

NEWS RELEASE



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FOR IMMEDIATE RELEASE
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Chargers Sign C/G Ryan Groy

The Los Angeles Chargers signed **C/G Ryan Groy**, the organization announced on Wednesday. In a corresponding move, **C Mike Pouncey** was placed on injured reserve.

Groy joins the Chargers after playing the last four seasons with the Buffalo Bills. He most recently spent the offseason with the New Orleans Saints. Groy has played in 55 career games, making 17 starts, primarily at center. The 6-5 Wisconsin product was originally signed as an undrafted free agent by the Chicago Bears in 2014. Groy played in 16 games in 2016 and 2017 and appeared in 15 contests in 2018, all for the Bills.

SIGNED

Player	Pos.	Exp.	College
Ryan Groy	C/G	6	Wisconsin

RESERVE/INJURED

Player	Pos.	Exp.	College
Mike Pouncey	C	9	Florida

SIGNED TO PRACTICE SQUAD

Player	Pos.	Exp.	College
Shalom Luani	S	3	Washington State

RELEASED FROM PRACTICE SQUAD

Player	Pos.	Exp.	College
Matt Sokol	TE	R	Michigan State

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