



C/G | 66

CONNOR McGOVERN

AGE: 27 (November 3, 1997) | HT: 6-6 | WT: 318

COLLEGE: Penn State

NFL EXP: 6 Years

HOMETOWN: Larksville, PA

ACQUIRED: Free Agent (2023)

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FIRST-AND-10

CONNOR McGOVERN signed a three-year contract with the Bills in 2023. McGovern originally entered the NFL as a third round pick (90th overall) of the Cowboys in 2019 out of Penn State.

SHOUTOUTS

- Started 16 games at center for the Bills in 2024, leading an offensive line that only allowed an NFL-best 14 sacks this season, fewest by any team since 2009.
- During his first year in Buffalo, started all 17 regular season games and both of the team’s playoff games. Was an integral part of an offensive line that allowed the fewest sacks in the NFL (24).
- Facing off with his old team the Cowboys (12/17/23), helped the Bills rush for 266 yards en route to a 31-10 W.
- Started a career-high 15 games during the 2022 regular season, with 14 games at left guard and one at center.
- In 2021, started six of the 16 games he played, seeing most of his time as a reserve lineman.
- Played in 14 games in 2020, starting eight at right guard in place of Zack Martin. Made his first career start playing at right guard at Was. (10/25/20).
- Started 34 of 39 games played in college while with the Nittany Lions. Earned Third-Team All-Big Ten honors and won the team’s Dick Maginnis Memorial Award (given to an outstanding offensive lineman) in 2018.

BUFFALO TRACKS

REGULAR SEASON GAMES PLAYED/STARTED

2020 (Dal, 14/8), 2021 (Dal, 16/6), 2022 (Dal, 15/15), 2023 (Buf, 17/17), 2024 (Buf, 16/16) ... Totals (78/60)

POST-SEASON GAMES PLAYED/STARTED

2021 (Dal, 1/0), 2022 (Dal, 2/1), 2023 (Buf, 2/2), 2024 (Buf, 1/1) ... Totals (6/4)

IF YOU HAVEN'T HERD

SUPER BOWL STITCHES & PIZZA PIES

Connor McGovern, just 4 years old at time, was running around the linoleum floors with friends, planted his foot in a dog’s water bowl and wiped out. “I was a little kid, screwing around in the kitchen, hit the corner wall,” McGovern said. “So, I split my head open, so I had to go the ER, and the game was on.” That game was Super Bowl XXXVI, a showdown between the underdog New England Patriots and the St. Louis Rams. His family rushed him to the hospital – both to get him treated and to catch the end of the game. Growing up in Larksville, Pennsylvania, the McGovern family was split mainly into Eagles and Steelers fans. Connor wanted to be different. At Wilkes-Barre General Hospital, McGovern first made a proclamation. Then, Adam Vinatieri made a 48-yard field goal as time ran out. “I told my parents whoever won that game I’ll be a fan of,” McGovern said. “And that’s how I became a Patriots fan.” The Patriots went on to win 20-17. McGovern got about seven stitches in his head and healed up fine. ... When McGovern was in Dallas, he started learning how to cook and bake more often. “Over like the two years of COVID and everything, started perfecting it, tweaking things how I like it,” McGovern said. “And then finally built up the confidence, and then every few weeks I’d have the O-line over down there and start making them (pizza and) got more and more comfortable with it.”

(Buffalo News, Katherine Fitzgerald, October 21, 2023)

THE STAMPEDE

Favorite TV show: South Park

Favorite Movie: Step Brothers

Hobbies/talents: Cooking & building gaming PCs

PERSONAL

Son of Maureen and Jim McGovern. Him and his wife, Delaney, have a daughter, Tatum. Has two brothers, AJ and Tyler. Mother, Maureen, played basketball at King’s College. Father, Jim, played football at Colgate. Also played basketball and participated in track & field while attending Lake-Lehman High School. Majored in agribusiness management.