

PRO FOOTBALL HALL OF FAME

# TEACHER ACTIVITY GUIDE



TACKLE ANTHONY MUÑOZ - HALL OF FAME CLASS OF 1998

# CINCINNATI BENGALS

## Team History



Planning for the Cincinnati Bengals franchise began three full years before the team began playing in the American Football League in 1968. Paul Brown, who had enjoyed exceptional success as the head coach of the Cleveland Browns for 17 seasons before departing in 1962, had the urge to get back into pro football. In 1965, he met with then-Governor Jim Rhodes and the two agreed the state could accommodate a second pro football team.

A year later in 1966, Cincinnati's city council approved the construction of 60,389-seat Riverfront Stadium, which was scheduled for completion by 1970. The next year, a group headed by Brown was awarded an American Football League franchise that would begin play in 1968. Brown named his team the Bengals in recognition of previous Cincinnati pro football franchises with the same name in the 1930s and 1940s. Brown himself returned to the coaching ranks on the Bengals sidelines for the first eight years. He retired after the 1975 season but continued to serve as general manager until his death in 1991. Mike Brown then succeeded his father as general manager.

The 1968 Bengals won their first two home games in 28,000-seat Nippert Stadium against Denver and Buffalo and finished with a 3-11 record, the most an expansion team of the 1960s recorded. Cincinnati improved enough in 1969 that Brown was named the AFL Coach of the Year. In 1970, they captured the AFC Central division title and thus became the first expansion team to win a championship of any kind in just three years.

In 1971, the Bengals selected Ken Anderson, a quarterback from little-known Augustana College, in the third round of the draft. For the next 16 seasons, Anderson was the key man of the Cincinnati offense and a four-time AFC individual passing champion. Cincinnati won its second AFC Central championship in 1973 and a wild-card berth in the 1975 playoffs in Brown's final year as coach. The Bengals missed the playoffs for the next five seasons but won big in 1981, the year the Bengals unveiled their new uniforms with tiger-striped helmets, jerseys and pants. Cincinnati, with Forrest Gregg as coach, won the AFC Central with a 12-4 record and defeated San Diego 27-7 in the AFC championship game. However, they lost the Super Bowl XVI showdown with the San Francisco 49ers, 26-21.

The Bengals had a second shot at the Super Bowl following the 1988 season when, under Coach Sam Wyche and quarterback Boomer Esiason, they improved from the dismal 4-12 record in 1987 to a 12-4 regular-season record. They then defeated Buffalo 21-10 for the AFC championship. But in Super Bowl XXIII, they lost 20-16 to the 49ers on a last-minute touchdown pass by Joe Montana. In addition to Anderson and Esiason, the Bengals have been able to boast of many outstanding players since their first game in 1968. None, however, was more outstanding than tackle Anthony Muñoz, a first-round draft pick in 1981. A perennial all-pro choice, the USC graduate was selected to play in 11 straight Pro Bowls from 1982 to 1992 and was inducted into the Pro Football Hall of Fame in 1998.

After drafting quarterback Carson Palmer 1st overall in the 2003 NFL Draft to pair with wide receivers Chad Johnson (Ochocinco) and T.J. Houshmandzadeh, the team saw success. Andy Dalton took over at quarterback in 2011, taking the team to 5 straight playoff berths. In 2019, the team hired Zac Taylor as their new head coach hoping he can use star wide receivers A.J. Green and Tyler Boyd to get back to the playoffs and in 2020, the team drafted the state's own Joe Burrow out of LSU. With Burrow at the helm and former teammate at LSU Ja'Marr Chase on the outside, the team made a run to the Super Bowl in 2022. In 2025, the Bengals are looking for another Super Bowl appearance.



# CINCINNATI BENGALS

## Canton, Ohio and the National Football League

Each year, approximately 250,000 fans from all over the world visit the Pro Football Hall of Fame in Canton, Ohio. The museum's guest register reveals that in a year's time, visitors come from all fifty states and from sixty to seventy foreign countries.

Many wonder why the Hall of Fame is located in this small northeast Ohio city. Often, museums are built in locations that have historical significance to their subject matter. The Pro Football Hall of Fame is no exception. Canton's ties to pro football began long before the Hall of Fame was built in 1963. On September 17, 1920, a meeting was held in an automobile showroom in downtown Canton. It was at this time that the American Professional Football Association was formed. Two years later, the league changed its name to the National Football League.

Today, fans follow teams like the Dallas Cowboys, San Francisco 49ers, and the Miami Dolphins. But, in 1920, none of those teams existed. Rather, the NFL had teams like the Columbus Panhandles, Dayton Triangles, Rochester Jeffersons, and the Canton Bulldogs.

The Canton Bulldogs were the first real pro football powerhouse. They won the NFL title in 1922 and 1923 making them the league's first two-time champion.

They were a strong team even before the NFL began because of their star player Jim Thorpe. Thorpe, a Native American Indian, was a tremendous athlete. Not only did he play pro football but he played pro baseball and won two gold medals in the 1912 Olympic Games. Even today, he is considered to be one of the world's greatest athletes of all time.

While the Bulldogs are no longer around, pro football remembers its early days in Canton, Ohio. Visitors, young and old, enjoy the story of pro football's history in the city where the NFL began!



The Legendary Jim Thorpe

# CINCINNATI BENGALS

## Who Was Jim Thorpe?



It seems that whenever stories are written about an all-time pro football great, Jim Thorpe's name comes up. Jim Thorpe was born in a one-room cabin in Prague, Oklahoma, on May 28, 1888. Though he had some Irish and French blood, he was mostly of Sac and Fox Indian heritage. In fact, his Indian name was Wa-Tho-Huk, which means Bright Path.

Though football was his first love, he gained his greatest fame as a track star, winning the decathlon and pentathlon events in the 1912 Olympics, held in Stockholm, Sweden. King Gustav V of Sweden told Thorpe as he presented him with his medals, "Sir, you are the greatest athlete in the world." But soon afterward, Thorpe was stripped of his records and medals when it was learned that he had played minor league baseball for money in 1911. In 1984 the Olympic Committee decided that this was an unfair interpretation of the then Olympic rules and restored his records and returned his medals to his family.

In 1915, Thorpe's great abilities and fame led Jack Cusack to offer him \$250 a game to play football for the Canton Bulldogs. While that may not sound like much, it was twice as much as most players were making back then. Even Cusack's friends warned him that he was paying Thorpe too much. Just the same, Thorpe was everything Cusack had hoped he would be -- a great player and a gate attraction. After missing the first two games of the 1916 season because he was playing pro baseball for the New York Giants, Thorpe joined the Canton squad. With Jim playing halfback, the Bulldogs were unofficial World Champions in 1916, 1917 and 1919. (The Bulldogs' championships are said to be unofficial since no organized pro league existed at the time.)

Many old-timers who actually played against Thorpe claimed he was the toughest man ever to play the game. Legend says that Jim would drop-kick a field goal from the 50-yard line, then turn and kick another 50-yarder in the opposite direction with perfect results--just to show off. Others say he could punt a ball the length of the field. Both are probably exaggerations. In any case, there is no doubt that Thorpe was a superb athlete. All accounts suggest he could run with speed and bruising power. He could pass and catch passes with the best. He could kick with accuracy and strength. And, of course, as players did back then, he played defense too.

By the time the NFL was organized in 1920, the thirty-two-year-old Thorpe, who was already past his athletic prime, was unanimously voted the league's charter president. However, he managed to play eight NFL seasons with six different teams and his gate appeal continued. Though at times he sparkled like the Thorpe of old, he never really excelled as much in the NFL as he had in his earlier career. In 1928, at the age of forty he finally called it quits. In 1950, the nation's press honored Thorpe by naming him the most outstanding athlete of the first fifty years of the twentieth century. In 1963, he was elected a charter member of the Pro Football Hall of Fame.

Source: Excerpt from The Official Pro Football Hall of Fame Answer Book by Joe Horrigan, Simon & Shuster Inc., 1990.

If you would like to know more about Jim Thorpe, a good book to read is Jim Thorpe by Bob Wheeler (University of Oklahoma Press, 1979).



# CINCINNATI BENGALS

## Anthony Muñoz

### Goals/Objectives:

Students will:

- Conduct research on issues and interests by generating ideas and questions and by posing problems. They gather, evaluate and synthesize data from a variety of sources (e.g., print and nonprint displays and artifacts) to communicate their discoveries.
- Use a variety of technological and informational resources (e.g., video, displays, databases) to gather and synthesize information and to create and communicate knowledge.
- Develop an understanding of and respect for diversity in language use, patterns and dialects across cultures, ethnic groups, geographic regions and social roles.
- Use spoken, written and visual language to accomplish their own purposes (e.g., for learning, enjoyment, persuasion and exchange of information).

**Common Core Standards:** RI- Key Ideas and Details, Integration of Knowledge and Ideas; W- Text Types and Purposes, Research to Build and Present Knowledge; SL- Presentation of Knowledge and Ideas

### Methods/Procedures:

- Students will read the biographical sketch on Anthony Muñoz (next page) as a class and discuss his role in history and the history of pro football.
- Students will compile a list of ten facts about Anthony Muñoz from his bio.
- Students would then be given an assignment to research any Bengals' player and gather ten facts or bits of information on them to share with the class. Students would be encouraged to access the Bengals' official website: [Bengals.com](http://Bengals.com).
- Students will write up their information in paragraph form (like the Anthony Muñoz bio) and present the new facts and bits of information that they discovered about their chosen player.

### UDL Examples

- Read all materials aloud to entire class
- Allow students to work in groups
- Allow students to create a poster or graphic with new facts and bits of information that they discovered about their chosen player

### Materials:

- Anthony Muñoz biography
- Access to Bengals website at [Bengals.com](http://Bengals.com)

### Assessment:

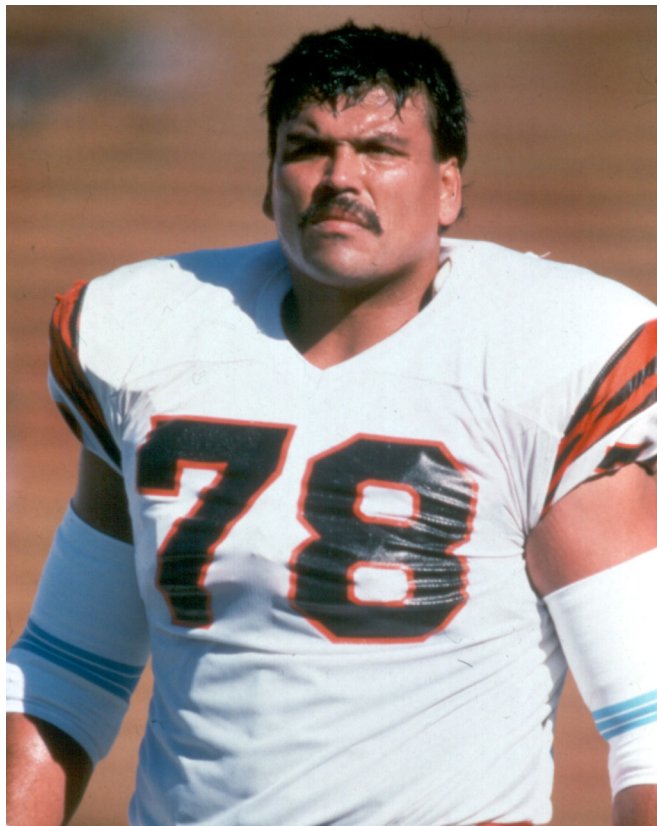
- Students will submit the informational essay/report on their chosen Bengals' player.
- Students will deliver a formal presentation on their chosen player that will demonstrate a clear and distinctive perspective on the subject chosen and conveys relevant information and descriptive details.

# CINCINNATI BENGALS

## Anthony Muñoz



Anthony Muñoz, a 6-6, 278-pound offensive tackle, was the first-round pick of the Cincinnati Bengals and the third player selected overall in the 1980 NFL Draft. Some considered the pick a risk because of multiple knee injuries and the fact that he played only one full game his senior year at the University of Southern California. But as the two-time All-America lineman (1978-1979) proved, the concerns were unnecessary.



An exceptional straight-on blocker, Muñoz was agile, quick, and strong. He had great foot quickness and agility necessary to block quick defensive ends. Considered by many to be the premier tackle during his 13-seasons of play, he started 164 of 168 games from 1980-1990.

An all-around athlete, he even caught seven passes and scored four touchdowns on tackle eligible plays. His stalwart play was the key to the success that propelled Cincinnati to three AFC Central Division titles and two AFC championships (1981 and 1988).

The recipient of virtually every possible honor, Anthony was elected to 11 consecutive Pro Bowls and was named All-Pro 11 straight times from 1981 through 1991. He was named the NFL Offensive Lineman of the Year in 1981, 1987, and 1988 and the NFL Players Association Lineman of the Year in 1981, 1985, 1988, and 1989.

Always in top-notch condition, Muñoz missed only three games due to injury. His rigorous workout routine included working out in the weight room he had installed in his home and running three to four miles every day. He set high personal standards and worked tirelessly to achieve them.

Born August 19, 1958, in Ontario, California, Muñoz was too big to play Pop Warner football as a youth. Instead, he concentrated on becoming an excellent baseball player. Eventually, as a college sophomore, he pitched for USC's national championship team in 1978. By then, however, it was clear that his size and his talents were more suited for football.



# CINCINNATI BENGALS

## Tackling Football Math

### Goals/Objectives:

Students will:

- Improve math skills by applying basic functions to the game of football.
- Learn basic football facts and game terms.
- Utilize statistics of NFL football players and teams for computing math problems.
- Research statistics of selected NFL football players and teams for use as alternative information in certain math problems.

**Common Core Standards:** Operations and Algebraic Thinking; Number Operations in Base Ten; Measurement and Data

### Methods/Procedures:

- Students will complete the math worksheets provided on the following pages related to the game of football. They may work independently or with others. Feel free to make adaptations in players and teams to suit your students. Answers to the following worksheets are found in the back of this publication.
  - \* Conversions in Football (CCS: Measurement and Data)
  - \* Super Bowl Thunder (CCS: Number Operations in Base Ten; Measurement and Data)

### UDL Examples

- Allow all students to use conversion charts

### Materials:

- Pencil
- Scrap paper for working problems
- Calculators if permitted
- Worksheets

### Assessment:

- Students will be assessed on accuracy of responses.

# CINCINNATI BENGALS

## Conversions in Football



**Directions:** Complete the following problems, be sure to show all of your work on a separate sheet of paper.

1. During the 2024 season, Chase Brown rushed for 990 yards. How many feet is that? \_\_\_\_\_
2. In 2024, Evan McPherson kicked a 56 yard field goal. How many inches is that? \_\_\_\_\_
3. Joe Burrow passed for 4,918 yards in 2024. How many miles is that? \_\_\_\_\_ Round to the nearest tenth. \*(Hint: 1 mile = 1,760 yards)
4. In 2024 Ja'Marr Chase had 1,708 receiving yards to lead the Bengals. How many feet is that?  
\_\_\_\_\_
5. The Bengals have the ball on their own 25-yard line and they complete a 45-yard pass. They then lose 4 yards on the next play. What yard line are they now on? \_\_\_\_\_
6. Bengals QB Joe Burrow threw a 54-yard pass. How many inches did he throw? \_\_\_\_\_ How many centimeters? \_\_\_\_\_ Hint: 1 inch = 2.54 centimeters
7. A football field measures 100 yards from goal line to goal line. A field is  $53 \frac{1}{3}$  yards wide. Convert these measurements to feet. \_\_\_\_\_
8. If an NFL player weighs 303 pounds. How much does he weigh in ounces? \_\_\_\_\_
9. A game normally lasts 60 minutes. During a 17-game season, how many total minutes does one team play? \_\_\_\_\_
10. There are seven officials on the field for every NFL game. If 16 games are played each week, what is the total number of officials officiating throughout the NFL each week? \_\_\_\_\_



# CINCINNATI BENGALS

## Super Bowl Thunder

**Directions:** Answer the following questions using the Cincinnati Bengals' roster on the following page.

1. Who was the oldest player on the team?
2. What number was Ja'Marr Chase?
3. How many wide receivers (WR) were there?
4. How many players had 10 or more years of NFL experience?
5. How many quarterbacks (QB) were listed?
6. Who was the only player to attend Tulane?
7. Who was the heaviest player on the team?
8. Who was the lightest player on the team?
9. What position did number 2 play?
10. Add up the total weight of all the running backs (HB).

# CINCINNATI BENGALS

## Super Bowl Thunder



### Cincinnati Bengals Super Bowl LVI Roster

| #  | NAME               | POS | HT.  | WT. | AGE | EXP. | COLLEGE              |
|----|--------------------|-----|------|-----|-----|------|----------------------|
| 77 | Andeniji, Hakeem   | G   | 6-4  | 302 | 24  | 2    | Kansas               |
| 8  | Allen, Brandon     | QB  | 6-2  | 209 | 29  | 5    | Arkansas             |
| 37 | Allen, Ricardo     | S   | 5-9  | 186 | 30  | 7    | Purdue               |
| 20 | Apple, Eli         | CB  | 6-1  | 203 | 27  | 6    | Ohio State           |
| 22 | Awuzie, Chidobe    | CB  | 6-0  | 202 | 27  | 5    | Colorado             |
| 51 | Bailey, Markus     | LB  | 6-0  | 235 | 25  | 2    | Purdue               |
| 30 | Bates III, Jessie  | S   | 6-1  | 200 | 25  | 4    | Wake Forest          |
| 24 | Bell, Vonn         | S   | 5-11 | 205 | 27  | 6    | Ohio State           |
| 83 | Boyd, Tyler        | WR  | 6-2  | 203 | 27  | 6    | Pittsburgh           |
| 9  | Burrow, Joe        | QB  | 6-4  | 221 | 25  | 2    | LSU                  |
| 79 | Carman, Jackson    | G   | 6-5  | 322 | 22  | R    | Clemson              |
| 1  | Chase, Ja'Marr     | WR  | 6-0  | 201 | 22  | R    | LSU                  |
| 35 | Davis, Jalen       | CB  | 5-10 | 185 | 26  | 2    | Utah State           |
| 25 | Evans, Chris       | HB  | 5-11 | 211 | 25  | R    | Michigan             |
| 33 | Flowers, Tre       | CB  | 6-3  | 203 | 27  | 4    | Oklahoma State       |
| 29 | Hargreaves III, V. | CB  | 5-10 | 204 | 27  | 6    | Florida              |
| 46 | Harris, Clark      | LS  | 6-5  | 250 | 38  | 13   | Rutgers              |
| 91 | Hendrickson, Trey  | DE  | 6-4  | 270 | 27  | 5    | Florida Atlantic     |
| 85 | Higgins, Tee       | WR  | 6-4  | 216 | 23  | 2    | Clemson              |
| 92 | Hill, B.J.         | DT  | 6-3  | 311 | 27  | 4    | North Carolina State |
| 63 | Hill, Trey         | C   | 6-4  | 319 | 22  | R    | Georgia              |
| 21 | Hilton, Mike       | CB  | 5-9  | 184 | 28  | 5    | Mississippi          |
| 66 | Hopkins, Trey      | C   | 6-3  | 316 | 30  | 6    | Texas                |
| 94 | Hubbard, Sam       | DE  | 6-5  | 265 | 27  | 4    | Ohio State           |
| 10 | Huber, Kevin       | P   | 6-1  | 210 | 37  | 13   | Cincinnati           |
| 16 | Irwin, Trenton     | WR  | 6-2  | 207 | 26  | 1    | Stanford             |
| 74 | Johnson, Fred      | OT  | 6-6  | 325 | 25  | 3    | Florida              |
| 44 | Johnston, Clay     | LB  | 6-1  | 232 | 26  | 2    | Baylor               |
| 47 | Jones, Keandre     | LB  | 6-3  | 220 | 25  | 1    | Maryland             |
| 90 | Kareem, Khalid     | DE  | 6-4  | 268 | 24  | 2    | Notre Dame           |
| 69 | Kerr, Zach         | DT  | 6-2  | 334 | 30  | 8    | Delaware             |
| 2  | McPherson, Evan    | K   | 5-11 | 185 | 23  | R    | Florida              |
| 28 | Mixon, Joe         | HB  | 6-1  | 220 | 26  | 5    | Oklahoma             |
| 17 | Morgan, Stanley    | WR  | 6-0  | 205 | 26  | 3    | Nebraska             |
| 34 | Perine, Samaje     | HB  | 5-11 | 240 | 27  | 5    | Oklahoma             |
| 57 | Pratt, Germaine    | LB  | 6-3  | 245 | 26  | 3    | North Carolina State |
| 75 | Prince, Isaiah     | OT  | 6-7  | 305 | 25  | 2    | Ohio State           |
| 93 | Ray, Wyatt         | DE  | 6-3  | 255 | 26  | 2    | Boston College       |
| 98 | Reader, D.J.       | DT  | 6-3  | 347 | 28  | 6    | Clemson              |
| 96 | Sample, Cam        | DE  | 6-3  | 267 | 23  | R    | Tulane               |
| 89 | Sample, Drew       | TE  | 6-5  | 258 | 26  | 3    | Washington           |
| 99 | Shelvin, Tyler     | DT  | 6-2  | 350 | 24  | R    | LSU                  |
| 70 | Smith, D.Ante      | OT  | 6-5  | 305 | 24  | R    | East Carolina        |
| 67 | Spain, Quinton     | G   | 6-4  | 330 | 31  | 7    | West Virginia        |
| 31 | Thomas, Michael J. | S   | 5-11 | 195 | 32  | 8    | Stanford             |
| 80 | Thomas, Mike D.    | WR  | 6-1  | 189 | 28  | 6    | Southern Mississippi |
| 68 | Tupou, Josh        | DT  | 6-3  | 345 | 28  | 4    | Colorado             |
| 87 | Uzomah, C.J.       | TE  | 6-6  | 260 | 29  | 7    | Auburn               |
| 26 | Waynes, Trae       | CB  | 6-0  | 190 | 30  | 7    | Michigan State       |
| 84 | Wilcox, Mitchell   | TE  | 6-4  | 247 | 25  | 1    | South Florida        |
| 73 | Williams, Jonah    | OT  | 6-5  | 305 | 25  | 3    | Alabama              |
| 32 | Williams, Trayveon | HB  | 5-8  | 206 | 25  | 3    | Texas A&M            |
| 55 | Wilson, Logan      | LB  | 6-2  | 241 | 26  | 2    | Wyoming              |

Source: Super Bowl  
LVI Game Program



# CINCINNATI BENGALS

## How Much Can Be Recycled?

### Goals/Objectives:

Students will:

- Explain how technology influences the quality of life.
- Discuss how decisions about the use of products can result in desirable or undesirable consequences.
- Use examples to predict and analyze.
- Recognize that science can only answer some questions and technology can only solve some human problems.
- Describe examples of scientific advances and emerging technologies and how they impact society.

**National Standards:** Science: 5-Science and Technology

### Methods/Procedures:

- The students and teacher will compile a list of objects that accumulate from fans, players and workers at any NFL game.
- Students gather, if possible, concrete examples of listed items.
- Students determine which listed objects can be recycled.
- Through letters, calls, emails, and possibly personally, determine which stadiums recycle and what items they recycle.
- After compiling all three lists, using a mathematical formula, including amount of each product sold, students determine the weight of each recyclable item/team's game and or season through extrapolation.

### UDL Examples

- Encourage all students to share their personal experiences with the Cincinnati Bengals.
- Discuss how the team has impacted the local community.
- Allow students to work with a partner and use technology to compile their lists.

### Materials:

- Students and teacher created item list
- ProFootballHOF.com
- Scales for weighing objects

### Assessment:

- Student created tables of items sold, recyclable items, items recycled and total poundage.
- Students will deliver a formal presentation on their findings.
- Teacher posts results and student findings (charts).

# CINCINNATI BENGALS

## How Much Can Be Recycled?



### Paycor Stadium

| Items Sold | Item A        | Item B        | Item C        | Item D        |
|------------|---------------|---------------|---------------|---------------|
| Game 1     | Total Weight: | Total Weight: | Total Weight: | Total Weight: |
| Game 2     | Total Weight: | Total Weight: | Total Weight: | Total Weight: |
| Game 3     | Total Weight: | Total Weight: | Total Weight: | Total Weight: |

Students may add items, delete items, add games, delete games depending on time constraints.



# CINCINNATI BENGALS

## From Humble Beginnings: The Story of the Bengals

### Goals/Objectives:

Students will:

- Understand the beginnings of football as we know it today.

**National Standards:** U.S History: 11 - Era 7: The Emergence of Modern America (1890-1930); 12 - Era 8: The Great Depression and World War II (1929-1945); 13 - Era 9: Postwar United States (1945 to early 1970's); 14 - Era 10: Contemporary United States (1968 to the Present)

### Methods/Procedures:

- Students will visit the Cincinnati Bengals' website: [Bengals.com](http://Bengals.com) and the Pro Football Hall of Fame's website: [ProFootballHOF.com](http://ProFootballHOF.com). A tour through these websites informs students how the Bengals began, who were the early superstars, and who helped the Bengals become what they are today. Students will take notes.
- If the class can take a field trip to Paycor Stadium, students should take notes as they tour.
- Students will complete a one page report on the history of the Cincinnati Bengals from the research gathered.
- Students will then present this information (first game, first player drafted, etc.) to the class.

### UDL Examples

- Allow students to create a poster, infographic, or digital presentation instead of a written report

### Materials:

- [Bengals.com](http://Bengals.com)
- [ProFootballHOF.com](http://ProFootballHOF.com)
- Bengals History on page 1.

### Assessment:

- Students will be able to verbally share with others more about the rich history of the Cincinnati Bengals.

# CINCINNATI BENGALS

## Bengals' Team Travel



### Goals/Objectives:

Students will:

- Improve geography skills using football team facts and locations.
- Use map skills with football facts.
- Explore data from NFL players and teams.

**National Standards:** Geography: 2-Places and Regions; 5-Environment and Society.

### Methods/Procedures:

- Have students complete the Bengals' Team Travel worksheet

### UDL Examples

- Read and describe all facts and worksheets to all students

### Materials:

- Worksheet: Bengals' Team Travel
- Maps, atlas, online resources
- 2025 Cincinnati Bengals' Schedule
- Writing utensils
- Paper or posterboard
- Pushpins and string

### Assessment:

- Students will be assessed on accuracy of responses to worksheet: Bengals' Team Travel



# CINCINNATI BENGALS

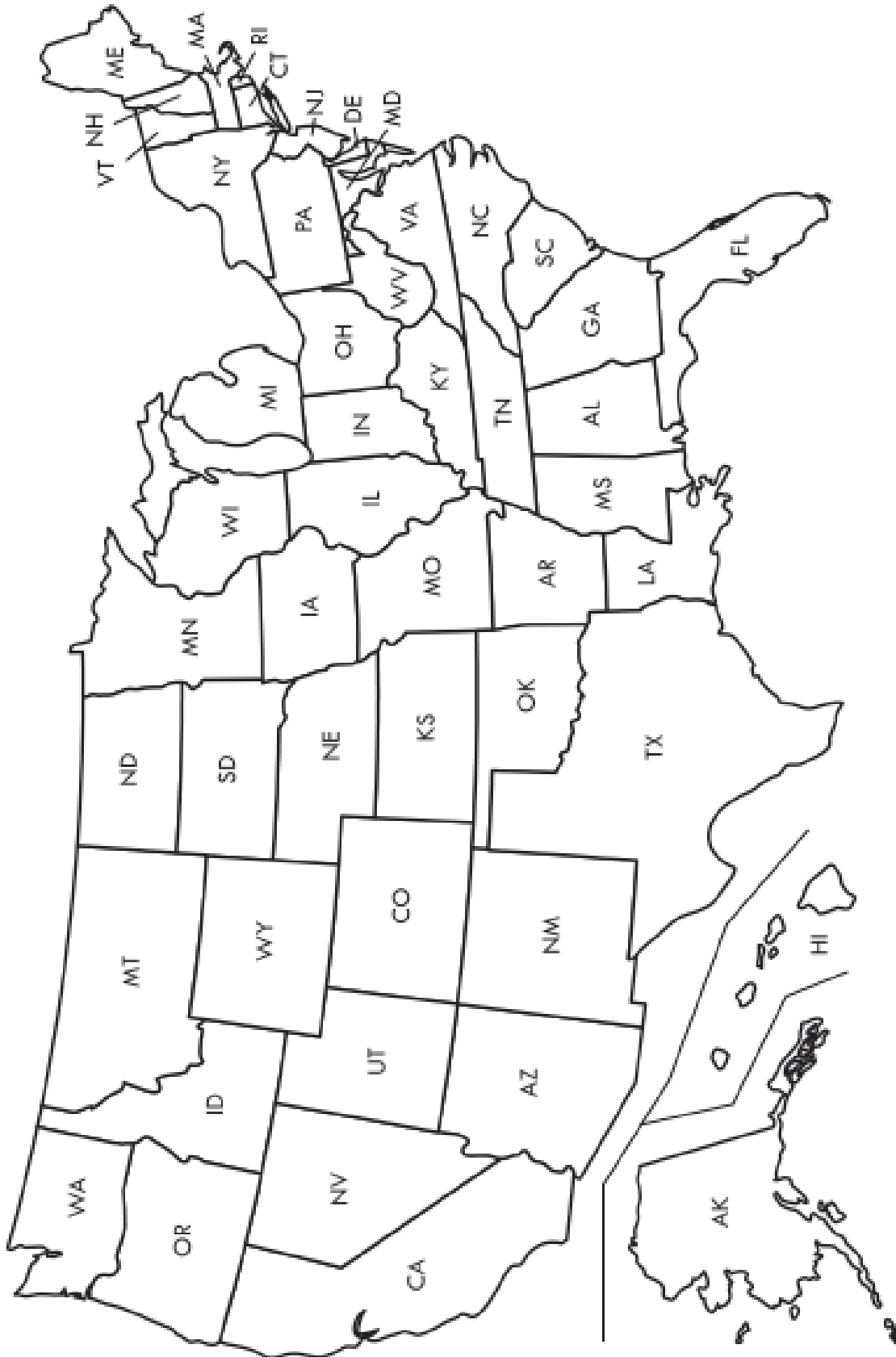
## Bengals' Team Travel

**Directions: Using a blank United States map (next page) and a 2025 NFL schedule complete the following activities.**

1. Label each individual state.
2. Label each NFL team in its correct city. On a separate piece of paper, list those states which do not have a NFL team.
3. Secure the map to a piece of cardboard to push pins through. Locate your Cincinnati, OH and mark it by attaching a string to a pin and placing the pin on Cincinnati, OH.
4. Refer to a copy of the team's schedule for the current NFL season (Bengals.com). Using the pins and string, locate and mark your team's away games. How many away games do they play?
5. Determine and keep track of the direction the Bengals traveled to play their away games.
6. Using an online map, determine how many miles the Bengals traveled to each of their away games. How many total miles did the team travel throughout the season?
7. Determine if Cincinnati, OH is in a different time zone than Tampa, FL (Site of Super Bowl LV). What is the time difference? If the starting time of a game is 4:00 p.m. in Miami Gardens, FL, what time is the game starting in Cincinnati, OH?
8. Keep a log of your team's win-loss record for the season plus the number of points they have scored during each game.
9. Did your team win more home or away games?
10. How many miles is it from Cincinnati, OH to Santa Clara, CA, site of Super Bowl LX?

# CINCINNATI BENGALS

## Bengals' Team Travel





# CINCINNATI BENGALS

## Career Exploration

### Goals/Objectives:

Students will:

- Identify NFL careers.
- Conduct an exploratory interview to get an insider's view of a particular career.
- Investigate career opportunities that reflect their interests, abilities, and personality.
- Utilize various sources of career information.

**National Standards:** FACS: 1 - Career, Community, and Family Connections

### Methods/Procedures:

- Have students complete the following career worksheets and activities provided on the following pages:
  - \* Careers With the Bengals
  - \* Bengals Career Matching
  - \* Bengals Career Future

### UDL Examples

- Read all worksheets aloud to all students
- Allow students to work in pairs to complete the worksheets

### Materials:

- Career worksheets and activity descriptions
- Career reference books including:
  - \* Dictionary of Occupational Titles
  - \* Occupational Outlook Handbook (OOH)
  - \* Guide for Occupational Exploration
  - \* Occupational Outlook Quarterly
- Computer program "Ohio Career Information System (OCIS)"
- Internet access to career/job/vocation sites (i.e. <http://stats.bls.gov>)

### Assessment:

- Students will be assessed on performance and accuracy of responses.

# CINCINNATI BENGALS

## Careers with the Bengals



Name: \_\_\_\_\_

There are hundreds of jobs in and around the Bengals in addition to being an athlete. See if you can think of one job for each letter in the alphabet.

- A. \_\_\_\_\_
- B. \_\_\_\_\_
- C. \_\_\_\_\_
- D. \_\_\_\_\_
- E. \_\_\_\_\_
- F. \_\_\_\_\_
- G. \_\_\_\_\_
- H. \_\_\_\_\_
- I. \_\_\_\_\_
- J. \_\_\_\_\_
- K. \_\_\_\_\_
- L. \_\_\_\_\_
- M. \_\_\_\_\_
- N. \_\_\_\_\_
- O. \_\_\_\_\_
- P. \_\_\_\_\_
- Q. \_\_\_\_\_
- R. \_\_\_\_\_
- S. \_\_\_\_\_
- T. \_\_\_\_\_
- U. \_\_\_\_\_
- V. \_\_\_\_\_
- W. \_\_\_\_\_
- X. \_\_\_\_\_
- Y. \_\_\_\_\_
- Z. \_\_\_\_\_



# CINCINNATI BENGALS

## Bengals Career Matching

Name: \_\_\_\_\_

**Directions: Match the careers on the left with the correct definition on the right:**

- |                             |   |
|-----------------------------|---|
| _____ Players Agent         | A. Good with computers and networking. Oversee all technology applications for teams.   |
| _____ Game Official         | B. Requires a keen eye, fast reflexes, stamina, self-control, and knowledge of rules and ability to make quick and correct decisions. |
| _____ Sports Photographer   | C. Has a strong science background with an emphasis on anatomy and physical therapy for athletes.                                     |
| _____ Sports Psychologist   | D. Makes sure the stadiums and arenas are operable and safe for both players and fans.  |
| _____ Facilities Manager    | E. Participates in contract negotiations, arranges personal appearances and sets up endorsements for commercial products.             |
| _____ Director of IT        | F. Advises athletes on how to eat to perform their best.  |
| _____ Official Statistician | G. Expert in mathematics, bookkeeping, statistics and operating a computer.   |
| _____ Scout                 | H. Artist who uses a camera to capture the single action of an individual's successes as well as defeats.                             |
| _____ Athletic Trainer      | I. Evaluates potential players as well as next week's opponents.  |
| _____ Sports Nutritionist   | J. Helps athletes cope with pressure.   |

# CINCINNATI BENGALS

## Bengals Career Future



**Name:** \_\_\_\_\_

The NFL can offer a ticket to fame and fortune. However, only a small percentage of people actually become professional athletes. Even those who do must some day retire and begin new careers. Education is the key to the future.

Think about the types of NFL career possibilities that exist for a person with your interests, abilities, and personality. Project yourself into the future and choose one occupation that interests you. Answer the following questions using any resources available (parents, relatives, career mentors, teachers, guidance counselors, Internet and printed material).

- What education and training would I need?
- What skills and aptitude should I have?
- Is there an age requirement? If so, what is it?
- What would my work environment be like?
- What hours would I spend on the job?
- What is the starting salary?
- What are the opportunities for advancement in this line of work?
- What are the benefits of the career?
- What is the dress code?
- What specific duties would I perform?
- What are the advantages and disadvantages of the job?

Now that you know more about the career, is it still something you would like to pursue? Why or why not?



# CINCINNATI BENGALS

## Bengals Jersey Design

### Goals/Objectives:

Students will:

- Create an original frontal design for a jersey, employing color choices, fabric/clothing details and lettering design. This lesson focuses on use of contrast, center of interest and balance.

**National Standards:** Visual Art: 1-Understanding and applying media, techniques and processes

### Methods/Procedures:

- Fold drawing paper in half, short sides together, to create a center line. This line will be used as guide when drawing the neckline and number.
- Using pencil and ruler, divide the paper vertically into fourths, using very light guidelines. These lines represent approximate areas where sleeves are sewn onto the sides of the body.
- Decide on the thickness of sleeves, drawing them to extend to the outside edges of the paper.
- Sketch the neckline – standard jerseys usually have v-necks, but use another shape if you like.
- Add detailing – clothing that must endure the rigors of a contact sport usually has double stitching for strength. This can be shown at the sleeves, bottom and any other area you choose.
- Determine a color pattern – borrow colors from the Bengals or create your own combinations. No more than two or three colors are necessary. Highlights of black and white are often used on jerseys in conjunction with one or two other colors. Use your color pattern to create bands on the sleeves, neckline and other areas as desired. Colors should have good contrast that allows the design to be visible from a distance, especially the number(s).
- Use the fold line to help you center the number you chose. Examples of block letters are shown on the accompanying illustration, but be as creative as you'd like. Jersey numbers are often "shaded" with a second colors. Frequently, smaller numbers are sewn to the shoulders. From this viewpoint, only part of the shoulder numbers would be visible.
- Add a tag inside the neckline to show the size. Jerseys often have outside tags on the lower portion of the body that show the manufacturer's name. This would be an ideal are to sign your name or create a company with your initials. Add any other detail you would like.
- If desired, cut out your jersey and mount on a contrasting color.

### UDL Examples

- Allow students to work with a partner
- Allow students to use technology to create/draw a jersey design

### Materials:

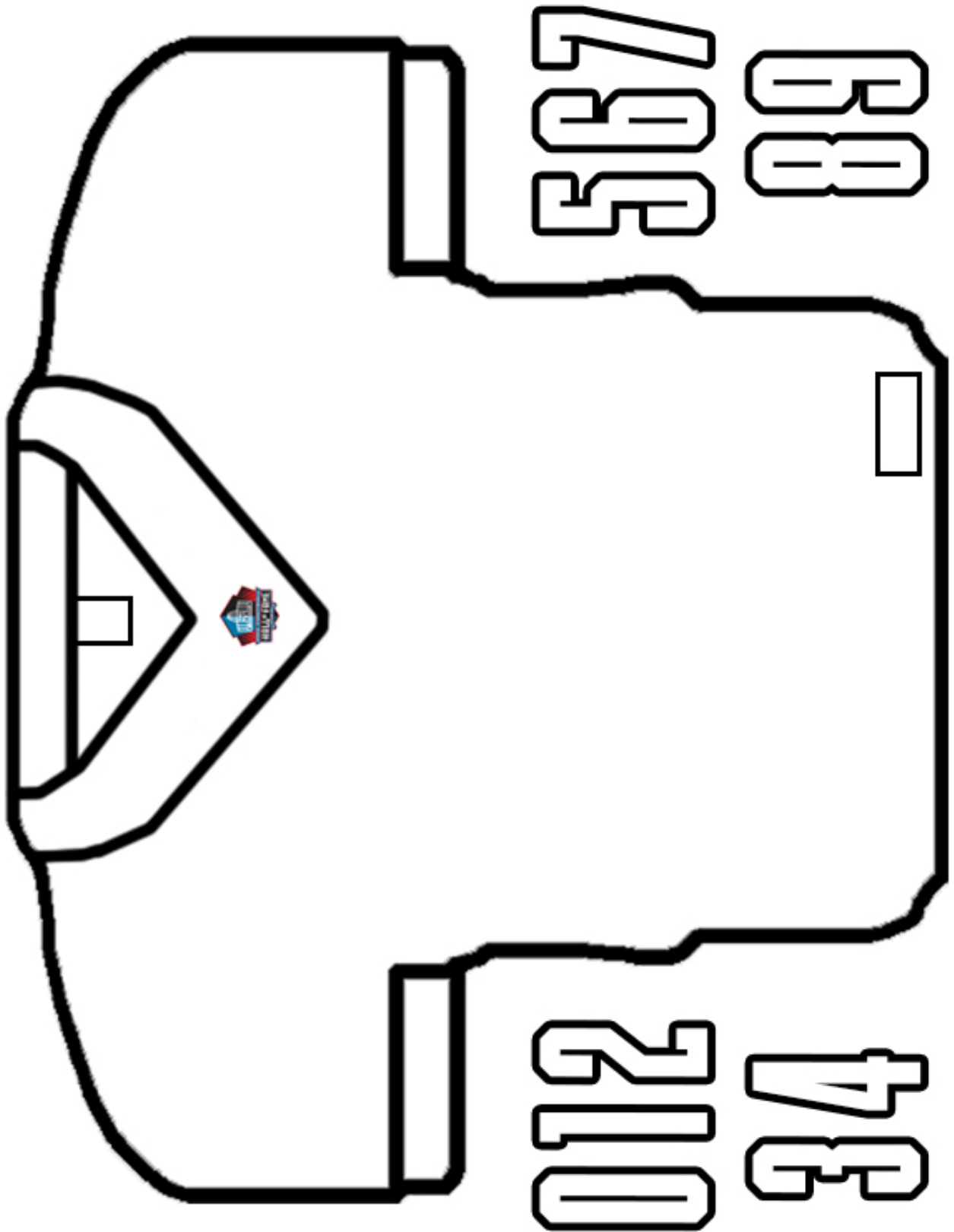
- White or manila drawing paper, 12" x 18" or 9" x 12"
- Drawing pencil/eraser
- Ruler or straightedge
- Colored pencils, markers, crayons or other coloring media

### Assessment:

- Ask the student to write an advertisement for his/her jersey, describing the type of fabric that would be used, why the color choices are successful, the durability of the shirt, other details that were used, and the approximate price of the shirt.

# CINCINNATI BENGALS

## Bengals Jersey Design





# CINCINNATI BENGALS

## The Internet and Football

### Goals/Objectives:

Students will:

- Identify the Internet as a viable source for information and research.
- Identify key phrases and words in searching the Internet for football related information.
- Identify various and reliable Internet sites.
- Identify main points of article.
- Effectively analyze Internet sites

**National Standards:** Technology: 2-Issues; 3-Technology Productivity Tools; 4-Technology Communication Tools; 5- Technology Research Tools, 6-Technology Problem Solving

### Methods/Procedures:

- Students complete the worksheets provided on the following pages in this section concentrating on one activity at a time.
- Teachers are encouraged to adjust, adapt, and alter activities to suit class needs.
- Answers are located in the back of this publication.
  - \* ProFootballHOF.com
  - \* Bengals.com
  - \* Additional Internet Sites
- Students would be encouraged to access the Hall's official site: ProFootballHOF.com. On this site students can examine articles to analyze and discuss.
- Students can present the information gathered from the lessons to the class.

### UDL Examples

- Read aloud all worksheets to the class
- Allow students to work in pairs

### Materials:

- Internet Activity Sheets
- Bengals.com
- Access to the Hall of Fame's website at ProFootballHOF.com
- Access to the school and/or public library as well as a computer center

### Assessment:

- Students will be assessed based upon completed worksheets and/or presentations



Name: \_\_\_\_\_

**Directions: After finding your way to the Pro Football Hall of Fame website, find the answers to the following questions.**

1. What are the three reasons the Pro Football Hall of Fame is located in Canton, Ohio?
  - A. \_\_\_\_\_
  - B. \_\_\_\_\_
  - C. \_\_\_\_\_
  
2. In the "Football History" section, find one story about the 1980's. Summarize the article below.
  
  
  
  
  
  
  
  
  
  
3. Under "NFL History and Stats," list two players talked about in "African Americans in Pro Football."
  - D. \_\_\_\_\_
  - E. \_\_\_\_\_
  
4. Who were the enshrinees in the Class of 2025?
  - E. \_\_\_\_\_
  - F. \_\_\_\_\_
  - G. \_\_\_\_\_
  - H. \_\_\_\_\_
  
5. A jersey number has been worn by more Hall of Famers (14) than any other number. Which number is it? \_\_\_\_\_



# CINCINNATI BENGALS

## Bengals.com

Name: \_\_\_\_\_

**Directions:** After accessing the website [Bengals.com](http://Bengals.com), find the answers to the following questions:

1. Who founded the Cincinnati Bengals?
2. In what year were the Cincinnati Bengals founded?
3. How many games did the Bengals win in their first season 1968?
4. Why did the Bengals change their logo to the tiger stripes in 1981?
5. Name the two Bengals inducted into the Pro Football Hall of Fame.
  - A.
  - B.
6. Find one article on the site. Summarize that article below.



**The following websites can be accessed for additional information for your students.**

[www.usatoday.com](http://www.usatoday.com)

[www.espn.com](http://www.espn.com)

[www.cbssports.com](http://www.cbssports.com)

[www.sportsillustrated.com](http://www.sportsillustrated.com)

[www.nfl.com/superbowl](http://www.nfl.com/superbowl)



## CINCINNATI BENGALS

# Even Joe Burrow Had to Start Somewhere

### Goals/Objectives:

Students will:

- Correlate the fitness concepts of strength, agility, flexibility, and endurance to basic yet specific forms of exercise.

**National Standards:** Physical Education: 2-Movement Concepts, Principles, Strategies, and Tactics; 3-Physical Activity; 4-Physical Fitness; 6-Values Physical Activity

### Methods/Procedures:

- Students will be asked to discuss and list basic exercises that can be done to improve one's muscular strength, agility, flexibility, and muscular endurance.
- Basic Exercise Examples
  - \* Muscular Strength Push-ups, Sit-ups (Few Repetition), Chin-ups, Pull-ups, Squat thrust, Bench dips
  - \* Agility Line jumps (forward, backward, side to side, scissors), One Foot hop
  - \* Flexibility Standing toe touch, Standing V stretch, Butterfly, Seated toe touch, Seated V stretch, Inverted hurdles stretch
  - \* Endurance Push-ups, Sit-ups, Chin-ups, Squat thrust, Bench dips, Walking, Jogging (slow, medium or fast) Jump rope (Many Repetitions)

### Materials:

- Notepad/paper and pencil/pen
- Blackboard or Dry mark board
- Access to computer

### Assessment:

- Students will be assessed on their participation in activities.

# CINCINNATI BENGALS

## Answer Key



### Conversions in Football

1. 2,970 feet
2. 2,016 inches
3. 2.8 miles
4. 5,124 feet
5. 34 yard line of opposing team
6. 1,944 inches, 4937.76 centimeters
7. 300 feet long, 160 feet wide
8. 4,848 ounces
9. 1,020 minutes
10. 112 officials

### Super Bowl Roster

1. Clark Harris
2. #1
3. 6
4. 2
5. 2
6. Cam Sample
7. Tyler Shelvin - 350 lbs.
8. Mike Hilton - 184 lbs.
9. Kicker
10. 887 lbs.

### Careers with the Bengals

#### **Possible Answers**

- A = Agent
- B = Broadcaster
- C = Coach
- D = Doctor
- E = Equipment Manager
- F = Field Judge
- G = Groundskeeper
- H = Head Linesman
- I = Intern
- J = Journalist
- K = Kinesiologist
- L = Lawyer
- M = Mascot
- N = Nutritionist
- O = Owner
- P = Photographer
- Q = Quarterback Coach
- R = Referee
- S = Scout

- T = Trainer
- U = Umpire
- V = Vendor
- W = Writer
- X = X-Ray Technician
- Y = Yoga Instructor
- Z = Zeppelin Driver

### Bengals Career Matching

- E- Players Agent
- B- Game Official
- H- Sports Photographer
- J- Sports Psychologist
- D- Facilities Manager
- A- Sports Promoter
- G- Official Statistician
- I- Scout
- C- Athletic Trainer
- F- Sports Nutritionist

### Bengals.com

1. Paul Brown
2. 1967
3. Three
4. The Bengals went to the tiger striped helmets to make them stand out and be easily recognizable even from a distance.
5. Answer varies
6. Student's choice

### ProFootballHOF.com

1. A. The American Professional Football Association, was founded in Canton in 1920.  
B. The Canton Bulldogs were an early day pro football power. First two-time champion of the NFL. Jim Thorpe played for Bulldogs.  
C. Canton citizens launched a determined and organized campaign in the 1960's to earn the site.
2. Answer varies
3. Answer varies
4. Jared Allen, Eric Allen, Sterling Sharpe, Antonio Gates
4. 81

# BENGALS

