



88^{AJ} HENNING

WR | 5'10" | 190 | NORTHWESTERN '25

NFL EXP. 1 | DOLPHINS EXP. 1 | BORN 09/09/01 | ACQUIRED FA, '25
HOMETOWN FRANKFORT, ILL.

NFL CAREER

TRANSACTIONS:

- Signed to a reserve/future contract with Miami on Jan. 6, 2026.
- Signed to Miami's practice squad on August 27, 2025.
- Waived by Miami on August 26, 2025.
- Signed by Miami as an undrafted college free agent on May 9, 2025.

2025 (MIAMI):

- Spent the entire season on Miami's practice squad.

BEFORE THE NFL

COLLEGE (NORTHWESTERN):

- 5-year letterman (2020-24).
- Transferred to Northwestern from Michigan following the 2022 season.

CAREER: Played in 57 career games with 19 starts; 129 receptions for 1,219 yards (9.5 avg.) and 8 TDs; 47 carries for 304 yards (6.5 avg.) and 3 TDs; 32 kickoff returns for 750 yards (23.4 avg.) and 1 TD; 79 punt returns for 680 yards (8.6 avg.) and 1 TD.

GRADUATE (2024 AT NORTHWESTERN): Played in 12 games with 11 starts; 59 receptions for 603 yards (10.2 avg.) and 4 TDs; 5 carries for 8 yards (1.6 avg.); 12 punt returns for 136 yards (11.3 avg.).

- All-Big Ten Honorable Mention as punt returner.

SENIOR (2023 AT NORTHWESTERN): Played in 12 games with 8 starts; 45 receptions for 418 yards (9.3 avg.) and 4 TDs; 27 carries for 110 yards (4.1 avg.) and 1 TD; 15 kickoff returns for 330 yards (22.0 avg.); 10 punt returns for 69 yards (6.9 avg.).

JUNIOR (2022 AT MICHIGAN): Played in 13 games; 9 receptions for 60 yards (6.7 avg.); 3 carries for 9 yards (3.0

avg.); 11 kickoff returns for 241 yards (21.9 avg.); 28 punt returns for 201 yards (7.2 avg.) and 1 TD.

SOPHOMORE (2021 AT MICHIGAN): Played in 14 games; 10 receptions for 79 yards (7.9 avg.) 9 carries for 162 yards (18.0 avg.) and 2 TDs; 6 kickoff returns for 179 yards (29.8 avg.) and 1 TD; 29 punt returns for 274 yards (9.4 avg.).

TRUE FRESHMAN (2020 AT MICHIGAN): Played in 6 games; 6 receptions for 59 yards (9.8 avg.); 3 carries for 15 yards (5.0 avg.).

HIGH SCHOOL (LINCOLN-WAY EAST HS - FRANKFORT, ILL.)

- Also competed in track and field.

SENIOR (2019): 52 receptions for 835 yards (16.1 avg.) and 13 TDs; 121 carries for 648 yards (5.4 avg.) and 15 TDs.

JUNIOR (2018): 12 receptions for 271 yards (22.6 avg.); 29 carries for 204 yards (7.0 avg.).

OFF THE FIELD

COMMUNITY:

2025:

- Served members of the South Florida community through team events and initiatives around Thanksgiving and the holidays, sharing fellowship, meals and gifts with families from local community organizations.
- Participated in the month-long Jason Jenkins Days of Service initiative, volunteering at Feeding South Florida to inspect, sort and package food and produce for families facing food insecurity.

PERSONAL:

- **GRADUATE DEGREE:** Sports communication.
- **MAJOR:** Communications and media.

AJ HENNING'S NFL REGULAR SEASON RUSHING/RECEIVING STATISTICS

DATE	TEAM	GP	GS	RECEIVING				LG	TD	RUSHING				LG	TD
				NO.	YDS.	AVG.				NO.	YDS.	AVG.			
2025	Miami	0	0	0	0	0.0		0	0	0	0	0.0		0	0
NFL TOTALS		0	0	0	0	0.0		0	0	0	0	0.0		0	0

AJ HENNING'S NFL REGULAR SEASON RETURN STATISTICS

DATE	TEAM	RET.	KICKOFF RETURNS				PUNT RETURNS				LG	TD
			YDS.	AVG.			YDS.	AVG.				
2025	Miami	0	0	0.0		0	0	0.0		0	0	0
NFL TOTALS		0	0	0.0		0	0	0.0		0	0	0



2025 GXG REGULAR-SEASON (MIAMI)

DATE	OPPONENT	P/S	RECEIVING				LG	TD	RUSHING				LG	TD	W/L	SCORE
			NO.	YDS.	AVG.				NO.	YDS.	AVG.					
09/07	at Indianapolis														L	8-33
09/14	New England														L	27-33
09/18	at Buffalo														L	21-31
09/29	N.Y. Jets														W	27-21
10/05	at Carolina														L	24-27
10/12	L.A. Chargers														L	27-29
10/19	at Cleveland														L	6-31
10/26	at Atlanta														W	34-10
10/30	Baltimore														L	6-28
11/09	Buffalo														W	30-13
11/16	Washington														W	16-13+
11/30	New Orleans														W	21-17
12/07	at N.Y. Jets														W	34-10
12/15	at Pittsburgh														L	15-28
12/21	Cincinnati														L	21-45
12/28	Tampa Bay														W	20-17
01/04	at New England														L	10-38
2025 TOTALS		0-0	0	0	0.0	0	0	0	0	0	0.0	0	0	0	7-10	

+ - Overtime