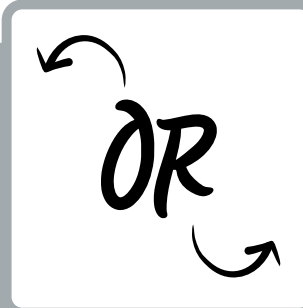


ICE BREAKER

Introduction to cheerleaders.
Then play a “this or that” game.



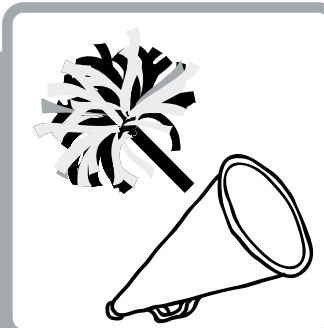
WARM UP

Cheerleaders will demonstrate
stretches and a warm up
routine.



LEARN A CHEER

Learn an Eagles cheer!
Practice the cheer.



LEARN A DANCE ROUTINE

Learn a dance routine and
practice the routine.

