umpire
- V = Vendor
- W = Writer
- X = X-Ray Technician
- Y = Yoga Instructor
- Z = Zeppelin Driver

### Panthers Career Matching

- E- Players Agent
- B- Game Official
- H- Sports Photographer
- J- Sports Psychologist
- D- Facilities Manager
- A- Sports Promoter
- G- Official Statistician
- I- Scout
- C- Athletic Trainer
- F- Sports Nutritionist

### Panthers.com

1. Jerry Richardson
2. 1993
3. Seven
4. Kerry Collins
5. Mike McCormack, Sam Mills, Fans
6. Student's choice

### ProFootballHOF.com

1. A. The American Professional Football Association, was founded in Canton in 1920.  
B. The Canton Bulldogs were an early day pro football power. First two-time champion of the NFL. Jim Thorpe played for Bulldogs.  
C. Canton citizens launched a determined and organized campaign in the 1960's to earn the site.
2. Answer varies
3. Answer varies
4. Jared Allen, Eric Allen, Sterling Sharpe, Antonio Gates
5. 81

# ***CAROLINA PANTHERS***

