



OFFICIATING & RULEBOOK



ROOKIE TACKLE OFFICIAL CHECKLIST:

- OFFENSE ALWAYS BEGINS AT THE 40 YD LINE
- BALL ALWAYS PLACED IN THE MIDDLE OF THE FIELD FOR EACH DOWN
- 7 PLAYERS ON THE FIELD - NO NUMBER RESTRICTION - ENCOURAGE POSITION ROTATION
- 1ST AND 10 - 4 DOWNS TO GET THE FIRST DOWN
- TURN OVER ON DOWNS GOES BACK TO THE 40 YD LINE
- NO SPECIAL TEAMS
- INTERCEPTION/DEF. FUMBLE RECOVERY - BLOWN DEAD - DEFENSE'S BALL 40 YD LINE
- 15 YD. PENALTIES ARE ENFORCED AS 10 YD. PENALTIES
- LOSS OF YARDAGE BEHIND THE 40 YARD LINE - BALL PLACED AT 40 YD LINE WITH THE LOSS OF THE DOWN
- ALL PERSONAL FOULS IMMEDIATELY SUB THE PLAYER FOR AT LEAST A PLAY



OFFENSIVE ADJUSTMENTS:

- 4 PLAYERS ON THE LINE - 3 INTERIOR LINEMEN ARE INELIGIBLE
- MAXIMUM 1 YD SPLIT - TWO POINT STANCE
- 3 INTERIOR LINEMEN RAISE THEIR HAND AS THEY COME TO THE LINE (IDENTIFY)
- NO QB SNEAKS
- NO TRIPS FORMATION (NO 3 PLAYERS ON THE SAME SIDE OUTSIDE THE GUARD)
- MOTION IS ALLOWED AS LONG AS IT'S AT THE SNAP, NOT OUTSIDE THE 3 INTERIOR LINEMEN BOX
- NO BLOCKING BELOW THE WAIST



DEFENSIVE ADJUSTMENTS:

- TWO DEFENSIVE LINEMEN HEADS-UP TO OUTSIDE EYE OF THE TWO GUARDS - TWO POINT STANCE - NO ONE OVER THE CENTER
- LB OR CORNER CAN COME DOWN OVER A TIGHT END
- DEFENSIVE LINEMAN IS FREE TO READ AND REACT TO THE BALL IN PURSUIT AFTER CONTACT WITH THE GUARD - NO A GAP STUNTS
- FREE SAFETY 10 YARDS BACK DIRECTLY OVER THE BALL
- REMAINING FOUR PLAYERS ARE FOUR YARDS OFF THE LINE DEPLOYED AT COACH'S DISCRETION - BALL INSIDE THE 5 YARD LINE - DEFENDERS FEET CAN BE ON THE GOAL LINE
- NO BLITZES - ONLY THE TW DEFENSIVE LINEMEN RUSH