

92 ZACH SIELER

DL | 6'6" | 300 | FERRIS STATE '18

NFL EXP. 9 | DOLPHINS EXP. 7 | BORN 09/07/95 | ACQUIRED WAI., '19 (BAL.)

HOMETOWN PINCKNEY, MICH. | 2024,2025,2026

NFL CAREER

TRANSACTIONS:

- Awarded off waivers to Miami on Dec. 5, 2019.
- Waived by Baltimore on Dec. 4, 2019.
- Signed to Baltimore's active roster on Oct. 5, 2019.
- Signed to Baltimore's practice squad on Sept. 1, 2019.
- Waived by Baltimore on Aug. 31, 2019.
- 7th-round pick (238th overall) by Baltimore in the 2018 NFL Draft.

CAREER HONORS:

- 2025 Art Rooney Sportsmanship Award finalist.
- 2024 Dan Marino Team MVP Award.
- AFC Defensive Player of the Week (vs. N.Y. Jets. 12/8/24).

CAREER HIGHLIGHTS:

- Played in 114 career games with 88 starts.
- 374 tackles (209 solo), 37.5 sacks, 2 interceptions, 16 passes defensed, 5 forced fumbles and 6 fumble recoveries; 1 interception returned for a TD.
- 1 blocked field goal.
- Started 2 postseason games with Miami.
- His 10.0 sacks in 2024 were the 2nd most among interior defensive linemen:

2024 SACK LEADERS (INTERIOR DEFENSIVE LINEMEN)

	PLAYER	TEAM	SACKS
1.	Leonard Williams	Sea.	11.0
2.	ZACH SIELER	MIA.	10.0
3.	Dexter Lawrence	NYG	9.0
4.	Zach Allen	Den.	8.5
	Braden Fiske	LAR	8.5

- His 10.0 sacks in 2024 tied the franchise record he set in 2023:

MOST SACKS BY AN INTERIOR DEFENSIVE LINEMEN IN FRANCHISE HISTORY (SINGLE-SEASON)

	PLAYER	TEAM	SACKS
1.	ZACH SIELER	2024	10.0
2.	ZACH SIELER	2023	10.0
3.	Christian Wilkins	2023	9.0
4.	Bob Baumhower	1983	8.0
5.	Randy Starks	2009	7.0

- Became the 1st Dolphins player to record consecutive seasons of 10+ sacks since Cameron Wake in 2016-17.
- His 10.0 sacks in 2023 were the 3rd most among interior defensive linemen:

2023 SACK LEADERS (INTERIOR DEFENSIVE LINEMEN)

	PLAYER	TEAM	SACKS
1.	Nnamdi Madubuike	Bal	13.0
2.	Chris Jones	KC	10.5
3.	ZACH SIELER	MIA.	10.0
4.	Ed Oliver	Buf.	9.5
5.	Christian Wilkins	Mia.	9.0

- Is a 3-time team captain (2024-26).

2026 (MIAMI):

- Started 6 games.
- 17 tackles (10 solo) and 2.0 sacks.
- Serves as team captain.

AT LAS VEGAS (9/13): 3 tackles (2 solo).

- Marked his 100th consecutive game with a tackle, the longest active streak among defensive linemen.

AT MINNESOTA (10/4): 3 solo tackles and 2.0 sacks.

- Sacked QB Kyler Murray for a loss of 8 yards on the 1st play from scrimmage.
- Sacked QB Kyler Murray for a loss of 7 yards with 40 seconds remaining in the 1st half.

AT N.Y. JETS (10/25): 5 tackles (3 solo).

- Tackled FB Andrew Beck for a loss of 1 on 1st-and-goal in the 4th quarter, helping force the Jets to kick a FG later in the possession, preserving Miami's lead.

2025 (MIAMI):

- Started all 17 games.
- 47 tackles (29 solo), 5.5 sacks and 1 fumble recovery.
- 1 blocked field goal.
- Served as a team captain.

AT BUFFALO (9/17): 5 tackles (4 solo).

VS. BUFFALO (11/9): 1 solo tackle and 1.0 sack.

- Sacked QB Josh Allen on 3rd-and-7 for a loss of 6 yards to force Buffalo to punt with 2:00 remaining in the 2nd quarter.

VS. NEW ORLEANS (11/30): 3 tackles (2 solo) and 1 fumble recovery.

- Recovered a QB Tyler Shough fumble forced by S Minkah Fitzpatrick and returned it to the New Orleans 37-yard line with 12:37 remaining in the 2nd quarter.

AT N.Y. JETS (12/7): 4 tackles (3 solo) and 2.5 sacks.

- Split a sack of QB Brady Cook with LB Bradley Chubb for a loss of 2 yards, forcing the Jets to punt in the 3rd quarter.
- Sacked QB Brady Cook for a loss of 8 yards on 3rd-and-9, forcing the Jets to punt with 9:10 remaining in the 3rd quarter.
- Sacked QB Brady Cook on 1st-and-10 in the 4th quarter with 4:53 remaining.

AT PITTSBURGH (12/15): 2 tackles (1 solo) and 1.0 sack.

- Sacked QB Aaron Rodgers on 3rd-and-3 for a loss of 7, forcing Pittsburgh to punt with 9:19 remaining in the 2nd quarter.

VS. CINCINNATI (12/21): 3 tackles (1 solo) and 1.0 sack.

- Sacked QB Joe Burrow on 3rd-and-6 for a loss of 7 yards, forcing Cincinnati to punt in the 1st quarter.

AT NEW ENGLAND (1/4): 3 tackles (2 solo); 1 blocked field goal.

- Blocked a 38-yard field goal attempt, which was recovered by CB Jason Marshall Jr. and returned to the New England 40-yard line with 1:42 remaining in the game.

HONORS:

- Art Rooney Sportsmanship Award finalist.

2024 (MIAMI):

- Started 15 games.
- Inactive for 2 games.
- 55 tackles (28 solo), 10.0 sacks, 1 interception, 2 passes defensed, 1 forced fumble and 1 fumble recovery.
- Became the 1st Dolphins player to record consecutive seasons of 10+ sacks since Cameron Wake in 2016-17.
- His 10.0 sacks ranked 2nd in the NFL among interior

defensive linemen.
- Served as a team captain.

AT SEATTLE (9/22): 3 tackles (2 solo), 1.0 sack, 1 interception and 1 pass defensed.

- Sacked QB Geno Smith for a loss of 7 yards on 1st-and-10 in the 2nd quarter.
- Intercepted QB Geno Smith off a DT Calais Campbell deflection on 3rd-and-22 with 0:46 remaining in 3rd quarter.

AT NEW ENGLAND (10/6): 1 solo tackle and 1.0 sack.

- Sacked QB Jacoby Brissett for a loss of 9 yards on 3rd-and-6, forcing New England to punt on their 1st possession.

AT INDIANAPOLIS (10/20): 4 tackles (3 solo) and 1 fumble recovery.

- Recovered a QB Anthony Richardson fumble at the Miami 16-yard line in the 1st quarter.

VS. LAS VEGAS (11/17): 4 tackles (3 solo) and 1.0 sack.

- Sacked QB Gardner Minshew for a loss of 7 yards on 2nd-and-10 with 1:32 remaining in the 2nd quarter.

VS. NEW ENGLAND (11/24): 4 tackles (3 solo), 1.0 sack and 1 forced fumble.

- Strip-sacked QB Drake Maye for a loss of 14 yards, which was recovered by ILB Jordyn Brooks and returned 12 yards to New England's 25-yard line with 2:27 remaining in the 3rd quarter.

VS. N.Y. JETS (12/8): 4 tackles (2 solo) and 2.0 sacks.

- Sacked QB Aaron Rodgers for a loss of 9 yards on 3rd-and-2, forcing New York to punt with 14:17 remaining in the 4th quarter.
- Sacked QB Aaron Rodgers for a loss of 6 yards on 2nd-and-15 with 1:02 left in the 4th quarter.

AT HOUSTON (12/15): 2 tackles (1 solo) and 1.5 sacks.

- Sacked QB C.J. Stroud for a loss of 13 yards on 3rd-and-3 to force Houston to punt with 5:07 remaining in the 1st quarter.
- Split a sack of QB C.J. Stroud with EDGE Chop Robinson for a loss of 7 yards on 3rd-and-8 to force
- Houston to punt with 1:56 remaining in the game.

VS. SAN FRANCISCO (12/22): 4 tackles (3 solo) and 1.0 sack.

- Sacked QB Brock Purdy for a loss of 7 yards on 2nd-and-1 in the 2nd quarter.

AT N.Y. JETS (1/5): 6 tackles (4 solo) and 1.5 sacks.

- Split a sack of QB Aaron Rodgers with LB Emmanuel Ogbah for a loss of 7 yards of 4th-and-5, forcing a turnover on downs.
- Sacked QB Aaron Rodgers for a loss of 1 yard on 1st-and-10 in the 3rd quarter.

HONORS:

- Dan Marino Team MVP Award.
- AFC Defensive Player of the Week (vs. N.Y. Jets. 12/8).

2023 (MIAMI):

- Started all 17 games.
- 63 tackles (32 solo), 10.0 sacks, 1 interception, 4 passes defensed, 1 forced fumble and 2 fumble recoveries; 1 interception returned for a TD.
- Became the 1st defensive tackle in team history with 10+ sacks in a season.
- His 10.0 sacks ranked 3rd in the NFL among defensive tackles.

VS. N.Y. GIANTS (10/8): 7 tackles (6 solo) and 2.0 sacks.

- Sacked QB Daniel Jones for a loss of 6 yards on 3rd-and-9 in the 2nd quarter.
- Sacked QB Tyrod Taylor for a loss of 3 yards on 3rd-and-11 in the 4th quarter.

VS. TENNESSEE (12/11): 4 tackles (1 solo), 1 interception and 1 pass defensed; 1 interception returned for a touchdown.

- Intercepted a pass from QB Will Levis and returned it 5 yards for a touchdown to put Miami on the board in the 1st quarter.

VS. N.Y. JETS (12/17): 2 tackles (1 solo), 1.0 sack, 1 pass defensed and 1 fumble recovery.

- Helped the defense post a shutout and hold the Jets to the second-fewest total yards allowed in Miami's history (103).
- Recovered a QB Zach Wilson fumble forced by LB Bradley Chubb in the 1st quarter and returned it 3 yards to the Jets 1-yard line, which led to a Miami TD.
- Sacked QB Zach Wilson for a loss of 6 yards in the 2nd quarter.

AT BALTIMORE (12/31): 5 tackles (3 solo), 1.0 sack and 1 forced fumble.

- Sacked QB Lamar Jackson for a loss of 9 yards in the 1st quarter.
- Forced a fumble by RB Gus Edwards, which was recovered by S Jevon Holland in the 3rd quarter.

VS. BUFFALO (1/7): 7 tackles (2 solo) and 0.5 sack.

- Split a sack of QB Josh Allen with LB Melvin Ingram on 2nd-and-8 in the 4th quarter.
- Became the 1st defensive tackle in Dolphins history to record 10.0 sacks in a season.

POSTSEASON:

AFC WILD CARD AT KANSAS CITY (1/13): 4 assisted tackles and 1 pass defensed.

2022 (MIAMI):

- Played in all 17 games with 15 starts.
- 70 tackles (41 solo), 3.5 sacks, 4 passes defensed and 2 forced fumbles.
- His 70 tackles were tied for 5th among NFL defensive linemen.

VS. MINNESOTA (10/16): 3 tackles (2 solo) and 1 forced fumble.

- Forced a fumble by TE Irv Smith Jr. in the 3rd quarter but it was recovered by Minnesota.

VS. DETROIT (10/30): 4 tackles (3 solo), 1.0 sack and 2 passes defensed.

- Sacked QB Jared Goff for a loss of 10 yards on a 3rd-and-9 snap in the 4th quarter, forcing a punt.

VS. CLEVELAND (11/13): 4 tackles (3 solo) and 1 forced fumble.

- Forced a fumble of RB Nick Chubb in the 1st quarter that was recovered by CB Xavien Howard.

AT NEW ENGLAND (1/1): 6 tackles (3 solo) and 1.0 sack.

- Sacked QB Mac Jones on a fourth down in the 4th quarter to turn the ball over on downs.

POSTSEASON:

AFC WILD CARD AT BUFFALO (1/15): 6 tackles (3 solo), 2.0 sacks and 1 fumble recovery returned for a TD.

- Scooped up a fumble of QB Josh Allen forced by S Eric Rowe and returned it 5 yards for a go-ahead TD in the 3rd quarter.
- It was the 1st fumble returned for a TD in Dolphins postseason history and 1st defensive TD in a Dolphins playoff game since A.J. Duhe returned an interception for a 35-yard TD on Jan. 23, 1983 vs. the N.Y. Jets.
- Split a sack with DT Christian Wilkins of QB Josh Allen on a 3rd-and-8 snap early in the 2nd quarter.
- Split a sack with DT Christian Wilkins of QB Josh Allen on a 2nd-and-8 snap late in the 2nd quarter.
- Sacked QB Josh Allen on a 3rd-and-10 play in the 4th quarter that forced a Bills punt.

2021 (MIAMI):

- Played in all 17 games with 9 starts.
- 62 tackles (33 solo), 2.0 sacks, 3 passes defensed, 1 forced fumble and 2 fumble recoveries.

AT NEW ENGLAND (9/12): 3 tackles (2 solo) and 1 fumble recovery.

- Recovered a RB Rhamondre Stevenson forced by S Eric Rowe in the 1st quarter.

AT LAS VEGAS (9/26): 9 tackles (4 solo) and 1 pass defensed.

VS. N.Y. JETS (12/19): 3 tackles (2 solo), 1.0 sack, 1 pass defensed and 1 forced fumble.

- Strip-sacked QB Zach Wilson in the 4th quarter and the fumble was recovered by DE Emmanuel Ogbah.

AT NEW ORLEANS (12/27): 6 tackles (3 solo) and 1.0 sack.

- Sacked QB Ian Book for a loss of 11 yards in the 4th quarter.

2020 (MIAMI):

- Played in all 16 games with 8 starts.
- 48 tackles (30 solo) and 3.5 sacks.

AT ARIZONA (11/8): 4 tackles (3 solo).

- Teamed up with LB Elandon Roberts to stop RB Chase Edmonds for no gain on a critical 4th-and-1 in the 4th quarter.

VS. CINCINNATI (12/6): 3 solo tackles and 1.0 sack.

- Sacked QB Brandon Allen for a loss of 5 yards in the 4th quarter.

VS. NEW ENGLAND (12/20): 5 tackles (3 solo) and 1.0 sack.

- Sacked QB Cam Newton for a loss of 7 yards in the 2nd quarter.

2019 (BALTIMORE/MIAMI):

- Played in 3 games with 1 start with Miami.
- 8 tackles (3 solo), 1.0 sack and 2 passes defensed with Miami.
- Inactive for 1 game with Miami.
- Awarded off waivers to Miami on Dec. 5.
- Played in 4 games with Baltimore.
- Inactive for 4 games with Baltimore.
- 3 tackles (2 solo) with Baltimore.

AT CINCINNATI (11/10): 1 solo tackle.

AT N.Y. GIANTS (12/15): 1 tackle.

- Made his Dolphins debut.

VS. CINCINNATI (12/22): 7 tackles (3 solo), 1.0 sack and 2 passes defensed.

- Sacked QB Andy Dalton in the 1st quarter. It was his 1st career sack.

2018 (BALTIMORE):

- Played in 2 games.
- Inactive for 14 games.
- 1 solo tackle.

VS. DENVER (9/23): Played but did not record any stats.

- Made his NFL debut.

VS. PITTSBURGH (11/4): 1 solo tackle.

- Made his 1st NFL tackle.

BEFORE THE NFL

COLLEGE (FERRIS STATE):

- 3-year starter (2014-17).
- Became the first player from his school to ever be selected in the NFL Draft.

CAREER: Played in 39 games with 28 starts; 176 tackles (77 solo), 33 sacks, 3 passes defensed, 7 forced fumbles and 4 fumble recoveries; 2 blocked kicks.

SENIOR (2017): Played in all 13 games; 79 tackles (32 solo), 7 sacks, 2 forced fumbles, 2 passes defensed and 2 fumble recoveries; 1 blocked kick.

- 1st-team D2 All-American.
- GLIAC Defensive Lineman of the Year.
- 1st-team All-GLIAC.

JUNIOR (2016): Played in all 15 games; 80 tackles (37 solo), 19.5 sacks, 1 pass defensed, 5 forced fumbles and 2 fumble recoveries; 1 blocked kick.

- 1st-team All-GLIAC.
- His 19.5 sacks were a school record and led all of NCAA Division II.

SOPHOMORE (2015): Played in 11 games; 17 tackles (8 solo) and 6.5 sacks.

REDSHIRT FRESHMAN (2014): Did not record any stats.

- Redshirted in 2013.

HIGH SCHOOL (PINCKNEY HS – PINCKNEY, MICH.):

- Also competed in wrestling and track and field.

SENIOR (2012): All-conference selection.

OFF THE FIELD

COMMUNITY:

2025:

- Partnered with airline and local hospitals for third consecutive year to host pediatric patients for Fantasy Flight event and visit to the "North Pole."
- Hosted the Sieler Safe Haven Back to School Bash for youth at the Boys & Girls Club of Lauderhill, where he engaged in activities with the youth and gifted backpacks and school supplies.

2024:

- Continued second year of partnership with airline and local hospitals to host pediatric patients for a Fantasy Flight event, spreading holiday cheer with a special North Pole visit at the Fort Lauderdale-Hollywood International Airport.
- Through the Sieler Safe Haven Foundation, advanced mission to impact youth on a local level, hosting multiple events at Dr. Frederica S. Wilson/Skyway Elementary School in Miami Gardens including a back-to-school backpack giveaway and Thanksgiving meal.

2023:

- Joined an airline and local hospital to provide a holiday flight and North Pole surprise, complete with gifts and a visit with Santa Claus, for pediatric patients.
- Hosted a Thanksgiving dinner at the Northwest Boys & Girls Club, serving meals and visiting with the kids.

2022:

- Through his Sieler Safe Haven Foundation, surprised 12 kids with a holiday shopping spree at Dick's Sporting Goods.
- Along with defensive teammates, hosted a Thanksgiving dinner at Hard Rock Stadium for 100 kids from Big Brothers Big Sisters of Broward and Miami.
- Established the Sieler Safe Haven Foundation to impact young people of all abilities through a passion for the outdoors and cultural enrichment.

2021:

- Participated in a class visit for Day of Persons with Disabilities with South Florida Special Olympics athletes.
- Volunteered at the Miami Dolphins Food Relief Program Thanksgiving meal distribution with Feeding South Florida to provide 1,000 meal boxes to South Florida families.

PERSONAL:

- **PRONUNCIATION:** Last name is pronounced SEE-ler.
- **MAJOR:** Mechanical engineering.

ZACH SIELER'S NFL REGULAR SEASON DEFENSIVE STATISTICS

				TACKLES								INTERCEPTIONS					O. FUMB				ST					MISC	
YEAR	TEAM	GP	GS	TK	S	A	TFL	YDS	SK	YDS	QBH	NO	YDS	LG	TD	PD	FF	FR	TD	YDS	TK	S	A	FF	FR	S	A
2018	Baltimore	2	0	1	1	0	0	0	0.0	0.0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
2019	Baltimore	4	0	3	2	1	0	0	0.0	0.0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
2019	Miami	3	1	8	3	5	1	8	1.0	8.0	2	0	0	0	0	2	0	0	0	0	0	0	0	0	0	0	0
2019	TOTAL	7	1	11	5	6	1	8	1.0	8.0	2	0	0	0	0	2	0	0	0	0	0	0	0	0	0	0	0
2020	Miami	16	8	48	30	18	11	37	3.5	23.5	11	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
2021	Miami	17	9	62	33	29	6	19	2.0	18.0	3	0	0	0	0	3	1	2	0	0	0	0	0	0	0	0	0
2022	Miami	17	15	70	41	29	7	41	3.5	31.5	12	0	0	0	0	4	2	0	0	0	0	0	0	0	0	0	0
2023	Miami	17	17	63	32	31	11	61	10.0	61.5	22	1	5	5t	1	4	1	2	0	3	0	0	0	0	0	0	0
2024	Miami	15	15	55	28	27	13	89	10.0	79.0	19	1	0	0	0	2	1	1	0	0	0	0	0	0	0	0	0
2025	Miami	17	17	47	29	18	10	36	5.5	29.0	9	0	0	0	0	1	0	1	0	5	0	0	0	0	0	0	0
2026	Miami	6	6	17	10	7	6	25	2.0	15.0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
NFL TOTALS		**114**	**88**	**374**	**209**	**165**	**65**	**316**	**37.5**	**265.5**	**83**	**2**	**5**	**5t**	**1**	**16**	**5**	**6**	**0**	**8**	**0**	**0**	**0**	**0**	**0**	**0**	**0**

ZACH SIELER'S NFL POSTSEASON DEFENSIVE STATISTICS

				TACKLES								INTERCEPTIONS					O. FUMB				ST					MISC	
YEAR	TEAM	GP	GS	TK	S	A	TFL	YDS	SK	YDS	QBH	NO	YDS	LG	TD	PD	FF	FR	TD	YDS	TK	S	A	FF	FR	S	A
2018	Baltimore	0	0	0	0	0	0	0	0.0	0.0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
2022	Miami	1	1	6	3	3	1	3	2.0	4.0	4	0	0	0	0	0	0	1	1	5	0	0	0	0	0	0	0
2023	Miami	1	1	4	0	4	0	0	0.0	0.0	1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0
NFL TOTALS		**2**	**2**	**10**	**3**	**7**	**1**	**3**	**2.0**	**4.0**	**5**	**0**	**0**	**0**	**0**	**1**	**0**	**1**	**1**	**5**	**0**	**0**	**0**	**0**	**0**	**0**	**0**

SINGLE-GAME HIGHS: DEFENSIVE

Total Tackles	9 at Las Vegas, Sep 26, 2021
Solo Tackles	6 vs. N.Y. Giants, Oct 08, 2023
Sacks	2.5 at N.Y. Jets, Dec 07, 2025
Passes Defensed	2 at Detroit, Oct 30, 2022 ...1 more at 2.
Forced Fumbles	1 vs. New England, Nov 24, 2024 ...4 more at 1.
Fumble Recoveries	1 vs. New Orleans, Nov 30, 2025 ...5 more at 1.
Tackles For Loss	3 vs. N.Y. Giants, Oct 08, 2023 ...1 more at 3.
Interceptions	1 at Seattle, Sep 22, 2024 ...1 more at 1.
Interception Return Yards	5 vs. Tennessee, Dec 11, 2023
Blocked Field Goals	1 at New England, Jan 04, 2026
Longest Opp Fumble Return	5 vs. New Orleans, Nov 30, 2025