

FIRST-AND-10

DAMAR HAMLIN was selected by the Bills in the sixth round (212th overall) of the 2021 NFL Draft. In 2023, Damar won the Ed Block Courage Award, the PFWA NFL Comeback Player of the Year and was nominated for the AP NFL CPOTY. In 2024, Hamlin started 14 games and ranked third on the team in total tackles with 88.

SHOUTOUTS

- Registered a strip sack of Lamar Jackson vs BAL 1/19/25).
 He finished the game with a team-leading 8 tackles, 1 sack, 2 TFLs and a forced fumble.
- Recorded his first career fumble recovery at IND (11/10/24) and now has three takeaways this season (2 INTs and 1 FR).
- Tied a season high in tackles with 10 vs MIA (11/3/24). He also collected 10 at MIA (9/12/24).
- Caught his second interception of the year on a deflected pass from QB Mason Rudolph vs TEN (10/20/24).
- Recorded his first career interception, picking off Jaguars QB Trevor Lawrence vs JAX (9/23/24) and returning it 19 yards to set up a Bills TD.
- Tied for a team-high 10 total tackles in the Thursday night win at MIA (9/12/24) including one TFL.
- Collected his first tackle of the season vs DEN (11/13/23).
- Played his first snaps of the 2023 season against MIA (10/1/23) appearing on special teams.
- Was fourth on the team in total tackles with 88 during the 2022 season and recorded 1.5 sacks, 6 TFLs and a forced fumble.

PERSONAL

The son of Mario and Nina Hamlin. Has one brother. Earned his bachelor's degree in communication from Pittsburgh. Hamlin was selected as the PFWA 2023 George Halas Award winner becoming the second member of the Bills to receive the honor, joining TE Kevin Everett (2008).

IF YOU HAVEN'T HERD

CHASING M'S

Reminiscing on his journey, Damar Hamlin decided that he wanted to use his platform to give back to others and created The Chasing M's Foundation. His first program was a toy drive in 2020.

He raised money on GoFundMe to purchase and donate toys to Kelly and Nina's Daycare Center in his hometown of McKees Rocks, Pennsylvania.

"The idea popped in my head right after Clemson week," Hamlin told the Pittsburgh Post-Gazette. "It sparked a thought in my head. But I actually couldn't do anything until after my eligibility was done as far as GoFundMe and all that. So it's been a solid week and a half of preparation for the toy drive. This was all able to happen off that short amount of time. That just goes to show the support that the town, the city, all of Pitt fans and the University of Pittsburgh, everyone that grew up watching me and knew my story personally and have been a part of it, that's just a testament to how much they support me."

The support Hamlin has received came in abundance in 2023 and has raised over 11 million dollars and still counting.



In addition to the Chasing M's Foundation, Hamlin also has a clothing brand named Chasing M's. Chasing M's stands for Chasing Millions and according to the brand's website, it is "for those who have a dream and pursue it... It is for those who want something more and can't settle to be average."

Hamlin has donated clothes from his brand to his area high school in Pittsburgh, Sto-Rox, and will continue to use it to grow his platform and increase the people that he can reach.



DAMAR HAMLIN





CPR AND AED TRAINING

On Jan. 2, 2023, Hamlin went into cardiac arrest during the Monday Night Football game at Paycor Stadium against the Cincinnati Bengals.

Emergency responders provided CPR on Hamlin and used an AED to revive him. Hamlin recovered at UC Medical Center and one week later, doctors released him back to Buffalo.

Instead of letting this moment define his career or even who he was a person, "This event was life-changing, but it's not the end of my story." Hamlin said regarding his blow to chest called commotio cordis.

So he decided to lead from the front and wanted to raise awareness on CPR which saved his life. Providing CPR on someone who is in cardiac arrest can triple their survival chance as it continues the flow of oxygen to the brain and other vital organs.

"I wake up every day and think about how I can impact the world in a positive way, that's what I care about if you take away everything else. To be able to save a life is a true superpower. Instead of people standing by not knowing what to do, I'm just trying to create more people who do know what to do. Growing up, I never really remember ever thinking about where an AED was, or ever thinking about CPR training. As we learned from my personal experience, it is very important and life-changing. This program (Chasing M's) is very important because it gives life-saving care to kids in their own communities and on the field."

THE STAMPEDE

Favorite athlete:

Darrelle Revis

Nickname:

D-Ham

Ice cream flavor:

Cookies & Cream

Favorite food:

Wings

First job:

Worked for his family's cleaning business at age 12





Daily essential:

Hair-ties

Favorite movie:

ATI

Dream vacation spot:

Dubai

Favorite snack:

Honey Buns and Reese's Cups

Favorite app:

Daily Devotionals



