INJURY REPORT

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Los Angeles Chargers at Los Angeles Rams

Friday, October 30, 2026 ⚡ The Bolt ⚡ El Segundo, Calif.

Los Angeles Chargers

PLAYER	INJURY	WEDNESDAY	THURSDAY	FRIDAY	GAME STATUS
G Kayode Awosika	Fibula	DNP	DNP	DNP	Out
WR Tre' Harris	**Hamstring**	**Limited**	**Limited**	**Full**	**—**
CB Donte Jackson	Hamstring	Limited	Limited	Limited	Questionable
S Derwin James Jr.	Hamstring	DNP	DNP	DNP	Out
DB Deane Leonard	Concussion	DNP	DNP	DNP	Out
OLB Khalil Mack	NIR — Rest	DNP	Full	Full	—
WR Ladd McConkey	Concussion	Full	Full	Full	—
CB Rodney Shelley	Hamstring	Limited	Limited	Limited	Questionable
WR Brenen Thompson	Quad/Hamstring	DNP	DNP	DNP	Out

Los Angeles Rams

PLAYER	INJURY	WEDNESDAY	THURSAY	FRIDAY	GAME STATUS
LS Joe Cardona	Ankle	DNP	DNP	DNP	Doubtful
DE Aaron Donald	**NIR — Rest**	**—**	**—**	**DNP**	**—**
OL Alaric Jackson	**NIR — Rest**	**—**	**—**	**DNP**	**—**
OLB Desjuan Johnson	Hip	Full	Full	Full	—
ILB Nate Landman	Concussion	Full	Full	Full	—
CB Trent McDuffie	Groin	Limited	Limited	Limited	Questionable
WR Puka Nacua	**NIR — Rest**	**—**	**—**	**DNP**	**—**
TE Colby Parkinson	Rib	DNP	DNP	DNP	Questionable
OL Coleman Shelton	**Hip**	**DNP**	**DNP**	**Limited**	**Questionable**
WR Jordan Whittington	**Back**	**—**	**—**	**DNP**	**Questionable**
OLB Byron Young	**NIR — Rest**	**—**	**—**	**DNP**	**—**

Bold indicates a change in status

NIR indicates Not Injury Related

* indicates team did not practice and participation is an estimate

** indicates team conducted a walk-through and participation is an estimate

^ indicates player is on Reserve/Injured; Designated for Return

PRACTICE PARTICIPATION	DEFINITION
DNP	Did Not Practice
Limited	Less than 100 pct. of normal reps
Full	100 pct. of normal reps

GAME STATUS	DEFINITION
Out	Will not play
Doubtful	Unlikely to play
Questionable	Uncertain if player will play
—	Player removed from report