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Los Angeles Chargers Activate Ryan Groy and Gabe Nabers

The Los Angeles Chargers today activated guard **Ryan Groy** and fullback **Gabe Nabers** from the practice squad.

With 64 games played and 17 starts in his six-year NFL career, Groy spent his first season with the Bolts in 2019, appearing in nine games. He started along a Bills offensive line in 2016 that set a single-game team record with 589 total net yards against the Dolphins in Week 16.

Nabers appeared in 41 career games at Florida State, starting five contests. A versatile option in the passing game, he finished his Seminoles career with 19 catches for 269 yards (14.2 avg.) and three touchdown grabs.

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