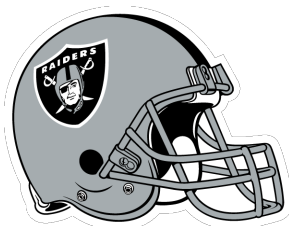


# RAIDERS



# LAS VEGAS RAIDERS (4-7) VS. LOS ANGELES CHARGERS (6-5)



**SUNDAY, DECEMBER 4, 2022 - 1:25 PM - ALLEGiant STADIUM**

Presented by **COX**

NO	NAME	POS
2	Daniel Carlson	K
3	Jarrett Stidham	QB
4	Derek Carr	QB
6	AJ Cole	P
10	Mack Hollins	WR
17	Davante Adams	WR
19	DJ Turner	WR
20	Isaiah Pola-Mao	S
21	Amik Robertson	CB
22	Ameer Abdullah	RB
25	Tre'von Moehrig	S
26	Rock Ya-Sin	CB
27	Sam Webb	CB
28	Josh Jacobs	RB
30	Duron Harmon	S
31	Sidney Jones IV	CB
33	Roderic Teamer	S
34	Brandon Bolden	RB
35	Zamir White	RB
36	Curtis Bolton	LB
37	Tyler Hall	CB
38	Brittain Brown	RB
41	Matthias Farley	S
45	Jakob Johnson	FB
47	Trent Sieg	LS
50	Jayon Brown	LB
51	Malcolm Koonce	DE
52	Denzel Perryman	LB
55	Chandler Jones	DE
58	Darien Butler	LB
59	Luke Masterson	LB
64	Alex Bars	G
66	Dylan Parham	G
67	Lester Cotton Sr.	G
68	Andre James	C
72	Jermaine Eluemunor	G/T
74	Kolton Miller	T
76	John Simpson	G
77	Thayer Munford	T
78	Jackson Barton	T
80	Jesper Horsted	TE
84	Keelan Cole	WR
87	Foster Moreau	TE
88	Jacob Hollister	TE
90	Jerry Tillery	DT
91	Bilal Nichols	DT
92	Neil Farrell Jr.	DT
94	Matthew Butler	DT
95	Kendal Vickers	DT
96	Tashawn Bower	DE
97	Andrew Billings	DT
98	Maxx Crosby	DE
99	Clelin Ferrell	DE
Practice Squad		
12	Albert Wilson	WR
14	Chris Lacy	WR
15	Chase Garbers	QB
18	Malik Turner	WR
23	Nickell Robey-Coleman	CB
32	Austin Walter	RB
40	Jalen Elliott	S
44	Bryce Cosby	CB
46	Ike Brown	CB
54	Reggie Ragland	LB
65	Hroniss Grasu	C
70	Sebastian Gutierrez	T
85	Cole Fotheringham	TE
89	Isaiah Zuber	WR
93	Kyle Peko	DT

# LOS ANGELES CHARGERS

NO	NAME	POS
1	DeAndre Carter	WR
2	Easton Stick	QB
3	Derwin James Jr.	S
4	Chase Daniel	QB
5	Joshua Palmer	WR
7	Gerald Everett	TE
8	Kyle Van Noy	LB
9	Kenneth Murray Jr.	LB
10	Justin Herbert	QB
11	Jason Moore Jr.	WR
13	Keenan Allen	WR
15	Cameron Dicker	K
16	JK Scott	P
20	Sony Michel	RB
22	JT Woods	S
23	Bryce Callahan	CB
24	Nasir Adderley	S
25	Joshua Kelley	RB
26	Asante Samuel Jr.	CB
28	Isaiah Spiller	RB
30	Austin Ekeler	RB
31	Nick Niemann	LB
32	Alohi Gilman	S
33	Deane Leonard	DB
36	Ja'Sir Taylor	DB
40	Zander Horvath	FB
42	Troy Reeder	LB
43	Michael Davis	CB
47	Josh Harris	LS
48	Stone Smartt	TE
49	Drue Tranquill	LB
52	Khalil Mack	OLB
56	Morgan Fox	DL
57	Amen Ogbongbemiga	LB
59	Derrek Tuszka	OLB
63	Corey Linsley	C
64	Brenden Jaimes	G/T
68	Jamaree Salyer	OL
69	Sebastian Joseph-Day	DL
71	Matt Feiler	G
73	Foster Sarell	T
74	Storm Norton	T
76	Will Clapp	C/G
77	Zion Johnson	G
79	Trey Pipkins III	T
81	Mike Williams	WR
82	Richard Rodgers	TE
83	Michael Bandy	WR
88	Tre' McKitty	TE
90	Tyler Davison	DL
92	Joe Gaziano	DL
94	Chris Rumph II	OLB
96	Breiden Fehoko	DL
Practice Squad		
29	Mark Webb Jr.	DB
34	Larry Rountree III	RB
37	Kemon Hall	CB
39	Michael Jacquet	CB
41	Raheem Layne	S
45	Jeremiah Attaochu	OLB
50	David Moa	DL
54	Carlo Kemp	OLB
58	Tyreek Maddox-Williams	LB
75	Austen Pleasants	G/T
78	Zack Bailey	T
80	Joe Reed	WR
84	John Hightower	WR
86	Keelan Doss	WR
87	Hunter Kampmoyer	TE
91	Christopher Hinton	DL

## RAIDERS OFFENSE

<b>WR</b>	17 Davante Adams	84 Keelan Cole	
<b>LT</b>	74 Kolton Miller	78 Jackson Barton	
<b>LG</b>	<u>66 Dylan Parham</u>	76 John Simpson	
<b>C</b>	68 Andre James		
<b>RG</b>	64 Alex Bars	67 Lester Cotton Sr.	
<b>RT</b>	72 Jermaine Eluemunor	<u>77 Thayer Munford</u>	
<b>TE</b>	87 Foster Moreau	80 Jesper Horsted	88 Jacob Hollister
<b>WR</b>	10 Mack Hollins	19 DJ Turner	
<b>QB</b>	4 Derek Carr	3 Jarrett Stidham	
<b>RB</b>	28 Josh Jacobs	34 Brandon Bolden	22 Ameer Abdullah <u>35 Zamir White</u> <u>38 Brittain Brown</u>
<b>FB</b>	45 Jakob Johnson		

## RAIDERS DEFENSE

<b>DE</b>	55 Chandler Jones	99 Clelin Ferrell	51 Malcolm Koonce
<b>DT</b>	97 Andrew Billings	<u>92 Neil Farrell Jr.</u>	90 Jerry Tillery
<b>DT</b>	91 Bilal Nichols	95 Kendal Vickers	<u>94 Matthew Butler</u>
<b>DE</b>	98 Maxx Crosby	96 Tashawn Bower	
<b>OLB</b>	<u>59 Luke Masterson</u>	36 Curtis Bolton	
<b>MLB</b>	52 Denzel Perryman	<u>58 Darien Butler</u>	
<b>OLB</b>	50 Jayon Brown		
<b>CB</b>	21 Amik Robertson	37 Tyler Hall	31 Sidney Jones IV
<b>CB</b>	26 Rock Ya-Sin	<u>27 Sam Webb</u>	
<b>FS</b>	25 Tre'von Moehrig	41 Matthias Farley	<u>20 Isaiah Pola-Mao</u>
<b>SS</b>	30 Duron Harmon	33 Roderic Teamer	

## CHARGERS DEFENSE

<b>EDGE</b>	52 Khalil Mack	94 Chris Rumph II	
<b>DL</b>	69 Sebastian Joseph-Day	96 Breiden Fehoko	92 Joe Gaziano
<b>DL</b>	56 Morgan Fox	90 Tyeler Davison	
<b>EDGE</b>	8 Kyle Van Noy	59 Derrek Tuszka	
<b>LB</b>	9 Kenneth Murray Jr.	42 Troy Reeder	57 Amen Ogbongbemiga
<b>LB</b>	49 Drue Tranquill	8 Kyle Van Noy	31 Nick Niemann
<b>CB</b>	26 Asante Samuel Jr.	<u>36 Ja'Sir Taylor</u>	
<b>S</b>	3 Derwin James Jr.	32 Alohi Gilman	<u>33 Deane Leonard</u>
<b>S</b>	24 Nasir Adderley	<u>22 JT Woods</u>	<u>36 Ja'Sir Taylor</u>
<b>CB</b>	23 Bryce Callahan		
<b>CB</b>	43 Michael Davis	<u>33 Deane Leonard</u>	

## CHARGERS OFFENSE

<b>WR</b>	13 Keenan Allen	5 Joshua Palmer	11 Jason Moore Jr.
<b>LT</b>	<u>68 Jamaree Salyer</u>	73 Foster Sarell	74 Storm Norton
<b>LG</b>	71 Matt Feiler	64 Brenden Jaimes	
<b>C</b>	63 Corey Linsley	76 Will Clapp	
<b>RG</b>	<u>77 Zion Johnson</u>	64 Brenden Jaimes	
<b>RT</b>	79 Trey Pipkins III	73 Foster Sarell	74 Storm Norton
<b>TE</b>	7 Gerald Everett	88 Tre' McKitty	82 Richard Rodgers <u>48 Stone Smartt</u>
<b>WR</b>	81 Mike Williams	1 DeAndre Carter	83 Michael Bandy
<b>QB</b>	10 Justin Herbert	4 Chase Daniel	2 Easton Stick
<b>FB</b>	<u>40 Zander Horvath</u>		
<b>RB</b>	30 Austin Ekeler	25 Joshua Kelley	<u>28 Isaiah Spiller</u> 20 Sony Michel

## RAIDERS SPECIALISTS

<b>P</b>	6 AJ Cole	
<b>K</b>	2 Daniel Carlson	
<b>H</b>	6 AJ Cole	
<b>LS</b>	47 Trent Sieg	
<b>KR</b>	22 Ameer Abdullah	19 DJ Turner
<b>PR</b>	19 DJ Turner	84 Keelan Cole

All Rookies Underlined

## CHARGERS SPECIALISTS

<b>K</b>	<u>15 Cameron Dicker</u>	
<b>P</b>	16 JK Scott	
<b>KO</b>	<u>15 Cameron Dicker</u>	
<b>H</b>	16 JK Scott	
<b>LS</b>	47 Josh Harris	
<b>KR</b>	1 DeAndre Carter	24 Nasir Adderley
<b>PR</b>	1 DeAndre Carter	23 Bryce Callahan

## OFFICIALS

Referee	Umpire	Down Judge	Line Judge	Field Judge	Side Judge	Back Judge	Replay Official	Replay Assistant
Craig Wrolstad (4)	Steven Woods (54)	Jim Mello (48)	Tripp Sutter (37)	Jeff Shears (60)	Jeff Lamberth (21)	Keith Ferguson (61)	Kevin Stine	Gavin Anderson



# LAS VEGAS RAIDERS

NO	NAME	POS	HT	WT	AGE	EXP	COLLEGE
2	Daniel Carlson	K	6-5	215	27	5	Auburn
3	Jarrett Stidham	QB	6-2	218	26	4	Auburn
4	Derek Carr	QB	6-3	215	31	9	Fresno State
6	AJ Cole	P	6-4	220	27	4	N.C. State
10	Mack Hollins	WR	6-4	221	29	6	North Carolina
12	Albert Wilson	WR	5-9	195	30	8	Georgia State
14	Chris Lacy	WR	6-3	206	26	2	Oklahoma State
15	Chase Garbers	QB	6-2	215	23	R	California
17	Davante Adams	WR	6-1	215	29	9	Fresno State
18	Malik Turner	WR	6-2	202	26	5	Illinois
19	DJ Turner	WR	5-9	206	25	1	Pittsburgh
20	Isaiah Pola-Mao	S	6-3	211	23	R	USC
21	Amik Robertson	CB	5-8	187	24	3	Louisiana Tech
22	Ameer Abdullah	RB	5-8	203	29	8	Nebraska
23	Nickell Robey-Coleman	CB	5-8	180	30	9	Southern California
25	Tre'von Moehrig	S	6-0	202	23	2	TCU
26	Rock Ya-Sin	CB	5-11	192	26	4	Temple
27	Sam Webb	CB	6-0	202	24	R	Missouri Western State
28	Josh Jacobs	RB	5-10	220	24	4	Alabama
30	Duron Harmon	S	6-0	205	31	10	Rutgers
31	Sidney Jones IV	CB	6-0	186	26	6	Washington
32	Austin Walter	RB	5-8	190	26	3	Rice
33	Roderic Teamer	S	5-10	187	24	3	Tulane
34	Brandon Bolden	RB	5-11	220	32	10	Mississippi
35	Zamir White	RB	5-11	214	23	R	Georgia
36	Curtis Bolton	LB	6-0	228	26	2	Oklahoma
37	Tyler Hall	CB	5-10	190	24	3	Wyoming
38	Brittain Brown	RB	6-0	210	25	R	UCLA
40	Jalen Elliott	S	6-0	206	24	2	Notre Dame
41	Matthias Farley	S	5-11	204	30	7	Notre Dame
44	Bryce Cosby	CB	5-9	188	23	R	Ball State
45	Jakob Johnson	FB	6-3	255	27	4	Tennessee
46	Ike Brown	CB	6-0	185	24	1	Florida International University
47	Trent Sieg	LS	6-3	240	27	5	Colorado State
50	Jayon Brown	LB	6-0	226	27	6	UCLA
51	Malcolm Koonce	DE	6-2	249	24	2	Buffalo
52	Denzel Perryman	LB	5-11	240	30	7	Miami
54	Reggie Ragland	LB	6-2	252	29	6	Alabama
55	Chandler Jones	DE	6-5	266	32	11	Syracuse
58	Darien Butler	LB	5-10	221	22	R	Arizona State
59	Luke Masterson	LB	6-1	234	24	R	Wake Foest
64	Alex Bars	C	6-5	334	27	4	Notre Dame
65	Hroniss Grasu	G	6-3	300	30	7	Oregon
66	Dylan Parham	G	6-2	311	23	R	Memphis
67	Lester Cotton Sr.	G	6-4	335	26	2	Alabama
68	Andre James	C	6-4	300	25	4	UCLA
70	Sebastian Gutierrez	T	6-6	295	24	R	Minot State
72	Jermaine Eluemunor	G/T	6-4	335	27	6	Texas A&M
74	Kolton Miller	T	6-8	309	27	5	UCLA
76	John Simpson	G	6-4	324	25	3	Clemson
77	Thayer Munford	T	6-5	328	23	R	Ohio State
78	Jackson Barton	T	6-7	302	27	4	Utah
80	Jesper Horsted	TE	6-3	241	25	4	Princeton
84	Keelan Cole	WR	6-1	194	29	6	Kentucky Wesleyan
85	Cole Fotheringham	TE	6-4	246	25	R	Utah
87	Foster Moreau	TE	6-4	250	25	4	LSU
88	Jacob Hollister	TE	6-3	245	29	6	Wyoming
89	Isaiah Zuber	WR	6-0	190	25	2	Mississippi
90	Jerry Tillery	DL	6-6	295	26	4	Notre Dame
91	Bilal Nichols	DT	6-4	290	26	5	Delaware
92	Neil Farrell Jr.	DT	6-4	330	24	R	LSU
93	Kyle Peko	DT	6-1	298	29	4	Oregon State
94	Matthew Butler	DT	6-3	297	23	R	Tennessee
95	Kendal Vickers	DT	6-2	290	27	3	Tennessee
96	Tashawn Bower	DE	6-5	250	27	5	LSU
97	Andrew Billings	DE	6-1	311	27	6	Baylor
98	Maxx Crosby	DE	6-5	255	25	4	Eastern Michigan
99	Clelin Ferrell	DE	6-4	265	25	4	Clemson

## PRONUNCIATIONS

Ameer Abdullah	uh-meer ab-dool-uh	Tashawn Bower	tuh-SHAWN
Brittain Brown	BRIH-tuhn	Jermaine Eluemunor	eh-LOO-muh-nor
Matthias Farley	mah-THY-iss	Neil Farrell Jr.	Fair-ull
Clelin Ferrell	CLEE-lin FURL	Jakob Johnson	YAH-kob
Tre'von Moehrig	TRAY-von MAIR-ig	Foster Moreau	MORE-oh
Dylan Parham	PAR-um	Amik Robertson	uh-MEEK
Trent Sieg	SIG	Rock Ya-Sin	ya-SEEN

# LOS ANGELES CHARGERS



NO	NAME	POS	HT	WT	AGE	EXP	COLLEGE
1	DeAndre Carter	WR	5-8	190	29	5	Sacramento State
2	Easton Stick	QB	6-1	224	27	4	North Dakota State
3	Derwin James Jr.	S	6-2	215	26	5	Florida State
4	Chase Daniel	QB	6-0	229	36	13	Missouri
5	Joshua Palmer	WR	6-1	210	23	2	Tennessee
7	Gerald Everett	TE	6-3	240	28	6	South Alabama
8	Kyle Van Noy	LB	6-3	250	31	9	Brigham Young
9	Kenneth Murray Jr.	LB	6-2	241	24	3	Oklahoma
10	Justin Herbert	QB	6-6	236	24	3	Oregon
11	Jason Moore Jr.	WR	6-3	215	27	2	Findlay
13	Keenan Allen	WR	6-2	211	30	10	California
15	Cameron Dicker	K	6-1	216	22	R	Texas
16	JK Scott	P	6-5	208	27	4	Alabama
20	Sony Michel	RB	5-11	215	27	5	Georgia
22	JT Woods	S	6-2	193	22	R	Baylor
23	Bryce Callahan	CB	5-9	188	31	8	Rice
24	Nasir Adderley	S	6-0	206	25	4	Delaware
25	Joshua Kelley	RB	5-11	212	25	3	UCLA
26	Asante Samuel Jr.	CB	5-10	180	23	2	Florida State
28	Isaiah Spiller	RB	6-1	215	21	R	Texas A&M
29	Mark Webb Jr.	DB	6-1	207	24	2	Georgia
30	Austin Ekeler	RB	5-10	200	27	6	Western State Colorado
31	Nick Niemann	LB	6-3	234	24	2	Iowa
32	Alohi Gilman	S	5-10	201	25	3	Notre Dame
33	Deane Leonard	DB	6-0	195	23	R	Mississippi
34	Larry Rountree III	RB	5-10	211	23	2	Missouri
36	Ja'Sir Taylor	DB	5-10	185	23	R	Wake Forest
37	Kemon Hall	CB	5-11	190	25	2	North Texas
39	Michael Jacquet	CB	6-2	201	25	2	Louisiana-Lafayette
40	Zander Horvath	FB	6-3	230	23	R	Purdue
41	Raheem Layne	S	5-11	192	23	R	Indiana
42	Troy Reeder	LB	6-3	245	28	4	Delaware
43	Michael Davis	CB	6-2	196	27	6	Brigham Young
45	Jeremiah Attaochu	OLB	6-3	252	29	9	Georgia Tech
47	Josh Harris	LS	6-1	224	33	11	Auburn
48	Stone Smartt	TE	6-4	226	25	R	Old Dominion
49	Drue Tranquill	LB	6-2	234	27	4	Notre Dame
50	David Moa	DL	6-3	296	26	1	Boise State
52	Khalil Mack	OLB	6-3	269	31	9	Buffalo
54	Carlo Kemp	OLB	6-3	281	24	1	Michigan
56	Morgan Fox	DL	6-3	275	28	6	Colorado State-Pueblo
57	Amen Ogbongbemiga	LB	6-0	231	24	2	Oklahoma State
58	Tyreek Maddox-Williams	LB	6-0	228	25	R	Rutgers
59	Derrek Tuszka	OLB	6-5	246	26	3	North Dakota State
63	Corey Linsley	C	6-3	301	31	9	Ohio State
64	Brenden Jaimes	G/T	6-5	300	23	2	Nebraska
68	Jamaree Salyer	OL	6-4	325	22	R	Georgia
69	Sebastian Joseph-Day	DL	6-4	310	27	5	Rutgers
71	Matt Feiler	G	6-6	330	30	6	Bloomsburg
73	Foster Sarell	T	6-6	322	24	1	Stanford
74	Storm Norton	T	6-7	317	28	3	Toledo
75	Austen Pleasants	G/T	6-7	330	25	1	Ohio
76	Will Clapp	C/G	6-5	311	26	5	Louisiana State
77	Zion Johnson	G	6-3	316	23	R	Boston College
78	Zack Bailey	T	6-5	300	27	2	South Carolina
79	Trey Pipkins III	T	6-6	307	26	4	Sioux Falls
80	Joe Reed	WR	6-0	224	24	2	Virginia
81	Mike Williams	WR	6-4	218	28	6	Clemson
82	Richard Rodgers	TE	6-4	257	30	7	California
83	Michael Bandy	WR	5-10	190	24	1	San Diego
84	John Hightower	WR	6-2	190	26	2	Boise State
86	Keelan Doss	WR	6-3	215	26	2	UC Davis
87	Hunter Kampmoyer	TE	6-4	243	24	1	Oregon
88	Tre' McKitty	TE	6-4	246	23	2	Georgia
90	Tyler Davison	DL	6-2	310	30	8	Fresno State
91	Christopher Hinton	DL	6-4	310	22	R	Michigan
92	Joe Gaziano	DL	6-4	280	26	2	Northwestern
94	Chris Rumph II	OLB	6-2	244	24	2	Duke
96	Breiden Fehoko	DL	6-3	300	26	2	Louisiana State

## PRONUNCIATIONS

Nasir Adderley	nah-SEER ADD-er-lee	Austin Ekeler	ECK-ler
Breiden Fehoko	BRAY-dun fuh-HO-ko	Matt Feiler	FEYE-luhr
Alohi Gilman	uh-LOW-hee	Zander Horvath	HOR-voth
Brenden Jaimes	HIGH-miss	Zion Johnson	ZEYE-uhn
Sony Michel	SO-nee mish-ELL	Nick Niemann	KNEE-min
Amen Ogbongbemiga	AY-mihn awg-BONG-buh-mee-guh	Jamaree Salyer	SAL-yur
Foster Sarell	SUH-rell	Ja'Sir Taylor	JAH-sear
Derrek Tuszka	TUSS-kuh		

### Practice Squad

45	Attaochu, Jeremiah	OLB
78	Bailey, Zack	T
86	Doss, Keelan	WR
37	Hall, Kemon	CB
84	Hightower, John	WR
91	Hinton, Christopher	DL
39	Jacquet, Michael	CB
87	Kampmoyer, Hunter	TE
54	Kemp, Carlo	OLB
41	Layne, Raheem	S
58	Maddox-Williams, Tyreek	LB
50	Moa, David	DL
75	Pleasants, Austen	G/T
80	Reed, Joe	WR
34	Rountree III, Larry	RB
29	Webb Jr., Mark	DB

# LAS VEGAS RAIDERS COACHING STAFF

Josh McDaniels (HEAD COACH)  
 Chris Ash (Defensive Backs), D'Anthony Batiste (Strength and Conditioning Assistant), Edgar Bennett (Wide Receivers), Carmen Bricillo (Offensive Line), Cameron Clemmons (Assistant Offensive Line), Maurice Drayton (Assistant Special Teams), Matt Edwards (Defensive Assistant, Pass Rush Specialist), Matt Feeny (Defensive Quality Control), Patrick Graham (Defensive Coordinator), Deuce Gruden (Strength and Conditioning Assistant), Bo Hardgree (Quarterbacks), Mick Lombardi (Offensive Coordinator), Tom McMahon (Special Teams Coordinator), A.J. Neibel (Head Strength and Conditioning), Frank Okam (Defensive Line), Antonio Pierce (Linebackers), Kenen Polamalu (Running Backs), Rob Ryan (Senior Defensive Assistant), Jerry Schupliński (Senior Offensive Assistant), Matt Sheldon (Director of Football Research and Strategy), Jason Simmons (Defensive Backs, Pass Game Coordinator), Mitch Singler (Offensive Quality Control), Rick Slate (Strength and Conditioning Assistant), Fred Walker (Offensive Assistant).

# LOS ANGELES CHARGERS COACHING STAFF

Brandon Staley (HEAD COACH)  
 Ryan Ficken (Special Teams Coordinator), Renaldo Hill (Defensive Coordinator), Joe Lombardi (Offensive Coordinator), Derrick Ansley (Secondary), Tom Arth (Pass Game Specialist), Chris Beatty (Wide Receivers), Shane Day (Passing Game Coordinator/Quarterbacks), Tom Donatelli (Assistant Secondary), Derrick Foster (Running Backs), Chris Gould (Assistant Special Teams), Mike Hiestand (Offensive Assistant), Kevin Koger (Tight Ends), Brendan Nugent (Offensive Line), Jay Rodgers (Run Game Coordinator/Defensive Line), Shaun Sarrett (Assistant Offensive Line), Isaac Shewmaker (Defensive Quality Control), Giff Smith (Outside Linebackers), John Timu (Defensive Assistant), Pat White (Offensive Assistant), Chandler Whitmer (Offensive Quality Control), Michael Wilhoite (Linebackers), Cody Zajda (Special Assistant to the Head Coach), Anthony Lombardo (Director of Sports Performance), Jonathan Brooks (Head Strength & Conditioning), Lucius Jordan (Assistant Strength & Conditioning).