



71 JONAH SAVAINAEA

G | 6'5" | 325 | ARIZONA '25

NFL EXP. 2

DOLPHINS EXP. 2

BORN 01/13/04

ACQUIRED D2, '25

HOMETOWN TAFUNA, AMERICAN SAMOA

NFL CAREER

TRANSACTIONS:

- 2nd-round pick (37th overall) by Miami in the 2025 NFL Draft.

CAREER HIGHLIGHTS:

- Started 17 career games at left guard.
- 1 miscellaneous tackle.

2025 (MIAMI):

- Started all 17 games at left guard.
- 1 miscellaneous tackle.

AT INDIANAPOLIS (9/7):

 Started at left guard.

- Made his NFL debut.

VS. N.Y. JETS (9/29):

 Started at left guard.

- Helped the Dolphins total 300 yards of offense including 123 rushing yards, while not allowing QB Tua Tagovailoa to get sacked.

AT ATLANTA (10/26):

 Started at left guard.

- Helped the offense total 338 yards, including 141 rushing yards, and 34 points.

VS. BUFFALO (11/9):

 Started at left guard.

- Helped Miami total 30 points and 370 yards of offense including 197 rushing, while not allowing QB Tua Tagovailoa to get sacked.

AT N.Y. JETS (12/7):

 Started at left guard.

- Helped the offense total 34 points and 239 rushing yards, marking the 4th-straight game of 150+ rushing yards.

BEFORE THE NFL

COLLEGE (ARIZONA):

- 3-year starter (2022-24).

CAREER: Played in 36 games with 35 starts.

JUNIOR (2024): Played in 12 games with 11 starts.

- All-Big 12 honorable mention.

SOPHOMORE (2023): Started in all 13 games.

- Helped his team to a 10-3 record, Arizona's first 10-win season since 2014 and 4th in program history.
- All-Pac-12 honorable mention.

TRUE FRESHMAN (2022): Started all 12 games.

- Freshman All-American.
- All-Pac-12 honorable mention.

HIGH SCHOOL (SAINT LOUIS SCHOOL - HONOLULU, HAWAII)

- Participated in the 2022 Polynesian Bowl.

SENIOR (2021):

- 1st-team all-state.

OFF THE FIELD

COMMUNITY:

2025:

- Along with the 2025 rookie class, provided holiday gifts for local families in need, selected through Neighbors 4 Neighbors.
- Served members of the South Florida community through team events and initiatives around Thanksgiving and the holidays, sharing fellowship, meals and gifts with families from local community organizations.
- Participated in the month-long Jason Jenkins Days of Service initiative, volunteering at Feeding South Florida to inspect, sort and package food and produce for families facing food insecurity.

PERSONAL:

- **PRONUNCIATION:** suh-vai'i-neye-uh (like Hawai'i)
- Became the fourth player from American Samoa to play for the Dolphins, joining Toniui Fonoti (2006), Reagan Maui'a (2007) and Isaako Aitutui (2013).

JONAH SAVAINAEA'S NFL REGULAR SEASON STATISTICS

DATE	TEAM	GP	GS
2025	Miami	17	17
NFL TOTALS		17	17