

NEWS RELEASE

ONE COWBOYS WAY 🛧 FRISCO. TEXAS 75034 🛧 P:972.497.4959 ★ WWW.DALLASCOWBOYS.COM

Preseason Game #1

Dallas Cowboys at Los Angeles Rams SUNDAY, AUGUST 11, 2024

SoFi Stadium - Los Angeles, Calif. - 3:25 p.m. (CDT)

COWBOYS AT CAMP

The Dallas Cowboys opened training camp on July 25 at the Residence Inn at River Ridge in Oxnard, Calif. The main phone number for the Cowboys Public Relations office, 972-497-4959, has been forwarded to camp.



QUICK FACTS:

Dallas Cowboys (0-0) at Los Angeles Rams (0-0)



Preseason Series Record:

LA Rams lead the series 12-16

Last Preseason Meeting:

Dallas 14, @ LA Rams 10 (Honolulu), Aug. 17, 2019

Regular Season Series Record: Dallas leads series 20-18

Last Regular Season Meeting: @ Dallas 43, LA Rams 20, Oct. 29, 2023

PRESEASON NOTABLES

A win would mark the first time Dallas opened up the preseason with a victory since 2017 against Arizona (8/3) at the Hall of Fame Game in Canton, Ohio.

Overall Preseason Record: 138-153-2

SoFi Stadium Preseason Record: 1-0 (Dallas 32-18 win in 2022).

Mike McCarthy Overall Preseason Record: 31-31

THIS WEEK'S SCHEDULE

Tues., Aug. 6	
10:15 a.m.	Coach McCarthy press conference
11:00 a.m.	Practice
1:20 p.m.	Players available
Wed., Aug. 7	
10:00 a.m.	Mock Game
11:30 a.m.	Players available
12:00 p.m.	Asst. Coach availability
Thurs., Aug. 8	
1:00 p.m.	Coach McCarthy press conference
2:00 p.m.	Practice with LA Rams
4:00 p.m.	Players available
Fri., Aug. 9	
10:15 a.m.	Coach McCarthy press conference
11:00 a.m.	Practice
1:30 p.m.	Players available
Sat., Aug. 10	
	No availability
Sun., Aug. 11	
1:25 p.m.	Kickoff at Los Angeles Rams

all times PDT unless specified

PUBLIC RELATIONS CONTACTS

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DALLAS COWBOYS OMG

The Dallas Cowboys website can be found at www.NFLOMG.com. Please follow the link and click on the Cowboys logo to access the team's page.

The Cowboys site contains the complete 2024 Media Guide, all weekly game notes and packets, player bios and rosters, Cowboys staff information and bios, weekly flip cards, a game tracker, all team and individual records and statistics, historical information, daily press releases and much more.

username: cowbovsquest password: cowboys2024

COWBOYS PR ON TWITTER

The official Twitter account of the Dallas Cowboys Public Relations team (@DallasCowboysPR) will provide pertinent stats, information, transactions, game updates and more throughout the week and on gameday. Follow us for the most up-to-date info related to the Cowboys organization.

RADIO & TELEVISION

TELEVISION KTVT CBS 11

Play-by-Play: Bill Jones Analyst: Isaiah Stanback Sideline Reporter: Kyle Youmans

TELEVISA (Spanish)

Play-by-Play: Alfredo Tame Analyst: Ramón Aranza Sideline Reporter: Daniel Schvartzman

TELEMUNDO 39 (Spanish)

Play-by-Play: Victor Villalba **Analyst:** Luis Perez

RADIO

KRLD-FM - 105.3 The Fan

Play-by-Play: Brad Sham Analyst: Babe Laufenberg

Sideline Reporter: Kristi Scales

KMVK-FM 107.5 La Grande (Spanish)

Play-by-Play: Victor Villalba Analyst: Luis Perez

Compass Media Networks (National)

Play-by-Play: Kevin Ray Analyst: Steve Beuerlein

★ Cowboys Summer Training Camp ★



The Dallas Cowboys returned to Oxnard, California to open their 65th training camp in 2024 at the Residence Inn at River Ridge. The 2024 camp, presented by American Airlines, marks the 45th year that the team has prepped for the upcoming season in California and the 18th time that the Cowboys have spent all, or a portion of, its camp at the Oxnard location. Dallas came back to the west coast permanently in 2012 after training in the Alamodome in San Antonio prior to the 2011 season.

The Cowboys are one-of-eight teams who will spend camp away from their home facilities - Buffalo, Indianapolis, Kansas City, Las Vegas, LA Rams, New Orleans and Pittsburgh. Excluding 2020, the 24 clubs (75 percent) that are opting to "stay home" are the fourth-most such teams since 2000. Teams considered to be "staying home" hold camp at their respective practice facility, home stadium or at a site within 10 miles of their team headquarters. In 2000, only 10 of 31 (32 percent) teams stayed close to home.

Training camp in Oxnard will conclude on Thursday, Aug. 22, as the team will return to Texas and wrap up the final portion of Cowboys training camp at Ford Center at The Star in Frisco, Texas, with selected practices open to the public.

★ Training Camp History ★

June 3, 1960 – The newly formed Dallas Cowboys franchise announced that it will train at Pacific University in Forest Grove, Oregon. Rookies reported on July 9.

May 24, 1961 – Due to its proximity to their first exhibition game against Minnesota in Minneapolis, the Dallas Cowboys moved training camp to St. Olaf College in Northfield, Minn. Camp opened on July 9.

June 8, 1962 – The Dallas Cowboys moved their training camp site to the campus of Northern Michigan College on the shores of Lake Superior in Marguette, Mich. Rookies reported on July 13.

July 12, 1963 – Because the team played three of its first four preseason games on the west coast, the Dallas Cowboys moved training camp to California Lutheran College in Thousand Oaks, Calif. This camp, which was the first of 27 at CLC, opened on July 12.

Dec. 6, 1989 – For the first time in the 30-year history of the team, the Dallas Cowboys trained in Texas as the club announced its 1990 training camp would be held at St. Edward's University in Austin, Texas. This camp, the first of eight at St. Ed's, opened on July 22.

Feb. 17, 1998 – The Cowboys began a four-year stay at Midwestern State University in Wichita Falls, Texas, with their 1998 camp. The first camp at Midwestern State University opened on July 16. In 2001, the Cowboys split camp between Midwestern State and the Residence Inn in Oxnard, Calif., spending two weeks at each location.

May 17, 2002 – The Cowboys continued their commitment to fans in the state of Texas by announcing the 2002 training camp will take place at the Alamodome in San Antonio, Texas. The camp, which ran for four weeks, opened on July 26. The Cowboys returned to the Alamodome again in 2003.

Oct. 24, 2003 – The Cowboys announced a return to California for training camp. For the 2004-06 seasons, the Cowboys conducted their entire training camp in Oxnard, Calif., at the Residence Inn at River Ridge, using practice fields provided by The City of Oxnard. The Cowboys opened their first returned camp on July 30, 2004.

May 4, 2006 – The Dallas Cowboys announced a five-year commitment to once again call the City of San Antonio its summer home beginning in 2007. The Alamodome, which played host to Cowboys training camps in 2002 and 2003 was again the site for the team's summer practice sessions.

Summer, 2010 – The Dallas Cowboys held a split camp, spending the first portion in the Alamodome in San Antonio and the second at the Residence Inn at River Ridge in Oxnard.

July, 2012 – The Dallas Cowboys returned to Oxnard, California for all of training camp at the Residence Inn at River Ridge after spending the 2011 training camp in San Antonio at the Alamodome.

August, 2017 – After spending the first four weeks of training camp in Oxnard, California, the Dallas Cowboys returned home to hold their first ever training camp practices at their new practice facility at The Star in Frisco. Six training camp practices were held inside Ford Center and open to the public.

August, 2020 - For the first time in franchise history, the Cowboys spent all of training camp at The Star in Frisco due to COVID-19 restrictions.

July, 2021 - The Cowboys return to Oxnard, California for training camp after spending 2020 training camp in Frisco.



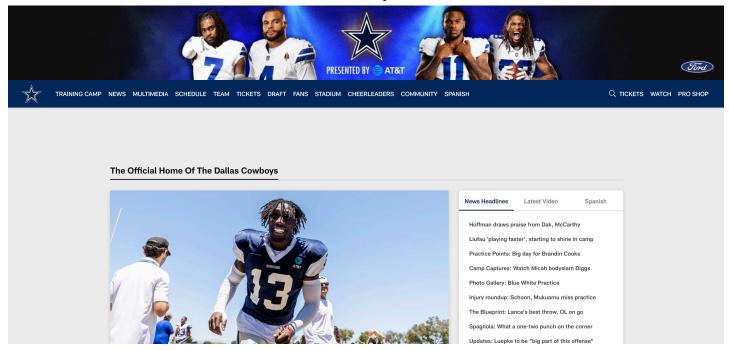


Home games in **BOLD**. *Select prime time games subject to change.

All Dallas Cowboys games can be heard locally in English (105.3 FM The Fan) and Spanish (La Grande 107.5 FM) and across the southwest on the Dallas Cowboys Radio Network.

DALLAS COWBOYS DIGITAL

DallasCowboys.com



The Dallas Cowboys official website offers the best collection of timely articles, press conferences and videos, combined with the best spot to purchase tickets and order merchandise from the Cowboys Pro Shop. From the latest news to the latest apparel, there is no better place to visit than DallasCowboys.com.

Daily Podcasts

Talkin' Cowboys – True to its name, the "Talkin' Cowboys" podcast delivers knowledgeable, entertaining coverage of America's Team. This lineup has a blend of experience, youth and a former NFL player. Host Kyle Youmans is joined by Nick Harris, Josh Rodriguez and former Cowboys draft pick Isaiah Stanback for a daily dose of Cowboys coverage.

Cowboys Break - This daily show is serious about the Cowboys, without taking themselves too serious in the process. This one-hour podcast enters its 19th season, hosted by Derek Eagleton, along with Ambar Garcia, Patrik Walker and former NFL scout Bryan Broaddus. The crew discusses the current state of the team, giving analysis on the day-to-day events with a mix of historical perspective.

Hangin' with the Boys - If you're looking for some guys that enjoy talking about Cowboys football but also enjoy giving each other a hard time and having fun, then this is the show for you. Join host Shannon Gross, along with six-time Pro Bowler Nate Newton, former Cowboys receiver Jesse Holley and Kurt Daniels as they aren't afraid to get off-topic from time to time. And you never know who might be calling into the show.

Cowboys StoryLine – The newest daily podcast has a unique format that focuses on the fan perspective. Longtime beat writer Nick Eatman runs the point solo with a new show that takes phone calls and text messages from the fans to get their viewpoint on the team, mixing in a few historical stories along the way.

Mick Shots - You can't find more experience on one show than this one, featuring Mickey Spagnola, who has covered the Cowboys since the 1980s. One of the players on the team back then - Everson Walls - has plenty of stories to tell and they're joined by longtime DFW media personality Bill Jones.

Players' Lounge – They joined the Cowboys together in 2010. Both undrafted and both playing safety. So why wouldn't Barry Church and Danny McCray have their own podcast? The two dissect the game like no other and have veteran media personality Newy Scruggs guiding the way and Hek'ma Harrison providing his insight as well.

Girls Talk, 'Boys Talk - One of the newest daily podcasts, GTBT covers the Cowboys like never seen before. A lineup of all females, this crew gives their opinions of the team, from anything to formations and alignments to stories from the locker room and the sidelines. A team of Nicole Hutchison, Kristi Scales, Iisha Morrison, Jess Navarez and other special guests throughout the season will break down the Cowboys from every angle.

Dallas Cowboys on Social Media











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MIKE McCARTHY

Head Coach

Baker University Head Coach: 18th Year • NFL: 31st Year • Cowboys: 5th Year



WINNING HEAD COACH

The Dallas Cowboys named Mike McCarthy the ninth head coach in franchise history on Jan. 5, 2020. Along with 13 years of head coaching experience and 13 additional years as an assistant coach in the NFL, McCarthy came to Dallas with a 125-77-2 regular season coaching record - all with the Green Bay Packers

After a 42-25 record in four seasons with Dallas, he owns the fifth-most wins (18th all-time) and ninth-highest winning percentage (.620) among qualifying active NFL coaches. His teams have qualified for the postseason 12 times, won six NFC North Division titles and two NFC East titles, made four NFC Championship Game appearances and took home a Super Bowl XLV championship.

Most Regular Season Wins by Active Head Coach

Coach	Years	Won	Loss	Tied	Pct
Bill Belichick	1991-2023	302	165	0	.647
Andy Reid	1999-2023	258	144	1	.641
Mike Tomlin	2007-2023	173	100	2	.633
Pete Carroll	1994-2023	170	120	1	.586
Mike McCarthy	2006-2023	167	102	2	.620
Sean Payton	2006-2023	160	98	0	.620
John Harbaugh	2008-2023	160	99	0	.618

\star 2024 Assistant Coaches \star	
Brian Schottenheimer	cs ol nt ip st rs ol ol ne cs
Mike Zimmer Defensive Coordinate Greg Ellis Asst. Defensive Line/Quality Control Cristian Garcia Asst. Defensive Backs/Quality Control Paul Guenther Defensive Run Game Coordinate Al Harris Asst. Head Coach/Defensive Back Cannon Matthews Safetie Scott McCurley Linebacke Darian Thompson Asst. Linebackers/Quality Control Jeff Zgonina Defensive Linebacke Linebackers/Cannon Defensive Linebackers	ol or (s es rs
SPECIAL TEAMS John Fassel	
Harold Nash Jr	ng ng rn

TOP OF THE LINE \star

In 2023 Mike McCarthy's Cowboys ranked at the top of the league in several key categories:

10-Play Drives (47)

Points-Per-Game (29.9)

Yards-Per-Game (371.6)

Turnover Differential - T-5th in the NFL

McCARTHY'S RECORD WHEN...

Below is a look at Mike McCarthy's head coaching record under several different circumstances

several dillerent c	il cultistatices.			
Postsea	seasonson	11-11		
October November		44-20 33-37-1	Post	
January		6-4	10-11 1-0	
Playing on the Playing at AT&	eT Stadium e time	68-67 26-8	5-5 6-6 2-2 4-1	
Saturday Sunday Monday		4-1 137-82-2 11-10	3-2 7-9 1-0	
Playing agains	t the NFC Eastt the rest of the NFC t the AFC	114-67-2	5-2 5-9 1-0	
	ss surfaceicial surface		8-7 3-4	
Post Bye Home	э	5-1		
When team sco	30-plus points ores firstds at halftime	117-37-2	7-3 5-2 10-2	

\star McCarthy's head coaching record and coaching experience \star

		Regul	ar S	eason				Postse	eason
Year	Team W	Ľ	Т	Pct.	Result	W	L	Pct.	Result
2006	Green Bay 8	8	0	.500	2nd NFC North				
2007	Green Bay 13	3	0	.813	1st NFC North	1	1	.500	NFC Championship Game
2008	Green Bay 6	10	0	.375	3rd NFC North				
2009	Green Bay11	5	0	.688	2nd NFC North	0	1	.000	Wild Card Game
2010	Green Bay 10	6	0	.625	2nd NFC North	4	0	1.000	Super Bowl XLV
2011	Green Bay 15	1	0	.938	1st NFC North	0	1	.000	Divisional Game
2012	Green Bay11	5	0	.688	1st NFC North	1	1	.500	Divisional Game
2013	Green Bay 8	7	1	.531	1st NFC North	0	1	.000	Wild Card Game
2014	Green Bay 12	4	0	.750	1st NFC North	1	1	.500	NFC Championship Game
2015	Green Bay 10	6	0	.625	2nd NFC North	1	1	.500	Divisional Game
2016	Green Bay 10	6	0	.625	1st NFC North	2	1	.667	NFC Championship Game
2017	Green Bay 7	9	0	.438	3rd NFC North				
2018	Green Bay 4	7	1	.375					
2020	Dallas6	10	0	.375	3rd NFC East				
2021	Dallas12	5	0	.714	1st NFC East	0	1	.000	Wild Card Game
2022	Dallas12	5	0	.714	2nd NFC East	1	1	.500	Divisional Game
2023	Dallas 12	5	0	.714	1st NFC East	0	1	.000	Wild Card Game
Total	ls 167	102	2	.620		11	11	.500	

Year	Position, Team
1987-88	Graduate Assistant, Fort Hays State
1989-91	Graduate Assistant, Pittsburgh
1992	Wide Receivers, Pittsburgh
1993-94	Offensive Quality Control, Kansas City Chiefs
1995-98	Quarterbacks, Kansas City Chiefs
1999	Quarterbacks, Green Bay Packers
2000-04	Offensive Coordinator, New Orleans Saints
2005	Offensive Coordinator, San Francisco 49ers
2006-18	Head Coach, Green Bay Packers
	Head Coach, Dallas Cowboys

Cleveland 0 0.750 Dallas 3 0.625 5 0 Denver 2 2 0 0.500 Detroit 20 0.741 Green Bay 0 0 0.000 Houston 3 0 0.750 Indianapolis 2 0.500 Jacksonville 0 0.500 2 0.500 Kansas City 2 0 0 LA Chargers 0 1.000 0.700 LA Rams Las Vegas 0 0.750 Miami 0 0.600 Minnesota 9 0.667 3 New England 3 0 0.500 New Orleans 0 0.429 N.Y. Giants 11 0 0.786 N.Y. Jets 0.750 Philadelphia 0 0.643 Pittsburgh 0.000 0 0 San Francisco 6 0.667 Seattle 5 0 0.545 Tampa Bay 0 0.429 Tennessee 0 0.500 6 0.538 Washington Totals 167 102 0.620

McCarthy vs. NFL (Reg. Season)

5 0

2

3 0

3 0

0

0

PCT

0.375

0.556

0.500

0.400

0.625

0.731

0.600

W L

5 4 0

19

3 2 0

Team

Arizona

Atlanta

Buffalo

Carolina

Chicago

Cincinnati

Baltimore

\star pro bowl cowboys \star

Ten Dallas Cowboys were named to the 2023 NFL Pro Bowl Games, the most by a Cowboys team since 2007 (13) and the most by a team in 2023. All 10 Pro Bowlers from 2023 return to the Cowboys roster in 2024:

2023 Dallas Cowboys Pro Bowlers

Player	Selection
Zack Martin, G*	Ninth
DeMarcus Lawrence, DE	Fourth
CeeDee Lamb. WR*	Third
Micah Parsons, LB*	Third
Dak Prescott, QB	Third
Bryan Anger, P*	
Brandon Aubrey, K*	
DaRon Bland, CB*	
Jake Ferguson, TE	
Tyler Smith, G	
*indicates starter	

In the Mike McCarthy era, the Cowboys have earned 25 Pro Bowl selections, the most by any team in the past four years. Dallas has either been tied for or received the most Pro Bowl selections in the past two seasons.

Most Pro Bowlers by Season						
2020	2021 - Tied 2nd in NFL	2022 - Tied 1st in NFL	2023 - 1st in NFL			
No Cowboys Pro Bowlers	Tampa Bay - 9	Dallas - 8	Dallas - 10			
	Dallas - 7	Philadelphia - 8	San Francisco - 9			
	Indianapolis - 7	Buffalo - 8	Baltimore - 8			
	Kansas City - 7		Philadelphia - 8			
	San Francisco - 7					

91

Dallas has 91 players on its roster due to Denzel Daxon (Bahamas) qualifying as an international player. Daxon does not count against the 90-man roster and can be signed to the team's 16-man practice squad as a bonus 17th member.

★ McCARTHY IN COWBOYS LORE

Mike McCarthy has led the Cowboys to double-digit wins in three consecutive seasons for the first time since 1991-96. McCarthy has stacked up wins since he arrived in Dallas in 2020, as his .627 winning percentage with Dallas is the highest among any head coach in franchise history:

Career Winning Percentage Coach	- Co	wboys L	Hea T	d Coaches Win%
Mike McCarthy, 2020-23	42	25	0	.627
Barry Switzer, 1994-97	40	24	2	.625
Wade Phillips, 2007-10	34	22	0	.607
Tom Landry, 1960-88	250	162	6	.607
Chan Gailey, 1998-99	18	14	0	.563
Jason Garrett, 2010-19	85	67	0	.559
Jimmy Johnson, 1989-93		36	0	.550
Bill Parcells, 2003-06		30	0	.531
Dave Campo, 2000-02	15	33	0	.313

\star 2024 DRAFT PICKS \star

The Dallas Cowboys had nine total picks in the 2024 NFL Draft. Below is a snapshot of Dallas' 2024 Draft Class:

2024 Draft Choices

RND. (#)	<u>PLAYER</u>	POS.	COLLEGE	
1. (29)	Tyler Guyton	T	Oklahoma	
Choice from	Detroit along with a third	round cho	ice in 2024 for a first	
	round choice ii	n 2024		
2. (56)	Marshawn Kneeland	DE	Western Michigan	
3. (73)	Cooper Beebe	C/G	Kansas State	
Choice from Detroit along with a first round choice in 2024 for a third				
	round choice ii	n 2024		
3. (87)	Marist Liufau	LB	Notre Dame	
5. (174)	Caelen Carson	CB	Wake Forest	
6. (216)	Ryan Flournoy	WR	SE Missouri State	
7. (233)	Nate Thomas	G/T	Louisiana	
7. (244)	Justin Rogers	DT	Auburn	