

PRO FOOTBALL HALL OF FAME

# TEACHER ACTIVITY GUIDE



DEFENSIVE END REGGIE WHITE - HALL OF FAME CLASS OF 2006

# PHILADELPHIA EAGLES

## Team History



The Eagles have been a Philadelphia institution since their beginning in 1933 when a syndicate headed by the late Bert Bell and Lud Wray purchased the former Frankford Yellowjackets franchise for \$2,500. In 1941, a unique swap took place between Philadelphia and Pittsburgh that saw the clubs trade home cities with Alexis Thompson becoming the Eagles owner.

In 1943, the Philadelphia and Pittsburgh franchises combined for one season due to the manpower shortage created by World War II. The team was called both Phil-Pitt and the Steagles. Greasy Neale of the Eagles and Walt Kiesling of the Steelers were co-coaches and the team finished 5-4-1.

Counting the 1943 season, Neale coached the Eagles for 10 seasons and he led them to their first significant successes in the NFL. Paced by such future Pro Football Hall of Fame members as running back Steve Van Buren, center-linebacker Alex Wojciechowicz, end Pete Pihos and beginning in 1949, center-linebacker Chuck Bednarik, the Eagles dominated the league for six seasons. They finished second in the NFL Eastern division in 1944, 1945 and 1946, won the division title in 1947 and then scored successive shutout victories in the 1948 and 1949 championship games.

A rash of injuries ended Philadelphia's era of domination and, by 1958, the Eagles had fallen to last place in their division. That year, however, saw the start of a rebuilding program by a new coach, Buck Shaw, and the addition of quarterback Norm Van Brocklin in a trade with the Los Angeles Rams. In just three years, Shaw gave Philadelphia another championship. Behind Van Brocklin's expert on-the-field leadership, the Eagles won the Eastern division with a 10-2 record and then defeated the Green Bay Packers 17-13 for the NFL championship. Bednarik saved the day for the Eagles with an open field tackle of Green Bay's Jim Taylor on the game's final play.

The Eagles fell just a half-game short of another NFL Eastern conference championship in 1961 but didn't reach the playoffs again for 18 years until 1978, their third season under coach Dick Vermeil. Vermeil's teams played in four straight post-season playoffs between 1978 and 1981. In 1980, Philadelphia won a then club-record 12 games, edged out Dallas for the Eastern division title and then defeated the Cowboys 20-7 for the NFC championship. However, the Eagles lost to the Oakland Raiders 27-10 in Super Bowl XV.

In 1988 the Eagles won the NFL Eastern division championship. Starting with that season, Philadelphia, which was particularly dominating on defense, won 10 or more games for five straight years up to 1993. In four of those years, the Eagles entered the playoffs as a wild-card team, a feat they repeated in 1995.

In 1999 Andy Reid was named the team's head coach. He instantly transformed the Eagles into one of the dominant teams in the NFL. Beginning in 2000, Philadelphia won their division six times, appeared in the postseason nine times, and made a trip to Super Bowl XXXIX. Reid served as the team's head coach for 14 seasons, the longest tenure of any coach in franchise history.

In 2017, under the direction of former Eagles' QB and former Head Coach Doug Pederson (1999) the team got off to a hot start led by QB Carson Wentz. After Wentz was injured during the season, most people counted them out, but the backup Nick Foles stepped up to challenge to lead the Eagles to Super Bowl LII. Thanks to the "Philly Special," the Eagles won their first-ever Super Bowl defeating the New England Patriots. Led by QB Jalen Hurts, the Eagles won Super Bowl LIX.



# PHILADELPHIA EAGLES

## Canton, Ohio and the National Football League

Each year, approximately 250,000 fans from all over the world visit the Pro Football Hall of Fame in Canton, Ohio. The museum's guest register reveals that in a year's time, visitors come from all fifty states and from sixty to seventy foreign countries.

Many wonder why the Hall of Fame is located in this small northeast Ohio city. Often, museums are built in locations that have historical significance to their subject matter. The Pro Football Hall of Fame is no exception. Canton's ties to pro football began long before the Hall of Fame was built in 1963. On September 17, 1920, a meeting was held in an automobile showroom in downtown Canton. It was at this time that the American Professional Football Association was formed. Two years later, the league changed its name to the National Football League.

Today, fans follow teams like the Dallas Cowboys, San Francisco 49ers, and the Miami Dolphins. But, in 1920, none of those teams existed. Rather, the NFL had teams like the Columbus Panhandles, Dayton Triangles, Rochester Jeffersons, and the Canton Bulldogs.

The Canton Bulldogs were the first real pro football powerhouse. They won the NFL title in 1922 and 1923 making them the league's first two-time champion.

They were a strong team even before the NFL began because of their star player Jim Thorpe. Thorpe, a Native American Indian, was a tremendous athlete. Not only did he play pro football but he played pro baseball and won two gold medals in the 1912 Olympic Games. Even today, he is considered to be one of the world's greatest athletes of all time.

While the Bulldogs are no longer around, pro football remembers its early days in Canton, Ohio. Visitors, young and old, enjoy the story of pro football's history in the city where the NFL began!



The Legendary Jim Thorpe

# PHILADELPHIA EAGLES

## Who Was Jim Thorpe?



It seems that whenever stories are written about an all-time pro football great, Jim Thorpe's name comes up. Jim Thorpe was born in a one-room cabin in Prague, Oklahoma, on May 28, 1888. Though he had some Irish and French blood, he was mostly of Sac and Fox Indian heritage. In fact, his Indian name was Wa-Tho-Huk, which means Bright Path.

Though football was his first love, he gained his greatest fame as a track star, winning the decathlon and pentathlon events in the 1912 Olympics, held in Stockholm, Sweden. King Gustav V of Sweden told Thorpe as he presented him with his medals, "Sir, you are the greatest athlete in the world." But soon afterward, Thorpe was stripped of his records and medals when it was learned that he had played minor league baseball for money in 1911. In 1984 the Olympic Committee decided that this was an unfair interpretation of the then Olympic rules and restored his records and returned his medals to his family.

In 1915, Thorpe's great abilities and fame led Jack Cusack to offer him \$250 a game to play football for the Canton Bulldogs. While that may not sound like much, it was twice as much as most players were making back then. Even Cusack's friends warned him that he was paying Thorpe too much. Just the same, Thorpe was everything Cusack had hoped he would be -- a great player and a gate attraction. After missing the first two games of the 1916 season because he was playing pro baseball for the New York Giants, Thorpe joined the Canton squad. With Jim playing halfback, the Bulldogs were unofficial World Champions in 1916, 1917 and 1919. (The Bulldogs' championships are said to be unofficial since no organized pro league existed at the time.)

Many old-timers who actually played against Thorpe claimed he was the toughest man ever to play the game. Legend says that Jim would drop-kick a field goal from the 50-yard line, then turn and kick another 50-yarder in the opposite direction with perfect results--just to show off. Others say he could punt a ball the length of the field. Both are probably exaggerations. In any case, there is no doubt that Thorpe was a superb athlete. All accounts suggest he could run with speed and bruising power. He could pass and catch passes with the best. He could kick with accuracy and strength. And, of course, as players did back then, he played defense too.

By the time the NFL was organized in 1920, the thirty-two-year-old Thorpe, who was already past his athletic prime, was unanimously voted the league's charter president. However, he managed to play eight NFL seasons with six different teams and his gate appeal continued. Though at times he sparkled like the Thorpe of old, he never really excelled as much in the NFL as he had in his earlier career. In 1928, at the age of forty he finally called it quits. In 1950, the nation's press honored Thorpe by naming him the most outstanding athlete of the first fifty years of the twentieth century. In 1963, he was elected a charter member of the Pro Football Hall of Fame.

Source: Excerpt from The Official Pro Football Hall of Fame Answer Book by Joe Horrigan, Simon & Shuster Inc., 1990.

If you would like to know more about Jim Thorpe, a good book to read is Jim Thorpe by Bob Wheeler (University of Oklahoma Press, 1979).



### Goals/Objectives:

Students will:

- Conduct research on issues and interests by generating ideas and questions and by posing problems. They gather, evaluate and synthesize data from a variety of sources (e.g., print and nonprint displays and artifacts) to communicate their discoveries.
- Use a variety of technological and informational resources (e.g., video, displays, databases) to gather and synthesize information and to create and communicate knowledge.
- Develop an understanding of and respect for diversity in language use, patterns and dialects across cultures, ethnic groups, geographic regions and social roles.
- Use spoken, written and visual language to accomplish their own purposes (e.g., for learning, enjoyment, persuasion and exchange of information).

**Common Core Standards:** RI- Key Ideas and Details, Integration of Knowledge and Ideas; W- Text Types and Purposes, Research to Build and Present Knowledge; SL- Presentation of Knowledge and Ideas

### Methods/Procedures:

- Students will read the biographical sketch on Reggie White (next page) as a class and discuss his role in history and the history of pro football.
- Students will compile a list of ten facts about Reggie White from his bio.
- Students would then be given an assignment to research any Eagles' player and gather ten facts or bits of information on them to share with the class. Students would be encouraged to access the Eagles' official website: PhiladelphiaEagles.com.
- Students will write up their information in paragraph form (like the Reggie White bio) and present the new facts and bits of information that they discovered about their chosen player.

### UDL Examples

- Read all materials aloud to entire class
- Allow students to work in groups
- Allow students to create a poster or graphic with new facts and bits of information that they discovered about their chosen player

### Materials:

- Reggie White biography
- PhiladelphiaEagles.com

### Assessment:

- Students will submit the informational essay/report on their chosen Eagles' player.
- Students will deliver a formal presentation on their chosen player that will demonstrate a clear and distinctive perspective on the subject chosen and conveys relevant information and descriptive details.

# PHILADELPHIA EAGLES

## Reggie White



Reggie White earned the nickname “The Minister of Defense” as a senior at Tennessee. The moniker surely had to do with something more than the fact that he became an ordained minister at the age of 17. That became instantly apparent when he began his pro football career.



White, who spent two seasons in the ill-fated United States Football League, made a memorable debut in the National Football League with the Philadelphia Eagles in Week 4 of the 1985 season. He collected 2.5 sacks, and deflected a pass that was intercepted and returned for touchdown. Despite the fact he played in only 13 games that season, White tied for the team lead with 13 sacks and was named the NFL’s Defensive Rookie of the Year. The following season, White picked up 18 more sacks to earn his first of an astounding 13 straight Pro Bowl trips.

In 1987, White recorded one of the finest seasons ever posted by a defensive lineman. In the season debut against the Washington Redskins, he sacked quarterback Doug Williams, stripped the ball, and then picked it up and raced 70 yards for the first of his two career touchdowns. In just 12 games during the strike-shortened season White amassed 21 sacks to earn his first of two consecutive league sack titles.

In 1993, after recording 124 sacks in 121 games over eight seasons in Philadelphia, White became the first big name free agent to switch teams. He joined the Green Bay Packers and instantly helped turn the fortunes of the once-proud franchise.

The team steadily improved and, in 1996, returned to glory with White leading the NFL’s topped ranked defense to playoff and Super Bowl victories. In Super Bowl XXXI he recorded a record three sacks.

Reggie played two more years in Green Bay. During that period he added 27 more sacks to his repertoire. After a one-year “retirement”, White returned for a final season with the Carolina Panthers in 2000.

White retired as the NFL’s all-time sack leader with 198. He was named to the NFL’s All-Decade Teams of the 1980 and 1990s, the 75th Anniversary Team, and was voted first-team All-Pro 10 times in his 15-year career.



# PHILADELPHIA EAGLES

## Tackling Football Math

### Goals/Objectives:

Students will:

- Improve math skills by applying basic functions to the game of football.
- Learn basic football facts and game terms.
- Utilize statistics of NFL football players and teams for computing math problems.
- Research statistics of selected NFL football players and teams for use as alternative information in certain math problems.

**Common Core Standards:** Operations and Algebraic Thinking; Number Operations in Base Ten; Measurement and Data

### Methods/Procedures:

- Students will complete the math worksheets provided on the following pages related to the game of football. They may work independently or with others. Feel free to make adaptations in players and teams to suit your students. Answers to the following worksheets are found in the back of this publication.
  - \* Conversions in Football (CCS: Measurement and Data)
  - \* NFL Champion Thunder (CCS: Number Operations in Base Ten; Measurement and Data)

### UDL Examples

- Allow all students to use conversion charts

### Materials:

- Pencil
- Scrap paper for working problems
- Calculators if permitted
- Worksheets

### Assessment:

- Students will be assessed on accuracy of responses.

# PHILADELPHIA EAGLES

## Conversions in Football



**Directions:** Complete the following problems, be sure to show all of your work on a separate sheet of paper.

1. During his career, Donovan McNabb threw for 37,276 yards. How many miles is that? \_\_\_\_\_
2. In 2024, Saquon Barkley had a season high 72-yard rushing attempt. How many inches is that? \_\_\_\_\_
3. Jalen Hurts passed for 2,903 yards in 2024. How many miles is that? \_\_\_\_\_ Round to the nearest tenth. \*(Hint: 1 mile = 1,760 yards)
4. In 2024, the Eagles combined for a total of 3,517 yards receiving. How many feet is that? \_\_\_\_\_
5. The Eagles have the ball on their own 25-yard line and they complete a 45-yard pass. They then lose 4 yards on the next play. What yard line are they now on? \_\_\_\_\_
6. Jalen Hurts threw a 54-yard pass. How many inches did he throw? \_\_\_\_\_ How many centimeters? \_\_\_\_\_ Hint: 1 inch = 2.54 centimeters
7. A football field measures 100 yards from goal line to goal line. A field is  $53 \frac{1}{3}$  yards wide. Convert these measurements to feet. \_\_\_\_\_
8. If an NFL player weighs 303 pounds. How much does he weigh in ounces? \_\_\_\_\_
9. A game normally lasts 60 minutes. During a 17-game season, how many total minutes does one team play? \_\_\_\_\_
10. There are seven officials on the field for every NFL game. If 16 games are played each week, what is the total number of officials officiating throughout the NFL each week? \_\_\_\_\_



# PHILADELPHIA EAGLES

## Super Bowl Thunder

**Directions:** Answer the following questions using the Philadelphia Eagles' roster on the following page.

1. Who was the oldest player on the team?
2. What number was Cooper DeJean?
3. How many tight-ends (TE) were there?
4. How many players had 10 or more years of NFL experience?
5. How many quarterbacks (QB) were listed?
6. Who was the only player to attend The Ohio State University?
7. Who was the heaviest player on the team?
8. Who was the lightest player on the team?
9. What position did number 11 play?
10. Add up the total weight of all the running backs (RB).

# PHILADELPHIA EAGLES Super Bowl Thunder



## Philadelphia Eagles Super Bowl LIX Roster

NO	PLAYER	POS	HT	WT	BIRTH DATE	NFL EXP	COLLEGE	HOW ACQUIRED
0	Bryce Huff	DE	6-3	254	4/17/98	5	Memphis	FA (NYJ) '24
1	Jalen Hurts	QB	6-1	223	8/7/98	5	Oklahoma	D2 '20
2	Darius Slay	CB	6-0	190	1/1/91	12	Mississippi State	T (Det) '20
3	Nolan Smith	OLB	6-2	238	1/18/01	2	Georgia	D1b '23
4	Jake Elliott	K	5-9	167	1/21/95	8	Memphis	PS (Cm) '17
6	DeVonta Smith	WR	6-0	170	11/14/98	4	Alabama	D1 '21
7	Kenny Pickett	QB	6-3	220	6/6/98	3	Pittsburgh	T (Pit) '24
8	C.J. Gardner-Johnson	S	5-11	208	12/20/97	6	Florida	FA (Det) '24
10	Braden Mann	P	5-11	198	11/24/97	5	Texas A&M	FA '23
11	A.J. Brown	WR	6-1	226	6/30/97	6	Mississippi	T (Ten) '22
14	Kenneth Gainwell	RB	5-9	200	3/14/99	4	Memphis	D5 '21
16	Tanner McKee	QB	6-6	231	4/27/00	2	Stanford	D6 '23
19	Josh Sweat	OLB	6-5	265	3/29/97	7	Florida State	D4b '18
21	Sydney Brown	S	5-10	211	3/21/00	2	Illinois	D3b '23
22	Kelee Ringo	CB	6-2	207	6/27/02	2	Georgia	D4 '23
23	Eli Ricks	CB	6-2	188	9/26/01	2	Alabama	UDFA '23
26	Saquon Barkley	RB	6-0	232	2/9/97	7	Penn State	FA (NVG) '24
27	Quinyon Mitchell	CB	6-0	193	7/18/01	R	Toledo	D1 '24
28	Will Shipley	RB	5-11	209	8/29/02	R	Clemson	D4 '24
29	Avonte Maddox	DB	5-9	184	3/31/96	7	Pittsburgh	D4a '18
32	Reed Blankenship	S	6-1	203	3/2/99	3	Middle Tennessee State	UDFA '22
33	Cooper DeJean	DB	6-0	198	2/9/03	R	Iowa	D2 '24
34	Isaiah Rodgers	CB	5-10	176	1/7/98	4	Massachusetts	FA '23
36	Tristin McCollum	S	6-3	195	5/3/99	1	Sam Houston State	FA '23
38	Lewis Cine	S	6-2	199	10/5/99	3	Georgia	PS (Buf) '24
42	Oren Burks	LB	6-3	233	3/21/95	7	Vanderbilt	FA (SF) '24
49	Rick Lovato	LS	6-2	249	9/9/92	8	Old Dominion	FA '16
51	Cam Jurgens	C	6-3	303	8/21/99	3	Nebraska	D2 '22
53	Zack Baun	LB	6-3	225	12/30/96	5	Wisconsin	FA (NO) '24
54	Jeremiah Trotter Jr.	LB	6-0	225	12/24/02	R	Clemson	D5b '24
56	Tyler Steen	G/T	6-6	321	6/24/00	2	Alabama	D3a '23
58	Jalyx Hunt	OLB	6-3	252	3/13/01	R	Houston Christian	D3 '24
59	Thomas Booker	DT	6-3	301	11/11/99	2	Stanford	FA '23
61	Nick Gates	OL	6-5	312	11/27/95	7	Nebraska	FA '24
64	Brett Toth	OL	6-6	304	9/1/96	6	Army	FA '23
65	Lane Johnson	T	6-6	325	5/8/90	12	Oklahoma	D1 '13
68	Jordan Mailata	T	6-8	365	3/31/97	7	—	D7 '18
69	Landon Dickerson	G	6-6	332	9/30/98	4	Alabama	D2 '21
72	Darian Kinnard	T/G	6-5	322	12/29/99	2	Kentucky	FA '24
74	Fred Johnson	T	6-7	326	6/5/97	6	Florida	FA '22
77	Mekhi Becton	G/T	6-7	363	4/18/99	5	Louisville	FA (NYJ) '24
79	Trevor Keegan	G	6-5	306	8/30/00	R	Michigan	D5c '24
80	Parris Campbell	WR	6-1	205	7/16/97	6	Ohio State	FA (NVG) '24
81	Grant Calcaterra	TE	6-4	240	12/4/98	3	Southern Methodist	D6b '22
82	Ainias Smith	WR	5-9	176	5/31/01	R	Texas A&M	D5a '24
83	Jahan Dotson	WR	5-11	184	3/22/00	3	Penn State	T (Was) '24
84	E.J. Jenkins	TE	6-6	245	11/3/98	1	Georgia Tech	FA '24
88	Dallas Goedert	TE	6-5	256	1/3/95	7	South Dakota State	D2 '18
89	Johnny Wilson	WR	6-6	228	4/3/01	R	Florida State	D6a '24
90	Jordan Davis	DT	6-6	336	1/12/00	3	Georgia	D1 '22
93	Milton Williams	DT	6-3	290	4/6/99	4	Louisiana Tech	D3 '21
97	Moro Djomo	DT	6-3	292	8/15/01	2	Texas	D7 '23
98	Jalen Carter	DT	6-3	314	4/4/01	2	Georgia	D1a '23

Source: Super Bowl LIX Game Program



# PHILADELPHIA EAGLES

## How Much Can Be Recycled?

### Goals/Objectives:

Students will:

- Explain how technology influences the quality of life.
- Discuss how decisions about the use of products can result in desirable or undesirable consequences.
- Use examples to predict and analyze.
- Recognize that science can only answer some questions and technology can only solve some human problems.
- Describe examples of scientific advances and emerging technologies and how they impact society.

**National Standards:** Science: 5-Science and Technology

### Methods/Procedures:

- The students and teacher will compile a list of objects that accumulate from fans, players and workers at any NFL game.
- Students gather, if possible, concrete examples of listed items.
- Students determine which listed objects can be recycled.
- Through letters, calls, emails, and possibly personally, determine which stadiums recycle and what items they recycle.
- After compiling all three lists, using a mathematical formula, including amount of each product sold, students determine the weight of each recyclable item/team's game and or season through extrapolation.

### UDL Examples

- Encourage all students to share their personal experiences with the Philadelphia Eagles.
- Discuss how the team has impacted the local community.
- Allow students to work with a partner and use technology to compile their lists.

### Materials:

- Students and teacher created item list
- ProFootballHOF.com
- Scales for weighing objects

### Assessment:

- Student created tables of items sold, recyclable items, items recycled and total poundage.
- Students will deliver a formal presentation on their findings.
- Teacher posts results and student findings (charts).

# PHILADELPHIA EAGLES

## How Much Can Be Recycled?



### Lincoln Financial Field

Items Sold	Item A	Item B	Item C	Item D
Game 1	Total Weight:	Total Weight:	Total Weight:	Total Weight:
Game 2	Total Weight:	Total Weight:	Total Weight:	Total Weight:
Game 3	Total Weight:	Total Weight:	Total Weight:	Total Weight:

Students may add items, delete items, add games, delete games depending on time constraints.



# PHILADELPHIA EAGLES

## From Humble Beginnings: The Story of the Eagles

### Goals/Objectives:

Students will:

- Understand the beginnings of football as we know it today.

**National Standards:** U.S. History: 11 - Era 7: The Emergence of Modern America (1890-1930); 12 - Era 8: The Great Depression and World War II (1929-1945); 13 - Era 9: Postwar United States (1945 to early 1970's); 14 - Era 10: Contemporary United States (1968 to the Present)

### Methods/Procedures:

- Students will visit the Philadelphia Eagles' website: PhiladelphiaEagles.com and the Pro Football Hall of Fame's website: ProFootballHOF.com. A tour through these websites informs students how the Eagles began, who were the early superstars, and who helped the Eagles become what they are today. Students will take notes.
- If the class can take a field trip to Lincoln Financial Field students should take notes as they tour.
- Students will complete a one page report on the history of the Philadelphia Eagles from the research gathered.
- Students will then present this information (first game, first player drafted, etc.) to the class.

### UDL Examples

- Allow students to create a poster, infographic, or digital presentation instead of a written report

### Materials:

- PhiladelphiaEagles.com
- ProFootballHOF.com
- Eagles History on page 1.

### Assessment:

- Students will be able to verbally share with others more about the rich history of the Philadelphia Eagles.

# PHILADELPHIA EAGLES

## Eagles' Team Travel



### Goals/Objectives:

Students will:

- Improve geography skills using football team facts and locations.
- Use map skills with football facts.
- Explore data from NFL players and teams.

**National Standards:** Geography: 2-Places and Regions; 5-Environment and Society

### Methods/Procedures:

- Have students complete the Eagles' Team Travel worksheet

### UDL Examples

- Read and describe all facts and worksheets to all students

### Materials:

- Worksheet: Eagles' Team Travel
- Maps, atlas, online resources
- 2025 Philadelphia Eagles' Schedule
- Writing utensils
- Paper or posterboard
- Pushpins and string

### Assessment:

- Students will be assessed on accuracy of responses to worksheet: Eagles' Team Travel



# PHILADELPHIA EAGLES

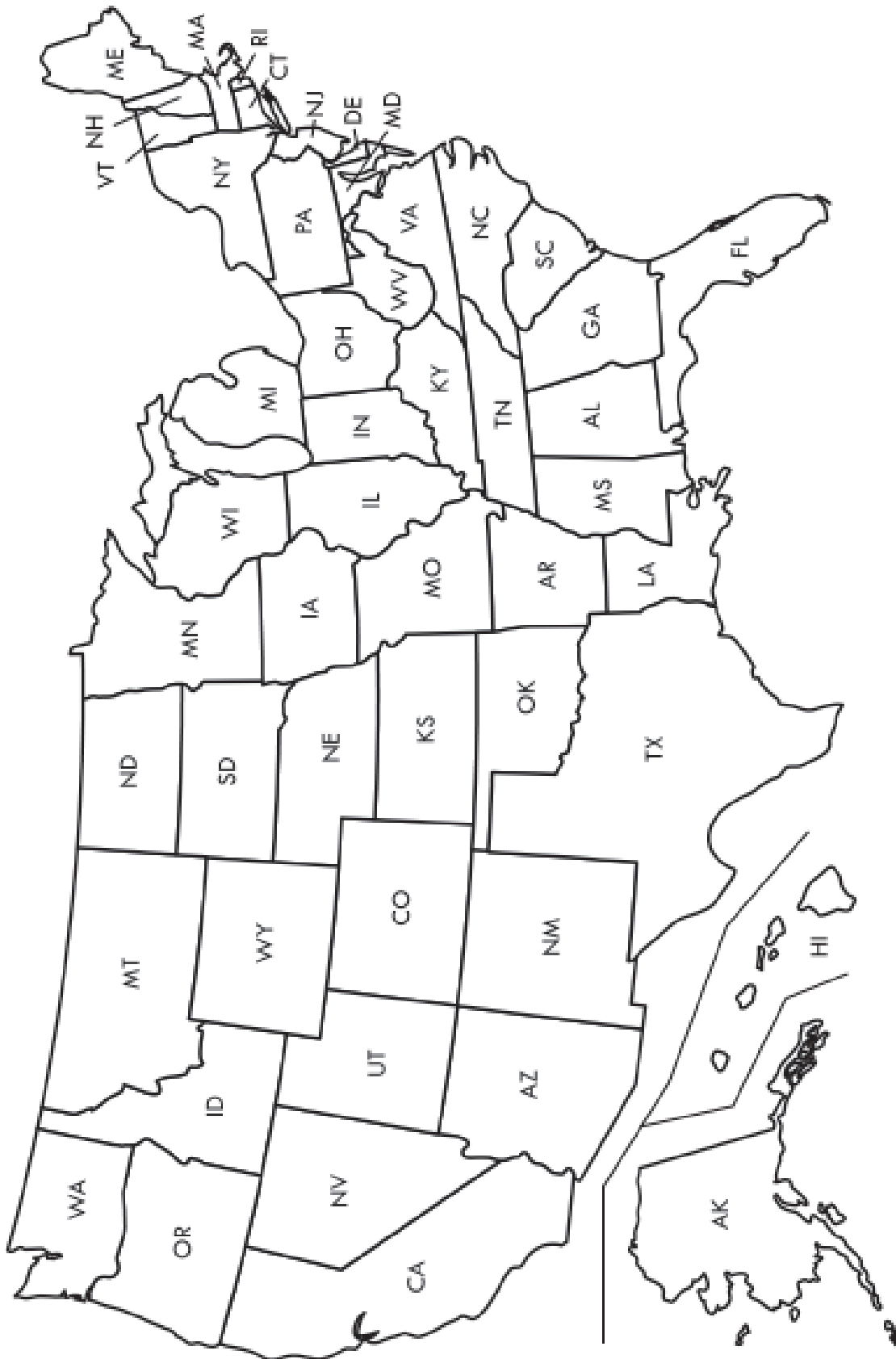
## Eagles' Team Travel

**Directions: Using a blank United States map (next page) and a 2025 NFL schedule complete the following activities.**

1. Label each individual state.
2. Label each NFL team in its correct city. On a separate piece of paper, list those states which do not have a NFL team.
3. Secure the map to a piece of cardboard to push pins through. Locate Philadelphia, PA and mark it by attaching a string to a pin and placing the pin on Philadelphia, PA.
4. Refer to a copy of the team's schedule for the current NFL season (PhiladelphiaEagles.com). Using the pins and string, locate and mark your team's away games. How many away games do they play?
5. Determine and keep track of the direction your team traveled to play their away games.
6. Using an online map, determine how many miles the team traveled to each of their away games. How many total miles did the team travel throughout the season?
7. Determine if Philadelphia, PA is in a different time zone than Canton, OH. What is the time difference? If the starting time of a game is 4:00 p.m. in Canton, OH, what time is the game starting in Philadelphia, PA?
8. Keep a log of your team's win-loss record for the season plus the number of points they have scored during each game.
9. Did your team win more home or away games?
10. How many miles is it from Philadelphia, PA to Santa Clara, CA, the site of Super Bowl LX?

# PHILADELPHIA EAGLES

## Eagles' Team Travel





# PHILADELPHIA EAGLES

## Career Exploration

### Goals/Objectives:

Students will:

- Identify NFL careers.
- Conduct an exploratory interview to get an insider's view of a particular career.
- Investigate career opportunities that reflect their interests, abilities, and personality.
- Utilize various sources of career information.

**National Standards:** FACS: 1 - Career, Community, and Family Connections

### Methods/Procedures:

- Have students complete the following career worksheets and activities provided on the following pages:
  - \* Careers with the Eagles
  - \* Eagles Career Matching
  - \* Eagles Career Future

### UDL Examples

- Read all worksheets aloud to all students
- Allow students to work in pairs to complete the worksheets

### Materials:

- Career worksheets and activity descriptions
- Career reference books including:
  - \* Dictionary of Occupational Titles
  - \* Occupational Outlook Handbook (OOH)
  - \* Guide for Occupational Exploration
  - \* Occupational Outlook Quarterly
- Computer program "Ohio Career Information System (OCIS)"
- Internet access to career/job/vocation sites (i.e. <http://stats.bls.gov>)

### Assessment:

- Students will be assessed on performance and accuracy of responses.

# PHILADELPHIA EAGLES

## Careers with the Eagles



Name: \_\_\_\_\_

There are hundreds of jobs in and around the Eagles in addition to being an athlete. See if you can think of one job for each letter in the alphabet.

- A. \_\_\_\_\_
- B. \_\_\_\_\_
- C. \_\_\_\_\_
- D. \_\_\_\_\_
- E. \_\_\_\_\_
- F. \_\_\_\_\_
- G. \_\_\_\_\_
- H. \_\_\_\_\_
- I. \_\_\_\_\_
- J. \_\_\_\_\_
- K. \_\_\_\_\_
- L. \_\_\_\_\_
- M. \_\_\_\_\_
- N. \_\_\_\_\_
- O. \_\_\_\_\_
- P. \_\_\_\_\_
- Q. \_\_\_\_\_
- R. \_\_\_\_\_
- S. \_\_\_\_\_
- T. \_\_\_\_\_
- U. \_\_\_\_\_
- V. \_\_\_\_\_
- W. \_\_\_\_\_
- X. \_\_\_\_\_
- Y. \_\_\_\_\_
- Z. \_\_\_\_\_



# PHILADELPHIA EAGLES

## Eagles Career Matching

Name: \_\_\_\_\_

**Directions: Match the careers on the left with the correct definition on the right:**

- |                             |   |
|-----------------------------|---|
| _____ Players Agent         | A. Good with computers and networking. Oversee all technology applications for teams.   |
| _____ Game Official         | B. Requires a keen eye, fast reflexes, stamina, self-control, and knowledge of rules and ability to make quick and correct decisions. |
| _____ Sports Photographer   | C. Has a strong science background with an emphasis on anatomy and physical therapy for athletes.                                     |
| _____ Sports Psychologist   | D. Makes sure the stadiums and arenas are operable and safe for both players and fans.  |
| _____ Facilities Manager    | E. Participates in contract negotiations, arranges personal appearances and sets up endorsements for commercial products.             |
| _____ Director of IT        | F. Advises athletes on how to eat to perform their best.  |
| _____ Official Statistician | G. Expert in mathematics, bookkeeping, statistics and operating a computer.   |
| _____ Scout                 | H. Artist who uses a camera to capture the single action of an individual's successes as well as defeats.                             |
| _____ Athletic Trainer      | I. Evaluates potential players as well as next week's opponents.  |
| _____ Sports Nutritionist   | J. Helps athletes cope with pressure.   |

# PHILADELPHIA EAGLES

## Eagles Career Future



**Name:** \_\_\_\_\_

The NFL can offer a ticket to fame and fortune. However, only a small percentage of people actually become professional athletes. Even those who do must some day retire and begin new careers. Education is the key to the future.

Think about the types of NFL career possibilities that exist for a person with your interests, abilities, and personality. Project yourself into the future and choose one occupation that interests you. Answer the following questions using any resources available (parents, relatives, career mentors, teachers, guidance counselors, Internet and printed material).

- What education and training would I need?
- What skills and aptitude should I have?
- Is there an age requirement? If so, what is it?
- What would my work environment be like?
- What hours would I spend on the job?
- What is the starting salary?
- What are the opportunities for advancement in this line of work?
- What are the benefits of the career?
- What is the dress code?
- What specific duties would I perform?
- What are the advantages and disadvantages of the job?

Now that you know more about the career, is it still something you would like to pursue? Why or why not?



# PHILADELPHIA EAGLES

## Eagles Jersey Design

### Goals/Objectives:

Students will:

- Create an original frontal design for a jersey, employing color choices, fabric/clothing details and lettering design. This lesson focuses on use of contrast, center of interest and balance.

**National Standards:** Visual Art: 1-Understanding and applying media, techniques and processes

### Methods/Procedures:

- Fold drawing paper in half, short sides together, to create a center line. This line will be used as guide when drawing the neckline and number.
- Using pencil and ruler, divide the paper vertically into fourths, using very light guidelines. These lines represent approximate areas where sleeves are sewn onto the sides of the body.
- Decide on the thickness of sleeves, drawing them to extend to the outside edges of the paper.
- Sketch the neckline – standard jerseys usually have v-necks, but use another shape if you like.
- Add detailing – clothing that must endure the rigors of a contact sport usually has double stitching for strength. This can be shown at the sleeves, bottom and any other area you choose.
- Determine a color pattern – borrow colors from the Eagles or create your own combinations. No more than two or three colors are necessary. Highlights of black and white are often used on jerseys in conjunction with one or two other colors. Use your color pattern to create bands on the sleeves, neckline and other areas as desired. Colors should have good contrast that allows the design to be visible from a distance, especially the number(s).
- Use the fold line to help you center the number you chose. Examples of block letters are shown on the accompanying illustration, but be as creative as you'd like. Jersey numbers are often "shaded" with a second colors. Frequently, smaller numbers are sewn to the shoulders. From this viewpoint, only part of the shoulder numbers would be visible.
- Add a tag inside the neckline to show the size. Jerseys often have outside tags on the lower portion of the body that show the manufacturer's name. This would be an ideal are to sign your name or create a company with your initials. Add any other detail you would like.
- If desired, cut out your jersey and mount on a contrasting color.

### UDL Examples

- Allow students to work with a partner
- Allow students to use technology to create/draw a jersey design

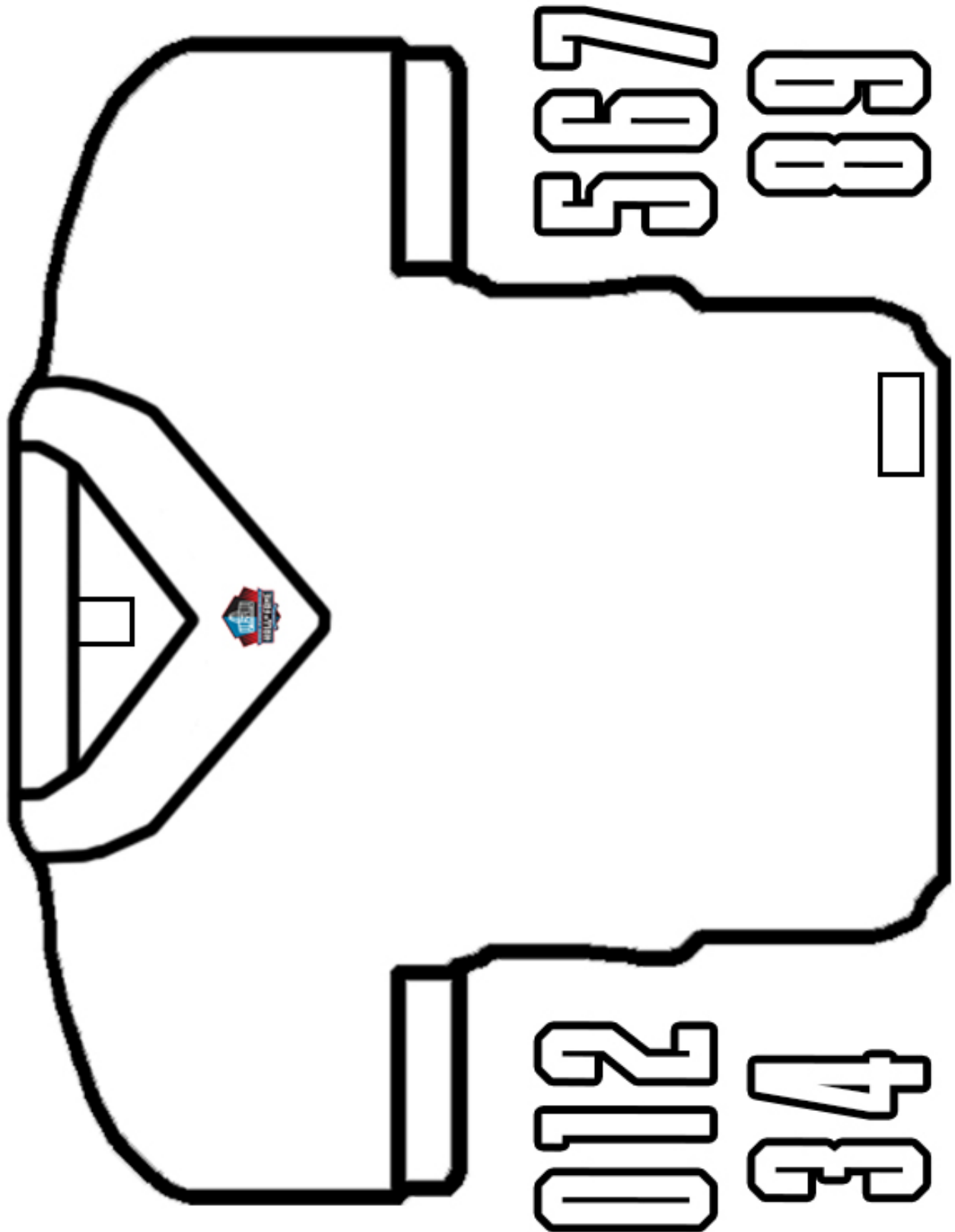
### Materials:

- White or manila drawing paper, 12" x 18" or 9" x 12"
- Drawing pencil/eraser
- Ruler or straightedge
- Colored pencils, markers, crayons or other coloring media

### Assessment:

- Ask the student to write an advertisement for his/her jersey, describing the type of fabric that would be used, why the color choices are successful, the durability of the shirt, other details that were used, and the approximate price of the shirt.

# PHILADELPHIA EAGLES Eagles Jersey Design





# PHILADELPHIA EAGLES

## The Internet and Football

### Goals/Objectives:

Students will:

- Identify the Internet as a viable source for information and research.
- Identify key phrases and words in searching the Internet for football related information.
- Identify various and reliable Internet sites.
- Identify main points of article.
- Effectively analyze Internet sites

**National Standards:** Technology: 2-Issues; 3-Technology Productivity Tools; 4-Technology Communication Tools; 5- Technology Research Tools, 6-Technology Problem Solving

### Methods/Procedures:

- Students complete the worksheets provided on the following pages in this section concentrating on one activity at a time.
- Teachers are encouraged to adjust, adapt, and alter activities to suit class needs.
- Answers are located in the back of this publication.
  - \* ProFootballHOF.com
  - \* PhiladelphiaEagles.com
  - \* Additional Internet Sites
- Students would be encouraged to access the Hall's official site: ProFootballHOF.com. On this site students can examine articles to analyze and discuss.
- Students can present the information gathered from the lessons to the class.

### UDL Examples

- Read aloud all worksheets to the class
- Allow students to work in pairs

### Materials:

- Internet Activity Sheets
- PhiladelphiaEagles.com
- ProFootballHOF.com
- Access to the school and/or public library as well as a computer center

### Assessment:

- Students will be assessed based upon completed worksheets and/or presentations





**Name:** \_\_\_\_\_

**Directions:** After accessing the website [NFL.com](http://NFL.com), find the answers to the following questions:

1. Who founded the Philadelphia Eagles?
  
2. In what year were the Philadelphia Eagles founded?
  
3. The Eagles made history on October 22, 1939 by participating in what?
  
4. How many numbers have the Philadelphia Eagles retired?
  
5. Name three Eagles inducted into the Pro Football Hall of Fame.
  - A.
  
  - B.
  
  - C.
  
6. Find one article on the site. Summarize that article below.



**The following websites can be accessed for additional information for your students.**

[www.usatoday.com](http://www.usatoday.com)

[www.espn.com](http://www.espn.com)

[www.cbssports.com](http://www.cbssports.com)

[www.sportsillustrated.com](http://www.sportsillustrated.com)

[www.nfl.com/superbowl](http://www.nfl.com/superbowl)



# PHILADELPHIA EAGLES

## Even Jalen Hurts Had to Start Somewhere

### Goals/Objectives:

Students will:

- Correlate the fitness concepts of strength, agility, flexibility, and endurance to basic yet specific forms of exercise.

**National Standards:** Physical Education: 2-Movement Concepts, Principles, Strategies, and Tactics; 3-Physical Activity; 4-Physical Fitness; 6-Values Physical Activity

### Methods/Procedures:

- Students will be asked to discuss and list basic exercises that can be done to improve one's muscular strength, agility, flexibility, and muscular endurance.
- Basic Exercise Examples
  - \* Muscular Strength Push-ups, Sit-ups (Few Repetition), Chin-ups, Pull-ups, Squat thrust, Bench dips
  - \* Agility Line jumps (forward, backward, side to side, scissors), One Foot hop
  - \* Flexibility Standing toe touch, Standing V stretch, Butterfly, Seated toe touch, Seated V stretch, Inverted hurdles stretch
  - \* Endurance Push-ups, Sit-ups, Chin-ups, Squat thrust, Bench dips, Walking, Jogging (slow, medium or fast) Jump rope (Many Repetitions)

### Materials:

- Notepad/paper and pencil/pen
- Blackboard or Dry mark board
- Access to computer

### Assessment:

- Students will be assessed on their participation in activities.

# PHILADELPHIA EAGLES

## Answer Key



### Conversions in Football

1. 21.2 miles
2. 2,592 inches
3. 1.6 miles
4. 10,551 feet
5. 34 yard line of opposing team
6. 1,944 inches, 4937.76 centimeters
7. 300 feet long, 160 feet wide
8. 5,800 ounces
9. 1,020 minutes
10. 112 officials

### Super Bowl Thunder

1. Lane Johnson - 35
2. 33
3. 3
4. 2
5. 3
6. Parris Campbell
7. Jordan Mailata - 365 lbs.
8. Jake Elliott - 170 lbs.
9. Wide Receiver
10. 641 lbs.

### Careers with the Eagles

#### Possible Answers

- A = Agent
- B = Broadcaster
- C = Coach
- D = Doctor
- E = Equipment Manager
- F = Field Judge
- G = Groundskeeper
- H = Head Linesman
- I = Intern
- J = Journalist
- K = Kinesiologist
- L = Lawyer
- M = Mascot
- N = Nutritionist
- O = Owner
- P = Photographer
- Q = Quarterback Coach
- R = Referee
- S = Scout

- T = Trainer
- U = Umpire
- V = Vendor
- W = Writer
- X = X-Ray Technician
- Y = Yoga Instructor
- Z = Zeppelin Driver

### Eagles Career Matching

- E- Players Agent
- B- Game Official
- H- Sports Photographer
- J- Sports Psychologist
- D- Facilities Manager
- A- Sports Promoter
- G- Official Statistician
- I- Scout
- C- Athletic Trainer
- F- Sports Nutritionist

### PhiladelphiaEagles.com

1. Bert Bell and Lud Wray
2. 1933
3. The first televised game
4. 9
5. Answer varies
6. Student's choice

### ProFootballHOF.com

1. A. The American Professional Football Association, was founded in Canton in 1920.  
B. The Canton Bulldogs were an early day pro football power. First two-time champion of the NFL. Jim Thorpe played for Bulldogs.  
C. Canton citizens launched a determined and organized campaign in the 1960's to earn the site.
2. Answer varies
3. Answer varies
4. Jared Allen, Eric Allen, Sterling Sharpe, Antonio Gates
5. 81

