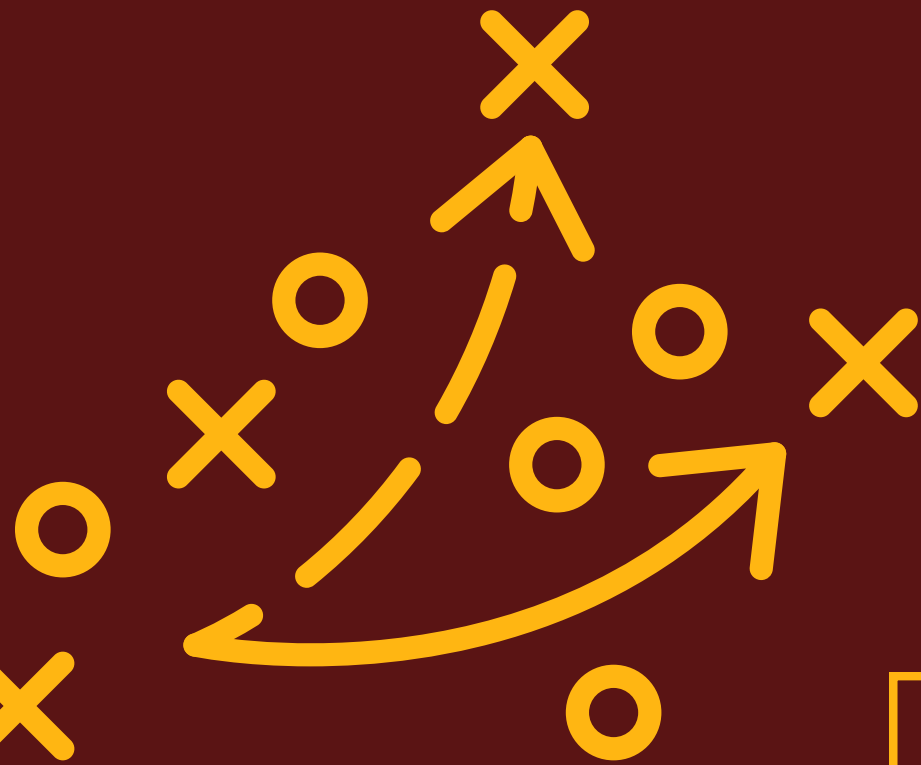
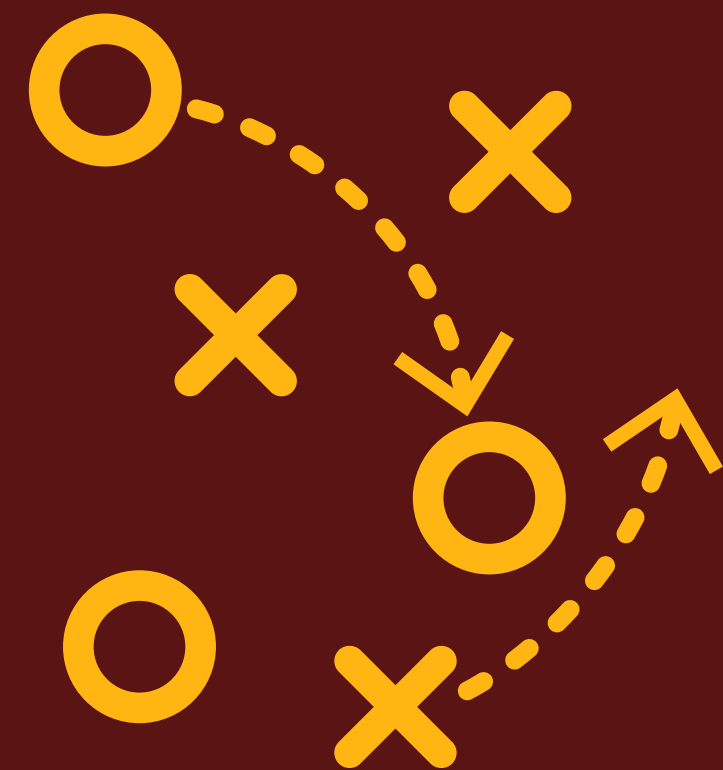




WASHINGTON COMMANDERS

YOUTH  FOOTBALL 

RESOURCE GUIDE



COMMANDERS YOUTH FOOTBALL PROGRAMS



Youth Football



High School Tackle Football



Girls Flag Football

MEET THE COMMANDERS

YOUTH FOOTBALL DEVELOPMENT TEAM



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The Commanders offer a full slate of youth football
Summer Camp Programming throughout the DMV!

YOUTH  FOOTBALL

COMMANDERS CAMPS

FLAGST★R
FOOTBALL

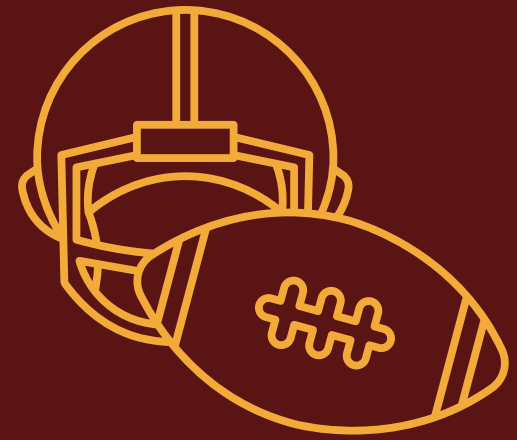
VISIT **COMMANDERSCAMP.COM**
FOR MORE INFO

DONATION REQUESTS

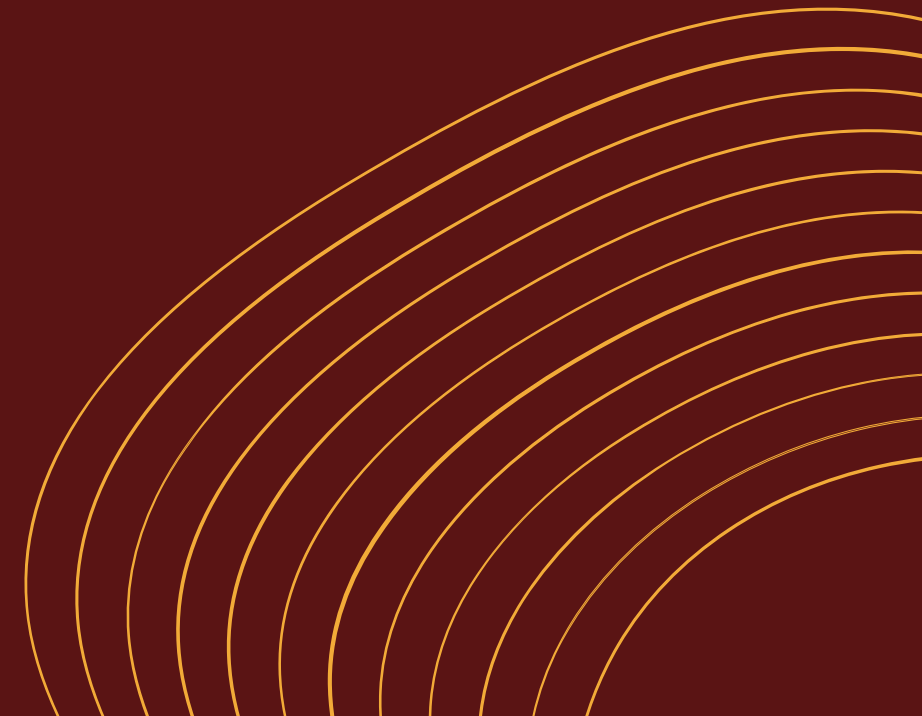


To request donated items such as equipment or signed memorabilia (intended for fundraising purposes) for your school, team, or organization, please complete the "Commanders Youth Football Donation Request" form below.

[Commanders Youth Football Donation Request Form](#)



GRANT & EQUIPMENT SUPPORT





USA FOOTBALL GRANTS



The Exclusive Girls Flag Grant helps organizations start girls-only flag football programs.

Includes:

- Equipment
- Playbooks
- Support from USA Football experts

Reopens spring 2025.

[Learn More](#)

GIRLS FLAG GRANT



USA Football offers two grant cycles each year to support youth football organizations.

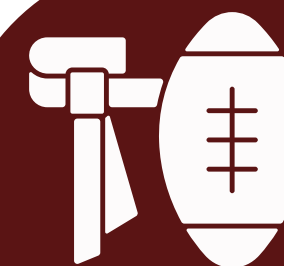
Includes:

- Equipment
- Uniforms and apparel

Eligibility: Youth organizations, middle schools, and high school football programs enrolled with USA Football.

[Learn More](#)

FALL & SPRING GRANTS



USA Football's Flag Equipment Grant is available for youth organizations and middle schools in need of equipment.

Includes:

- USA Football flag belts & footballs

Eligibility: Youth organizations and middle schools enrolled with USA Football

[Learn More](#)

FLAG GRANT

ENROLL & APPLY TODAY



MORE USA FOOTBALL GRANTS



USA Football's AED Grant helps youth organizations secure AEDs for practices and games. The 2025 application opens next spring.

To prepare, collect:

- Emergency Action Plan
- Heat Acclimatization Policy
- Hydration Policy
- Social post link: "Why is your league the heart of the community?"

[Learn More](#)

AED GRANT



USA Football offers CATCH Grants to organizations needing assistance due to hardships.

- Award amounts vary based on circumstances
- Not available for deferred expenses or pre-existing conditions

[Learn More](#)

CATCH GRANT



The NFL Way to Play Awards, fueled by Gatorade, honor football players for proper technique.

- Weekly winners get a USA Football Equipment Grant
- Announced by NFL Legend Michael Robinson on Good Morning Football

[Learn More](#)

See Bottom of Page

NFL WAY TO PLAY AWARDS

ENROLL & APPLY TODAY

LEVELING THE PLAYING FIELD



- Leveling the Playing Field redistributes equipment to expand access and equity within youth sports and recreation programs in need.
- Locate donation bins [here](#)

- Apply for an equipment grant [here](#).



GOOD SPORTS



- Good Sports is dedicated to ensuring equitable access to youth sports by providing brand-new sports equipment, apparel, and footwear to high-need communities.
- Programs and schools interested in applying for equipment donations can find more information and submit their application [here](#).

ALL KIDS PLAY

- All Kids Play provides grants to qualifying families with kids in grades K-12 and not-for-profit community-based recreational sports organizations, helping cover fees for registration, equipment, and other sports-related costs.
- [Apply here](#) to access funding and support youth participation in sports.



RCX SPORTS FOUNDATION



- The RCX Sports Foundation offers a variety of grants designed to support youth leagues, RCX Sports Foundation is a particularly valuable resource for Girls Flag Football programs.
- Grant Information can be found [Here](#)

DICKS FOUNDATION: SPORTS MATTER



- The DICK'S Sporting Goods Foundation provides:
 - Sponsorships
 - Donations
 - Grants
- Click [here](#) to learn more.

NFL GRASSROOTS PROGRAM

- The NFL Foundation Grassroots Program offers financial and technical support to non-profit organizations for enhancing the quality, safety, and accessibility of local football fields, through a partnership between the NFL Foundation and LISC.
- Click [here](#) to learn more.



GRASSROOTS
Field Grant Program in partnership with LISC

COMMANDERS.COM/COMMUNITY/YOUTH-FOOTBALL

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