



JOE ALT

TACKLE | NOTRE DAME

6-8 | 321 lbs | NORTH OAKS, MINN.

ROUND: 1 ⚡ OVERALL: 5

CAREER ACCOLADES

- ▶ 2023 Consensus First-Team All-America
- ▶ 2022 First-Team All-America

2023: Team captain, starting all 13 games at left tackle... Unanimous first team All-American...Anchored one of the most prolific offenses in Notre Dame history, ranking second in school history with 39.1 points per game...The Irish's offensive unit ranked eighth all-time averaging 5.3 yards per rush...Notre Dame's offense finished the season third all-time in passing yards per attempt (9.13), second in yards per play (6.954), seventh in total yards (5,619), and first in fourth quarter points (135)...**Accolades:** Consensus First-Team All-America.

2022: Started all 13 games in 2022 and has been in the starting lineup at left tackle for 21 consecutive games on the Irish offensive line...Helped the Irish average 4.6 yards per carry during the 2022 season, racking up 2,457 total rushing yards which is the sixth-best total at Notre Dame since 1996. Finished the season with 25 total rushing touchdowns as the Irish offense averaged 31.77 points per game...Helped clear the way for seven games of 220+ yards rushing, with four games of 260-plus... Irish ranked 16th nationally in least TFLs allowed per game...Was honored, along with entire Notre Dame offensive line, as part of the Joe Moore Award Midseason Honor Roll...**Accolades:** First-Team All-America.

2021: Saw action in all 13 games, appearing along the offensive front...Started each of the final eight games at left tackle for the Irish, including the 2022 Playstation Fiesta Bowl against Oklahoma State

HIGH SCHOOL & PERSONAL: Attended Totino-Grace High School in Fridley, Minn., where he was a finalist for Minnesota's Mr. Football following his senior season, logging time both as a quarterback and tight end during his prep career...Earned first-team all-state honors following his senior season...Also played basketball...Father, John, was a two-time Pro Bowl offensive lineman for the Kansas City Chiefs, later being inducted into the franchise's Hall of Honor...Brother, Mark, was a second-round selection by the Philadelphia Flyers in the 2010 NHL Draft, having spent time on the rosters of Colorado Avalanche and Los Angeles Kings, as well as the Flyers...Soster, Jordan, played basketball at Denver University.

JOE ALT COLLEGE GAMES

Year	College	GP	GS
2021	Notre Dame	13	8
2022	Notre Dame	13	13
2023	Notre Dame	12	12
College Totals		38	33

