



NEWS RELEASE

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PRESEASON GAME #1 - SATURDAY, AUGUST 9, 2025
DALLAS COWBOYS AT LOS ANGELES RAMS
SoFi Stadium - Inglewood, Calif. - 6:00 P.M. (CDT)



KTVT/CBS 11 DFW

PxP: Bill Jones
Analyst: Isaiah Stanback
Sideline: Kyle Youmans



KRLD-FM 105.3 THE FAN

PxP: Brad Sham
Analyst: Babe Laufenberg
Sideline: Kristi Scales



KMYK-FM 107.5

PxP: Victor Villalba
Analyst: Luis Perez



COMPASS MEDIA

PxP: Josh Lewin
Analyst: Steve Beuerlein



TELEVISA UNIVISION

PxP: Antonio de Valdes
Analyst: Enrique Burak
Analyst: Guillermo Shutz
Sideline: Daniel Schwartzman



TELEMUNDO 39

PxP: Victor Villalba
Analyst: Luis Perez



QUICK FACTS:

Dallas Cowboys (0-0)
at
Los Angeles Rams (0-0)



Preseason Series Record:
LA Rams lead the series 17-12

Last Preseason Meeting:
@ LA Rams 13, Dallas 12, Aug. 11, 2024

Regular Season Series Record:
Dallas leads series 20-18

Last Regular Season Meeting:
@ Dallas 43, LA Rams 20, Oct. 29, 2023

★ PRESEASON NOTABLES ★

A win would mark the first time Dallas opened up the preseason with a victory since 2017 against Arizona (8/3) at the Hall of Fame Game in Canton, Ohio.

Overall Preseason Record: 139-155-2
SoFi Stadium Preseason Record: 1-1

★ THIS WEEK'S SCHEDULE ★

Tues., Aug. 5 2:00 p.m. 4:00 p.m. 4:30 p.m.	Joint practice with LA Rams Players available Coach Schottenheimer press conference
Wed., Aug. 6 TBD TBD	Coach Schottenheimer press conference Assistant coaches available on field
Thurs., Aug. 7 11:45 a.m. 1:15 p.m.	Practice Players available
Fri., Aug. 8 11:05 a.m. 11:45 a.m. 1:10 p.m.	Coach Schottenheimer press conference Practice Players available
Sat., Aug. 9 4:00 p.m.	Kickoff at LA Rams <i>all times PDT unless specified</i>

2025 DALLAS COWBOYS SCHEDULE

DATE	PRESEASON (TV)	KICKOFF (CT)
Sat., Aug. 9	@ Los Angeles Rams (CBS 11)	6:00 p.m.
Sat., Aug. 16	BALTIMORE RAVENS (CBS 11)	6:00 p.m.
Fri., Aug. 22	ATLANTA FALCONS (CBS 11)	7:00 p.m.
DATE	REGULAR SEASON (TV)	KICKOFF (CT)
Thurs., Sept. 4	@ Philadelphia Eagles (NBC)	7:20 p.m.
Sun., Sept. 14	NEW YORK GIANTS (FOX)	Noon
Sun., Sept. 21	@ Chicago Bears (FOX)	3:25 p.m.
Sun., Sept. 28	GREEN BAY PACKERS (NBC)	7:20 p.m.
Sun., Oct. 5	@ New York Jets (FOX)	Noon
Sun., Oct. 12	@ Carolina Panthers (FOX)	Noon
Sun., Oct. 19	WASHINGTON COMMANDERS (FOX)	3:25 p.m.
Sun., Oct. 26	@ Denver Broncos (CBS)	3:25 p.m.
Mon., Nov. 3	ARIZONA CARDINALS (ESPN/ABC)	7:15 p.m.
	BYE	
Mon., Nov. 17	@ Las Vegas Raiders (ESPN/ABC)	7:15 p.m.
Sun., Nov. 23	PHILADELPHIA EAGLES (FOX)	3:25 p.m.
Thurs., Nov. 27	KANSAS CITY CHIEFS (CBS)	3:30 p.m.
Thurs., Dec. 4	@ Detroit Lions (Prime Video)	7:15 p.m.
Sun., Dec. 14	MINNESOTA VIKINGS (NBC)	7:20 p.m.
Sun., Dec. 21	LOS ANGELES CHARGERS (FOX)	Noon
Thurs., Dec. 25	@ Washington Commanders (Netflix)	Noon
Jan. 3/4	@ New York Giants (TBD)	TBD
Home Games in BOLD		

★ Cowboys Summer Training Camp ★



The Dallas Cowboys returned to Oxnard, California to open their 66th training camp in 2025 at the Staybridge Suites Oxnard - River Ridge by IHG. The 2025 camp, presented by American Airlines, marks the 46th year that the team has prepped for the upcoming season in California and the 19th time that the Cowboys have spent all, or a portion of, its camp at the Oxnard location. Dallas came back to the west coast permanently in 2012 after training in the Alamodome in San Antonio prior to the 2011 season.

The Cowboys are one-of-six teams who will spend camp away from their home facilities - Buffalo, Indianapolis, Kansas City, LA Rams and Pittsburgh. Teams considered to be “staying home” hold the majority of camp at their respective practice facility, home stadium or at a site within 10 miles of their team headquarters. In 2000, only 10 of 31 (32 percent) teams stayed close to home.

Training camp in Oxnard will conclude on Thursday, Aug. 14, as the team will return to Texas and wrap up the final portion of Cowboys training camp at Ford Center at The Star in Frisco, Texas, with selected practices open to the public.

★ Training Camp History ★

June 3, 1960 – The newly formed Dallas Cowboys franchise announced that it will train at Pacific University in Forest Grove, Oregon. Rookies reported on July 9.

May 24, 1961 – Due to its proximity to their first exhibition game against Minnesota in Minneapolis, the Dallas Cowboys moved training camp to St. Olaf College in Northfield, Minn. Camp opened on July 9.

June 8, 1962 – The Dallas Cowboys moved their training camp site to the campus of Northern Michigan College on the shores of Lake Superior in Marquette, Mich. Rookies reported on July 13.

July 12, 1963 – Because the team played three of its first four preseason games on the west coast, the Dallas Cowboys moved training camp to California Lutheran College in Thousand Oaks, Calif. This camp, which was the first of 27 at CLC, opened on July 12.

Dec. 6, 1989 – For the first time in the 30-year history of the team, the Dallas Cowboys trained in Texas as the club announced its 1990 training camp would be held at St. Edward's University in Austin, Texas. This camp, the first of eight at St. Ed's, opened on July 22.

Feb. 17, 1998 – The Cowboys began a four-year stay at Midwestern State University in Wichita Falls, Texas, with their 1998 camp. The first camp at Midwestern State University opened on July 16. In 2001, the Cowboys split camp between Midwestern State and the Residence Inn in Oxnard, Calif., spending two weeks at each location.

May 17, 2002 – The Cowboys continued their commitment to fans in the state of Texas by announcing the 2002 training camp will take place at the Alamodome in San Antonio, Texas. The camp, which ran for four weeks, opened on July 26. The Cowboys returned to the Alamodome again in 2003.

Oct. 24, 2003 – The Cowboys announced a return to California for training camp. For the 2004-06 seasons, the Cowboys conducted their entire training camp in Oxnard, Calif., at the Residence Inn at River Ridge, using practice fields provided by The City of Oxnard. The Cowboys opened their first returned camp on July 30, 2004.

May 4, 2006 – The Dallas Cowboys announced a five-year commitment to once again call the City of San Antonio its summer home beginning in 2007. The Alamodome, which played host to Cowboys training camps in 2002 and 2003 was again the site for the team's summer practice sessions.

Summer, 2010 – The Dallas Cowboys held a split camp, spending the first portion in the Alamodome in San Antonio and the second at the Residence Inn at River Ridge in Oxnard.

July, 2012 – The Dallas Cowboys returned to Oxnard, California for all of training camp at the Residence Inn at River Ridge after spending the 2011 training camp in San Antonio at the Alamodome.

August, 2017 – After spending the first four weeks of training camp in Oxnard, California, the Dallas Cowboys returned home to hold their first ever training camp practices at their new practice facility at The Star in Frisco. Six training camp practices were held inside Ford Center and open to the public.

August, 2020 – For the first time in franchise history, the Cowboys spent all of training camp at The Star in Frisco due to COVID-19 restrictions.

July, 2021 – The Cowboys return to Oxnard, California for training camp after spending 2020 training camp in Frisco.



★ BRIAN SCHOTTENHEIMER ★



Brian Schottenheimer was named the 10th head coach of the Dallas Cowboys on Jan. 24, 2025 after spending the last three seasons with the organization, first as a consultant in 2022 and as offensive coordinator from 2023-24. Schottenheimer brings 25 years of NFL coaching experience, including 15 years as an offensive coordinator at the pro level.

Over Schottenheimer's two seasons (2023-24) as the steward of the Cowboys offense, Dallas ranked second in completions (826), third in pass attempts (1,251) and sixth in big pass plays (25-plus yards, 69), points-per-game (25.3) and total first downs (712). In his first year as the Cowboys offensive coordinator, Dallas led the league in scoring offense (29.9 points-per-game), ranked fifth in total offense (371.6 yards-per-game) and third in passing yards-per-game (258.6).

Prior to Dallas, Schottenheimer was the passing game coordinator for Jacksonville during the 2021 season, assisting with the Jaguars No. 1 overall selection, Trevor Lawrence.

From 2018-20, Schottenheimer was the offensive coordinator for the Seattle Seahawks (2018-20), in which he helped lead the Seahawks to three consecutive postseason appearances. Over those three seasons, Seattle ranked third in touchdown passes (106), passer rating (106.8) and rushing yards-per-game (140.2).

Schottenheimer spent three seasons as the offensive coordinator for the St. Louis Rams (2012-14). The Rams tallied 38 touchdowns in 2013, which was then the most in a single season for the franchise since 2006 when they reached the end zone 39 times.

Schottenheimer's first stint as a play caller began with the N.Y. Jets, where he spent six seasons (2006-11) as the offensive coordinator. He assembled an offense that helped the Jets earn back-to-back appearances in the AFC Championship Game from 2009-10 while also leading the NFL in rushing offense (160.3 yards-per-game).

Following a collegiate career that saw him play three seasons for Steve Spurrier at the University of Florida, Schottenheimer embarked on his lengthy coaching career, which included stints working with his father, long-time NFL head coach Marty Schottenheimer, in both Kansas City (1998) and Washington (2001).

★ PRO BOWL COWBOYS ★

Heading into the 2025 season, the Dallas Cowboys currently have 10 Pro Bowlers on their roster. Nine of the 10 players who have made at least one Pro Bowl started their career with Dallas, with Bryan Anger being the lone exception as an unrestricted free agent signing in 2021.

Below is a list of the 10 Cowboys who have made a Pro Bowl:

Players with Pro Bowl appearances Dallas Cowboys

Player	Pro Bowls	Player	Pro Bowls
CeeDee Lamb.....	4	Trevon Diggs.....	2
Micah Parsons.....	4	Tyler Smith.....	2
Dak Prescott.....	3	KaVontae Turpin.....	2
Bryan Anger.....	2	DaRon Bland.....	1
Brandon Aubrey.....	2	Jake Ferguson.....	1

Dallas has seen at least one of its undrafted free agents make the initial 53-man roster in nine of the last 10 seasons, with 2021 being the only exception. Several undrafted free agents who have made the initial 53-man roster are below:

2020 - Terence Steele
2022 - Markquese Bell, T.J. Bass, Juanyeh Thomas
2023 - Hunter Luepke, Tyrus Wheat
2024 - Brevyn Spann-Ford

★ 2025 FREE AGENCY ★

At the end of the 2024 season, the Dallas Cowboys had 24 players slotted for free agency, 19 unrestricted. The Cowboys added eight free agents in 2025 free agency and acquired four more players via trade. Dallas lost six of its own free agents to other teams, while re-signing 10. Below is a list of Dallas' 2025 free agent re-signings, additions and losses:

Free Agent Re-signings (10)

Bryan Anger.....	P
Markquese Bell.....	S
C.J. Goodwin.....	CB
Brock Hoffman.....	C
Osa Odighizuwa.....	DT
Trent Sieg.....	LS
Juanyeh Thomas.....	S
KaVontae Turpin.....	WR
Tyrus Wheat.....	DE
Israel Mukuamu.....	S

Free Agent Losses (6)

Chuma Edoga (Jax).....	T
Chauncey Golston (NYG)...	DE
Jourdan Lewis (Jax).....	CB
DeMarcus Lawrence (Sea) ..	DE
Rico Dowdle (Car).....	RB
Cooper Rush (Bal).....	QB

Free Agent Additions (10)

Hakeem Adeniji (Min).....	T
Parris Campbell (Phi).....	WR
Saahdig Charles (Ten).....	G
Dante Fowler (Was).....	DE
Robert Jones (Mia).....	G
Jack Sanborn (Chi).....	LB
Miles Sanders (Car).....	RB
Solomon Thomas (NYJ).....	DT
Payton Turner (NO).....	DE
Javonte Williams (Den).....	RB

Acquired via trade (4)

Kair Elam (Buf).....	CB
Joe Milton (NE).....	QB
Kenneth Murray (Ten).....	LB
George Pickens (Pit).....	WR

Dallas' 10 free agent signings in 2025 was its most since free agency started in 1994. The Cowboys most players lost in free agency was 11 in 1995 and 2017:

Most Free Agent Additions

2025.....	10
2021.....	8
2012.....	7
2006.....	6
2003.....	6

Most Free Agent Losses

1995.....	11
2017.....	11
2024.....	8
2021.....	8
2020.....	8
1995.....	8
1994.....	8

★ 2025 DRAFT PICKS ★

The Dallas Cowboys had nine total picks in the 2025 NFL Draft. Below is a snapshot of Dallas' 2025 Draft Class:

2025 Draft Choices

RND. (#)	PLAYER	POS.	COLLEGE
1. (12)	Tyler Booker	G	Alabama
2. (44)	Donovan Ezeiruaku	DE	Boston College
3. (76)	Shavon Revel	CB	East Carolina
5. (149)	Jaydon Blue	RB	Texas
5. (152)	Shemar James	LB	Florida

Choice from Arizona for fifth round choice and sixth round choice in 2025

6. (204)	Ajani Cornelius	T	Oregon
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Choice from Buffalo with Kair Elam for a fifth round choice in 2025

7. (217)	Jay Toia	DT	UCLA
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Choice from New England for Joe Milton package

7. (239)	Phil Mafah	RB	Clemson
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Choice from Tennessee with Kenneth Murray for a sixth round choice in 2025

7. (247)	Tommy Akingbesote	DT	Maryland
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Choice from Carolina with Jonathan Mingo for a fourth round choice in 2025

91

Dallas has 91 players on its roster due to Denzel Daxon (Bahamas) qualifying as an international player. Daxon does not count against the 90-man roster and can be signed to the team's 16-man practice squad as a bonus 17th member.



ROSTERS AND DEPTH CHART

2025 DALLAS COWBOYS UNOFFICIAL DEPTH CHART

(As of August 5, 2025)

OFFENSE

WR	88 CeeDee Lamb	81 Jonathan Mingo	<u>7 Traeshon Holden</u>	
LT	60 Tyler Guyton	71 Nate Thomas	76 Asim Richards	79 Geron Christian
LG	73 Tyler Smith	66 T.J. Bass		
C	56 Cooper Beebe	67 Brock Hoffman	64 Dakoda Shepley	
RG	52 Tyler Booker	77 Saahdiq Charles	72 La'el Collins	65 Rob Jones
RT	78 Terence Steele	75 Hakeem Adeniji	<u>69 Ajani Cornelius</u>	
TE	87 Jake Ferguson	86 Luke Schoonmaker	89 Brevyn Spann-Ford	49 John Stephens
	<u>45 Rivaldo Fairweather</u>	<u>46 Tyler Neville</u>		85 Princeton Fant
WR	1 Jalen Tolbert	-or- 9 KaVontae Turpin	16 Jalen Cropper	
WR	3 George Pickens	19 Ryan Flournoy	83 Jalen Brooks	<u>6 Josh Kelly</u>
QB	4 Dak Prescott	10 Joe Milton	15 Will Grier	
RB	33 Javonte Williams	27 Miles Sanders	<u>34 Jaydon Blue</u>	42 Deuce Vaughn
FB	40 Hunter Luepke			<u>37 Phil Mafah</u>

DEFENSE

DE	94 Marshawn Kneeland	91 Tyrus Wheat	98 Payton Turner	53 James Houston
DT	58 Mazi Smith	93 Jay Toia	99 Perrion Winfrey	95 Denzel Daxon
DT	97 Osa Odighizuwa	90 Solomon Thomas	51 Earnest Brown	<u>92 Tommy Akingbesote</u>
DE	11 Micah Parsons	13 Dante Fowler	54 Sam Williams	<u>41 Donovan Ezeiruaku</u>
LB	35 Marist Liufau	-or- 18 Damone Clark	23 Buddy Johnson	
LB	57 Jack Sanborn	<u>55 Justin Barron</u>		
LB	59 Kenneth Murray	<u>50 Shemar James</u>	47 Darius Harris	0 [DeMarvion Overshown=]
CB	20 Kaiir Elam	25 Andrew Booth	32 Troy Pride	30 Robert Rochell
	7 [Trevon Diggs=]	31 [Josh Butler=]		37 Christian Matthew
NCB	43 Kemon Hall	24 Israel Mukuamu		
CB	26 DaRon Bland	21 Caelen Carson	<u>36 Bruce Harmon</u>	<u>48 Zion Childress</u>
	<u>27 [Shavon Revel~]</u>			29 C.J. Goodwin
S	6 Donovan Wilson	2 Juanyeh Thomas	<u>38 Alijah Clark</u>	
S	28 Malik Hooker	14 Markquese Bell	<u>39 Mike Smith</u>	

SPECIALISTS

K	17 Brandon Aubrey			
P	5 Bryan Anger			
LS	44 Trent Sieg			
H	5 Bryan Anger			
KOR	9 KaVontae Turpin	2 Juanyeh Thomas	16 Jalen Cropper	<u>34 Jaydon Blue</u>
PR	9 KaVontae Turpin	42 Deuce Vaughn	1 Jalen Tolbert	16 Jalen Cropper

[Injured Players]

PRONUNCIATION GUIDE

Hakeem Adeniji	hah-KEEM uh-DEN-ih-jee	Marist Liufau	MARE-ist LEE-oo-FOW
Tommy Akingbesote	ah-KING-buh-soh-tay	Hunter Luepke	LIP-key
Cooper Beebe	BEE-be	Israel Mukuamu	MOO-kwah-moo
Markquese Bell	mar-KEESE	Osa Odighizuwa	OH oh-DIGGY-zoowa
DaRon Bland	duh-RON	DeMarvion Overshown	de-MAR-vee-on over-SHOWN
Jaydon Blue	JAY-din	Shavon Revel	suh-VONE REV-uhl
Caelen Carson	KAY-lin	Asim Richards	AH-sum
Saahdiq Charles	suh-DEEK	Robert Rochell	roh-SHELL
Geron Christian	JAIR-ehn	Luke Schoonmaker	SKOON-maker
Damone Clark	duh-MONE	Trent Sieg	SIG
La'el Collins	luhEL	Mazi Smith	MAH-zee
Trevon Diggs	TRAY-von	Juanyeh Thomas	ONE-yay
Kaiir Elam	kai-EAR EE-lum	Jay Toia	TOE-ee-yah
Donovan Ezeiruaku	ezz-AH-rah-koo	KaVontae Turpin	kuh-VON-tay
Ryan Flournoy	fla-NOY	Tyrus Wheat	TIE-russ
Kemon Hall	key-MON	Javonte Williams	JUH-von-TAY
Shemar James	shuh-MAR	Perrion Winfrey	PAIR-ee-ahn

COACHING STAFF

HEAD COACH: Brian Schottenheimer

ASSISTANTS: Junior Adams (Wide Receivers), Klayton Adams (Offensive Coordinator), Bryan Bing (Assistant Defensive Line), Dave Borgonzi (Linebackers), Ramon Chinyoung (Assistant Offensive Line/Quality Control), JJ Clark (Defensive Assistant/Quality Control), Andre Curtis (Defensive Pass Game Coordinator/Safeties), Ken Dorsey (Senior Advisor/Offense), Matt Eberflus (Defensive Coordinator), Ryan Feder (Game Management Coordinator), Derrick Foster (Running Backs), Dele Harding (Quarterbacks Fellowship), Harold Nash (Strength and Conditioning Coordinator), David Overstreet II (Secondary/Corners), Carlos Polk (Assistant Special Teams), Conor Riley (Offensive Line), Steve Shimko (Quarterbacks), Tanzel Smart (Defensive Assistant/Quality Control), Cedric Smith (Assistant Strength and Conditioning), Kendall Smith (Assistant Strength and Conditioning), Nick Sorensen (Special Teams Coordinator), Darian Thompson (Secondary/Nickel Backs), Tiquan Underwood (Asst. Wide Receivers/Quality Control), Lunda Wells (Tight Ends), Aaron Whitecotton (Defensive Line).

2025 DALLAS COWBOYS ALPHABETICAL ROSTER

NO.	NAME	POS	HT	WT	DOB	EXP	COLLEGE	HOMETOWN
75	Adeniji, Hakeem	T	6-4	315	12/8/1997	6	Kansas	Garland, Texas
92	Akingbesote, Tommy	DT	6-4	312	2/25/2003	R	Maryland	Largo, MD
5	Anger, Bryan	P	6-3	214	10/6/1988	14	California	Camarillo, Calif.
17	Aubrey, Brandon	K	6-3	218	3/14/1995	3	Notre Dame	St. Louis, Mo.
55	Barron, Justin	LB	6-4	235	10/25/2001	R	Syracuse	Rocky Hill, CT
66	Bass, T.J.	G	6-4	320	3/31/1999	3	Oregon	Deming, Wash.
56	Beebe, Cooper	G/C	6-3	320	5/19/2001	2	Kansas State	Kansas City, Kansas
14	Bell, Markquese	S	6-2	215	12/31/1999	4	Florida A&M	Bridgeton, N.J.
26	Bland, DaRon	CB	6-2	202	7/12/1999	4	Fresno State	Modesto, Calif.
34	Blue, Jaydon	RB	5-9	198	1/8/2004	R	Texas	Houston, Texas
52	Booker, Tyler	G	6-5	330	4/12/2004	R	Alabama	New Haven, CT
25	Booth, Andrew	CB	6-0	195	9/28/2000	4	Clemson	Lawrenceville, Ga.
83	Brooks, Jalen	WR	6-1	203	5/7/2000	3	South Carolina	Harrisburg, N.C.
51	Brown, Earnest	DE	6-5	308	1/8/1999	4	Northwestern	Aubrey, Texas
21	Carson, Caelen	CB	6-0	198	3/3/2002	2	Wake Forest	Waldorf, Maryland
77	Charles, Saahdiq	G	6-4	328	7/26/1999	5	Louisiana State	Jackson, Miss.
48	Childress, Zion	CB	5-11	203	1/21/2002	R	Kentucky	Houston, Texas
79	Christian, Geron	T	6-5	315	9/10/1996	8	Louisville	Ocala, Fla.
38	Clark, Alijah	S	6-1	200	7/11/2003	R	Syracuse	Camden, N.J.
18	Clark, Damone	LB	6-2	245	6/28/2000	4	Louisiana State	Baton Rouge, La.
72	Collins, La'el	T	6-4	323	7/26/1993	8	Louisiana State	Baton Rouge, La.
69	Cornelius, Ajani	T	6-5	318	5/21/2002	R	Oregon	Harlem, N.Y.
16	Cropper, Jalen	WR	5-11	180	5/3/2001	1	Fresno State	Parlier, Calif.
95	Daxon, Denzel	DT	6-2	313	3/27/1999	1	Illinois	Nassau, Bahamas
20	Elam, Kairi	CB	6-1	202	5/5/2001	4	Florida	Riviera Beach, FL
41	Ezeiruaku, Donovan	DE	6-2	255	5/25/2003	R	Boston College	Philadelphia, Pa.
45	Fairweather, Rivaldo	TE	6-3	249	7/19/2002	R	Auburn	Lauderhill, Fla.
85	Fant, Princeton	TE	6-2	245	3/11/1999	2	Tennessee	Nashville, Tenn.
87	Ferguson, Jake	TE	6-5	250	1/18/1999	4	Wisconsin	Madison, Wisc.
19	Flournoy, Ryan	WR	6-1	205	10/27/1999	2	Southeast Missouri State	Hazelcrest, Ill.
13	Fowler, Dante	DE	6-3	255	8/3/1994	11	Florida	St. Petersburg, Fla.
29	Goodwin, C.J.	CB	6-3	195	2/4/1990	10	California (PA)	Wheeling, W.V.
15	Grier, Will	QB	6-1	212	4/3/1995	5	West Virginia	Charlotte, N.C.
60	Guyton, Tyler	T	6-7	325	6/11/2002	2	Oklahoma	Austin, TX
43	Hall, Kemon	CB	5-11	202	6/2/1997	3	North Texas	Calhoun City, Miss.
36	Harmon, Bruce	CB	5-11	205	11/9/2000	R	Stephen F. Austin	Rockwall, Texas
47	Harris, Darius	LB	6-2	245	1/17/1996	5	Middle Tennessee	Horn Lake, Miss.
67	Hoffman, Brock	G/C	6-4	318	7/2/1999	3	Virginia Tech	Statesville, N.C.
7	Holden, Traeshon	WR	6-2	208	9/12/2001	R	Oregon	Kissimmee, Fla.
28	Hooker, Malik	S	6-1	215	4/2/1996	9	Ohio State	New Castle, Pa.
53	Houston, James	DE	6-1	248	11/16/1998	4	Jackson State	Fort Lauderdale, Fla.
50	James, Shemar	LB	6-1	235	6/24/2004	R	Florida	Mobile, Ala.
23	Johnson, Buddy	LB	6-2	240	2/27/1999	3	Texas A&M	Dallas, TX
65	Jones, Rob	G	6-4	320	1/28/1999	5	Middle Tennessee State	Chicago, Ill.
6	Kelly, Josh	WR	6-1	192	7/1/2001	R	Texas Tech	Fresno, Calif.
94	Kneeland, Marshawn	DE	6-3	275	7/8/2001	2	Western Michigan	Grand Rapids, Mich.
88	Lamb, CeeDee	WR	6-2	198	4/8/1999	6	Oklahoma	Richmond, Texas
35	Liufau, Marist	LB	6-2	238	2/9/2001	2	Notre Dame	Kalihi, Hawaii
40	Luepke, Hunter	FB	6-1	250	2/28/2000	3	North Dakota State	Spencer, Wisc.
37	Mafah, Phil	RB	6-1	232	10/24/2002	R	Clemson	Loganville, Ga.
37	Matthew, Christian	CB	6-2	197	10/26/1996	4	Valdosta State	Columbus, GA
10	Milton, Joe	QB	6-5	236	3/6/2000	2	Tennessee	Orlando, Fla.
81	Mingo, Jonathan	WR	6-2	225	4/20/2001	3	Mississippi	Brandon, Miss.
24	Mukuamu, Israel	S	6-4	215	11/28/1999	5	South Carolina	Charlotte, N.C.
59	Murray, Kenneth	LB	6-2	245	11/16/1998	6	Oklahoma	Missouri City, Texas
46	Neville, Tyler	TE	6-3	250	3/1/2001	R	Virginia	Williamsburg, Va.
97	Odighizuwa, Osa	DT	6-2	285	8/13/1998	5	UCLA	Dayton, Ohio
11	Parsons, Micah	DE	6-3	250	5/26/1999	5	Penn State	Harrisburg, Pa.
3	Pickens, George	WR	6-3	200	3/4/2001	4	Georgia	Hoover, AL
4	Prescott, Dak	QB	6-2	230	7/29/1993	10	Mississippi State	Haughton, La.
32	Pride, Troy	CB	5-11	198	1/19/1998	3	Notre Dame	Greer, S.C.
76	Richards, Asim	T	6-4	322	10/2/2000	3	North Carolina	Philadelphia, Pa.
30	Rochell, Robert	CB	6-0	193	4/26/1998	5	Central Arkansas	Shreveport, La.
57	Sanborn, Jack	LB	6-2	235	7/29/2000	4	Wisconsin	Deer Park, Ill.
27	Sanders, Miles	RB	5-11	210	5/1/1997	7	Penn State	Pittsburgh, Pa.
86	Schoonmaker, Luke	TE	6-5	250	9/28/1998	3	Michigan	Hamden, Conn.
64	Shepley, Dakoda	C	6-4	315	12/27/1994	2	British Columbia	Windsor, Ontario
44	Sieg, Trent	LS	6-3	255	5/19/1995	8	Colorado State	Eaton, Colo.
58	Smith, Mazi	DT	6-3	315	6/16/2001	3	Michigan	Grand Rapids, Mich.
39	Smith, Mike	S	6-1	212	2/5/2002	R	Eastern Kentucky	Jacksonville, Fla.
73	Smith, Tyler	G	6-5	328	4/3/2001	4	Tulsa	Fort Worth, Texas
89	Spann-Ford, Brevyn	TE	6-6	265	12/27/1999	2	Minnesota	St. Cloud, Minn.
78	Steele, Terence	T	6-6	320	6/4/1997	6	Texas Tech	Cibolo, Texas
49	Stephens, John	TE	6-6	240	9/23/1999	3	Louisiana-Lafayette	Logansport, LA.
2	Thomas, Juanyeh	S	6-1	215	6/24/2000	3	Georgia Tech	Niceville, Fla.
71	Thomas, Nate	G/T	6-5	330	8/22/2001	2	Louisiana	New Orleans, La.
90	Thomas, Solomon	DT	6-3	285	8/26/1995	9	Stanford	Coppell, TX
93	Toia, Jay	DT	6-2	340	7/16/2003	R	UCLA	Inglewood, Calif.
1	Tolbert, Jalen	WR	6-1	195	2/27/1999	4	South Alabama	Mobile, Ala.
98	Turner, Payton	DE	6-6	275	1/7/1999	5	Houston	Houston, Texas
9	Turpin, KaVontae	WR	5-7	158	8/2/1996	4	TCU	Monroe, La.
42	Vaughn, Deuce	RB	5-5	185	11/2/2001	3	Kansas State	Round Rock, Texas
91	Wheat, Tyrus	DE	6-2	260	12/8/1999	3	Mississippi State	Amite, La.
33	Williams, Javonte	RB	5-10	222	4/25/2000	5	North Carolina	Wallace, N.C.
54	Williams, Sam	DE	6-4	260	3/31/1999	4	Mississippi	Montgomery, Ala.
6	Wilson, Donovan	S	6-0	215	2/21/1995	7	Texas A&M	Shreveport, La.
99	Winfrey, Perrion	DT	6-4	290	8/15/2000	2	Oklahoma	Maywood, Ill.
ACTIVE/NFI								
27	Revel, Shavon	CB	6-2	198	4/8/2001	R	East Carolina	Winston-Salem, N.C.
ACTIVE/PUP								
31	Butler, Josh	CB	6-0	192	11/25/1996	2	Michigan State	Mesquite, Texas
7	Diggs, Trevon	CB	6-1	204	9/20/1998	6	Alabama	Gaithersburg, Md.
0	Overshown, DeMarvion	LB	6-3	230	8/13/2000	3	Texas	Arp, Texas

2025 DALLAS COWBOYS NUMERICAL ROSTER

NO.	NAME	POS	HT	WT	AGE	EXP	COLLEGE	HOW ACQ
1	Jalen Tolbert	WR	6-1	195	26	4	South Alabama	D3-'22
2	Juanyeh Thomas	S	6-1	215	25	3	Georgia Tech	UDFA-'22
3	George Pickens	WR	6-3	200	24	4	Georgia	T(Pit)-'25
4	Dak Prescott	QB	6-2	230	32	10	Mississippi State	D4b-'16
5	Bryan Anger	P	6-3	214	36	14	California	FA-'21
6	Donovan Wilson	S	6-0	215	30	7	Texas A&M	D6-'19
6	Josh Kelly	WR	6-1	192	24	R	Texas Tech	UDFA-'25
7	Traeshon Holden	WR	6-2	208	23	R	Oregon	UDFA-'25
9	KaVontae Turpin	WR	5-7	158	29	4	TCU	UDFA-'22
10	Joe Milton	QB	6-5	236	25	2	Tennessee	T(NE)-'25
11	Micah Parsons	DE	6-3	250	26	5	Penn State	D1-'21
13	Dante Fowler	DE	6-3	255	31	11	Florida	UFA(Was)-'25
14	Markquese Bell	S	6-2	215	25	4	Florida A&M	UDFA-'22
15	Will Grier	QB	6-1	212	30	5	West Virginia	FA-'24
16	Jalen Cropper	WR	5-11	180	24	1	Fresno State	UDFA-'23
17	Brandon Aubrey	K	6-3	218	30	3	Notre Dame	FA-'23
18	Damone Clark	LB	6-2	245	25	4	Louisiana State	D5c-'22
19	Ryan Flournoy	WR	6-1	205	25	2	Southeast Missouri State	D6-'24
20	Kaiir Elam	CB	6-1	202	24	4	Florida	T(Buf)-'25
21	Caelen Carson	CB	6-0	198	23	2	Wake Forest	D5-'24
23	Buddy Johnson	LB	6-2	240	26	3	Texas A&M	FA-'23
24	Israel Mukuamu	S	6-4	215	25	5	South Carolina	D6b-'21
25	Andrew Booth	CB	6-0	195	24	4	Clemson	T(MIN)-'24
26	DaRon Bland	CB	6-2	202	26	4	Fresno State	D5b-'22
27	Miles Sanders	RB	5-11	210	28	7	Penn State	FA-'25
28	Malik Hooker	S	6-1	215	29	9	Ohio State	FA-'21
29	C.J. Goodwin	CB	6-3	195	35	10	California (PA)	PS(Cin)-'18
30	Robert Rochell	CB	6-0	193	27	5	Central Arkansas	FA-'25
32	Troy Pride	CB	5-11	198	27	3	Notre Dame	FA-'24
33	Javonte Williams	RB	5-10	222	25	5	North Carolina	UFA(Den)-'25
34	Jaydon Blue	RB	5-9	198	21	R	Texas	D5a-'25
35	Marist Liufau	LB	6-2	238	24	2	Notre Dame	D3b-'24
36	Bruce Harmon	CB	5-11	205	24	R	Stephen F. Austin	UDFA-'25
37	Phil Mafah	RB	6-1	232	22	R	Clemson	D7b-'25
37	Christian Matthew	CB	6-2	197	28	4	Valdosta State	FA-'25
38	Alijah Clark	S	6-1	200	22	R	Syracuse	UDFA-'25
39	Mike Smith	S	6-1	212	23	R	Eastern Kentucky	UDFA-'25
40	Hunter Luepke	FB	6-1	250	25	3	North Dakota State	UDFA-'23
41	Donovan Ezeiruaku	DE	6-2	255	22	R	Boston College	D2-'25
42	Deuce Vaughn	RB	5-5	185	23	3	Kansas State	D6b-'23
43	Kemon Hall	CB	5-11	202	28	3	North Texas	W(SF)-'24
44	Trent Sieg	LS	6-3	255	30	8	Colorado State	FA-'23
45	Rivaldo Fairweather	TE	6-3	249	23	R	Auburn	UDFA-'25
46	Tyler Neville	TE	6-3	250	24	R	Virginia	UDFA-'25
47	Darius Harris	LB	6-2	245	29	5	Middle Tennessee	FA-'24
48	Zion Childress	CB	5-11	203	23	R	Kentucky	UDFA-'25
49	John Stephens	TE	6-6	240	25	3	Louisiana-Lafayette	UDFA-'23
50	Shemar James	LB	6-1	235	21	R	Florida	D5b-'25
51	Earnest Brown	DE	6-5	308	26	4	Northwestern	FA-'24
52	Tyler Booker	G	6-5	330	21	R	Alabama	D1-'25
53	James Houston	DE	6-1	248	26	4	Jackson State	FA-'25
54	Sam Williams	DE	6-4	260	26	4	Mississippi	D2-'22
55	Justin Barron	LB	6-4	235	23	R	Syracuse	UDFA-'25
56	Cooper Beebe	G/C	6-3	320	24	2	Kansas State	D3a-'24
57	Jack Sanborn	LB	6-2	235	25	4	Wisconsin	RFA-'25(Chi)
58	Mazi Smith	DT	6-3	315	24	3	Michigan	D1-'23
59	Kenneth Murray	LB	6-2	245	26	6	Oklahoma	T(Ten)-'25
60	Tyler Guyton	T	6-7	325	23	2	Oklahoma	D1-'24
64	Dakoda Shepley	C	6-4	315	30	2	British Columbia	FA-'23
65	Rob Jones	G	6-4	320	26	5	Middle Tennessee State	UFA(Mia)-'25
66	T.J. Bass	G	6-4	320	26	3	Oregon	UDFA-'23
67	Brock Hoffman	G/C	6-4	318	26	3	Virginia Tech	FA-'22
69	Ajani Cornelius	T	6-5	318	23	R	Oregon	D6-'25
71	Nate Thomas	G/T	6-5	330	23	2	Louisiana	D7a-'24
72	La'el Collins	T	6-4	323	32	8	Louisiana State	FA-'25
73	Tyler Smith	G	6-5	328	24	4	Tulsa	D1-'22
75	Hakeem Adeniji	T	6-4	315	27	6	Kansas	UFA(Cle)-'25
76	Asim Richards	T	6-4	322	24	3	North Carolina	D5-'23
77	Saahdiq Charles	G	6-4	328	26	5	Louisiana State	FA-'25
78	Terence Steele	T	6-6	320	28	6	Texas Tech	UDFA-'20
79	Geron Christian	T	6-5	315	28	8	Louisville	FA-'25
81	Jonathan Mingo	WR	6-2	225	24	3	Mississippi	T(Car)-'24
83	Jalen Brooks	WR	6-1	203	25	3	South Carolina	D7-'23
85	Princeton Fant	TE	6-2	245	26	2	Tennessee	UDFA-'23
86	Luke Schoonmaker	TE	6-5	250	26	3	Michigan	D2-'23
87	Jake Ferguson	TE	6-5	250	26	4	Wisconsin	D4-'22
88	CeeDee Lamb	WR	6-2	198	26	6	Oklahoma	D1-'20
89	Brevyn Spann-Ford	TE	6-6	265	25	2	Minnesota	UDFA-'24
90	Solomon Thomas	DT	6-3	285	29	9	Stanford	UFA(NYJ)-'25
91	Tyrus Wheat	DE	6-2	260	25	3	Mississippi State	UDFA-'23
92	Tommy Akingbesote	DT	6-4	312	22	R	Maryland	D7c-'25
93	Jay Toia	DT	6-2	340	22	R	UCLA	D7a-'25
94	Marshawn Kneeland	DE	6-3	275	24	2	Western Michigan	D2-'24
95	Denzel Daxon	DT	6-2	313	26	1	Illinois	UDFA-'24
97	Osa Odighizuwa	DT	6-2	285	26	5	UCLA	D3a-'21
98	Payton Turner	DE	6-6	275	26	5	Houston	UFA(NO)-'25
99	Perrion Winfrey	DT	6-4	290	24	2	Oklahoma	FA-'25
ACTIVE/NFI								
27	Shavon Revel	CB	6-2	198	24	R	East Carolina	D3-'25
ACTIVE/PUP								
0	DeMarvion Overshown	LB	6-3	230	24	3	Texas	D3-'23
7	Trevon Diggs	CB	6-1	204	26	6	Alabama	D2-'20
31	Josh Butler	CB	6-0	192	28	2	Michigan State	FA-'23

2025 DALLAS COWBOYS POSITIONAL ROSTER

NO.	NAME	POS.	HT.	WT.	AGE	EXP.	COLLEGE	HOW ACQ.
QUARTERBACKS (3)								
4	Dak Prescott	QB	6-2	230	32	10	Mississippi State	D4b-'16
10	Joe Milton	QB	6-5	236	25	2	Tennessee	T(NE)-'25
15	Will Grier	QB	6-1	212	30	5	West Virginia	FA-'24
RUNNING BACKS (6)								
27	Miles Sanders	RB	5-11	210	28	7	Penn State	FA-'25
33	Javonte Williams	RB	5-10	222	25	5	North Carolina	UFA(Den)-'25
34	Jaydon Blue	RB	5-9	198	21	R	Texas	D5a-'25
37	Phil Mafah	RB	6-1	232	22	R	Clemson	D7b-'25
40	Hunter Luepke	FB	6-1	250	25	3	North Dakota State	UDFA-'23
42	Deuce Vaughn	RB	5-5	185	23	3	Kansas State	D6b-'23
WIDE RECEIVERS (10)								
1	Jalen Tolbert	WR	6-1	195	26	4	South Alabama	D3-'22
3	George Pickens	WR	6-3	200	24	4	Georgia	T(Pit)-'25
6	Josh Kelly	WR	6-1	192	24	R	Texas Tech	UDFA-'25
7	Traeshon Holden	WR	6-2	208	23	R	Oregon	UDFA-'25
9	KaVontae Turpin	WR	5-7	158	29	4	TCU	UDFA-'22
16	Jalen Cropper	WR	5-11	180	24	1	Fresno State	UDFA-'23
19	Ryan Flournoy	WR	6-1	205	25	2	Southeast Missouri State	D6-'24
81	Jonathan Mingo	WR	6-2	225	24	3	Mississippi	T(Car)-'24
83	Jalen Brooks	WR	6-1	203	25	3	South Carolina	D7-'23
88	CeeDee Lamb	WR	6-2	198	26	6	Oklahoma	D1-'20
TIGHT ENDS (7)								
45	Rivaldo Fairweather	TE	6-3	249	23	R	Auburn	UDFA-'25
46	Tyler Neville	TE	6-3	250	24	R	Virginia	UDFA-'25
49	John Stephens	TE	6-6	240	25	3	Louisiana-Lafayette	UDFA-'23
85	Princeton Fant	TE	6-2	245	26	2	Tennessee	UDFA-'23
86	Luke Schoonmaker	TE	6-5	250	26	3	Michigan	D2-'23
87	Jake Ferguson	TE	6-5	250	26	4	Wisconsin	D4-'22
89	Brevyn Spann-Ford	TE	6-6	265	25	2	Minnesota	UDFA-'24
OFFENSIVE LINE (16)								
52	Tyler Booker	G	6-5	330	21	R	Alabama	D1-'25
56	Cooper Beebe	G/C	6-3	320	24	2	Kansas State	D3a-'24
60	Tyler Guyton	T	6-7	325	23	2	Oklahoma	D1-'24
64	Dakoda Shepley	C	6-4	315	30	2	British Columbia	FA-'23
65	Rob Jones	G	6-4	320	26	5	Middle Tennessee State	UFA(Mia)-'25
66	T.J. Bass	G	6-4	320	26	3	Oregon	UDFA-'23
67	Brock Hoffman	G/C	6-4	318	26	3	Virginia Tech	FA-'22
69	Ajani Cornelius	T	6-5	318	23	R	Oregon	D6-'25
71	Nate Thomas	G/T	6-5	330	23	2	Louisiana	D7a-'24
72	La'el Collins	T	6-4	323	32	8	Louisiana State	FA-'25
73	Tyler Smith	G	6-5	328	24	4	Tulsa	D1-'22
75	Hakeem Adeniji	T	6-4	315	27	6	Kansas	UFA(Cle)-'25
76	Asim Richards	T	6-4	322	24	3	North Carolina	D5-'23
77	Saahdiq Charles	G	6-4	328	26	5	Louisiana State	FA-'25
78	Terence Steele	T	6-6	320	28	6	Texas Tech	UDFA-'20
79	Geron Christian	T	6-5	315	28	8	Louisville	FA-'25
DEFENSIVE LINE (16)								
11	Micah Parsons	DE	6-3	250	26	5	Penn State	D1-'21
13	Dante Fowler	DE	6-3	255	31	11	Florida	UFA(Was)-'25
41	Donovan Ezeiruaku	DE	6-2	255	22	R	Boston College	D2-'25
51	Earnest Brown	DE	6-5	308	26	4	Northwestern	FA-'24
53	James Houston	DE	6-1	248	26	4	Jackson State	FA-'25
54	Sam Williams	DE	6-4	260	26	4	Mississippi	D2-'22
58	Mazi Smith	DT	6-3	315	24	3	Michigan	D1-'23
90	Solomon Thomas	DT	6-3	285	29	9	Stanford	UFA(NYJ)-'25
91	Tyrus Wheat	DE	6-2	260	25	3	Mississippi State	UDFA-'23
92	Tommy Akingbesote	DT	6-4	312	22	R	Maryland	D7c-'25
93	Jay Toia	DT	6-2	340	22	R	UCLA	D7a-'25
94	Marshawn Kneeland	DE	6-3	275	24	2	Western Michigan	D2-'24
95	Denzel Daxon	DT	6-2	313	26	1	Illinois	UDFA-'24
97	Osa Odighizuwa	DT	6-2	285	26	5	UCLA	D3a-'21
98	Payton Turner	DE	6-6	275	26	5	Houston	UFA(NO)-'25
99	Perrion Winfrey	DT	6-4	290	24	2	Oklahoma	FA-'25
LINEBACKERS (8)								
18	Damone Clark	LB	6-2	245	25	4	Louisiana State	D5c-'22
23	Buddy Johnson	LB	6-2	240	26	3	Texas A&M	FA-'23
35	Marist Liufau	LB	6-2	238	24	2	Notre Dame	D3b-'24
47	Darius Harris	LB	6-2	245	29	5	Middle Tennessee	FA-'24
50	Shemar James	LB	6-1	235	21	R	Florida	D5b-'25
55	Justin Barron	LB	6-4	235	23	R	Syracuse	UDFA-'25
57	Jack Sanborn	LB	6-2	235	25	4	Wisconsin	RFA-'25(Chi)
59	Kenneth Murray	LB	6-2	245	26	6	Oklahoma	T(Ten)-'25
DEFENSIVE BACKS (18)								
2	Juanyeh Thomas	S	6-1	215	25	3	Georgia Tech	UDFA-'22
6	Donovan Wilson	S	6-0	215	30	7	Texas A&M	D6-'19
14	Markquese Bell	S	6-2	215	25	4	Florida A&M	UDFA-'22
20	Kaiir Elam	CB	6-1	202	24	4	Florida	T(Buf)-'25
21	Caelen Carson	CB	6-0	198	23	2	Wake Forest	D5-'24
24	Israel Mukuamu	S	6-4	215	25	5	South Carolina	D6b-'21
25	Andrew Booth	CB	6-0	195	24	4	Clemson	T(MIN)-'24
26	DaRon Bland	CB	6-2	202	26	4	Fresno State	D5b-'22
28	Malik Hooker	S	6-1	215	29	9	Ohio State	FA-'21
29	C.J. Goodwin	CB	6-3	195	35	10	California (PA)	PS(Cin)-'18
30	Robert Rochell	CB	6-0	193	27	5	Central Arkansas	FA-'25
32	Troy Pride	CB	5-11	198	27	3	Notre Dame	FA-'24
36	Bruce Harmon	CB	5-11	205	24	R	Stephen F. Austin	UDFA-'25
37	Christian Matthew	CB	6-2	197	28	4	Valdosta State	FA-'25
38	Alijah Clark	S	6-1	200	22	R	Syracuse	UDFA-'25
39	Mike Smith	S	6-1	212	23	R	Eastern Kentucky	UDFA-'25
43	Kemon Hall	CB	5-11	202	28	3	North Texas	W(SF)-'24
48	Zion Childress	CB	5-11	203	23	R	Kentucky	UDFA-'25
SPECIALISTS (3)								
5	Bryan Anger	P	6-3	214	36	14	California	FA-'21
17	Brandon Aubrey	K	6-3	218	30	3	Notre Dame	FA-'23
44	Trent Sieg	LS	6-3	255	30	8	Colorado State	FA-'23

HOW THE COWBOYS WERE BUILT/CONTRACT STATUS

YEAR	DRAFT PICKS (35)	FREE AGENTS (26)	COLLEGE FREE AGENTS (20)	TRADES/WAIVERS (7)	PRACTICE SQUAD (1)
2016	D. Prescott (4th)				
2018					C. Goodwin (PS Cin -'18)
2019	D. Wilson (6th)				
2020	C. Lamb (1st) T. Diggs (2nd) =		T. Steele (UDFA-'20)		
2021	M. Parsons (1st) O. Odighizuwa (3rd-a) I. Mukuamu (6th-b)	B. Anger (FA-'21) M. Hooker (FA-'21)			
2022	T. Smith (1st) S. Williams (2nd) J. Tolbert (3rd) J. Ferguson (4th) D. Bland (5th) D. Clark (5th)	B. Hoffman (FA-'22)	M. Bell (UDFA-'22) J. Thomas (UDFA-'22) K. Turpin (UDFA-'22)		
2023	M. Smith (1st) L. Schoonmaker (2nd) D. Overshown (3rd) = A. Richards (5th) D. Vaughn (6th) J. Brooks (7th)	B. Aubrey (FA-'23) J. Butler (FA-'23) = B. Johnson (FA-'23) D. Shepley (FA-'23) T. Sieg (FA-'23)	T. Bass (UDFA-'23) J. Cropper (UDFA-'23) P. Fant (UDFA-'23) H. Luepke (UDFA-'23) J. Stephens (UDFA-'23) T. Wheat (UDFA-'23)		
2024	T. Guyton (1st) M. Kneeland (2nd) C. Beebe (3rd-a) M. Liufau (3rd-b) C. Carson (5th) R. Flournoy (6th) N. Thomas (7th-a)	E. Brown (FA-'24) W. Grier (FA-'24) D. Harris (FA-'24) T. Pride (FA-'24)	D. Daxon (UDFA-'24) B. Spann-Ford (UDFA-'24)	A. Booth (T MIN -'24) K. Hall (W SF -'24) J. Mingo (T Car -'24)	
2025	T. Booker (1st) D. Ezeiruaku (2nd) S. Revel (3rd) ~ J. Blue (5th-a) S. James (5th-b) A. Cornelius (6th) J. Toia (7th-a) P. Mafah (7th-b) T. Akingbesote (7th-c)	H. Adeniji (UFA Cle -'25) S. Charles (FA-'25) L. Collins (FA-'25) D. Fowler (UFA Was -'25) J. Houston (FA-'25) R. Jones (UFA Mia -'25) C. Matthew (FA-'25) R. Rochell (FA-'25) J. Sanborn (RFA-'25 Chi) M. Sanders (FA-'25) S. Thomas (UFA NYJ -'25) P. Turner (UFA NO -'25) J. Williams (UFA Den -'25) P. Winfrey (FA-'25)	J. Barron (UDFA-'25) A. Clark (UDFA-'25) R. Fairweather (UDFA-'25) B. Harmon (UDFA-'25) T. Holden (UDFA-'25) J. Kelly (UDFA-'25) T. Neville (UDFA-'25) M. Smith (UDFA-'25)	K. Elam (T Buf -'25) J. Milton (T NE -'25) K. Murray (T Ten -'25) G. Pickens (T Pit -'25)	

Key: = Active/PUP, ~ Active/NFI

CONTRACT STATUS					
PLAYER	SIGNED THROUGH	PLAYER	SIGNED THROUGH	PLAYER	SIGNED THROUGH
Hakeem Adeniji	2025	Dante Fowler	2025	Dak Prescott	2028
Tommy Akingbesote	2028	C.J. Goodwin	2025	Troy Pride	2025
Bryan Anger	2026	Will Grier	2025	Asim Richards	2026
Brandon Aubrey	2025	Tyler Guyton	2027	Robert Rochell	2025
Justin Barron	2027	Kemon Hall	2025	Jack Sanborn	2025
T.J. Bass	2025	Bruce Harmon	2027	Miles Sanders	2025
Cooper Beebe	2027	Darius Harris	2025	Luke Schoonmaker	2026
Markquese Bell	2027	Brock Hoffman	2024	Dakota Shepley	2025
DaRon Bland	2025	Traeshon Holden	2027	Trent Sieg	2027
Jaydon Blue	2028	Malik Hooker	2026	Mazi Smith	2026
Tyler Booker	2028	James Houston	2025	Mike Smith	2027
Andrew Booth	2025	Shemar James	2028	Tyler Smith	2025
Jalen Brooks	2026	Buddy Johnson	2025	Brevyn Spann-Ford	2026
Earnest Brown	2025	Rob Jones	2025	Terence Steele	2028
Caelen Carson	2027	Josh Kelly	2027	John Stephens	2025
Saahdiq Charles	2025	Marshawn Kneeland	2027	Juanyeh Thomas	2025
Geron Christian	2025	CeeDee Lamb	2028	Nate Thomas	2027
Alijah Clark	2027	Marist Liufau	2027	Solomon Thomas	2026
Damone Clark	2025	Hunter Luepke	2025	Jay Toia	2028
La'el Collins	2025	Phil Mafah	2028	Jalen Tolbert	2025
Ajani Cornelius	2028	Christian Matthew	2025	Payton Turner	2025
Jalen Cropper	2025	Joe Milton	2027	KaVontae Turpin	2027
Denzel Daxon	2025	Jonathan Mingo	2026	Deuce Vaughn	2026
Kaiir Elam	2025	Israel Mukuamu	2025	Tyrus Wheat	2025
Donovan Ezeiruaku	2028	Kenneth Murray	2025	Javonte Williams	2025
Rivaldo Fairweather	2027	Tyler Neville	2027	Sam Williams	2025
Princeton Fant	2025	Osa Odighizuwa	2024	Donovan Wilson	2025
Jake Ferguson	2029	Micah Parsons	2025	Perrion Winfrey	2026
Ryan Flournoy	2027	George Pickens	2025		

WHEN BUILT AND WHEN THEY GOT TO THE COWBOYS

1st Round (12)

[3] Dante Fowler (2015-JAX)
 [3] Solomon Thomas (2017-SF)
 [15] Malik Hooker (2017-IND)
 [17] CeeDee Lamb (2020)
 [23] Kenneth Murray (2020-LAC)
 [12] Micah Parsons (2021)
 [28] Payton Turner (2021-NO)
 [23] Kaiir Elam (2022-BUF)
 [24] Tyler Smith (2022)
 [26] Mazi Smith (2023)
 [29] Tyler Guyton (2024)
 [12] Tyler Booker (2025)

2nd Round (10)

[53] Miles Sanders (2019-PHI)
 [51] Trevon Diggs (2020)=
 [35] Javonte Williams (2021-DEN)
 [42] Andrew Booth (2022-MIN)
 [52] George Pickens (2022-PIT)
 [56] Sam Williams (2022)
 [39] Jonathan Mingo (2023-CAR)
 [58] Luke Schoonmaker (2023)
 [56] Marshawn Kneeland (2024)
 [44] Donovan Ezeiruaku (2025)

3rd Round (9)

[70] Bryan Anger (2012-JAX)
 [74] Geron Christian (2018-WAS)
 [100] Will Grier (2019-CAR)
 [75] Osa Odighizuwa (2021)
 [88] Jalen Tolbert (2022)
 [90] DeMarvion Overshown (2023)=
 [73] Cooper Beebe (2024)
 [87] Marist Liufau (2024)
 [76] Shavon Revel (2025)~

Key: = Active/PUP, ~ Active/NFI

4th Round (6)

[135] Dak Prescott (2016)
 [108] Saahdiq Charles (2020-WAS)
 [113] Troy Pride (2020-CAR)
 [130] Robert Rochell (2021-LAR)
 [140] Buddy Johnson (2021-PIT)
 [129] Jake Ferguson (2022)

5th Round (7)

[174] Earnest Brown (2021-LAR)
 [167] DaRon Bland (2022)
 [176] Damone Clark (2022)
 [169] Asim Richards (2023)
 [174] Caelen Carson (2024)
 [149] Jaydon Blue (2025)
 [152] Shemar James (2025)

6th Round (8)

[213] Donovan Wilson (2019)
 [180] Hakeem Adeniji (2020-CIN)
 [227] Israel Mukuamu (2021)
 [217] James Houston (2022-DET)
 [212] Deuce Vaughn (2023)
 [193] Joe Milton (2024-NE)
 [216] Ryan Flornoy (2024)
 [204] Ajani Cornelius (2025)

7th Round (6)

[244] Christian Matthew (2022-ARI)
 [244] Jalen Brooks (2023)
 [233] Nate Thomas (2024)
 [217] Jay Toia (2025)
 [239] Phil Mafah (2025)
 [247] Tommy Akingbesote (2025)

Undrafted (21)

C.J. Goodwin (2014-PIT)
 La'el Collins (2015)
 Dakota Shepley (2018)
 Trent Sieg (2018)
 Kemon Hall (2019)
 Darius Harris (2019)
 Terence Steele (2020)
 Markquese Bell (2022)
 Brock Hoffman (2022)
 Juanyeh Thomas (2022)
 KaVontae Turpin (2022)
 Brandon Aubrey (2023)
 T.J. Bass (2023)
 Josh Butler (2023)=
 Jalen Cropper (2023)
 Princeton Fant (2023)
 Hunter Luepke (2023)
 John Stephens (2023)
 Tyrus Wheat (2023)
 Denzel Daxon (2024)
 Brevyn Spann-Ford (2024)

WHEN THEY GOT TO THE COWBOYS

WHEN BUILT AND WHEN THEY GOT TO THE COWBOYS

2016 (1)

Dak Prescott, Round 4

2018 (1)

C.J. Goodwin, Practice Squad (CIN)

2019 (1)

Donovan Wilson, Round 6

2020 (3)

CeeDee Lamb, Round 1
Trevon Diggs, Round 2=
Terence Steele, UDFA

2021 (5)

Micah Parsons, Round 1
Osa Odighizuwa, Round 3
Israel Mukuamu, Round 6
Bryan Anger, FA
Malik Hooker, FA

2022 (10)

Tyler Smith, Round 1
Sam Williams, Round 2
Jalen Tolbert, Round 3
Jake Ferguson, Round 4
DaRon Bland, Round 5
Damone Clark, Round 5
Markquese Bell, UDFA
Brock Hoffman, FA
Juanyeh Thomas, UDFA
KaVontae Turpin, UDFA

2023 (17)

Mazi Smith, Round 1
Luke Schoonmaker, Round 2
DeMarvion Overshown, Round 3=
Asim Richards, Round 5
Deuce Vaughn, Round 6
Jalen Brooks, Round 7
Brandon Aubrey, FA
T.J. Bass, UDFA
Josh Butler, FA=
Jalen Cropper, UDFA
Princeton Fant, UDFA
Buddy Johnson, FA
Hunter Luepke, UDFA
Dakoda Shepley, FA
Trent Sieg, FA
John Stephens, UDFA
Tyrus Wheat, UDFA

2024 (16)

Tyler Guyton, Round 1
Marshawn Kneeland, Round 2
Cooper Beebe, Round 3
Marist Liufau, Round 3
Caelen Carson, Round 5
Ryan Flournoy, Round 6
Nate Thomas, Round 7
Andrew Booth, Trades (MIN)
Earnest Brown, FA
Denzel Daxon, UDFA
Will Grier, FA
Kemon Hall, Waivers (SF)
Darius Harris, FA
Jonathan Mingo, Trades (CAR)
Troy Pride, FA
Brevyn Spann-Ford, UDFA

2025 (25)

Tyler Booker, Round 1
Donovan Ezeiruaku, Round 2
Shavon Revel, Round 3~
Jaydon Blue, Round 5
Shemar James, Round 5
Ajani Cornelius, Round 6
Tommy Akingbesote, Round 7
Phil Mafah, Round 7
Jay Toia, Round 7
Hakeem Adeniji, FA
Saahdiq Charles, FA
Geron Christian, FA
La'el Collins, FA
Kaiir Elam, Trades (BUF)
Dante Fowler, UFA
James Houston, FA
Christian Matthew, FA
Joe Milton, Trades (NE)
Kenneth Murray, Trades (TEN)
George Pickens, Trades (PIT)
Robert Rochell, FA
Miles Sanders, FA
Solomon Thomas, UFA
Payton Turner, UFA
Javonte Williams, UFA

2025 TRANSACTIONS BY DATE

Jan. 4 Placed **Kemon Hall** on Reserve/Injured and signed **Will Grier** to the active roster from the practice squad.

Jan. 6 Signed **Jack Anderson, Luq Barcoo, Jalen Cropper, Denzel Daxon, Kelvin Harmon, Brock Mogensen, Troy Pride, Luigi Vilain** and **Seth Williams** as Reserve/Future. Extended **Will Grier** and **Darius Harris**.

Jan. 8 Signed **Malik Davis** as Reserve/Future.

March 4 Signed **C.J. Goodwin** and **Osa Odighizuwa**.

March 5 Signed **Brock Hoffman, Juanyeh Thomas** and **Tyrus Wheat**.

March 10 Signed **Markquese Bell**.

March 11 Signed **KaVontae Turpin**.

March 12 Signed **Bryan Anger** and **Trent Sieg** and acquired **Kaiir Elam** in a trade with Buffalo and acquired **Kenneth Murray** in a trade with Tennessee.

March 13 Signed **Dakoda Shepley, Solomon Thomas** and released **Zack Martin**.

March 14 Signed **Rob Jones, Jack Sanborn, Miles Sanders, Payton Turner** and **Javonte Williams**. Re-signed **Israel Mukuamu**.

March 17 Signed **Parris Campbell** and **Dante Fowler**.

April 3 Acquired **Joe Milton** in a trade with New England.

April 15 Signed **Saahdiq Charles**.

April 17 Signed **Hakeem Adeniji**.

April 23 Exercised **Tyler Smith's** fifth-year option.

April 30 Waived **Jack Anderson, Earl Bostick, Malik Davis** and **Brock Mogensen**.

May 2 Signed **Tommy Akingbesote, Justin Barron, Tyler Booker, Zion Childress, Alijah Clark, Ajani Cornelius, Rivaldo Fairweather, Bruce Harmon, Traeshon Holden, Shemar James, Josh Kelly, Phil Mafah, Tyler Neville, Shavon Revel, Mike Smith** and **Jay Toia**.

May 7 Acquired **George Pickens** in a trade with Pittsburgh and waived **Seth Williams**.

May 12 Signed **Jaydon Blue**.

June 18 Waived **Luq Barcoo** and **Justin Rogers**.

June 19 Signed **Robert Rochell** and **Perrion Winfrey**.

July 18 Signed **Donovan Ezeiruaku**.

July 22 Waived **Luiji Vilain** and signed **James Houston**. Placed **Josh Butler, Trevon Diggs** and **DeMarvion Overshown** on Active/PUP and placed **Shavon Revel** on Active/NFL.

July 27 Signed **Jake Ferguson** to a four-year extension.

July 29 Waived **Kelvin Harmon** and signed **Christian Matthew**.

Aug. 2 Placed **Parris Campbell** on Reserve/Injured, Waived/Injured **Matt Waltecko** and signed **Geron Christian** and **La'el Collins**.

2025 TRANSACTIONS BY PLAYER

ADENIJI, Hakeem - T

4/17..... Signed

AKINGBESOTE, Tommy - DT

5/2..... Signed

ANDERSON, Jack - G

1/6..... Signed as a Reserve/Future

4/30..... Waived

ANGER, Bryan - P

3/12..... Signed

BARCOO, Luq - CB

1/6..... Signed as a Reserve/Future

6/18..... Waived

BARRON, Justin - LB

5/2..... Signed

BELL, Markquese - S

3/10..... Signed

BLUE, Jaydon - RB

5/12..... Signed

BOOKER, Tyler - G

5/2..... Signed

BOSTICK, Earl - T

4/30..... Waived

BUTLER, Josh - CB

7/23..... Placed on Active/PUP

CAMPBELL, Parris - WR

3/17..... Signed

8/2..... Placed on Reserve/Injured

CHARLES, Saahdiq - G

4/15..... Signed

CHILDRESS, Zion - CB

5/2..... Signed

CLARK, Alijah - S

5/2..... Signed

CHRISTIAN, Gerton - T

8/2..... Signed

COLLINS, La'e'l - G/T

8/2..... Signed

CORNELIUS, Ajani - T

5/2..... Signed

CROPPER, Jalen - WR

1/6..... Signed as a Reserve/Future

DAVIS, Malik - RB

1/8..... Signed as a Reserve/Future

4/30..... Waived

DAXON, Denzel - DT

1/6..... Signed as a Reserve/Future

DIGGS, Trevon - CB

7/23..... Placed on Active/PUP

ELAM, Kaiir - CB

3/12..... Acquired via trade with Buffalo

EZEIRUAKU, Donovan - DE

7/18..... Signed

FAIRWEATHER, Rivaldo - TE

5/2..... Signed

FERGUSON, Jake - TE

7/27..... Signed to a four-year extension

FOWLER, Dante - DE

3/17..... Signed

GOODWIN, C.J. - CB

3/4..... Signed

GRIER, Will - QB

1/4..... Signed to active roster

1/6..... Signed to an extension

HALL, Kemon - CB

1/4..... Placed on Reserve/Injured

HARMON, Bruce - CB

5/2..... Signed

HARMON, Kelvin - WR

1/6..... Signed as a Reserve/Future

7/29..... Waived

HARRIS, Darius - LB

1/6..... Signed to an extension

HOFFMAN, Brock - C/G

3/5..... Signed

HOLDEN, Traeshon - WR

5/2..... Signed

HOUSTON, James - DE

7/22..... Signed

JAMES, Shemar - LB

5/2..... Signed

JONES, ROB - G

3/14..... Signed

KELLY, Josh - WR

5/2..... Signed

MAFAH, Phil - RB

5/2..... Signed

MARTIN, Zack - G

3/13..... Released

MATTHEW, Christian - CB

7/29..... Signed

MILTON, Joe - QB

4/3..... Acquired via trade with New England

MOGENSEN, Brock - LB

1/6..... Signed as a Reserve/Future

4/30..... Waived

MUKUAMU, Israel - S

3/14..... Signed

MURRAY, Kenneth - LB

3/12..... Acquired via trade with Tennessee

NEVILLE, Tyler - TE

5/2..... Signed

ODIGHIZUWA, Osa - DT

3/4..... Signed

OVERSHOWN, DeMarvion - LB

7/23..... Placed on Active/PUP

PICKENS, George - WR

5/7..... Acquired via trade with Pittsburgh

PRIDE, Troy - CB

1/6..... Signed as a Reserve/Future

REVEL, Shavon - CB

5/2..... Signed

7/23..... Placed on Active/NFI

ROCHELL, Robert - CB

6/19..... Signed

ROGERS, Justin - DT

6/18..... Waived

SANBORN, Jack - LB

3/14..... Signed

SANDERS, Miles - RB

3/14..... Signed

SIEG, Trent - LS

3/12..... Signed

SHEPLEY, Dakoda - OL

3/13..... Signed

SMITH, Mike - S

5/2..... Signed

SMITH, Tyler - G

4/23..... Exercised fifth-year option

THOMAS, Juanyeh - S

3/5..... Signed

THOMAS, Solomon - DT

3/13..... Signed

TOIA, Jay - DT

5/2..... Signed

TURNER, Payton - DE

3/14..... Signed

TURPIN, KaVontae - WR

3/11..... Signed

VILAIN, Luiji - DE

1/6..... Signed as a Reserve/Future

7/22..... Waived

WALETZKO, Matt - T

8/2..... Waived/Injured

WHEAT, Tyrus - DE

3/5..... Signed

WILLIAMS, Javonte - RB

3/14..... Signed

WILLIAMS, Seth - WR

1/6..... Signed as a Reserve/Future

5/7..... Waived

WINFREY, Perrion - DT

6/19..... Signed



TEAM AND INDIVIDUAL STATS

2024 DALLAS COWBOYS STATISTICS

WON 7, LOST 10				
9/8	W	33-17	at Cleveland	67,431
9/15	L	19-44	New Orleans	93,691
9/22	L	25-28	Baltimore	93,566
9/26	W	20-15	at N.Y. Giants	80,425
10/6	W	20-17	at Pittsburgh	67,380
10/13	L	9-47	Detroit	93,644
10/27	L	24-30	at San Francisco	71,521
11/3	L	21-27	at Atlanta	72,665
11/10	L	6-34	Philadelphia	93,644
11/18	L	10-34	Houston	93,465
11/24	W	34-26	at Washington	64,955
11/28	W	27-20	N.Y. Giants	92,196
12/9	L	20-27	Cincinnati	92,587
12/15	W	30-14	at Carolina	70,570
12/22	W	26-24	Tampa Bay	93,103
12/29	L	7-41	at Philadelphia	69,879
1/5	L	19-23	Washington	91,349

2024 TEAM STATISTICS		DAL	OPP.
FIRST DOWNS		327	342
Rushing		98	141
Passing		192	175
Penalty		37	26
Third Down-Made/Att	84/228	75/205	
Third Down Efficiency	36.8%	36.6%	
Fourth Down-Made/Att	10/28	17/25	
Fourth Down Efficiency	35.7%	68.0%	
TOTAL NET YARDS		5,567	6,039
Avg. Per Game		327.5	355.2
Total Plays		1,104	1,046
Avg. Per Play		5.0	5.8
NET YARDS RUSHING		1,705	2,331
Avg. Per Game		100.3	137.1
Total Rushes		429	482
Avg. Per Rush		4.0	4.8
NET YARDS PASSING		3,862	3,708
Avg. Per Game		227.2	218.1
Sacked/Yards Lost	38/230	52/337	
Gross Yards		4,092	4,045
Attempts/Completions	637/398	512/349	
Pct. of Completion	62.5%	68.2%	
Had Intercepted	14	13	
PUNTS/AVERAGE		62/48.5	65/46.6
Net Punting Average		42.0	41.3
PUNT RETURN/AVG.		19/9.8	33/10.3
KICKOFF RETURN/AVG.		34/32.1	39/27.1
INTERCEPTION RETURN/AVG.		13/7.5	14/15.2
PENALTIES/YARDS		128/921	132/1019
FUMBLES/BALL LOST		29/14	21/9
TOUCHDOWNS		33	55
Rushing		6	25
Passing		23	28
Returns		4	2
EXTRA POINTS/ATTEMPTS		30/30	49/52
TWO POINT CONVERSION/ATT.		1/3	1/3
FIELD GOALS/ATTEMPTS		40/47	29/31
AVG. TIME OF POSSESSION		29:16	30:44

SCORE BY PERIODS	Q1	Q2	Q3	Q4	OT	PTS
TEAM	62	114	70	104	0	350
OPPONENTS	99	128	111	130	0	468

SCORING	TD	RU	PA	RT	PAT	FG	2PT	S	PTS
B. Aubrey	0	0	0	0	30/30	40/47	0	0	150
J. Tolbert	7	0	7	0	0/0	0/0	0	0	42
C. Lamb	6	0	6	0	0/0	0/0	1	0	38
R. Dowdle	5	2	3	0	0/0	0/0	0	0	30
K. Turpin	4	0	2	2	0/0	0/0	0	0	24
B. Cooks	3	0	3	0	0/0	0/0	0	0	18
E. Elliott	3	3	0	0	0/0	0/0	0	0	18
J. Brooks	1	0	1	0	0/0	0/0	0	0	6
D. Overshown	1	0	0	1	0/0	0/0	0	0	6
D. Prescott	1	1	0	0	0/0	0/0	0	0	6
L. Schoonmaker	1	0	1	0	0/0	0/0	0	0	6
J. Thomas	1	0	0	1	0/0	0/0	0	0	6
TEAM	33	6	23	4	30/30	40/47	1	0	350
OPPONENTS	55	25	28	2	49/52	29/31	1	0	468

2-Pt Conv: C. Lamb 1, TM 1-3, OPP 1-3

SACKS: M. Parsons 12.0, C. Golston 5.5, C. Lawson 5.0, D. Overshown 5.0, D. Wilson 4.5, O. Odighizuwa 4.5, E. Kendricks 3.0, D. Lawrence 3.0, L. Joseph 2.0, M. Liufau 1.5, K. Henry 1.0, J. Lewis 1.0, J. Butler 1.0, M. Smith 1.0, D. Clark 0.5, T. Wheat 0.5, TM 51.0, OPP 37.0

FUM/LOST: C. Rush 9/3, J. Ferguson 4/2, D. Prescott 4/1, R. Dowdle 3/2, K. Turpin 3/1, T. Guyton 1/1, E. Elliott 1/1, C. Lamb 1/1, A. Oruwariye 1/1, R. Flournoy 1/1, C. Beebe 1/0, TM 29/14, OPP 21/9

PASSING	ATT	CMP	YDS	CMP%	YDS/ATT	TD	TD%	INT	INT%	LONG	SACK/LOST	RATING
C. Rush	308	187	1,844	60.7	6.0	12	3.9	5	1.6	64t	13/95	83.8
D. Prescott	286	185	1,978	64.7	6.9	11	3.8	8	2.8	65t	21/112	86.0
T. Lance	41	25	266	61.0	6.5	0	0.0	1	2.4	33	4/23	69.8
B. Anger	2	1	4	50.0	2.0	0	0.0	0	0.0	4	0/0	56.3
TEAM	637	398	4,092	62.5	6.4	23	3.6	14	2.2	65t	38.0/230	83.8
OPPONENTS	512	349	4,045	68.2	7.9	28	5.5	13	2.5	86t	52.0/337	99.5

RUSHING	NO.	YDS	AVG	LONG	TD
R. Dowdle	235	1,079	4.6	27	2
E. Elliott	74	226	3.1	11	3
K. Turpin	16	92	5.8	16	0
C. Lamb	14	70	5.0	18	0
D. Vaughn	17	70	4.1	12	0
D. Prescott	13	54	4.2	22	1
T. Lance	11	41	3.7	11	0
H. Luepke	12	38	3.2	10	0
D. Cook	8	20	2.5	4	0
C. Rush	26	18	0.7	9	0
B. Cooks	3	-3	-1.0	5	0
TEAM	429	1,705	4.0	27	6
OPPONENTS	482	2,331	4.8	45t	25

RECEIVING	NO.	YDS	AVG	LONG	TD
C. Lamb	101	1,194	11.8	65t	6
J. Ferguson	59	494	8.4	27	0
J. Tolbert	49	610	12.4	48	7
B. Cooks	26	259	10.0	29	3
K. Turpin	31	420	13.5	64t	2
R. Dowdle	39	249	6.4	22t	3
L. Schoonmaker	27	241	8.9	24	1
J. Brooks	12	177	14.8	41	1
H. Luepke	12	111	9.3	24	0
J. Mingo	5	46	9.2	14	0
E. Elliott	12	69	5.8	15	0
R. Flournoy	10	102	10.2	26	0
B. Spann-Ford	9	88	9.8	18	0
D. Vaughn	3	18	6.0	8	0
D. Cook	1	10	10.0	10	0
J. Thomas	1	4	4.0	4	0
T. Smith	1	0	0.0	0	0
C. Goodwin	0	0	0.0	0	0
TEAM	398	4,092	10.3	65t	23
OPPONENTS	349	4,047	11.6	86t	28

INTERCEPTIONS	NO.	YDS	AVG	LONG	TD
M. Hooker	2	20	10.0	21	0
I. Mukuamu	2	20	10.0	15	0
E. Kendricks	2	15	7.5	8	0
T. Diggs	2	1	0.5	1	0
D. Overshown	1	23	23.0	23t	1
C. Golston	1	18	18.0	18	0
J. Lewis	1	0	0.0	0	0
A. Oruwariye	1	0	0.0	0	0
D. Wilson	1	0	0.0	0	0
TEAM	13	97	7.5	23t	1
OPPONENTS	14	213	15.2	69t	1

PUNTING	NO.	YDS	AVG	NET	TB	IN	LG	B
B. Anger	62	3,005	48.5	42.0	3	24	62	0
TEAM	62	3,005	48.5	42.0	3	24	62	0
OPPONENTS	65	3,029	46.6	41.3	8	25	62	0

PUNT RETURNS	RET	FC	YDS	AVG	LONG	TD
K. Turpin	18	19	187	10.4	60t	1
A. Oruwariye	1	0	0	0.0	0	0
TEAM	19	19	187	9.8	60t	1
OPPONENTS	33	20	341	10.3	31	0

KICKOFF RETURNS	NO.	YDS	AVG	LONG	TD
K. Turpin	27	904	33.5	99t	1
J. Thomas	7	187	26.7	43t	1
TEAM	34	1,091	32.1	99t	2
OPPONENTS	39	1,058	27.1	38	0

FIELD GOALS	1-19	20-29	30-39	40-49	50+
B. Aubrey	0/0	4/4	8/10	14/16	14/17
TEAM	0/0	4/4	8/10	14/16	14/17
OPPONENTS	0/0	5/5	8/8	12/13	4/5

B. Aubrey: (57, 40, 50, 46) (52, 38, 48, 40) (65, 51) (60, 40, 51WR) (55, 33, 38B) (34, 47, 50) (29) (34, 57) (46, 23) (53, 40RU) (35B, 42RU, 46, 48) (23, 33) (35, 47) (52, 70SH, 45, 41) (58, 49, 58, 53) (61RU) (34, 41, 36, 22)

OPP: (51) (26) (46WL) (52, 41, 38, 22, 42) (41) (40, 48, 33, 33) (50, 44, 41) () (39, 38) (33, 29) (41, 51SH, 51) (46, 47) (37, 29) () (45) (31, 26) (47)

2024 DALLAS COWBOYS DEFENSIVE STATISTICS

RNK	PLAYER	TKL	AST	TOTAL	SACKS/YDS	TFL/YDS	QBPR	FR	FF	INT/YDS	PD
1.	Kendricks, Eric	73	72	145	3.0/-8	3/-12	5	1	3	2/15	3
2.	Overshown, DeMarvion	55	40	95	5.0/-32	3/-8	16	1	1	1/23	4
3.	Wilson, Donovan	40	50	90	4.5/-30	2/-2	11	1	2	1/0	5
4.	Hooker, Malik	51	36	87		3/-7	1			2/20	5
5.	Lewis, Jourdan	41	37	78	1.0/-10	2/-3	3	1	1	1/0	8
6.	Golston, Chauncey	26	29	55	5.5/-33	1/-4	33	1		1/18	5
7.	Liufau, Marist	26	22	48	1.5/-9	3/-7	13	1	2		3
8.	Odighizuwa, Osa	23	23	46	4.5/-29	2/-4	54		1		1
9.	Diggs, Trevon	36	8	44			1			2/1	11
10.	Bland, DaRon	29	15	44				1	1		5
11.	Smith, Mazi	23	21	44	1.0/-5	4/-6	4				
12.	Parsons, Micah	20	18	38	12.0/-82	2/-6	72		2		1
13.	Oruwariye, Amani	22	7	29		1/-1				1/0	3
14.	Carson, Caelen	24	3	27							4
15.	Clark, Damone	13	12	25	0.5/-4	1/-3					1
16.	Butler, Josh	16	4	20	1.0/0						5
17.	Joseph, Linval	8	12	20	2.0/-20		3		1		
18.	Kneeland, Marshawn	8	9	17		2/-6	13	1			1
19.	Mukuamu, Israel	10	6	16			2			2/20	2
20.	Booth, Andrew	10	5	15							1
21.	Vigil, Nick	7	8	15			1				
22.	Watkins, Carlos	4	11	15			2				
23.	Wheat, Tyrus	6	7	13	0.5/0	1/-1	7				
24.	Lawrence, DeMarcus	4	9	13	3.0/-20	1/-2	8		1		
25.	Lawson, Carl	4	5	9	5.0/-39		30		1		
26.	Thomas, Juanyeh	5	3	8					1		1
27.	Bell, Markquese	3	1	4							
28.	Pride, Troy	2	2	4							1
29.	Henry, KJ	0	2	2	1.0/-9						
30.	Phillips, Jordan	0	1	1			2				

Ast=Assist, TFL=Tackle for a Loss, QBPR=Pressures, Int=Interception, FR=Fumble Recovery, FF=Forced Fumble, PD=Pass Defense

2024 COWBOYS SPECIAL TEAMS							
RNK	PLAYER	S	A	TOT	FF	FR	BL
1.	Luepke, Hunter	4	9	13			
2.	Goodwin, C.J.	9	3	12	1	1	
3.	Thomas, Juanyeh	5	3	8		1	
4.	Johnson, Buddy	3	5	8			
	Vigil, Nick	3	5	8			
6.	Hall, Kemon	6	1	7			
7.	Schoonmaker, Luke	3	2	5			
8.	Brooks, Jalen	3	1	4			
	Clark, Damone	3	1	4			
	Mukuamu, Israel	3	1	4			
11.	Liufau, Marist	2	2	4			
	Overshown, DeMarvion	2	2	4			
13.	Sieg, Trent	2	1	3			
	Spann-Ford, Brevyn	2	1	3			
15.	Bell, Markquese	2	0	2			
	Flournoy, Ryan	2	0	2			
17.	Anger, Bryan	1	0	1			
	Hoffman, Brock	1	0	1			
	Kneeland, Marshawn	1	0	1			
	Richards, Asim	1	0	1			
21.	Fant, Princeton	0	1	1			
	Harris, Darius	0	1	1			
	Wheat, Tyrus	0	1	1			
24.	Golston, Chauncey	0	0	0			1

DEFENSIVE STATS BY RANK							
PRESSURES		SACKS		TACKLES FOR LOSS		INTERCEPTIONS	
PLAYER	NO	PLAYER	NO	PLAYER	NO	PLAYER	NO
1. M. Parsons	72	1. M. Parsons	12.0	1. M. Smith	4	1. T. Diggs	2
2. O. Odighizuwa	54	2. C. Golston	5.5	2. M. Hooker	3	M. Hooker	2
3. C. Golston	33	3. C. Lawson	5.0	E. Kendricks	3	E. Kendricks	2
4. C. Lawson	30	D. Overshown	5.0	M. Liufau	3	I. Mukuamu	2
5. D. Overshown	16	5. O. Odighizuwa	4.5	D. Overshown	3	5. C. Golston	1

FORCED FUMBLES		FUMBLE RECOVERIES		PASSES DEFENSED	
PLAYER	NO	PLAYER	NO	PLAYER	NO
1. E. Kendricks	3	1. D. Bland	1	1. T. Diggs	11
2. M. Liufau	2	C. Golston	1	2. J. Lewis	8
M. Parsons	2	E. Kendricks	1	3. D. Bland	5
D. Wilson	2	M. Kneeland	1	J. Butler	5
5. D. Bland	1	J. Lewis	1	C. Golston	5

DALLAS COWBOYS 2024 PRESEASON STATS

WON 1, LOST 2				
8/11	L	12-13	at L.A. Rams	73,023
8/17	W	27-12	at Las Vegas	62,248
8/24	L	19-26	L.A. Chargers	80,983

2024 TEAM STATISTICS		
	DAL	OPP.
FIRST DOWNS	68	49
Rushing	26	12
Passing	37	33
Penalty	5	4
Third Down-Made/Att	16/42	16/44
Third Down Efficiency	38.1%	36.4%
Fourth Down-Made/Att	5/8	5/8
Fourth Down Efficiency	62.5%	62.5%
TOTAL NET YARDS	1,161	939
Avg. Per Game	387.0	313.0
Total Plays	220	188
Avg. Per Play	5.3	5.0
NET YARDS RUSHING	476	307
Avg. Per Game	158.7	102.3
Total Rushes	95	63
Avg. Per Rush	5.0	4.9
NET YARDS PASSING	685	632
Avg. Per Game	228.3	210.7
Sacked/Yards Lost	6/27	4/26
Gross Yards	712	658
Attempts/Completions	119/76	121/68
Pct. of Completion	63.9%	56.2%
Had Intercepted	5	6
PUNTS/AVERAGE	7/51.7	12/50.7
Net Punting Average	40.9	42.6
PUNT RETURN/AVG.	5/7.4	5/15.2
KICKOFF RETURN/AVG.	9/26.1	8/24.9
INTERCEPTION RETURN/AVG.	6/22.5	5/9.4
PENALTIES/YARDS	22/188	20/173
FUMBLES/BALL LOST	5/2	1/0
TOUCHDOWNS	5	5
Rushing	2	1
Passing	2	3
Returns	1	1
EXTRA POINTS/ATTEMPTS	4/4	3/3
TWO POINT CONVERSION/ATT.	0/1	0/2
FIELD GOALS/ATTEMPTS	8/9	6/6
AVG. TIME OF POSSESSION	33:08	26:52

SCORE BY PERIODS	Q1	Q2	Q3	Q4	OT	PTS
TEAM	9	20	6	23	0	58
OPPONENTS	13	19	6	13	0	51

SCORING	TD	RU	PA	RT	PAT	FG	2PT	S	PTS
B. Aubrey	0	0	0	0	4/4	8/9	0	0	28
R. Flournoy	2	0	2	0	0/0	0/0	0	0	12
T. Lance	2	2	0	0	0/0	0/0	0	0	12
K. Hall	1	0	0	1	0/0	0/0	0	0	6
TEAM	5	2	2	1	4/4	8/9	0	0	58
OPPONENTS	5	1	3	1	3/3	6/6	0	0	51

2-Pt Conv: TM 0-1, OPP 0-2

SACKS: A. Muhammad 1.5, T. Wheat 1.0, J. Johnson 1.0, D. Daxon 0.5, TM 4.0, OPP 6.0

FUM/LOST: T. Lance 2/0, J. Stephens 1/1, J. Cropper 1/1, R. Flournoy 1/0, TM 5/2, OPP 1/0

RUSHING	NO.	YDS	AVG	LONG	TD
T. Lance	24	168	7.0	46t	2
D. Vaughn	14	87	6.2	18	0
R. Freeman	15	67	4.5	15	0
M. Davis	18	60	3.3	12	0
S. Conner	12	47	3.9	8	0
N. Peat	5	19	3.8	7	0
R. Dowdle	3	14	4.7	9	0
J. Cropper	1	7	7.0	7	0
R. Flournoy	1	4	4.0	4	0
D. Burnett	1	2	2.0	2	0
C. Rush	1	1	1.0	1	0
TEAM	95	476	5.0	46t	2
OPPONENTS	63	307	4.9	70t	1

RECEIVING	NO.	YDS	AVG	LONG	TD
R. Flournoy	9	61	6.8	11t	2
D. Burnett	5	63	12.6	20	0
C. Johnson	6	32	5.3	15	0
J. Cropper	5	32	6.4	12	0
R. McMath	5	80	16.0	30	0
J. Stephens	8	75	9.4	24	0
L. Schoonmaker	4	27	6.8	11	0
B. Spann-Ford	5	41	8.2	17	0
S. Conner	4	29	7.3	14	0
P. Fant	4	18	4.5	6	0
M. Davis	3	18	6.0	14	0
K. Harmon	5	70	14.0	26	0
T. Billy-Johnson	2	33	16.5	25	0
J. Brooks	2	49	24.5	43	0
A. Holler	3	33	11.0	15	0
D. Durden	1	16	16.0	16	0
N. Peat	2	12	6.0	15	0
D. Vaughn	0	0	0.0	0	0
P. Hendershot	1	10	10.0	10	0
R. Freeman	1	7	7.0	7	0
J. Tolbert	1	6	6.0	6	0
TEAM	76	712	9.4	43	2
OPPONENTS	68	658	9.7	78t	3

INTERCEPTIONS	NO.	YDS	AVG	LONG	TD
J. Wood	2	17	8.5	9	0
K. Hall	1	69	69.0	69t	1
E. Scott	1	26	26.0	26	0
B. Mogensen	1	23	23.0	23	0
M. Bell	1	0	0.0	0	0
TEAM	6	135	22.5	69t	1
OPPONENTS	5	47	9.4	25t	1

PUNTING	NO.	YDS	AVG	NET	TB	IN	LG	B
B. Anger	7	362	51.7	40.9	0	3	57	0
TEAM	7	362	51.7	40.9	0	3	57	0
OPPONENTS	12	608	50.7	42.6	3	6	69	0

PUNT RETURNS	RET	FC	YDS	AVG	LONG	TD
T. Billy-Johnson	3	1	20	6.7	16	0
J. Cropper	2	1	17	8.5	9	0
D. Vaughn	0	2	0	0.0	0	0
TEAM	5	4	37	7.4	16	0
OPPONENTS	5	0	76	15.2	43	0

KICKOFF RETURNS	NO.	YDS	AVG	LONG	TD
T. Billy-Johnson	4	115	28.8	36	0
M. Davis	2	48	24.0	25	0
D. Vaughn	2	48	24.0	25	0
J. Cropper	1	24	24.0	24	0
TEAM	9	235	26.1	36	0
OPPONENTS	8	199	24.9	30	0

FIELD GOALS	1-19	20-29	30-39	40-49	50+
B. Aubrey	0/0	1/1	4/4	0/0	3/4
TEAM	0/0	1/1	4/4	0/0	3/4
OPPONENTS	0/0	4/4	1/1	1/1	0/0

B. Aubrey: (30, 36, 65SH, 38, 52) (54, 66) (23, 33)

OPP: (28, 39) (29, 27) (21, 48)

PASSING	ATT	CMP	YDS	CMP%	YDS/ATT	TD	TD%	INT	INT%	LONG	SACK/LOST	RATING
T. Lance	113	73	662	64.6	5.9	2	1.8	5	4.4	30	6/27	67.8
C. Rush	6	3	50	50.0	8.3	0	0.0	0	0.0	43	0/0	78.5
TEAM	119	76	712	63.9	6.0	2	1.7	5	4.2	43	6.0/27	68.3
OPPONENTS	121	68	658	56.2	5.4	3	2.5	6	5.0	78t	4.0/26	59.2

DALLAS COWBOYS 2024 PRESEASON DEFENSIVE STATS

RNK	PLAYER	TKL	AST	TOTAL	SACKS/YDS	TFL/YDS	QBPR	FR	FF	INT/YDS	PD
1.	M. Bell	10	6	16						1/0	1
2.	A. Booth	8	1	9							1
3.	J. Wood	6	3	9		1/-4			1	2/17	2
4.	J. Butler	6	2	8		1/-2					2
5.	J. DeBerry	5	3	8		1/-1					1
	E. Johnson	5	3	8		1/-1					
7.	A. Muhammad	2	6	8	1.5/-9	2/-10	3				1
8.	D. Harris	3	4	7		1/-3					1
9.	D. Daxon	2	5	7	0.5/0		1				
10.	D. Wilson	5	1	6							
11.	C. Carson	4	2	6							
12.	E. Scott	3	3	6						1/26	2
13.	W. Harvey	2	4	6							
14.	A. Huggins	1	5	6							1
15.	B. Johnson	5	0	5							1
16.	T. Wheat	4	1	5	1.0/-8	1/-8	1				
17.	J. Rogers	3	2	5		1/-1					1
18.	B. Mogensen	2	3	5						1/23	1
19.	N. Vigil	0	5	5							
20.	J. Johnson	4	0	4	1.0/-9	1/-9	1				
21.	K. Hall	2	2	4						1/69	2
	J. Thomas	2	2	4							2
23.	C. Davis	1	2	3							
	M. Kneeland	1	2	3							
	D. Overshown	1	2	3							
26.	M. Liufau	0	3	3							
	M. Smith	0	3	3							
28.	D. Johnson	1	1	2							1
	S. Toney	1	1	2							
30.	D. Clark	1	0	1							
	V. Fehoko	1	0	1			1				1
	C. Golston	1	0	1							
33.	J. Phillips	0	1	1							
34.	I. Mukuamu										2

Ast=Assist, TFL=Tackle for a Loss, QBPR=Pressures, Int=Interception, FR=Fumble Recovery, FF=Forced Fumble, PD=Pass Defense

2024 COWBOYS SPECIAL TEAMS						
RNK	PLAYER	S	A	TOT	FF	BL
1.	Vigil, Nick	2	0	2		
2.	Holler, Alec	1	1	2		
	Johnson, Emany	1	1	2		
	McMath, Racey	1	1	2		
5.	Wood, Julius	0	2	2		
6.	Aubrey, Brandon	1	0	1		
	Butler, Josh	1	0	1		
	Davis, Malik	1	0	1		
9.	Conner, Snoop	0	1	1		
	Harris, Darius	0	1	1		
	Johnson, Buddy	0	1	1		
	Liufau, Marist	0	1	1		
	Sieg, Trent	0	1	1		

DEFENSIVE STATS BY RANK							
PRESSURES		SACKS		TACKLES FOR LOSS		INTERCEPTIONS	
PLAYER	NO	PLAYER	NO	PLAYER	NO	PLAYER	NO
1. A. Muhammad	3	1. A. Muhammad	1.5	1. A. Muhammad	2	1. J. Wood	2
2. D. Daxon	1	2. J. Johnson	1.0	2. J. Butler	1	2. M. Bell	1
V. Fehoko	1	T. Wheat	1.0	J. DeBerry	1	K. Hall	1
J. Johnson	1	4. D. Daxon	0.5	D. Harris	1	B. Mogensen	1
T. Wheat	1			E. Johnson	1	E. Scott	1
FORCED FUMBLES		FUMBLE RECOVERIES		PASSES DEFENSED			
PLAYER	NO	PLAYER	NO	PLAYER	NO		
1. J. Wood	1			1. J. Butler	2		
				K. Hall	2		
				I. Mukuamu	2		
				E. Scott	2		
				J. Thomas	2		

2024 TEAM STATS

	FIRST DOWNS										TOTAL OFF.			RUSHING			PASSING--BY THE COWBOYS					PASSING--BY THE OPPONENTS					COWBOYS										OPPONENTS																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
	T				R				Pa		Pe		YDS	PLYS	AVG	YDS	ATT	AVG	YDS	SKYD	ATT	COM	I	INT BY DAL.		PUNTS		PUNT RETURNS		KO RETURNS		PEN.		FUM.		SCORING																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																													
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NON-MEDIA GUIDE BIOS



ONE COWBOYS WAY ★ FRISCO, TEXAS 75034 ★ P:972.497.4959 ★ WWW.DALLASCOWBOYS.COM

2025 NON-MEDIA GUIDE BIOS

GERON CHRISTIAN
(JAIIR-11)
79 • Tackle
6-5 • 315 • 9/10/96
Louisville • FA-25
NFL: 8th Year • Cowboys: 1st Year
Games/Starts: 2024-5/0; Career-63/25
Postseason: 2024-0/0; Career-1/1



PRO: The Dallas Cowboys signed Geron Christian after the offensive line room suffered a few injuries at the start of training camp. Christian, originally drafted in the third round (74th overall) by Washington in the 2018 NFL Draft, has seen action in 63 career games with 25 starts through seven NFL seasons. He joins Dallas looking to find a role on the Cowboys offensive front.

TRANSACTION SUMMARY:

- 8/2/25:** Signed with Dallas as a free agent.
- 11/19/24:** Signed with Cleveland's active roster.
- 8/27/24:** Released by Tennessee, signed with the LA Rams (9/11), released (10/15) and signed to the Rams practice squad (10/17).
- 6/12/24:** Signed a one-year contract with Tennessee.
- 10/10/23:** Released by Houston, signed to Cleveland's practice squad (10/31) and activated (11/7).
- 3/16/23:** Re-signed with Miami, released (8/28) and signed to Houston's practice squad (9/27).
- 1/4/23:** Waived by Kansas City and claimed by Miami (1/5).
- 3/24/22:** Signed a one-year contract with Kansas City.
- 5/20/21:** Waived by Washington and claimed by Houston (5/21).
- 11/19/20:** Placed on Reserve/Injured with a knee injury.
- 11/12/18:** Placed on Reserve/Injured with a knee injury.
- 4/27/18:** Drafted in the third round (74th overall) by Washington.

2024 (Tennessee/LA Rams):

- Signed a one-year contract with Tennessee and attended training camp before being released at the roster cut down date.
- Signed with the LA Rams in September, released in October and signed to the practice squad, appearing in one game as a practice squad elevation.
- Signed with Cleveland in November, seeing action in four games.

2023 (Kansas City/Miami/Houston/Cleveland):

- Attended training camp with the Dolphins before being released at the roster cut down date and signed to Houston's practice squad.
- Played in one game for Houston as a practice squad elevation.
- Released by Houston in October, signed to Cleveland's practice squad and activated in November.
- Started nine games for Cleveland.

2022 (Kansas City):

- Signed a one-year contract with Kansas City during free agency.
- Appeared in 10 games.

2021 (Washington/Houston):

- Spent the offseason with Washington before being waived in May and claimed by Houston.
- Played in 14 games with eight starts.

2020 (Washington):

- Started six games before being placed on Reserve/Injured with a knee injury.

2019 (Washington):

- Saw action in 16 games with two starts.
- Made his first career start against New England (10/6).

2018 (Washington):

- Appeared in two games during his rookie campaign.
- Made his NFL debut against Atlanta (11/4).
- Placed on Reserve/Injured after suffering a knee injury at Tampa Bay (11/11).

COLLEGE:

- Started all 39 games of his three-year career at Louisville.
- Saw action in all 13 games as a junior in 2017.
- In 2016 started all 13 games, blocking for a 500 yards-per-game offense on his way to a second consecutive All-ACC selection.
- Started all 13 games as a true freshman in 2015, earning All-ACC honors.

PERSONAL:

- Rated a three-star prospect out of Trinity Catholic High School in Ocala, Fla., earning 3A all-state honors.
- Also lettered in basketball.

CHRISTIAN'S NFL TOTALS

GAMES/STARTS (regular season, playoffs): 2018 (2/0-Was); 2019 (16/2-Was); 2020 (6/6-Was); 2021 (14/8-Hou); 2022 (10/0-KC); 2023 (1/0-Hou; 9/9, 1/1-Cle); 2024 (1/0-LAR; 4/0-Cle). **Totals (63/25, 1/1).**

LA'EL COLLINS

72 • Tackle

6-4 • 323 • 7/26/93
 Louisiana State • FA-25
 NFL: 8th Year • Cowboys: 7th Year
 Games/Starts: 2024-0/0; Career-89/86
 Postseason: 2024-0/0; Career-3/3



PRO: The Dallas Cowboys signed La'el Collins as a rookie free agent after he had to pull out of the 2015 NFL Draft for personal reasons. Collins' hard work early in 2015 paid off as he took over the starting left guard spot six games in. By season's end, Collins played in 12 games with 11 starts, helping Darren McFadden to his second career 1,000-yard season, and giving Dallas glimpses of yet another young and talented piece to a dominating offensive front. Collins would go on to spend the first seven seasons of his career with Dallas before signing a three-year contract with Cincinnati in the 2022 offseason. Collins started the first 15 games of the 2022 season at right tackle before suffering a torn ACL, which kept him off the field for the next two seasons. In 2024 Collins spent training camp with the Buffalo Bills before he was released at the cutdown date. Now with Dallas for the third time in his career, Collins will add a veteran presence in a young Cowboys offensive line room and will compete for a spot on the 53-man roster.

TRANSACTION SUMMARY:

- 8/2/25:** Signed with Dallas as a free agent.
- 4/9/24:** Signed a one-year contract with Buffalo and released (8/27).
- 1/4/24:** Signed to Dallas' practice squad and released (1/22).
- 8/29/23:** Placed on Reserve/PUP and released (9/12).
- 12/30/22:** Placed on Reserve/Injured with a knee injury.
- 3/17/22:** Released by Dallas and signed a three-year contract with Cincinnati (3/20).
- 9/10/21:** Placed on Reserve/Suspended by Commissioner and reinstated (10/25).
- 9/7/20:** Placed on Reserve/Injured with a groin injury.
- 9/3/19:** Signed a five-year contract extension through 2024.
- 7/25/17:** Signed a two-year contract extension through 2019.
- 10/5/16:** Placed on Reserve/Injured with a toe injury.
- 5/7/15:** Signed with Dallas as a rookie free agent.

2024 (Buffalo):

- Went to training camp with the Bills but was released at the cutdown date.

2023 (Cincinnati/Dallas):

- Started the year on the Reserve/PUP list as he continued to rehab his torn ACL from the previous season, but was released by the Bengals in Week 2.
- Signed to Dallas' practice squad at the end of the regular season, providing depth to the Cowboys offensive front, but was released following the postseason.

2022 (Cincinnati):

- Started 15 games at right tackle for Cincinnati before suffering a knee injury at New England (12/24) that forced him to miss the remainder of the season.
- Blocked for Joe Burrow, who set Bengals single-season team records for completions (414) and passing touchdowns (35).

2021:

- Played in 12 games with 10 starts at right tackle, helping Dallas lead the NFL in total offense (407.0 yards-per-game).
- Missed the first five games after being placed on the Reserve/Suspended list prior to the regular season.

2020:

- Placed on Reserve/Injured with a groin injury suffered prior to the start of training camp and missed the entire season rehabbing the injury.

2019:

- Started all 15 games he played, missing one with a knee injury, helping the club rack up the most single-season total yards (6,904) and total first downs (379) and the second-most passing yards (4,751) in franchise history. Behind the line's work, Dallas led the league in total yards, tied for second in third down conversion rate (47.1), placed second in net passing yards (4,751) tied for fourth in first downs and was fifth in rushing yards (2,153).
- Part of a line that yielded just 23.0 sacks - second-fewest in the league.

2018:

- Started all 16 games for the second time and second consecutive season, helping block for Elliott's second rushing crown (1,434 yards).
- In the win over Philadelphia (12/9), helped block for a 400-yard passer (Prescott-455) a 200-yard receiver (Amari Cooper-217) and a 100-yard rusher (Elliott-113) for the first time in club history. The team also had a franchise-best 43:43 time of possession and 32 first downs.
- Made his postseason debut in the Wild Card win over Seattle (1/5/19), helping Elliott rush for 137 yards and a touchdown on 27 carries (5.3).

2017:

- Started all 16 games for the first time in his career, making the switch from guard to right tackle and helped the team top 2,000 rushing yards for the 27th time and in consecutive seasons for the first time since 1998-99.
- Made his first professional start at tackle, manning the right side, in the opener against the N.Y. Giants (9/10) and helped block for Elliott's 104 yards.
- At San Francisco (10/22) the offense totaled 501 yards, for the 20th 500-yard game in team history.

2016:

- Was limited to three starts in three games played after suffering a toe injury in Week 3 that required surgery and landed him on Reserve/Injured.
- Did not yield a sack in the season opener against the N.Y. Giants (9/11) as Prescott became the fourth Cowboys rookie to start a season at quarterback. Also blocked for Elliott, who became the fourth rookie running back to start the opener for the club.
- Played the first half of the win against Chicago (9/25) before a toe injury forced him from the game. Blocked for 135 rushing yards and three first half scores before the injury.
- Inactive/Injured (toe) at San Francisco (10/2) then placed on Reserve/Injured for the injury on Oct. 5.

2015:

- Played in 12 games with 11 starts as a rookie free agent, helping McFadden to his second career 1,000-yard season, including five games with 100-or-more yards - second in his career.
- Made his NFL debut rotating series at left guard with Mackenzy Bernadeau as Ronald Leary (groin) was sidelined for the win at Philadelphia (9/20).

La'el Collins, cont.

- Made his first career NFL start with Leary (groin) sidelined against Atlanta (9/27), and helped Dallas average 6.0 yards-per-carry (21 for 127) with four touchdowns - the most since four at Arizona (11/15/98).
- Took over the starting spot in place of Leary at the N.Y. Giants (10/25) and helped the offense rush for 233 yards with one touchdown on 41 carries (5.7) as the unit racked up 460 total yards.

COLLEGE:

- One of the top offensive linemen in LSU history, capping off his career with the Jacobs Blocking Trophy as the top offensive lineman in the SEC as voted by league coaches.
- Three-year starter at left guard (sophomore) then left tackle (junior and senior).
- Played in 45 games with 38 starts through his collegiate career.
- Was a 2014 USA Today and AP second-team All-America pick and first-team All-SEC by coaches and AP.
- Started all 13 games at left tackle for LSU as a senior and was the recipient of the Charles McClendon Award.
- Started 12 games at left tackle as a junior after playing guard the previous two seasons.
- As a sophomore, started all 13 games at left guard and was an honorable mention All-SEC pick.
- Played in seven games as a reserve offensive lineman as a freshman.

PERSONAL:

- One of the top offensive tackles in the nation out of Redemptorist High School in Baton Rouge, La.
- Was a 2011 Parade first-team All-America and a five-star prospect by every major recruiting source.
- Named to the Louisiana 3A all-state team in each of his final three prep seasons.
- Majored in sports administration at LSU.

COMMUNITY:

- 2015 Rookie Club presented by UnitedHealthcare.
- 2015-19 Dallas Cowboys U High School Camp.
- 2015 Early Thanksgiving Day meal at The Salvation Army.
- WrestleMania 32 week community event at Dave & Buster's for Make-a-Wish.
- 2016, 2018 Dirk Nowitzki Heroes Celebrity Baseball Game.
- 2017 Dallas Cowboys Draft Day/Fan Appreciation Party.
- 2017-18 Taste of The Cowboys benefiting North Texas Food Bank.
- 2017 The Salvation Army Disaster Relief Telethon for Hurricane Harvey.
- 2017 Thanksgiving Military Family Surprise presented by Ford.
- 2019 NFL My Cause My Cleats Campaign.
- Annual Team Holiday Hospital Visits.
- Kick Off Luncheon and Dallas Cowboys Family Cookbook benefiting Happy Hill Farm.
- Make-A-Wish Foundation of North Texas.
- Salvation Army Angel Tree Christmas Program.

COLLINS' NFL TOTALS

GAMES/STARTS (regular season, playoffs): 2015 (12/11-Dal); 2016 (3/3-Dal); 2017 (16/16-Dal); 2018 (16/16-Dal); 2019 (15/15-Dal); 2020 (0/0-IR); 2021 (12/10-Dal); 2022 (15/15-Cin); 2023 (0/0). **Totals (89/86, 3/3).**



PRO: The Dallas Cowboys added a depth piece to their defensive line when they signed James Houston at the start of training camp. Houston, originally drafted in the sixth round (217th overall) by Detroit in the 2022 NFL Draft, has played in 20 career games with three career starts, totaling 18 tackles, 9.0 sacks, eight tackles for loss, a forced fumble and a fumble recovery through three NFL seasons. Houston's most productive season came in his rookie campaign as he tallied 10 tackles, seven tackles for loss and 8.0 sacks. He joins Dallas hoping to find similar production in new defensive coordinator Matt Eberflus' scheme.

TRANSACTION SUMMARY:

- 7/22/25:** Signed with Dallas as a free agent.
- 11/26/24:** Waived by Detroit and claimed by Cleveland (11/27).
- 4/15/24:** Signed a one-year contract with Detroit.
- 9/19/23:** Placed on Reserve/Injured with an ankle injury and activated (1/18/24).
- 8/30/22:** Released by Detroit, signed to Detroit's practice squad (8/31) and activated (11/28).
- 4/30/22:** Drafted in the sixth round (217th overall) by Detroit.

2024 (Detroit/Cleveland):

- Played in eight games, recording seven tackles and a sack before being waived in November.
- Claimed off waivers by Cleveland and saw action in three games.

2023 (Detroit):

- Appeared in two games with one start before being placed on Reserve/Injured after fracturing his ankle against Seattle (9/17).
- Activated from Reserve/Injured for the postseason and played in the NFC Championship at San Francisco (1/28/24).

2022 (Detroit):

- Attended training camp with Detroit before being released at the roster cutdown date and signing to Detroit's practice squad.
- Signed to the active roster in Week 13 where he remained the rest of the season.
- Saw action in seven games with two starts, totaling 10 tackles, seven tackles for loss and 8.0 sacks for 58 yards in his rookie season.
- Made his NFL debut against Buffalo (11/24) as a practice squad elevation, posting two tackles, a fumble recovery and 2.0 sacks, his first career sacks in the NFL.
- Started his first career game against Chicago (1/1/23), tallying one tackle.

James Houston, cont.

COLLEGE:

- Transferred from Florida to Jackson State in 2021, switching his position from linebacker to defensive end and tallied 70 tackles, 24.5 tackles for loss (tied for second in FCS), 16.5 sacks (tied for second), seven forced fumbles (first), two fumble recoveries, one interception and two touchdowns. Named first team All-SWAC, STATS FCS All-American and FCS Coaches All-American.
- Appeared in 35 games through three seasons at Florida, amassing 103 tackles, 11.5 tackles for loss, 4.5 sacks, four forced fumbles and a blocked punt.
- In 2020 as junior, played in nine games, posting 37 tackles, 3.5 tackles for loss, a sack and a forced fumble.
- Saw action in all 13 games as a sophomore in 2019, recording 38 tackles, six tackles for loss, 3.5 sacks and a forced fumble.
- In 2018 appeared in all 13 games, totaling 28 tackles, two tackles for loss, two forced fumbles and a blocked punt as a redshirt freshman.
- Redshirted his freshman season after serving a season-long suspension in 2017.

PERSONAL:

- Attended American Heritage High School in Plantation, Fla., totaling 37 tackles, a sack, an interception and a forced fumble as a junior in 2015. Missed his senior season with an ACL injury.
- His high school coach was Patrick Surtain Sr.
- Also lettered in basketball.
- Graduated from Florida with a bachelor's degree in education sciences.

HOUSTON'S NFL TOTALS

		DEFENSE									INTERCEPTIONS					FUMBLES REC				
Year	Team	GP-GS	ST	AT	TT	Sks-Yds	Tkl/Ls	QB Prs	PBU	FF	No	Yds	Avg	Lg	TD	No	Yds	Avg	Lg	TD
2022	Detroit	7-2	10	0	– 10	8.0(58)	7(0)	0	0	1	0	0	0.0	0	0	1	0	0.0	0	0
2023	Detroit	2-1	1	0	– 1	0.0(0)	0(0)	0	0	0	0	0	0.0	0	0	0	0	0.0	0	0
2024	Detroit	8-0	4	3	– 7	1.0(5)	1(0)	0	0	0	0	0	0.0	0	0	0	0	0.0	0	0
	Cleveland	3-0	0	0	– 0	0.0(0)	0(0)	0	0	0	0	0	0.0	0	0	0	0	0.0	0	0
Totals			15	3	– 18	9.0(63)	8(0)	0	0	1	0	0	0.0	0	0	1	0	0.0	0	0
Playoffs																				
2023	Detroit	1-0	0	0	– 0	0.0(0)	0(0)	0	0	0	0	0	0.0	0	0	0	0	0.0	0	0
Totals			0	0	– 0	0.0(0)	0(0)	0	0	0	0	0	0.0	0	0	0	0	0.0	0	0



PRO: The Dallas Cowboys signed Christian Matthew during training camp, adding depth to its recovering cornerback room. Matthew, originally selected in the seventh round (244th overall) by Arizona in the 2022 NFL Draft, has seen action in 20 career games with three starts, tallying 18 tackles in his three NFL seasons. Matthew joins Dallas looking to find a role in the Cowboys secondary.

TRANSACTION SUMMARY:

- 7/29/25:** Signed with Dallas as a free agent.
- 8/27/24:** Placed on Reserve/Injured with an undisclosed injury.
- 1/29/24:** Signed with Baltimore.
- 1/15/24:** Released by Chicago and signed to Baltimore's practice squad (1/16).
- 10/2/23:** Released by Arizona and signed to Chicago's practice squad (10/4).
- 8/31/22:** Released by Arizona and re-signed (9/2).
- 4/30/22:** Drafted in the seventh round (244th overall) by Arizona.

2024 (Chicago/Baltimore):

- Released by Chicago in January, signed to Baltimore's practice squad and later signed a one-year contract with Baltimore.
- Attended training camp with Baltimore before missing the 2024 season due to an undisclosed injury.

2023 (Arizona/Chicago):

- Saw action in the first four games of the season with Arizona before being released in October and signed to Chicago's practice squad.
- Played in two games for Chicago as a practice squad elevation.

2022 (Arizona):

- Attended training camp with Arizona before being released at the roster cutdown date and re-signed in September.
- Appeared in 14 games with three starts, totaling 18 tackles in his rookie campaign.
- Made his NFL debut against Kansas City (9/11), tallying one tackle.
- Started his first NFL game at Denver (12/18), recording five tackles.

COLLEGE:

- Transferred to Valdosta State as graduate transfer in 2021, recording 37 tackles, a half sack, an interception and one touchdown in 14 games played.
- In 2019 played 11 games, posting 22 tackles and two tackles for loss.
- Saw action in eight games as a junior in 2018, tallying seven tackles.
- Transferred to Samford from Georgia Southern in 2018, amassing 29 tackles and two tackles for loss in 19 games through two seasons.
- Did not see game action in 2017.
- In 2016 appeared in nine games, totaling 19 tackles and one interception.
- Redshirted his true freshman season in 2015.

PERSONAL:

- Attended Chattahoochee High School in Johns Creek, Ga., accumulating 29 grabs for 629 yards and 64 tackles and four interceptions on his way to second-team all-state and first-team All-Bi-City as a senior in 2014.
- Graduated from Samford with a degree in public administration.

MATTHEW'S NFL TOTALS

		DEFENSE								INTERCEPTIONS					FUMBLES REC						
Year	Team	GP-GS	ST	AT	TT	Sks-Yds	Tkl/Ls	QB	Prs	PBU	FF	No	Yds	Avg	Lg	TD	No	Yds	Avg	Lg	TD
2022	Arizona	14-3	11	7	-	18	0.0(0)	0(0)	0	0	0	0	0	0.0	0	0	0	0	0.0	0	0
2023	Arizona	4-0	0	0	-	0	0.0(0)	0(0)	0	0	0	0	0	0.0	0	0	0	0	0.0	0	0
	Chicago	2-0	0	0	-	0	0.0(0)	0(0)	0	0	0	0	0	0.0	0	0	0	0	0.0	0	0
Totals		20-3	11	7	-	18	0.0(0)	0(0)	0	0	0	0	0	0.0	0	0	0	0	0.0	0	0



PRO: The Dallas Cowboys signed Robert Rochell prior to training camp, adding depth to its recovering cornerback room. Rochell, originally selected in the fourth round (130th overall) by the Los Angeles Rams in the 2021 NFL Draft, has seen action in 48 career games with five starts, totaling 15 tackles, one interception and a fumble recovery in his four NFL seasons. Rochell joins Dallas looking to find a role in the Cowboys secondary.

TRANSACTION SUMMARY:

- 6/18/25:** Signed with Dallas as a free agent.
- 3/27/25:** Signed a one-year contract with Kansas City and released (5/6).
- 10/7/24:** Released by Green Bay, signed to Green Bay's practice squad (10/10) and activated (11/16).
- 3/19/24:** Re-signed with Green Bay on a one-year contract, released (8/27), signed to Green Bay's practice squad (8/28) and activated (10/5).
- 10/25/23:** Signed to Green Bay's active roster.
- 9/19/23:** Waived by Seattle and signed to Carolina's practice squad (9/20).
- 8/29/23:** Released and signed to Seattle's practice squad (9/1).
- 12/11/21:** Placed on Reserve/Injured with a rib injury.
- 4/30/21:** Drafted in the fourth round (130th overall) by the Los Angeles Rams.

2024 (Green Bay):

- Attended training camp before being released at the roster cutdown date and signed to the Packers practice squad.
- Activated from the practice squad midway through the season, appearing in 11 games and posting one fumble recovery.
- Played in the Wild Card game at Philadelphia (1/12/25).

2023 (LA Rams/Seattle/Green Bay):

- Attended training camp with the Los Angeles Rams before being released at the roster cutdown date and signed to Seattle's practice squad.
- Released by Seattle in September and signed to Carolina's practice squad before Green Bay signed him to its active roster.
- Played in nine games for the Packers and appeared in the Wild Card game at Dallas (1/14/24) and the Divisional Playoff Game at San Francisco (1/20/24).

2022 (LA Rams):

- Returned from injury to appear in all 17 games, tallying one tackle and one fumble recovery.

2021 (LA Rams):

- Saw action in 11 games with five starts, totaling 14 tackles, one interception and a fumble recovery in his rookie campaign.
- Made his NFL debut against Chicago (9/12), recording one tackle.
- Nabbed his first NFL interception at the New York Giants (10/17).
- Placed on Reserve/Injured in Week 14 with a rib injury.

COLLEGE:

- Amassed 92 tackles, 4.5 tackles for loss, 10 interceptions, three forced fumbles and three fumble recoveries in 39 career games through four seasons at Central Arkansas.
- Saw action in seven games during the COVID-19 shortened 2020 season, tallying 27 tackles, one tackle for loss, a forced fumble, a fumble recovery and a touchdown.
- In 2019 as a junior, played all 13 games, registering 44 tackles, 2.5 tackles for loss, a team-high five interceptions and a fumble recovery. Named an AFCS first team All-American and a STATS FCS second team All-American.
- Played in all 11 games with eight starts as a sophomore in 2018, posting 13 tackles, a tackle for loss, a team-high four interceptions and a forced fumble.
- In 2017 appeared in 11 games with three starts, recording eight tackles, an interception, seven passes defended, a forced fumble and a fumble recovery.
- Redshirted his true freshman season in 2016.

PERSONAL:

- Attended Fair Park High School in Shreveport, La., totaling 922 rushing yards on 93 carries and 465 receiving yards on 25 grabs as a senior in 2015. Named to the 2015 All-District and All-Shreveport teams.
- Ranked third-best 100-meter sprinter in Louisiana with a time of 10.8 seconds.

ROCHELL'S NFL TOTALS

		DEFENSE									INTERCEPTIONS					FUMBLES REC				
Year Team	GP-GS	ST	AT	TT	Sks-Yds	Tkl/Ls	QB Prs	PBU	FF	No	Yds	Avg	Lg	TD	No	Yds	Avg	Lg	TD	
2021 LA Rams.....	11-5	11	3	–	14	0.0(0)	0(0)	0	0	0	1	1	0.0	1	0	1	0	0.0	0	0
2022 LA Rams.....	17-0	1	0	–	1	0.0(0)	0(0)	0	0	0	0	0	0.0	0	0	0	0	0.0	0	0
2023 Green Bay	9-0	0	0	–	0	0.0(0)	0(0)	0	0	0	0	0	0.0	0	0	0	0	0.0	0	0
2024 Green Bay	11-0	0	0	–	0	0.0(0)	0(0)	0	0	0	0	0	0.0	0	0	0	0	0.0	0	0
Totals	48-5	12	3	–	15	0.0(0)	0(0)	0	0	0	1	1	0.0	1	0	1	0	0.0	0	0
Playoffs																				
2023 Green Bay	2-0	0	0	–	0	0.0(0)	0(0)	0	0	0	0	0	0.0	0	0	0	0	0.0	0	0
2024 Green Bay	1-0	0	0	–	0	0.0(0)	0(0)	0	0	0	0	0	0.0	0	0	0	0	0.0	0	0
Totals	3-0	0	0	–	0	0.0(0)	0(0)	0	0	0	0	0	0.0	0	0	0	0	0.0	0	0



PRO: The Dallas Cowboys signed Perrion Winfrey prior to training camp, adding depth to the defensive line. Winfrey, originally drafted in the fourth round (108th overall) by Cleveland in the 2022 NFL Draft, appeared in 14 career games and recorded 29 tackles, a tackle for loss and a half sack in his two NFL seasons. He returns to the NFL after a notable 2025 UFL season, totaling 33 tackles, two tackles for loss, 2.0 sacks, four pass breakups and a forced fumble in 11 games and seven starts on his way to an All-UFL team selection.

TRANSACTION SUMMARY:

- 6/20/25:** Signed with Dallas as a free agent.
7/19/23: Waived by Cleveland and signed to the New York Jets practice squad (11/7).
4/30/22: Drafted in the fourth round (108th overall) by Cleveland.

2025 (UFL):

- Saw action in all 10 regular season games with six starts, registering 29 tackles, two tackles for loss, a sack, four pass breakups and a forced fumble.
- Started the USFL Conference Championship game, tallying four tackles and a sack.
- Named to the 2025 All-UFL team.

2024:

- Out of football.

2023 (Cleveland/NY Jets):

- Spent the offseason with Cleveland before being released prior to training camp.
- Signed to the New York Jets practice squad in November.
- Played at Atlanta (12/3) as a practice squad elevation, registering three tackles.

2022 (Cleveland):

- Appeared in 13 games, amassing 22 tackles, one tackle for loss and a half sack in his rookie season.
- Made his NFL debut at Carolina (9/11).

COLLEGE:

- After starting his career at Iowa Western Community College, transferred to Oklahoma in 2020, amassing 42 tackles, 17 tackles for loss, 6.0 sacks, one forced fumble and three pass breakups through 23 games with 20 starts en route to two consecutive All-Big 12 second team selections.
- In 2021 started all 12 games, tallying 23 tackles, 11 tackles for loss, 5.5 sacks and one forced fumble.
- Rated the No. 1 junior college prospect by ESPN and 247Sports, recording 55 tackles, 23 tackles for loss, 9.5 sacks and a forced fumble in his two seasons (2019-20) at Iowa Western.

PERSONAL:

- Attended Lake Park High School in Roselle, Ill.
- Majored in communications at Oklahoma.

WINFREY'S NFL TOTALS

		DEFENSE									INTERCEPTIONS					FUMBLES REC				
Year Team	GP-GS	ST	AT	TT	Sks-Yds	Tkl/Ls	QB Prs	PBU	FF	No	Yds	Avg	Lg	TD	No	Yds	Avg	Lg	TD	
2022 Cleveland	13-0	8	14	-	26	0.5 (1)	1(0)	0	0	0	0	0.0	0	0	0	0	0.0	0	0	
2023 New York Jets.....	1-0	1	2	-	3	0.0(0)	0(0)	0	0	0	0	0.0	0	0	0	0	0.0	0	0	
Totals	14-0	9	16	-	29	0.5(1)	1(0)	0	0	0	0	0.0	0	0	0	0	0.0	0	0	