

# **Chargers Week 9 Media Availability**

# Saturday, November 4, 2023 - Hoag Performance Center - Costa Mesa, Calif.

# **HEAD COACH BRANDON STALEY**

#### On the receivers with WR Joshua Palmer out on Monday:

"I think it's a big opportunity for the whole group. When I look at the guys that we're going to have step up it's not going to just be the receiver position, it's going to have to be the tight ends and the backs, too. Again, I think [WR] Quentin [Johnston], every time he goes out there, he's improving. As long as he can continue that progress, then good things are going to happen. We feel confident in that group."

### On if WR Jalen Guyton and DL Otito Ogbonnia could play on Monday:

"We're going to take the next 48 hours to determine that. They had a full week of practice. Just going to talk about it as a coaching staff and figure it out between now and when we leave."

#### On DL Sebastian Joseph-Day:

"Just sick this morning."

# On if LB Kenneth Murray Jr., got hurt in practice on Friday:

"Yes. He was out there today in practice. Just kind of a nick."

#### On traveling to the East Coast:

"We want to make sure that they keep their sleep schedule here. That's why we leave tomorrow, not two days early. We want to keep them on schedule. With it being a Monday Night game, I feel like sleep is really important. If they can get sleep Monday night and wake up not in a rush, they'll get to sleep on the plane on the way home Tuesday. We'll be able to get a lot of work done. I think that gives us the best chance to be fresh for the next week. When I was with the Rams in 2020, we played Tampa on Monday night. Had a big win and then played San Francisco on Sunday afternoon, just like we're playing Detroit. We got home really late, 6:30 in the morning, 7:00 in the morning. You're just in a fog that next day. We just want to make sure we give them that full two days of recovery so that we can have a good week of practice. I was excited to talk to Steve Kerr [about it]. It's really common in basketball and I sought wisdom from him. I think this is going to be a good strategy for us."