

RASUL DOUGLAS

AGE: 30 (August 29, 1994) | COLLEGE: West Virginia HOMETOWN: East Orange, NJ X RasulEra HT: 6-2 | WT: 209 NFL EXP: 8 Years ACQUIRED: TR-23 (GB)

FIRST-AND-10

RASUL DOUGLAS was acquired by the Bills via trade with the Packers on October 31, 2023 after spending the first half of 2023 and the 2021-22 seasons with the Packers. Douglas was selected by the Eagles in the third round of the 2017 NFL Draft. He also spent time on the Raiders, Texans and Cardinals practice squads in 2021.

SHOUTOUTS

- Since joining the Bills in a trade with Green Bay on October 31, Douglas he led the NFL in takeaways with 6.
- Recorded three passes defensed, 2 interceptions and 1 INT returned for a touchdown vs NE (12/31/23).
 Becoming the first Bill to record two INTs and a INT TD in a game since 2016.
- Collected the 2nd sack of NFL career at LAC (12/23/23) and first since 10/30/22 with Green Bay at BUF.
- Recorded his first two INTs as a Bill, recovered a fumble and three passes defensed vs. NYJ (11/19/23). Became the first Bill with 2 INTs and FR in same game since Kurt Schulz vs. STL (9/28/98).
- Collected six tackles and his first fumble recovery as a Bill vs DEN (11/13/23).
- Played his first snaps as a Bill at CIN (11/5/23) collecting two solo tackles and a pass defensed.
- Is one of seven NFL players with an interception, a fumble recovery and six-plus passes defensed this season. Has 10 interceptions in the last three seasons, tied for 3rdmost in the NFL.
- Has started all seven games in 2023, recording 32 tackles (26 solo), an interception, a fumble recovery, two tackles for a loss and a team-high six passes defensed.
- Was one of only six NFL players with four-plus interceptions each of the last two seasons (2021-22).

IF YOU HAVEN'T HERD

I WANT IT

One of seven siblings, Douglas was raised by his grandmother in East Orange, a city in northern New Jersey with a poverty rate of 21 percent. He had no plans for the future following high school but ended up attending Nassau Community College at the urging of Bell and Nassau's coach, Curtis Guilliam. Nassau had no dorms, so he lived in an apartment eight miles from campus and took the bus to and from school and practice every day. He slept on the floor and, with very little money, often battled hunger.

"When you've got to walk to McDonald's in the snow, order five things, and you eat two of it at 12 o'clock, and you save the other dollar-menu [items] for later in the day, I think [those were some] of my craziest days," he said.

"I always think about it. Every time I eat, I always think I'm making up a meal that I missed in junior college or something like that. ... It definitely fuels me all the time, just thinking about what I went through, practicing on an empty stomach, going to school on an empty stomach. You can't even focus. So that definitely makes me want to play all-out all the time."

Guilliam helped make sure Douglas was taken care of the best he could, including by getting him a job at a summer camp so he had a little money in his pocket. "We would do what we would have to do to help the young men," Guilliam said. "It's kind of tough in certain situations, but guess what, that hunger makes him better. I'm a big believer of that. That hunger is what kept him driving and pushing to where he is at now." (ESPN, Tim McManus, May 11, 2017)

PERSONAL

Pronounced rah-sool. Douglas welcomed his first child, Jeremiah Lusar Douglas, with his girlfriend Ny-Asia Franklin in October of 2018. Is one of seven siblings. Has two cane corso's named Ghost and Roscoe.